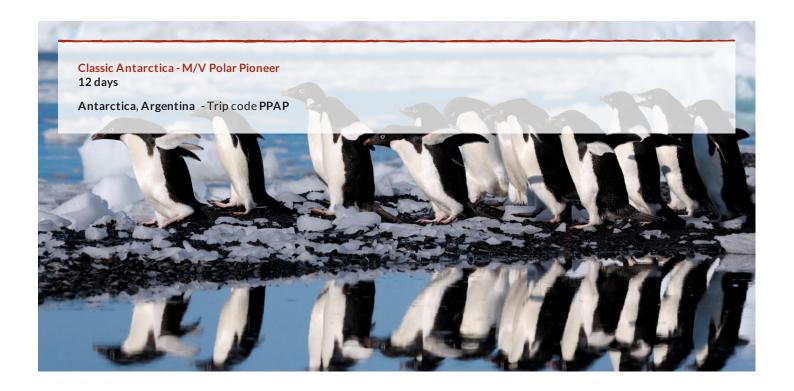
# **EXPLORE!**



# Classic Antarctica - M/V Polar Pioneer

Into Antarctica... The South Shetland Islands and Antarctic Peninsula form one of the most spectacular wilderness areas on earth. A remarkable collection of wildlife lives in the shadow of snow-capped mountains and blue icebergs; penguins, whales and a rich diversity of birdlife await you an exploratory journey of the Great White Continent.

# Trip highlights

★ Enjoy the freedom of being in the vast, ice - sculpted Antarctic wilderness

### **ACCOMMODATION GRADE:**

#### Premium

Our premium accommodation is hand-picked and chosen for its character, location or local importance. These properties have excellent facilities and a higher level of comfort and service. They provide the perfect wind down after an active day.

### TRIP PACE:

#### Relaxed

You can enjoy easy-going activities and experiences on these Relaxed pace tours, with opportunities to absorb the sights and immerse yourself in the local surroundings, but still come home feeling relaxed and refreshed.

# **Itinerary**

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

# DAY 1 - Ushuaia

You will have time to enjoy Ushuaia before boarding your expedition ship. Embarkation will commence in the late afternoon and you will set sail along the Beagle Channel in the early evening.



Accommodation: M/V Polar Pioneer (or similar)



Premium Boat



Single room available



Meals Provided: Dinner

# DAY 2 - Drake Passage

We cross the Drake Passage, accompanied by albatross, petrels, fulmars and prions.



Accommodation: M/V Polar Pioneer (or similar)



Premium Boat



Single room available



Meals Provided: Breakfast, Lunch & Dinner

# **DAY 3 - Drake Passage**

Join our polar experts to learn about Antarctica's unique wildlife and history, talk to fellow passengers, staff and crew, and keep watch for your first iceberg!



Accommodation: M/V Polar Pioneer (or similar)



Premium Boat



Single room available



Meals Provided: Breakfast, Lunch & Dinner

# DAY 4 - Antarctic Peninsula

An overnight passage along the Gerlache Strait delivers us to the stunning Antarctic Peninsula. Spirits soar, as air and water temperatures fall, marking our crossing into the 'White Continent.'



Accommodation: M/V Polar Pioneer (or similar)



Premium Boat



Single room available



Meals Provided: Breakfast, Lunch & Dinner

# DAY 5 - Antarctic Peninsula

All eyes are peeled for the first iceberg, the first penguin and the first glimpse of land. We will spend the next few days getting to know this frozen land; enjoying Zodiac cruises, busy penguin rookeries and witnessing basking fur and leopard seals on passing ice floes - all under the backdrop of spectacular and colossal icebergs. You will also be celebrating Christmas on board with your fellow expeditioners.



Accommodation: M/V Polar Pioneer (or similar)



Premium Boat



Single room available



Meals Provided: Breakfast, Lunch & Dinner

### DAY 6 - Antarctic Peninsula

Using our Zodiacs for landings, we will explore penguin rookeries and historic sites and scientific research stations. We will also cruise past exquisite icebergs and soak up the atmosphere of this dramatic landscape.



Accommodation: M/V Polar Pioneer (or similar)



Premium Boat



Single room available



Meals Provided: Breakfast, Lunch & Dinner

# **DAY 7 - Antarctic Peninsula**

Stepping ashore on the continent itself creates an everlasting memory. Bubble-netting humpbacks deserve a wake-up call, even at midnight! A curious leopard seal cruising amongst spectacular icebergs may mean postponing lunch. Landings are dependent on the ice and weather conditions, so our itinerary does need to be flexible. Landings do often change voyage-to-voyage, but our expert guides and Expedition staff will ensure that you have the best chance to capture the surprising wildlife displays and to enjoy



Accommodation: M/V Polar Pioneer (or similar)



Premium Boat



Single room available



Meals Provided: Breakfast, Lunch & Dinner

# **DAY 8 - Antarctic Peninsula**

We will enjoy more Zodiac crusing and shore landings, before we head towards the South Shetland Islands.



Accommodation: M/V Polar Pioneer (or similar)



Premium Boat



Single room available



Meals Provided: Breakfast, Lunch & Dinner

# DAY 9 - Antarctic Peninsula

What better way to celebrate Christmas but in the 'Great White Continent'? We spend our final full day exploring the delights of the peninsula and enjoying festivities on board the ship with our extended Polar family.



Accommodation: M/V Polar Pioneer (or similar)



Premium Boat



Single room available



Meals Provided: Breakfast, Lunch & Dinner

# **DAY 10 - Drake Passage**

Our expedition ship will head north across the Drake Passage, enjoy some free time out on deck, spotting bird and sea life along the way.



Accommodation: M/V Polar Pioneer (or similar)



Premium Boat



Single room available



# **DAY 11 - Drake Passage**

Our last day at sea will allow time to exchange photos with fellow passengers or to attend one last informative lecture, before arriving in Puerto Williams.



Accommodation: M/V Polar Pioneer (or similar)



Premium Boat



Single room available



Meals Provided: Breakfast, Lunch & Dinner

# DAY 12 - Puerto Williams to Punta Arenas

The Polar Pioneer will make its way up the Beagle Channel this morning, before reaching Puerto Williams for disembarkation. After a town tour, you will be transferred to the airport for your flight on to Punta Arenas.



Meals Provided: Breakfast

# **Polar information**

#### Ship information

Polar Pioneer is a Finnish ex-research vessel, refurbished to provide an adventurous journey in the polar regions; its ice class means it has excellent manoeuvrability. The vessel accommodates only 54 passengers, meaning more time with the experts and a friendly on-board experience. Informed crew and experts will ensure you learn about how a polar expedition runs, your unique surroundings and the wildlife; Zodiacs will take you to shore for close encounters.

# What's included?



Included meals

Breakfast: 11 Lunch: 10 Dinner: 11



**Transport** 

Polar Pioneer Zodiac



Trip staff

Expedition Crew Naturalist(s)



Accommodation

11 nights premium boat

# **Trip information**

# **Country information**

# Antarctica Region Holidays & Tours

#### Climate

Polar Temperatures during Antarctic season: Min.: -15°C; Max. 12°C; Average 0°C.

#### Time difference to GMT

-3

#### Plugs

2 Pin Round

# Argentina Holidays & Tours

#### Climate

Argentina has a climate that ranges from subtropical in the north to cold in the temperate south. The Andes has erratic rainfall and flash floods from December to May. From June to September spring like sunny days temper the cold nights.

#### Time difference to GMT

-3

#### Plugs

3 Pin Flat

### Religion

Predominantly Roman Catholic.

#### Language

Spanish is the main language throughout this region, along with a number of indigenous dialects, of

# **Budgeting and packing**

# **Optional activities**

Kayaking can be booked as an option at a supplementary fee. This must be booked in advance and through the ship operator directly. Please note, you will need to have some experience of kayaking to participate in this activity.

# **Clothing**

Parkas You should look for a lightweight, roomy, wind and water-resistant parka with some insulation. Bright colors are more visible - and thus safer - in polar environments. Gloves Keeping your hands warm and dry can be a challenge. Thin polypropylene gloves can be worn underneath warm outergloves. This allows you some protection from the cold when removing your gloves to operate your camera etc. We strongly recommend that you bring more than one pair of gloves, in case one gets wet (or lost). Hat/Cap Warm, woollen hat/cap to protect your ears, as well as a scarf, neck gaiter or other face protection, such as a balaclava. Trousers Water-resistant trousers of coated nylon or, even better, Gore-Tex® are essential for your comfort. They can be worn over your regular clothes to keep you warm and dry. We suggest that you purchase trousers a few sizes larger than you normally wear as you will be wearing them over other clothing. Gore-Tex® or similar fabrics are excellent for keeping out wind and water without trapping excess heat. Rain gear and Gore-Tex® products can be found in any outdoor sport clothing store. In addition to your waterproof trousers, warm ski pants are suggested if you have them. Warm trousers such as jeans, corduroys etc are also good. Socks Warm wool socks worn over a thin pair of silk, polypropylene socks should provide enough warmth and insulation for your feet. Bring several pairs of socks, since you will inevitably get your feet wet. Outer Clothing Woollen, knit or cotton sweaters/tops, polar fleece tops (medium weight), several cotton turtlenecks and T-shirts for layering on and off the ship. Underclothing Thermal underwear is highly recommended as it will keep you warm without adding bulk. Most polar travellers prefer a lightweight version.

### **Footwear**

Complimentary waterproof boots will be supplied on-board. However, if you have extra small or large feet, you are advised to bring your own. Also ensure you take good walking boots and trainers for relaxing.

# Luggage

15Kg

# Luggage: On tour

One main piece of baggage and daypack. Remember you are expected to carry your own luggage so don't overload yourself. Please note that a 15kgs luggage weight limit is sporadically enforced on the internal flight to Ushuaia, occasionally charges may be levied against passengers taking luggage in excess of 15kgs.

# **Equipment**

There are no hairdryers aboard the Polar Pioneer. Sunglasses and sun cream Insect repellant Personal toiletries A refillable water bottle Books/reading material Camera and memory cards Seasickness remedy Walking poles

# **Tipping**

#### Local crew

Tipping is of considerable significance to the people who will take care of you during your travels. It is an expression of satisfaction. The suggested amount is USD \$10 - 12 per person per day spent on board. Of course, tipping is a personal choice and the suggested amount is set only as a guideline.

### **Country Information**

# Antarctica Region Holidays & Tours

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

# Foreign Exchange

### Recommended Currency For Exchange

A combination of US dollars cash and cards is best. It is advisable to take a minimum of US\$200-500 of your total spending money in cash, in mixed denominations (notes should be in good condition).

#### Where To Exchange

Banks or Forex offices in major cities.

#### ATM Availability

Cash can be drawn on credit or debit cards from ATMs in major cities

#### Credit Card Acceptance

Credit cards are useful and can be used in many places, but may be subject to a service charge. The ship accepts Visa and Mastercard.

#### **Travellers Cheques**

Travellers Cheques can be difficult to exchange and are not accepted aboard.

# **Argentina Holidays & Tours**

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

### Lunch price

£10

### Dinner price

£17

### Beer price

£2

### Water price

£1.3

# Foreign Exchange

### **Local currency**

Peso

### **Recommended Currency For Exchange**

Carry all your funds in US cash NOT Sterling or Travellers Cheques which are more difficult to exchange. We recommend to take a minimum of US\$400-\$500 of your total spending money in cash, in mixed denominations. Notes should be in good condition otherwise they might be difficult to exchange.

#### Where To Exchange

Your Tour Leader will advise you on arrival.

#### **ATM Availability**

Available in Buenos Aires. In Patagonia some cards with Chip and Pin do not work in the ATM machines. Always have some cash as back-up as they are not always reliable

#### **Credit Card Acceptance**

Credit cards are useful and can be used in some places, but may be subject to a 10% service charge

### Travellers Cheques

Travellers Cheques can be awkward or expensive to change

# **Transport, Accommodation & Meals**

# **Transport Information**

Polar Pioneer, Zodiac

# **Ship description**

Polar Pioneer is a Finnish ex-research vessel, refurbished to provide an adventurous journey in the polar regions; its ice class means

it has excellent manoeuvrability. The vessel accommodates only 54 passengers, meaning more time with the experts and a friendly on-board experience. Informed crew and experts will ensure you learn about how a polar expedition runs, your unique surroundings and the wildlife; Zodiacs will take you to shore for close encounters.

## **Cabins**

Prices are based on the use of outward facing, category one cabins on the main deck. Category one cabins are based on triple share. They are comfortable, with two lower bunks and one upper bunk. The cabin has a desk, a small washbasin, a sofa and a porthole. Showers and toilets are close by and shared with other main deck cabins. The Polar Pioneer has a number of different cabin categories, all are outside facing and most cabins have two beds (suites have double beds.) Most cabins have en suite facilities and some have larger windows, rather than portholes. Single occupancy is an option on board, subject to availability. Call us for details on the cabin choice to fit your requirements.

# Ship dining

Onboard the expedition ship you'll find a diversity of international cuisines prepared and catered by professional chefs; all meals are included in the price of your expedition. Dining is casual in one of two dining rooms. There is always a selection of different meals available, and vegetarians will find plenty of options. Special dietary requirements can be accommodated with advance notice, please advise us at time of confirmation. Coffee, tea and water are all provided free of charge. All other beverages, alcoholic and non-alcoholic, are not included and can be purchased in the bar.

# **Essential information**

# **FCO Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

#### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

## **Essential Information**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. Booking Conditions

## **Visa Information**

All visa information is subject to change. You should confirm all visa related issues with the relevant Embassy prior to departure. USA (If flights transit): you will need to apply for an ESTA if you are transiting the USA as you will have to disembark and clear immigration before re-boarding for the onward flight. Citizens of the UK, New Zealand, Australia, Canada and passport holders from several EU countries can enter the United States without a visa under the Visa Waiver Program (VWP) - where you apply for an ESTA (Electronic System for Travel Authorisation), which applies if you enter the country by sea or by air. This must be done on line - https://esta.cbp.dhs.gov no later than 72 hours prior to travel. Travellers who have not registered before their trip are likely be refused boarding. When completing an application for transit you should enter the words 'In Transit' with your final destination location in the address line You must have an electronic passport with a digital chip containing biometric information about the passport owner. UK passports which are biometric feature a small gold symbol (camera) at the bottom of the front cover. If you have visited Iraq, Syria, Iran or Sudan in the past five years or are dual nationals of these countries, you cannot travel under the Visa Waiver Programme. Instead you will need to apply for a visa from the nearest US Embassy or Consulate. If you are unable to provide a valid visa before boarding flights to the US, or entering via another method, you may not be permitted to travel. For further information please check out the US embassy website. Visa applications - http://london.usembassy.gov/niv/apply.html

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

# **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

### **Transfers**

Find out more about Trip Transfer Terms and Conditions before you book.

#### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

#### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

### Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

# Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

#### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

# $Booking\,a\,flight\,inclusive\,package\,with\,Explore$

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates

# Antarctica Region Holidays & Tours

#### **Vaccinations**

Nothing compulsory, we recommend protection against typhoid, tetanus, diphtheria, polio and hepatitis A. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at http://www.explore.co.uk/Travelhealth/ and from your local healthcare provider.

# **Argentina Holidays & Tours**

#### Vaccinations

Nothing compulsory, we recommend protection against typhoid, tetanus, polio and hepatitis A. Please consult your travel clinic for the latest advice on Malaria, Dengue and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. Please note many countries in Central America, South America and the Caribbean require a yellow fever vaccination certificates if travelling from infected areas. A detailed list of these countries can be found on the NaTHNaC website - http://travelhealthpro.org.uk/countries. Also on the NaTHNaC site there is a list of Countries (and specific areas within a country) which are at risk of infection and a vaccination is therefore recommended.. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at http://www.explore.co.uk/Travelhealth/ and from your local healthcare provider.