EXPLORE!



Kalimantan Adventure

Kalimantan occupies nearly three-quarters of the island of Borneo, and plays host to some of the oldest rainforests in the world. The steaming jungles of Tanjung Puting are a haven to Orang-utans, proboscis monkeys and an array of incredible wildlife, and the tribal Dayak people live in sync with this nature, as they have done for hundreds of years.

But Kalimantan is not just about the rainforest, there are bustling markets to be explored, rivers to be rafted, delicious local food to be sampled, and island reefs to be discovered.

Trip highlights

- ★ Tanjung Puting Cruise through steaming jungles on a traditional wooden houseboat and spot orang-utans and Proboscis monkeys
- ★ Palangkaraya Share lunch in a Dayak village and watch daily life on a cruise through the city's waterways.
- ★ Loksado Float on a bamboo raft down the Amandit River, walk past farms and villages and swim by a waterfall
- maratua Island Relax on the beach with optional snorkelling to see giant turtles and swimming with stingless jellyfish

ACCOMMODATION GRADE:

No accommodation rating No accommodation description

TRIP PACE:

Full on

Full on paced trips are for travellers who like their holidays packed with activities and experiences, moving on quickly from place to place with lots of early starts and long, busy days. Some may find them tiring, but others get a buzz from packing their precious holiday-time as chock-a-block full of new experiences as possible!

GROUP SIZE:

10 - 16

Maximum group size ranges from between 6 to 20 people, depending on the type of trip, the transport and accommodation used and activities included. We rarely have groups that are smaller than five or six people and the average is 12 people plus an Explore leader.

Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

DAY 1 - Join trip in Jakarta

Upon arrival in Jakarta you will be transferred to the hotel, approximately 15-20 minutes from the airport. The remainder of the day is free. Please note there will be no Explore leader present for this day, but there will be a local representative in Jakarta to offer any necessary assistance.



Accommodation: FM 7 Hotel Jakarta (or similar)



Premium Hotel



Swimming pool available



Single room available



Meals Provided: None

DAY 2 - Fly to Pangkalanbun, river cruise through Tanjung Puting National Park

We take an early morning flight to Pangkalanbun, the gateway to Kalimantan. Upon arrival we will be welcomed by our Explore Leader and together we will drive to Kumai, the starting point for our river cruise. We will board our klotaks (traditional wooden riverboats) and get settled in, before starting our journey up-river and into Tanjung Puting National Park. As we float along it is common to see monkeys such as the proboscis and long-tail swinging from tree to tree looking after their young, and a host of colourful birds like hornbills and kingfishers. In fact Tanjung Puting National Park has been designated as a UNESCO Biosphere Reserve and is home not only to the biggest wild population of orang-utan in the world, but also to clouded leopards, civets, sun bears, mouse deer, pythons and crocodiles. There are over 230 known species of birds here, with the park's 'bird lakes' creating seasonal rookeries for several endangered water birds. In the evening we will moor up against the side of the river bank, where dinner is served aboard whilst the beds are made up by the boat crew. Accommodation aboard our klotak is simple yet comfortable; boats are approximately 15 metres in length by around 2 metres in width, with an upper deck for rainforest and wildlife viewing, and an open-sided lower deck for sleeping. Mattresses and pillows are placed on the floor with a mosquito net hung over them, and there is a shared toilet aboard. All meals will be provided on the cruise by our onboard cook, and each boat will comfortably take around six to eight people.



Accommodation: Overnight Boat - Tanjung Putting National Park (or similar)



Simple Boat



Meals Provided: Breakfast & Dinner

DAY 3 - Second day cruising along the river watching Orang-utan feedings and visiting Camp Leakey Research Centre

We wake this morning to the dawn chorus of the jungle, the sounds of the birds singing in the trees and the call of the gibbons from within the dense green forests. After breakfast we set off on foot for the Pondok Tanggui Camp, the first of the orang-utan rehabilitation centres we visit, where we will have our first close-encounter with these beautiful but gentle giants. We arrive for the 9am feeding, where rangers feed the orphaned or rescued orang-utans under their care to aid their eventual rehabilitation back into the jungle. After a short trek back to the boat, we continue up-river to perhaps the most well-known camp in the area, Camp Leakey. The centre was set up in 1971 by Louis Leakey to support research and conservation in the national park. As well as supporting hugely important ecological and conservational research, it also functions as an orang-utan rehabilitation centre. Here we visit the camp and learn about the important and vital work that is being carried out here, as well having a chance to witness another feeding. The afternoon feedings here can be quite a spectacle, where primates traverse braches overhead and swing down onto the platforms to greedily gobble-up their bananas, sweet potatoes and other favourite fruits of the forest. This evening we continue by boat to the Nipah Palm, known locally as the 'house of the fireflies'. If the skies are clear and free of rain this evening, we will be able to observe the fascinating spectacle of the fluorescent fireflies dancing from palm to palm.



Accommodation: Overnight Boat - Tanjung Putting National Park (or similar)



Simple Boat



Meals Provided: Breakfast, Lunch & Dinner

DAY 4 - Morning rainforest walk, afternoon drive to Pangkalanbun

This morning we have some more time to explore the jungles of Tanjung Puting on a short walk through the forest. On our walk we hope to encounter more of the wildlife that inhabits this steamy corner of Borneo, perhaps the Giant Bornean butterfly or the barking deer, whilst the guide points out various flora that is endemic to this part of the world. This is a short walk of around three to four kilometres where the terrain is mostly flat with little undulation. After our walk we sail back to Kumai, disembark and then drive to Pangkalanbun, where the remainder of the afternoon is at leisure.



Accommodation: Rungan Sari Resort (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast & Lunch

DAY 5 - Full day's drive from Pangkalanbun to Palangkaraya

There is a full day's driving ahead of us today as we travel to the city of Palangkaraya. The drive will be regularly broken up every few hours, and we plan to make some interesting stops along the way, including Bukit Batu, a curious collection of rock formations shrouded in mysterious stories and cultural beliefs. The drive will take around eight-ten hours to depending on traffic conditions

and we anticipate arriving in the late afternoon, where the remainder of the day is free.



Accommodation: Rungan Sari Resort (or similar)

Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast

DAY 6 - Share lunch with a Dayak tribe and cruise along the Kahayan River

This morning we head out of the city and set off on a gentle walk to Bukit Tangkiling. In Indonesian 'Bukit' translates to 'hill', and if the weather is favourable we will get great views of the surrounding areas, as well as learning about the stories behind the collection of large stones found here. We then continue on, passing through several Dayak villages where we will spot 'Sandungs', an example of one of the many Dayak's interesting traditions. These Sandungs look like miniature houses with ornately carved roofs and are often brightly and intricately decorated. They sit up on stilts and beneath the houses lie the remains of the deceased family members, as it is believed that the house will be brought by the deceased to paradise. We stop for lunch with a Dayak tribe where we sample traditional cuisine and learn some more about their beliefs and rituals. Popular dishes in this area are fresh steamed fish with lemongrass, young rattan in coconut milk or 'Sayur Kelakai' a vegetable dish made with ferns. It's interesting to see how the locals use the forest around them - as well as a variety of food, leaves are used to make a natural mosquito repellent and the rattan is taken to make handicrafts and decorations for the villager's houses. After lunch we continue onto Kahayan River, the biggest waterway in Central Kalimantan and the life source for so many that live here. We take a cruise along the river and witness the daily lives of the people that call these river banks home.



Accommodation: Rungan Sari Resort (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast & Lunch

DAY 7 - Drive to Banjarmasin, afternoon visit to a diamond mine and workshop

We set off this morning for Banjarmasin, with the drive taking approximately four to five hours including stops. Just before we reach Banjarmasin we will visit the diamond mines of Cempaka, where we will see the first of a three-stage process involved in the diamond industry that this region is known for. First we visit the mines where we see locals mining using traditional tools and we learn about all of the methods involved in extraction, including diamond panning. Next we will visit the cutting office where the diamonds are cut, polished and readied for market. This office was part of a joint initiative between the Bank of Indonesia and the Dutch government to provide cutting machines and training to the locals here, enabling them to successfully self-produce high quality jewellery, and thereby maximising the benefit to the local economy. After the cutting office we continue to the diamond market of Martapura where we have a chance to browse through the beautiful collection of finished products. After lunch and some time for relaxing and freshening up, we take a late-afternoon cruise through the canals of city, witnessing the Banjar people use the canals as they ply their trades and go about their daily business.



Accommodation: Summer Bed & Breakfast (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast

DAY 8 - Visit Loh Baitan floating market and drive to Loksado. Afternoon cruise to a buffalo swamp

We rise early today to head out to the colourful floating market of Loh Baitan, located on the upper section of the Martapura River, about an hour's cruise from our hotel. Here we see women dressed in traditional brightly coloured Dayak clothing and trading exotic fruits, vegetables and snacks, all grown and produced locally. With the help of the Explore Leader we can try our hand at bartering for some fresh fruit, before returning to our hotel for breakfast. Later we drive to Loksado, the gateway for the habitat of the Bukit Daya. Thanks to the towering Meratus Mountains and their regular catchment of the rain, the large plains below are kept irrigated and in the surrounding areas we find lush tropical forests and fields of rice and rubber, along with a patchwork of plantations growing exotic fruits and vegetables. This afternoon we visit Negara, known locally for its extensive swamp lands that are popular with vast herds of Water Buffalo. We explore the swamp by simple klotak (wooden canoe) and watch the buffalos grazing on the lush grasses, and there is a good chance we will see them swimming together as a herd. We then proceed onto our guesthouse this evening for dinner.



Accommodation: Meratus Guest House (or similar)



Simple Guesthouse



Meals Provided: Breakfast & Dinner

DAY 9 - In Loksado. Day walk in the surrounding countryside and swim by a waterfall

Today we explore our surroundings on foot, leaving our guesthouse behind as we walk through a countryside peppered with rubber plantations and pockets of forests. The trail meanders past small villages and farm settlements, crossing suspension bridges that traverse the river below. As we pass the villages we will see the traditional family houses of the Dayak people, which they call Balai. These stilt houses are usually left empty and kept for ritual ceremonies and gatherings, as the Dayaks here still adhere to the animist beliefs of their ancestors. We break for lunch at the beautiful Haratai Waterfall, where it is possible to take a dip in the refreshing water whilst the guide prepares lunch. The walk is approximately 10 kilometres and we anticipate it to take around five hours along gently undulating terrain. After lunch we return to our guesthouse, where the rest of the afternoon is at leisure. It is possible to swim in the banks of the river in front of our guesthouse, or there a number of other walks available in the area.



Accommodation: Meratus Guest House (or similar)



Simple Guesthouse



Meals Provided: Breakfast, Lunch & Dinner

DAY 10 - Bamboo rafting on the Amandit River. Afternoon drive back to Banjarmasin

This morning we set off for an exciting ride down the Amandit River aboard a bamboo raft. This kind of raft, known locally as 'lanting', was used as the main mode of transport for moving commodities from Loksado down river to be sold in Banjarmasin, before the town was made accessible by road in 1989. Even with road access, locals still rely upon the river to get about and to transport goods today. Each raft is suitable for three people, and there is a small bench to sit on as we float down river. Life jackets are provided, but there are small sections of faster water so be prepared to get wet! Stops will be made along the way to enjoy fresh coconuts and to swim in the calmer sections of the river. It may also be possible to try your hand at raft jockeying, learning how to steer the raft with the aid of the jockey's bamboo stick. The rafting will be around two to three hours in length, and there will be an opportunity to get dry and change clothes before we continue back to Banjarmasin.



Accommodation: Summer Bed & Breakfast (or similar)

Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast

DAY 11 - Free morning in the city, afternoon flight to Berau

This morning is free to either relax, or for further exploration of the 'City of a Thousand Rivers'. Palau Kembang (Flower island) can be visited by boat, housing an old Chinese temple and some wily long-tailed macaques, or there is the Museum Waja Sampai Ka Putting, a traditional Banjarese house that has been converted into a museum showcasing an historic look into this trading port. Later this morning we transfer to the airport for our flight to East Kalimantan and to the city of Berau. There is the opportunity this evening to walk down to the city's night market, a hive an activity in the early evening where locals meet to eat street food and relax by the river. For those that would like to try some of the local street food, our Explore Leader can help run through some of the dishes available, which are likely be fried fish and seafood, 'Roti Bakar' (Indonesian toast) and various tasty fried snacks.



Accommodation: Palmy Hotel Berau (or similar)



Standard Hotel



Meals Provided: Breakfast

DAY 12 - Speedboat through the mangroves out into the ocean to the Maratua Island

We leave the mainland behind today as we board our speedboat for Maratua Island. The journey is an interesting one, which takes us down river from our hotel's front door, out of the city and into vast swathes of mangroves, where, if we are lucky we might see Proboscis monkeys. As the river spills out into the ocean we make our way on to the Derawan archipelago, a cluster of four remote islands that sit in the middle of the Celebes Sea. At the heart of this archipelago is Maratua Island, our base for the next 3 nights. This slice of tropical paradise is made up of 384 square kilometres of white sand beaches, lush forests and thick mangroves, all surrounded by warm waters that contain the third-highest level of marine biodiversity in the world (after neighbours Raja Ampat and Solomon Islands). Upon arrival, we will check into our resort, where the remainder of the afternoon is free to relax or explore our immediate surroundings. Our resort here comprises of comfortable rooms with hot showers and air-conditioning. The accommodation is made up of a few different buildings with the centre point being the restaurant, located on a rocky escarpment with wonderful views out onto the ocean. It is possible to swim and snorkel from the beach next to the resort.



Accommodation: Maratua Guest House (or similar)



Simple Guesthouse



Meals Provided: Breakfast

DAY 13 - Free day on Maratua Island, relax on the beach and visit a jellyfish lake

Today has been left free to relax on the beach or to participate in any optional excursions. One option is to visit Kakaban Island, an uninhabited island that contains a vast salt lake in the centre. The trail snakes through the forest to reach the lake which is filled with huge numbers of stingless jellyfish, one of only two places in the world stingless jellyfish can be found. The lake is something of an ecological marvel, where the seawater has been trapped inside causing its inhabitants to evolve. With no natural predators the jellyfish have lost the ability to sting. As well as this we find stingless box jellyfish that have shrunk in size, spotted jellyfish with no spots and Cassiopeia that swim upside down, with their tentacles facing up to the surface! For those that are brave enough, we can put on our snorkel and mask and go swimming with these fascinating creatures.



Accommodation: Maratua Guest House (or similar)



Simple Guesthouse



Meals Provided: None

DAY 14 - Free day on Maratua Island, optional snorkelling and visit to see nesting turtles

Today is another free day on the island, where there is the option to book a snorkelling trip to nearby Payung Payung. Here we snorkel in the warm shallow waters where we are likely to see a huge array of tropical fish and there is a very good chance we will see and swim with giant turtles. This evening it may be possible to visit the protected area of Sangalaki Island. The island has no inhabitants, allowing for a safe nesting place for the endangered sea turtles. At a safe distance, we witness the incredible event of the turtles coming ashore to lay their precious eggs in the sand. It is also a known spot to encounter huge manta rays, which we hope to see in the dusky light on our way over to the island.



Accommodation: Maratua Guest House (or similar)



Simple Guesthouse



Meals Provided: None

DAY 15 - Speedboat to Berau and fly to Jakarta

This morning we leave Maratua and sail back to Berau on our speedboat. Here we part ways with our Explore Leader, before flying back to Jakarta. Due to the late arrival in Jakarta, we will overnight at an airport hotel here, with many international flights leaving Jakarta early the next morning.



Accommodation: FM 7 Hotel Jakarta (or similar)



Premium Hotel



Swimming pool available



Single room available



Meals Provided: None

DAY 16 - Trip ends in Jakarta

Trip ends in Jakarta this morning after breakfast.



Meals Provided: Breakfast

Why book this trip

Relatively unknown to all but the hardiest of travellers, Kalimantan sits in the large shadow cast by its much better-known neighbour of Malaysian Borneo. But in fact Indonesian Borneo, or Kalimantan as it is more commonly known, occupies nearly three-quarters of the island and is home to the same rich biodiversity and endemic wildlife, but receives far fewer tourists annually. This is a destination where animal encounters are plentiful, tribal encounters are genuine, and sharing the experience with few other tourists is guaranteed. This trip suits those with an adventurous spirit that are happy trading home comforts for unique experiences. There are a lot of excursions and activities that are based on or in the near water, so the ability to swim is preferable.

What's included?



Included meals

Breakfast: 12 Lunch: 4

Dinner: 4



Transport

Bus **Boat**

Flight



Trip staff

Explore Tour Leader Driver(s) Local Guide(s)



Accommodation

2 nights simple boat 5 nights simple guesthouse 2 nights premium hotel 6 nights standard hotel

Trip information

Country information

Indonesia Holidays & Tours

Climate

Lying on the equator, Indonesia stays hot all year round, with daytime temperatures in the 80's (26°-28°C). Humidity is usually high. The wet seasons are roughly: Java- October to April; Bali- November to May; starting later the further east you travel. Nights are much cooler in the mountains than on the plains. Sea breezes normally keep the coastal strips of the islands from becoming too uncomfortable.

Time difference to GMT

+7

Plugs

2 Pin Round

Religion

Islam, Christian, Hindu

Language

Indonesian (official), numerous regional dialects, Sundanese, Javanese and some English.

Budgeting and packing

Clothing

Pack essentially for hot conditions as there is year round humidity in the lowlands. Lightweight rainwear/umbrella is essential all year. Plastic ponchos can be purchased locally. Don't forget your swimming costume.

Footwear

Light-weight walking boots or walking shoes are the best for time in the jungle though expect them to get wet and muddy as we may have to cross some streams. Also bring trainers or canvas shoes for wearing when travelling. Sandals are useful when relaxing.

Luggage

20kg

Luggage: On tour

One main piece of baggage and a day pack. Please note: pack light. The international carrier will usually allow 44lbs/20kg or more and our preferred domestic airline in Indonesia also allows 44lbs/20kg. However some domestic airlines allow a maximum of 33lbs/15kg for your checked in luggage and occasionally we may have to use these airlines so we recommend you stick to that limit to avoid excess charges. Remember you are expected to carry your own luggage so don't overload yourselves. Hard suitcases are not suitable.

Equipment

Bring a water bottle, insect repellent, suncream and a towel. Binoculars are useful for wildlife viewing. Bring a Camera for those unforgettable moments.

Tipping

Explore leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

Local crew

Although entirely voluntary, tipping is a recognized part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. In order to make things easier for you, the Tour Leaders may organise a group's tips kitty and if this is the case, they will account for it throughout the tour. Accordingly you should allow £20 for tipping.

Country Information

Indonesia Holidays & Tours

Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price

£5

Dinner price

£9

Beer price

£1

Water price

f0.5

Foreign Exchange

Local currency

Rupiah (Rp).

Recommended Currency For Exchange

USD, EUR and GBP.

Where To Exchange

Always check rates first. Banks and moneychangers usually have the best rates. Exchange is also possible at airports. Always keep receipts.

ATM Availability

In major towns.

Credit Card Acceptance

In major towns.

Travellers Cheques

Travellers Checques are accepted but require the purchase receipt. Well known brands and higher denominations are recommended.

Transport, Accommodation & Meals

Transport Information

Bus, Boat, Flight

Accommodation notes

Booking a Single Room

All of our group tours are planned and operated on a twin-share basis, meaning that the standard cost is based either on individual travellers sharing accommodation with another group member of the same sex, or people who book together sharing accommodation. Please refer to the tour notes where the single room option availability is detailed on a night by night basis for this tour, and the price for the available nights is detailed on the dates & prices tab by departure date. For Self-Guided trips the Single Room supplement offers the option of a single room each and is charged per person. The Single Room supplement also applies to the third person in a party of three that will be accommodated in a single room.

Accommodation on this trip is varied, when in cities the accommodation will be in modern-style hotels, whereas in rural areas accommodation will be more traditional in style and will sometimes lack western comforts like air-conditioning and hot water. On our klotak in Tanjung Putting bedding is laid out on top of the boat and there is a shared toilet on each boat. There will be no shower facilities whilst aboard. Please note that the accommodation in Loksado does not provide mosquito nets, so we recommend bringing your own

Essential information

FCO Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

Essential Information

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. Booking Conditions

Visa Information

Indonesia: British nationals travelling to Indonesia for tourism purposes can enter the country without a visa for up to 30 days at certain ports of entry including international airports in Jakarta, Yogyakarta, Bali, Medan, Surabaya and Batam, and sea ports in Batam and Bintan. If travelling on a free visa you must also exit via one of these approved ports. All passports must have at least 6 months validity remaining after departure from Indonesia.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

Booking conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

Transfers

Find out more about Trip Transfer Terms and Conditions before you book.

Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

Indonesia Holidays & Tours

Nothing compulsory, but we recommend protection against malaria, tetanus, infectious hepatitis, typhoid and polio. Consult your travel clinic for latest advice on Malaria and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. Although not compulsory, travellers may wish to immunise themselves against Japanese encephalitis. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at http://www.explore.co.uk/Travelhealth/ and from your local healthcare provider.