# **EXPLORE!**



# Blue Nile and Lalibela

Join us for a journey through one of Africa's least explored countries. As we travel along the Historic Route, we visit rock-hewn churches, ancient obelisks and the forbidden Medieval town of Harar. We also see many of the country's astonishing natural wonders, from the dramatic Tississat Falls to the rugged Simien mountain range.

# Trip highlights

- ★ Lalibela Explore impressive churches carved in rocks.
- ★ Bahar Dar Walk to the top of Tississat Falls, the Water that Smokes.
- ★ Axum Obelisks, temples and palaces in the final resting place of the Ark of Covenant.
- ★ Simien Mountains Rugged and spectacular mountain scenery.
- ★ Gondar Exceptionally well preserved castles from the 17th Century.
- ★ Harar A medieval walled city and the cradle of Islam in Ethiopia.
- ★ Awash Saba A National Park dominated by a dormant volcano, home to mammals and predators.

#### ACCOMMODATION GRADE:

Our standard, mid-range accommodation offers a good level of service, often with other amenities such as a restaurant. bar, garden or swimming pool. Generally rooms will be comfortable with en suite facilities.

#### TRIP PACE:

#### **Full on**

Full on paced trips are for travellers who like their holidays packed with activities and experiences, moving on quickly from place to place with lots of early starts and long, busy days. Some may find them tiring, but others get a buzz from packing their precious holiday-time as chock-a-block full of new experiences as possible!

#### **GROUP SIZE:**

#### 10 - 16

Maximum group size ranges from between 6 to 20 people, depending on the type of trip, the transport and accommodation used and activities included. We rarely have groups that are smaller than five or six people and the average is 12 people plus an Explore leader.

# **Itinerary**

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

### DAY 1 - Join tour Addis Ababa, fly to Dire Dawa and drive on to Harar

Sitting at an altitude of 2438 metres, Addis Ababa is a modern African city which is far more developed than you might imagine. Barely more than a century old it is home to some elegant buildings set along wide streets, dispersed with plenty of green space. Our trip starts here in the morning. We have a few hours to acclimatise and freshen up in day rooms before returning to the airport for our afternoon flight to Dire Dawa. Upon arrival there is a real sense we have arrived in Africa, as monkeys hang in the trees and vultures fly overhead. It is an hour's drive on to Harar, our home for the next two nights. Nestled into a hillside, Harar is a rarely visited walled city which is pierced by five gates and topped by 25 towers.



Accommodation: Heritage Plaza Hotel (or similar)



Simple Hotel



Single room available



Meals Provided: None

### DAY 2 - In Harar; exploring the medieval city on foot

Harar is the cradle of Islam in Ethiopia and by the Middle Ages had become known as the fourth most sacred city in the Islamic world. It remained closed to outsiders for centuries. Our hotel is located within a short distance from the city walls and we spend today exploring the markets on foot and walking within this great maze of colour, noise and smells. It is a true assault on the senses as we share the narrow alleyways with market traders, goats and donkeys. The locals are incredibly friendly and children walk alongside us practising their English and giggling amongst each other. We return back to our hotel for lunch before venturing out again in the afternoon, this time our bus will drive us a little way outside of the town so we can appreciate the views of this walled city from a distance. We also visit a beautiful traditional Harari House and learn about life here from our local guide.



### Accommodation: Heritage Plaza Hotel (or similar)

Simple Hotel



Single room available



Meals Provided: Breakfast

### DAY 3 - Drive to Awash Saba; visit Awash National Park

Today is one of our longer days of driving (approx. 6 hours) as we depart Harar and head towards Awash National Park which is situated in the savanna of the Rift Valley. The journeys in Ethiopia are a real highlight, the scenery and road conditions may be very different from what you imagine. The roads are predominantly smooth tarmac whilst the landscape is lush and green. Today we drive through rolling countryside dotted with small villages; we may pass by caravans of camels and children walking to school. Our first stop is in the town of Aweday which is home to the country's largest chat market (a mildly stimulating plant). Our visit is met with enthusiasm and interest from the locals as they are unused to seeing tourists here. We arrive at Awash National Park around mid-afternoon. The skyline of the park is dominated by the jagged edges of Mount Fantelle - a dormant volcano whose crater towers above the surrounding bush. We start our exploration at the Awash Falls, located near the park entrance, where crocodiles are often seen lazing by the water's edge. We will then take a game drive through the park; the most visible large mammals are the Beisa oryx, Soemmering's gazelle, warthogs and the Slat's dik-dik whilst the birdlife is also impressive. We return back to our hotel after sunset.



Accommodation: Genet Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

### DAY 4 - Drive to Addis; afternoon orientation tour

This morning is spent driving back to Addis. Travelling through the Great Rift Valley we make a stop at Lake Baseka and also an extinct volcanic crater before arriving back into the capital. We aim to arrive around lunch time before taking a tour of the main highlights of the city. This includes the Church of the Holy Trinity, whose large dome and slender pinnacles make it a landmark in the city, and the Ethnographic Museum which is located in the attractive grounds of Addis University. We end our tour with a visit to the National Museum which houses "Lucy". The partial remains of one of human kind's earliest ancestor discovered in Ethiopia in 1974 and believed to be 3.2 million years old. Tonight is free to experience one of the many restaurants in the city.



Accommodation: Ghion Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

### DAY 5 - Fly to Bahar Dar, afternoon boat trip to Zeghie Peninsula

We have a very early start this morning as we take a flight north to Bahar Dar, capital of the Amhara region and situated on the

shores of Lake Tana. After checking into our hotel we take a one hour cruise across the lake to the Zeghie Peninsula. Here we disembark and are met by friendly locals selling handmade crafts. We then take a 30 minute walk along a rough pathway up to Ura Kidane Meret Church and it's Museum. This impressive circular building dates back to medieval times and contains valuable murals and religious treasures. After our visit we make our way back across the lake arriving at our hotel around mid-afternoon, and have the rest of the day free to enjoy the surroundings. Our hotel is positioned right on the shore line and provides a wonderful setting for a sundowner. We can also walk around the lake and into town from here, visiting the local market or relaxing in one of the coffee houses where we hope to see a traditional coffee ceremony.



### Accommodation: Tana Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

### DAY 6 - At Bahar Dar; visit Tississat Falls

This morning you may choose to take an optional boat trip across the lake. Here we focus on the wildlife, as hippos, fish eagles, pelicans and other birdlife are often spotted at this early hour. After breakfast we drive a short distance south of Bahar Dar towards Tississat Falls, also known as Blue Nile Falls. We cross the Nile by a local boat before taking a 30 minute walk to the hill top viewpoint. From here, you can understand the Amharic translation for these falls - 'the Water that Smokes'. Unfortunately, the construction of a nearby hydroelectric plant dramatically reduces their volume on occasions, but they are still an impressive sight to behold. There may be the opportunity to extend our exploration to a further one hour circular walk which passes through small villages. After lunch we drive to where the river meanders towards the falls. Here it becomes the Blue Nile on its thousand-mile journey to meet the White Nile at Khartoum. Hippos can often be spotted from this viewpoint. Tonight is a free evening, you may like to sample the fresh fish in one of the local restaurants.



### Accommodation: Tana Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

### DAY 7 - Drive to Gondar, castle visit

Leaving Bahar Dar we drive across the Nile as we make our way towards Gondar, located on the high plateau just north of Lake Tana. We break the journey with a coffee stop in the town of Woreta, a bustling place where we enjoy the ambience of the locals walking to market. Gondar's most famous monuments are its exceptionally well preserved 17th century castles. The largest and best is that of King Fasilidas. It is a stone-built construction with round turrets and wooden balconies. The king also built remarkable baths a mile or so outside of town known as the 'Pavilion of Delight'. This whole complex of buildings is unique in  $Ethiopia \ and \ unlike \ anything \ found \ elsewhere \ in \ Africa. \ We should \ arrive \ at \ Gondar \ in \ time \ for \ a \ quick \ lunch \ before \ spending \ the$ afternoon exploring these impressive sites as well as visiting the baths and the castle ruins. We also make a stop at Debre Berhan Selassie Church, famed for its ceiling frescoes of many faces.



### Accommodation: Goha Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast



### DAY 8 - Drive to Debark

We can enjoy a relaxed morning and possibly a swim at our hotel in Gondar before getting back on the road and setting off for Debark. This is about a four hour journey, and the scenery becomes increasingly spectacular as we head towards the Simien Mountains. Many of the peaks here rise above 4000m, the highest is Mount Ras Dashen which at 4543m and is the fifth highest in Africa. Debark is a small town and is the gateway to the Simien Mountains. The facilities here are very basic but the locals are friendly and welcoming. We have dinner in our hotel and if lucky may be treated to some local music and dancing.



Accommodation: Sona Hotel (or similar)



Simple Hotel



Single room available



Meals Provided: Breakfast

### DAY 9 - Walking in the Simien Mountains

Today we explore the Simien Mountains National Park on foot. It is a rough road from our hotel up into the mountains but the scenery more than makes up for it. With very few people venturing here we often have the mountains all to ourselves. Walking along well-worn tracks we keep a look out for the endemic gelada monkeys. They often appear as if from nowhere, in huge numbers, and are very relaxed in our company. We may sit with them for some time, just watching as the older ones groom each other whilst the youngsters play in the trees. We return to the bus for our packed lunch before taking a more challenging walk this afternoon. This takes us higher into the mountains and the views are spectacular. We follow established tracks and incorporate numerous stops for rest and photos. If you prefer there is the option to remain on the bus should you not want to take the longer walk.



Accommodation: Sona Hotel (or similar)



Simple Hotel



Single room available



Meals Provided: Breakfast

### DAY 10 - Drive to Axum

Today is another long but incredible journey as we drive to Axum. The route takes us high over the Simien Mountains and down through the Tekeze Valley where giant baobab trees loom. This road has recently been completed and apart from the first 40km it is smooth asphalt the whole way. We enjoy plenty of photo stops and take a short walk through a village saying hello to the friendly locals. The sacred city of Axum sits in the Tigrayan region and was the capital of the Ethiopian empire between the 1st and 10th centuries AD. As the birthplace of Christianity within the country, it was also a bustling commercial centre. We arrive in time for dinner and enjoy a two night stay here.



Accommodation: Yared Zema Hotel (or similar)



Standard Hotel



Single room available

### DAY 11 - Fly to Lalibela

Today we will fly to Lalibela, one of the world's most remarkable historic sites. This afternoon we will drive up mountainside to Ashatam Maryam Church. The going is steep in places but the views across Lalibela and beyond are incredible. After a short drive the church is reached along steep shale pathways and good footwear is a must. Our return ride back down into town takes us through a small village where we may enjoy coffee with a local family.



Accommodation: Panoramic View Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

### DAY 12 - Visit Rock Cut Churches

Although churches carved in rock are found in other parts of the world, those found in Ethiopia are particularly interesting. Generally, they were excavated on all sides of a rectangle, leaving a large block of granite isolated in the centre. This rock was then shaped and formed both inside and out and the carvings show extremely skillful workmanship. Lalibela, the 'New Jerusalem', is thought to have been constructed some 800 years ago by King Lalibela. Lalibela was his capital city, but today it is a small village. Our tour this afternoon involves a certain amount of scrambling through a labyrinth of tunnels. The churches stand in two main groups on either side of a stream, known locally as 'The River Jordan'. There are 11 rock-cut churches of which the most impressive is Bet Giorgis. It is carved in the form of a Greek cross and approached through a passage in the rock. Between them, these rock-cut churches are one of the great wonders of the world. Most churches have a permanent roof built over them to preserve them for posterity and are listed as a UNESCO World Heritage site.



Accommodation: Panoramic View Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

### DAY 13 - In Lalibela; mule trek

This morning we meet our mules and muleteers for an adventurous ride up the mountainside to Ashatam Maryam Church. The going is steep in places and we need to hang on, but its great fun and the views across Lalibela and beyond are incredible. We ride for around an hour before dismounting and making the rest of our way on foot. The church is reached along steep shale pathways and good footwear is a must. There is the option to forego your mule for the bus and join the rest of the group at the start of the walk if you prefer. Vertigo sufferers or people with a low level of fitness may choose not to partake in this activity, your tour leader can advise you. Our return ride back down into town takes us through a small village where we may enjoy coffee with a local family. This afternoon we return to Lalibela, allowing more time to explore the rock-cut churches.



Accommodation: Panoramic View Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

### DAY 14 - In Lalibela, fly Addis, tour ends

This morning we take a flight back to Addis Ababa, where the tour ends.



Meals Provided: Breakfast



# Why book this trip

This tour is for travellers who want to get to grips with Ethiopia and really understand the culture of this fascinating country. Many other operators just visit the highlights in Ethiopia, but on this tour you will also explore Harar and Awash National Park, a great opportunity to get off the beaten track and witness untamed Ethiopia. Please note that Sue Guthrie will be leading trips departing on 28th October, 11th November, 25th November and 16th December 2017.

# What's included?



Included meals

Breakfast: 13



Transport

Bus Boat Flight



Trip staff

Explore Tour Leader
Boat Crew
Driver(s)
Local Guide(s)
Muleteer(s)



Accommodation

4 nights simple hotel 9 nights standard hotel

# **Trip information**

### **Country information**

### **Ethiopia Trips**

#### Climate

Ethiopia is generally pleasant and warm, but varies with altitude. The long rains usually arrive mid-June to early September and the short rains between mid-February and April although this pattern has been completely erratic in recent times. After the rains, the highlands of northern Ethiopia are usually green and thus particularly scenic. The temperature all year round rarely falls below 18°C. Night-time temperatures in the mountains can be cold and can drop below freezing at higher altitude. There is a strong risk of sunburn at high altitude in Ethiopia. Additional information and climate charts can be accessed at http://www.explore.co.uk/weather. Seasonal weather patterns can be unpredictable. Up-to-date information on the weather worldwide can be found by following the BBC weather link on this page.

#### Time difference to GMT

+3

#### Plugs

2 Pin Round

#### Religion

Christian, Islam

#### Language

Amharic, English

### **Budgeting and packing**

### **Optional activities**

Addis Abba - National museum £1 Bahar Dar - Sunrise boat trip £7 (minimum 5 people to operate)

### Clothing

Daytime temperatures are mainly warm and comfortable but evenings in the highlands can be cold. We recommend a thick jumper or warm fleece and lightweight wind/waterproof clothing. Take a sun hat.

### **Footwear**

Comfortable, good walking shoes with ankle support are strongly recommended as well as comfortable sandals.

### Luggage

20kg

### Luggage: On tour

One main piece of baggage and a daypack. Please note that there is a weight restriction of 7kg for hand luggage/daypack for international and internal flights.

### **Equipment**

Bring sun cream, a torch and memory cards for your camera. An insect repellent against fleas could be useful for the churches at Lalibela.

### **Tipping**

#### Explore leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

#### Local crew

Although entirely voluntary, tipping is a recognized part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. In order to make things easier for you, the Tour Leaders may organise a group's tips kitty and if this is the case, they will account for it throughout the tour. Accordingly, you should allow US\$50 for tipping of local drivers, guides, boat crew and for any miscellaneous tipping of hotel staff.

#### **Country Information**

### **Ethiopia Trips**

#### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

#### Lunch price

£3

#### Dinner price

£6

#### Beer price

£1.5

#### Water price

£1

### Foreign Exchange

#### Local currency

Ethiopian Birr.

### $Recommended\ Currency\ For\ Exchange$

It is advisable to take your spending money in Sterling, Euros or US Dollars cash (high denomination notes usually get better exchange rates). Please note that any pre- 1999 or torn US Dollar bills will not accepted in Ethiopia. Please keep any receipts as you may be able to change back any unused local currency.

### Where To Exchange

Your Tour leader will advise you.

#### **ATM Availability**

Very Limited.

#### Credit Card Acceptance

Limited.

#### **Travellers Cheques**

 $Very \ difficult to \ exchange \ and \ are \ not \ recommended. \ Up-to-date \ information \ re: \ global \ exchange \ rates \ can \ be \ obtained \ at \ https://www.currencyexpress.com/explore/$ 

### Transport, Accommodation & Meals

### **Transport Information**

Bus, Boat, Flight

### **Essential information**

### **FCO Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

#### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### **Essential Information**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. Booking Conditions

### Visa Information

Ethiopia: Visas for UK nationals can be obtained on arrival, although this can change at short notice, and you should be prepared to queue on arrival. Please ensure you have 2 recent passport sized photos with you when applying on arrival, these may or may not be asked for. For a single entry visa you can apply via the e-visa website: https://www.evisa.gov.et/#/home. You will need to print a copy of your evisa approval letter and present this with your passport at immigration upon your arrival. The approval letter will take a minimum of 3 days to be processed so we strongly advise for you to apply within plenty of time before your departure. You will be permitted to stay within Ethiopia for upto 30 days or upto 90 days depending on which single entry visa you request. We strongly recommend for you to read the Help section on the e-visa website before applying. Should you wish to apply for a visa prior to departure, please note that a single entry visa is valid for 30 days from the date of issue, so you must submit your application no more than two weeks prior to departure. It is also possible to apply for a multi-entry visa which is valid for 3 months from issue.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

### **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

### **Transfers**

Find out more about Trip Transfer Terms and Conditions before you book.

#### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

#### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

#### Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

#### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

#### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

### **Ethiopia Trips**

#### Vaccinations

We recommend protection against malaria, hepatitis A, diphtheria, tetanus, typhoid and polio. Although the risk is low you may also consider immunisation against rabies and meningococcal meningitis. Consult your travel clinic for latest advice on different prophylaxis available against Malaria. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at http://www.explore.co.uk/Travelhealth/ and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed before departure.