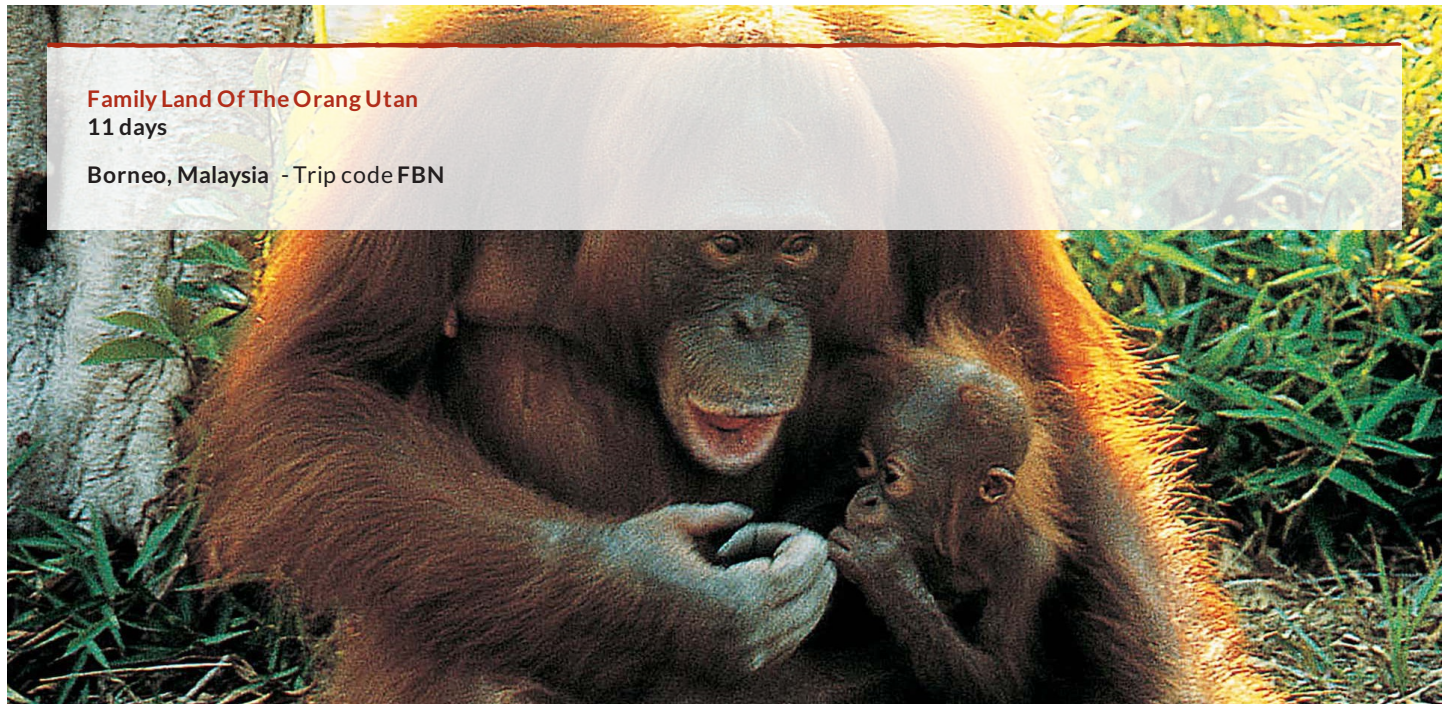


# EXPLORE!



## Family Land Of The Orang Utan

11 days

Borneo, Malaysia - Trip code FBN

## Family Land Of The Orang Utan

Exotic wildlife, traditional tribes and beautiful beaches are all part of this unique adventure through Borneo. We visit the world's largest orang-utan rehabilitation centre as well as one of the world's few Sun Bear conservation projects and explore the jungle along the Kinabatangan River. Enjoy an exhilarating canopy walk through the tree tops and bathe in bubbling hot springs. **TRIPLE ROOMS** This trip allows the option for triple rooms to be included within the booking on a selected number of night stops within the holiday. If you would like this option, a discount may be applicable on the cost of the trip - please ask our Sales team for further information.

## Trip highlights

### ACCOMMODATION GRADE:

#### Standard

Our standard, mid-range accommodation offers a good level of service, often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en suite facilities.

### TRIP PACE:

#### Moderate

Moderate pace tours are ideal if you want a holiday which combines exciting activities and experiences with plenty of time to relax and unwind. Typically you'll be active and busy for part of the day but then also have time to rest and recharge your batteries.

**GROUP SIZE:****12 - 18**

Maximum group size ranges from between 6 to 20 people, depending on the type of trip, the transport and accommodation used and activities included. We rarely have groups that are smaller than five or six people and the average is 12 people plus an Explore leader.

# Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

## DAY 1 - Join tour Kota Kinabalu

We arrive in Kota Kinabalu and check in to our hotel. Known locally as KK, Kota Kinabalu is a burgeoning city with a blend of Malays, Europeans and Chinese: the result is a unique mixture of architecture, culture, high technology and ancient traditions.



**Accommodation: Accor Avangio Hotel** (or similar)



Standard Hotel



Meals Provided: None

## DAY 2 - Boat trip and snorkelling to Manukan Island; thrilling zipline between two tropical islands

Off the coast from Kota Kinabalu is the Tunku Abdul Rahman National Park, Sabah's first national park, made up of 5 islands. Teeming with a magnificent range of marine life, the islands are fringed with coral reefs and have some of the best beaches in Borneo. Our day starts with a boat trip to Sapi Island where we take a thrilling 250 meter zip line between two tropical islands, Sapi and Gaya Islands. This exhilarating ride provides fantastic views of the marine park as you glide over the crystal clear waters below you, a great adventure for all the family. Leaving Gaya Island behind we take a boat trip to Manukan island, famed for its world class snorkelling. We have the rest of the day to relax and enjoy its fine beaches. An idyllic way to spend our first day in Borneo. We return by boat to Kota Kinabalu late afternoon.



**Accommodation: Accor Avangio Hotel** (or similar)



Standard Hotel



Meals Provided: Breakfast

## DAY 3 - Fly to Sandakan; drive to Sepilok and visit orang-utan rehabilitation centre

We fly this morning to Sandakan on Sabah's east coast from where we make the short drive to Sepilok. Sepilok is home to the largest of the three orang-utan rehabilitation centres in the world. Covering over 4,000 hectares of forest, the centre was established in 1964 to rehabilitate captured, injured or abandoned apes with the animals being taught how to make nests and survive in their natural habitat. We plan to visit the centre in time for feeding when, along with the permanent members, pregnant mothers who otherwise live in the jungle often come to supplement their diet and return after the birth of their young. There is a small charge to bring your camera into the sanctuary area.



## Accommodation: Sepilok Jungle Resort (or similar)



Simple Lodge



Swimming pool available



Meals Provided: Breakfast

## DAY 4 - Rainforest Discovery Centre and Sun Bear Sanctuary; drive to Sukau on the Kinabatangan River

This morning we visit the Sun Bear Sanctuary which looks after these threatened species with the aim of rehabilitating and releasing these creatures into their natural habitat. We then move on to the nearby Rainforest Discovery Centre. The centre gives the opportunity to learn about the conservation of the rainforest and the myriad of animals and plants that rely on this incredible habitat. From the canopy walkway you will see the beautiful rain forest of Sepilok from up to 28 m above the forest floor! You might even catch a glimpse of the Bornean bristlehead bird, one of the rarest birds in Sabah as well as the other 250 species of birds including hornbills, woodpeckers, pittas, kingfishers and broadbills. Later we continue our journey to Bilit, on the Kinabatangan River and our jungle base in Sukau. Home to a rich network of hidden oxbow lakes and river tributaries the area has escaped much of the deforestation that has blighted other parts of Borneo, allowing us to see a diverse selection of reptiles, birds and mammals in their natural forest habitat.



## Accommodation: Bilit Rainforest Lodge (or similar)



Standard Lodge



Meals Provided: Breakfast & Dinner

## DAY 5 - In Sukau; wildlife cruise viewing, jungle walks, boat cruise

Unlike other areas in Sabah, the Kinabatangan River has remained relatively unaffected by logging, mainly because the land is permanently waterlogged and there are few commercially valuable trees there. The river meanders through a flood plain and creates many ox-bow lakes making an ideal environment for wildlife viewing. On our early morning cruise we may see crocodile warming themselves in the morning sun and some of the other birdlife such as egret, storm's stork, oriental darter and oriole. This afternoon, optional jungle walks are available for those wishing to explore further. Later in the afternoon as the sun starts to go down, we take another boat cruise along the Kinabatangan River and Menungul tributary, hopefully to spot some more wildlife, including the long nosed proboscis monkeys which converge on tree tops by the river banks to settle for the night.



## Accommodation: Bilit Rainforest Lodge (or similar)



Standard Lodge



Meals Provided: Breakfast, Lunch & Dinner

## DAY 6 - Drive to tea plantation and stay in a traditional longhouse

Today we depart Sukau by bus and travel to a tea plantation where we will spend the next two nights staying in a traditional style longhouse as used by the tribal people of Borneo (shared facilities). This plantation is the only organic tea farm in Borneo, surrounded by rainforest and with magnificent views of Mount Kinabalu, it is a great place to explore.



**Accommodation: Sabah Tea Plantation** (or similar)



Simple Lodge



Meals Provided: Breakfast

## DAY 7 - Tour of tea plantation; batik painting experience

After rising early this morning, we walk out into the tea plantation for a fine view of Mount Kinabalu. We will also have the opportunity to try our hand at tea plucking and learn all about the tea grown in this area, then walk out to the Sapoan River and enjoy a picnic lunch. After returning on foot to the Longhouse this evening, there is the opportunity to participate in some batik painting and learn how to cook a traditional meal. There is also the opportunity to see a blow pipe demonstration.



**Accommodation: Sabah Tea Plantation** (or similar)



Simple Lodge



Meals Provided: Breakfast & Lunch

## DAY 8 - Drive to Poring Hot Springs; drive to Kiau Village

We start our day with a visit to the Poring Hot Springs, a popular spot with locals who enjoy springs found here. At 450m we are in tropical lowland forest, dense with vegetation and thick bamboo, with a humid misty atmosphere. You can cross a tree top walkway 60m above the forest floor or perhaps you prefer to take a relaxing soak in a hot spring bath, looking out for hornbills, mynah birds and monkeys. From here we move on to our abode for the night in Kiau village where we stay with local families, a great opportunity to learn about life in rural Borneo. Many of the families here are pineapple farmers and we hope to visit the farms and learn all about the cultivation and how to cook this tasty fruit. The stay allows the opportunity for all the kids to play local games and mix naturally with their counterparts.



**Accommodation: Kampung Kiau Village Homestay** (or similar)



Simple Homestay



Meals Provided: Breakfast & Dinner

## DAY 9 - Bus to Kuala Penyu; boat to Pulau Tiga

This morning we drive to Kuala Penyu from where we travel by boat to the small island of Pulau Tiga. Formed after a volcanic eruption just over one hundred years ago, the island, which has magnificent coral reefs and a wide variety of terrestrial flora and fauna, is now part of a state marine park.



**Accommodation: Pulau Tiga Resort** (or similar)



Simple Hotel



Meals Provided: Breakfast & Dinner

## DAY 10 - Morning on Pulau Tiga and return to Kota Kinabalu in the afternoon

Morning to enjoy this paradise island with time to relax at the end of your tour although there is also plenty on offer for the more active traveller. The snorkelling opportunities are excellent and other activities such as seakayaking and fishing are also on offer. A network of marked trails provide the chance to discover the island's wildlife from macaques and monitor lizards to rare birds such as the curious megapodes, hornbills and sea eagles. One trekking trail leads to the mud volcanoes on the island which are famed for their mineral enriched mud, said to have healing properties. This afternoon we return to Kota Kinabalu with time for some last minute shopping or further personal exploration. You may wish to visit the Masjid Sabah, one of the biggest mosques in Malaysia, or the Sabah Museum, shaped to resemble a Rungut Longhouse and containing a magnificent collection of ethnographic and historical artifacts.



**Accommodation: Accor Avangio Hotel** (or similar)



Standard Hotel



Meals Provided: Breakfast, Lunch & Dinner

## DAY 11 - Trip ends in Kota Kinabalu

The tour ends this morning after breakfast. Passengers travelling on the group flight back to London usually depart early morning and breakfast is not included at the hotel before departure.



Meals Provided: Breakfast

## Family information

Minimum age

7



## Why book this trip

This adventure is for families who are happy sleeping in a range of accommodation types as part of a wildlife adventure that takes in an orang-utan and sun bear sanctuary and cruising the jungle waterways to see proboscis monkeys. For the teenage departures, the holiday also includes a trek up to Mount Kinabalu.

## What's included?



### Included meals

Breakfast: 10

Lunch: 3

Dinner: 5



### Transport

Bus

Boat

Ferry

Flight



### Trip staff

Explore Tour Leader

Boat Crew

Driver(s)

Local Guide(s)



### Accommodation

1 nights simple homestay

3 nights standard hotel

1 nights simple hotel

3 nights simple lodge

2 nights standard lodge

## Trip information

### Country information

### Borneo Holidays & Tours

#### Climate

Temperatures are high all year round, between 23°C at night to 32°C during the day. Borneo is tropical and only lies a few degrees north of the equator. Rainfall can be expected at any time of year though will be greater between November and January. Seasonal weather patterns can be unpredictable. For up-to-date information on the weather worldwide please visit [www.bbc.co.uk/weather](http://www.bbc.co.uk/weather).

#### Time difference to GMT

+8

**Plugs**

3 Pin Flat

**Religion**

Islam, Christian

**Language**

Malaysian

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## Malaysia Holidays & Tours

**Climate**

Temperatures are uniform throughout the year, with conditions on the coast more humid. Day-time temperatures reach around 31°C and then drop at night to about 23°C. There is no clearly defined wet and dry seasons, though the southwest monsoon (September to November) and the northeast monsoon (November to February) bring rather more rain. On the west coast rain tends to fall mainly in short lived thunderstorms, and the sky clears quite quickly.

**Time difference to GMT**

+8

**Plugs**

3 Pin Flat

**Religion**

Islam

**Language**

Malaysian

## Budgeting and packing

## Optional activities

Manukan Island -Snorkelling equipment rental - £4.00, boat transfer to Gaya or Sapi islands £8.00 Sepilok - There's a small charge to use the swimming pool at our hotel of around £1.00 Pulau Tiga - Snorkelling approximately £6.00 Camera Fees - At Sepilok and Poring hot springs £3.00

## Clothing

Pack for hot conditions. There is year round humidity in the lowlands but you will also need a warm sweater/fleece and jacket for cool nights in the Highlands, especially November to January. Lightweight rainwear/umbrella is essential all year. Plastic ponchos can be purchased locally. Don't forget your swimming costume.

## Footwear

Lightweight walking boots are the best for walking in jungle (though expect them to get wet and muddy), plus sandals or trainers.

## Luggage

15Kg

## Luggage: On tour

One main piece of baggage and a rucksack for the Kinabalu trek (we recommend at least 30 litres capacity). Please note: pack light. The international carrier will usually allow 44lbs/20kg or more and our preferred domestic airline in Borneo also allows 44lbs/20kg. However some domestic airlines allow a maximum of 33lbs/15kg for your checked in luggage and occasionally we may have to use these airlines so we recommend you stick to that limit to avoid excess charges. Remember you are expected to carry your own luggage so don't overload yourselves. Hard suitcases are not suitable.

## Equipment

Bring a torch, a water bottle, insect repellent and a towel. Binoculars are useful for wildlife spotting. Personal First

# Tipping

## Explore leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

## Local crew

Although entirely voluntary, tipping is a recognized part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. In order to make things easier for you, the Tour Leaders may organise a group's tips kitty and if this is the case, they will account for it throughout the tour. Local Staff: Accordingly you should allow £20 for gratuities for local staff.

## Country Information

### Borneo Holidays & Tours

#### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

##### Lunch price

£3.5

##### Dinner price

£6

##### Beer price

£3

##### Water price

£0.25

#### Foreign Exchange

##### Local currency

Malaysian Ringgit.

##### Recommended Currency For Exchange

It's easy to change British pounds and USD into Ringgit once in Borneo

##### Where To Exchange

Most major towns - your Tour Leader will advise you on arrival.

##### ATM Availability

In all major towns.

##### Credit Card Acceptance

In major restaurants and department stores.

##### Travellers Cheques

Can be exchanged at international banks in Miri and Kota Kinabalu.

### Malaysia Holidays & Tours

#### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

##### Lunch price

£4

##### Dinner price

£8

##### Beer price

£2



**Water price**  
£0.8

## Foreign Exchange

**Local currency**  
Malaysian Ringgit.

**Recommended Currency For Exchange**  
GBP or USD.

**Where To Exchange**  
Most major towns - your Tour Leader will advise on arrival.

**ATM Availability**  
Major towns and cities.

**Credit Card Acceptance**  
In major restaurants.

**Travellers Cheques**  
Major towns and cities.

## Transport, Accommodation & Meals

### Transport Information

Bus, Boat, Ferry, Flight

### Family swimming

Enjoy a dip in the sea at Manukan Island

## Essential information

### FCO Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click [here](#).

For more information from Explore about travel advice, click [here](#)

#### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### Essential Information

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. [Booking Conditions](#)

### Visa Information

Borneo: Visas are not required by UK, Australian, New Zealand, US and Canadian citizens. Malaysia: Visas are not required by UK, Australian, New Zealand, US and Canadian citizens. All passports must have at least 6 months validity after departure from Malaysia. Other nationalities should consult their local embassy or consular office. You should confirm all visa related questions with the relevant Embassy prior to departure.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions

relating to visa applications, please call them directly on 0208 5431846.

## Booking conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

## Transfers

[Find out more about Trip Transfer Terms and Conditions before you book.](#)

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer [click here](#)

## Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. [Read more about them here.](#)

### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## Non refundable permits

## Borneo Holidays & Tours

### Vaccinations

Nothing compulsory, but we recommend protection against malaria, typhoid, tetanus, diphtheria, infectious hepatitis and polio. Consult your travel clinic for latest advice on different prophylaxis available against malaria. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed before departure.

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## Malaysia Holidays & Tours

### Vaccinations

Nothing compulsory, but we recommend protection against malaria, tetanus, infectious hepatitis, typhoid, diphtheria and polio.

Consult your travel clinic for latest advice on different prophylaxis available against Malaria. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider.

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