

EXPLORE!

Jewels of Indochina

27 days

Cambodia, Laos, Vietnam - Trip code HIC



Jewels of Indochina

This comprehensive trip through Indochina takes us into Laos, Vietnam and Cambodia. We experience river life as we cruise to vast caves and beautiful waterfalls in Laos. In Vietnam we travel from north to south, discovering the jungle clad islands of Halong Bay, the old city of Hanoi and the Imperial citadel in Hue. Crossing into Cambodia we visit the incredible temple complex of Angkor.

Trip highlights

- ★ **Luang Prabang** - Sleepy French Colonial riverside town with over 30 gilded temples
- ★ **Hanoi** - Wander through the bustling narrow streets of the Old Quarter lined with shop-houses
- ★ **Halong Bay** - Traditional junk boat cruise through one of the most breath-taking limestone landscapes in South East Asia
- ★ **Hoi An** - Charming ancient merchant's town on the banks of the Thu Bon River
- ★ **Siem Reap** - Gateway to the iconic and awe-inspiring Khmer temples of Angkor

ACCOMMODATION GRADE:

Standard

Our standard, mid-range accommodation offers a good level of service, often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en suite facilities.

TRIP PACE:**Moderate**

Moderate pace tours are ideal if you want a holiday which combines exciting activities and experiences with plenty of time to relax and unwind. Typically you'll be active and busy for part of the day but then also have time to rest and recharge your batteries.

GROUP SIZE:**12 - 18**

Maximum group size ranges from between 6 to 20 people, depending on the type of trip, the transport and accommodation used and activities included. We rarely have groups that are smaller than five or six people and the average is 12 people plus an Explore leader.

Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

DAY 1 - Join tour in Vientiane

Arrive Vientiane and check-in at the hotel. Located on the banks of the Mekong River, the Laos capital is a friendly town. Find weathered French Colonial mansions, stunning temples and steaming noodle stalls. A Beer Lao by the river at sunset is the best way to end the day and start your adventure.



Accommodation: Avalon Hotel (or similar)



Simple Hotel



Single room available



Meals Provided: None

DAY 2 - In Vientiane, explore the Lao capital; free afternoon

This morning we include a sightseeing tour around the city. This is a low-built, red roofed attractive capital city, with a slight French feel to it. We explore some of the best sights including the Victory Gate (a Triumphal Arch with good views of the town), the That Luang stupa (said to contain a hair of the Buddha) and Sisaket Wat, packed with fine Buddha images.



Accommodation: Avalon Hotel (or similar)



Simple Hotel



Single room available



Meals Provided: Breakfast

DAY 3 - Fly to Luang Prabang. Drive to Nong Khiaw

This morning we leave Vientiane, flying north to Luang Prabang and then driving on to the scenic town of Nong Khiaw. The condition of the roads in this part of the country is very much dependent on the weather and we should be prepared for some landslides and delays. The scenery however is spectacular - it's mostly forested with 'slash and burn' cultivation very much in evidence, along with the many hilltribe villages along the way. Slash and burn usually takes place in April and May, when rural fires can be witnessed and smoke can fill the air often drifting into nearby towns and creating a hazy sky. We plan to arrive in Nong Khiaw in the early evening where you'll then be able to have dinner and relax in this sleepy river-side town.



Accommodation: Pha Xang Resort (or similar)



Standard Bungalow



Single room available



Meals Provided: Breakfast

DAY 4 - In Nong Khiaw, visit ethnic villages and explore the Nam Ou River

Nong Khiaw is a small settlement located upon the banks of the gentle Nam Ou River, overshadowed on all sides by towering limestone karsts and lush forested hills. We have a full day exploring the local villages and landscapes today. We'll take a longboat upriver to the remote villages of Ban Sop Jam and Muang Ngoi Neu, where we will be able to chat to the locals and learn a little about the traditional way of life in this rural part of Laos. We'll then head out on an easy walk of around two hours, taking us in to the heart of the countryside with gorgeous limestone cliffs, mountains and paddy fields before our boats take us back downstream to Nong Khiaw.



Accommodation: Pha Xang Resort (or similar)



Standard Bungalow



Single room available



Meals Provided: Breakfast

DAY 5 - Long boat down river to Luang Prabang

This morning we board longboats for our journey further down the Nam Ou River - south towards Luang Prabang. The river journey is stunning, passing many villages and forests, with the back drop of large rolling mountains. We must leave the boat at Dong Ngern in order to avoid the Nam Ou River dam. After a short road transfer we'll once again continue our journey by boat, now on the Mekong River to visit the Pak Ou Caves, where we climb steps up the limestone cliffs to reach the sacred Buddhist shrine. Although now abandoned by the monks, there is an altar for incense burning, flower offerings and numerous rock shelves crammed with thousands of Buddha images of all shapes and sizes. We then return to our vehicles to continue our journey to Luang Prabang, the country's former capital.



Accommodation: Villa Kieng Kham Hotel (or similar)



Simple Hotel



Single room available



Meals Provided: Breakfast

DAY 6 - Explore Luang Prabang; Excursion on Mekong River to Ock Pop Tok craft centre

Today we'll really get to have a closer look at Luang Prabang. All the main sights of interest are close together and we'll have a chance to walk around the various wats (temples) including the splendid Wat Xieng Thong (the Golden Temple built in 1559), which is strikingly decorated in brilliant red and gold designs, with an imposing tiled roof and mosaic dragon motifs. We'll also visit Wat Sen and the Royal Palace Museum. Afterwards we'll hire tuk tuks to take us to the Ock Pop Tok living craft centre, a project setup to employ and empower local craftspeople and artisans. There's a wide range of high quality textiles on display and you'll get to see the incredible skills with which they're made. Returning to the town centre the rest of the day is left free for personal exploration.



Accommodation: Villa Kieng Kham Hotel (or similar)



Simple Hotel



Single room available



Meals Provided: Breakfast

DAY 7 - From Luang Prabang, visit Kuang Si Waterfalls; free afternoon

This morning we travel by bus to the beautiful Kuang Si Waterfalls, approximately 45 minutes from Luang Prabang. Passing forested hills and several ethnic minority villages we arrive at the limestone falls that cascade into several clear pools below. Returning to Luang Prabang, there is an opportunity to take an afternoon bicycle trip (optional) to the Lao Loum village at Ban Phanom. Approximately 6 km from Luang Prabang, the road gently undulates through cultivated scenery and arrives at a well-kept scenic village on the banks of the Nam Khan River. We will spend time meeting the locals and learning a little more about the everyday life of rural Lao before returning to Luang Prabang for a well earned 'Beer Lao'.



Accommodation: Villa Kieng Kham Hotel (or similar)



Simple Hotel



Single room available



Meals Provided: Breakfast

DAY 8 - In Luang Prabang, free morning; fly to Hanoi, evening walk in Old Quarter

This morning is left free for further exploration of Luang Prabang. In the afternoon, we fly to Hanoi in Vietnam. This evening you can take a walk through the bustling streets and markets of the Old Quarter. The shops themselves have very narrow frontages, but are actually quite deep; they are known locally as 'tube' shops, while on the pavement food vendors sell noodles, snacks and stir-fries from shoulder panniers.



Accommodation: La Belle Vie Hotel (or similar)



Standard Hotel



Single room available

DAY 9 - Discover the sights of Hanoi including the Old Quarter

This morning we make a tour of the main sights of Hanoi. Architecturally styled like a French provincial town with tree-lined boulevards and substantial low-built houses the city is wonderfully nostalgic. Among the interesting sights are the charming One-Pillar Pagoda, Confucius Temple and the Presidential Palace. Ho Chi Minh himself, a spartan-living and scholarly man, chose not to live in the Presidential Palace; he preferred instead a simple teak stilt-house specially built for him in the grounds. This walk through the narrow lanes of the fascinating Old Quarter, where the streets are named after various crafts or specialties: Paper Street, Silk Street, Basket Street and so on. The shops themselves have very narrow frontages but are actually quite deep; they are known locally as tube shops. On the pavements food sellers sell noodles, snacks and stir-fries from shoulder panniers. The smell of food mixes with the smell of incense from small temples dotted around.



Accommodation: La Belle Vie Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

DAY 10 - Free time in Hanoi, then drive to Halong Bay

We have some free time in Hanoi this morning perhaps to visit some of the many museums or Ho Chi Minh's austere mausoleum, which resembles Lenin's in Moscow. Afterwards we drive out towards the iconic Halong Bay in the Gulf of Tonkin. Thousands of jagged limestone islands rise out of the jade green waters like the hairy scales of a submerged dragon. In fact Halong means: 'Where the dragon descends to the sea'. As legend has it the rugged seascape was created by the pounding tail of a dragon as he ran from the mountains into the sea, carving the islands in his wake.



Accommodation: Heritage Halong Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

DAY 11 - Cruise Halong Bay; from Hanoi overnight train to Hué

This morning we enjoy the romantic scenery of Halong Bay on a cruise amongst the islands. We'll have the chance to stop at a grotto beneath towering cliffs and perhaps visit a beach. It is interesting to see the curious assortment of tourist boats, traditional junks and wooden sampans gliding through the waters. We enjoy a seafood lunch on board the boat, before returning to a hotel in Hanoi to freshen up before boarding the Reunification Express to Hué.



Accommodation: Overnight train from Hanoi to Hue



Simple Overnight Train



Meals Provided: Breakfast & Lunch

DAY 12 - In Hué; boat along Perfume River to Thien Mu Pagoda

We arrive in Hué, one of the great cultural and religious centres of Vietnam, a quietly impressive place. The Perfume River divides the city in two and has been the inspiration for poets and painters for many centuries. This afternoon we plan to take a trip by boat along the Perfume River from Hué to the Thien Mu Pagoda. This serene temple is the oldest in Hué and also the symbol of the city.



Accommodation: Thanh Lich Hotel (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: None

DAY 13 - In Hué, visit the Imperial Citadel; free afternoon

This morning we appreciate Hué's fascinating history with a visit to the Imperial Citadel. Located on the left bank is the river, this palace was built by the Nguyen dynasty, Vietnam's ruling emperors from the early 1800s to 1945. The Citadel has formal moats and impressive ramparts that were constructed by 20,000 men and was a copy of the Forbidden City in Beijing. Although most of the inner part of the city was totally destroyed during the month-long Tet Offensive in 1968, the vast outer walls and the west wing remain an eloquent reminder of the palace's former glory. The remainder of the day is free to perhaps explore some of the outlying Tombs of the Emperors by bicycle.



Accommodation: Thanh Lich Hotel (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast

DAY 14 - Scenic drive via Danang to Hoi An

We enjoy a scenic drive across the spectacular Col des Nuages, otherwise known as the Hai Van Pass en route observing rural scenes of thatched, wooden houses and lime-green rice paddies as well as enjoying panoramic sea views. Pausing in Danang, once the centre of the Kingdom of Champa (2nd century AD - 1720) we visit the Cham Museum, home to a fine collection of Cham sculptures. Our next stop is at the nearby five peaks of the Marble Mountains, said to represent the five elements of water, wood, fire, gold and earth. Naturally formed grottoes have been transformed into heavily carved Buddhist sanctuaries. A torch is useful to explore some of the caves and grottos. A short distance from the mountains we find the white sands of My Khe Beach (nicknamed China Beach by American troops)- an ideal spot for a brief rest. Finally we reach our destination - the UNESCO World Heritage town of Hoi An.



Accommodation: Vinh Hung 2 Hotel (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast

DAY 15 - Free day to explore Hoi An; optional visit to My Lai

The historic, merchant town of Hoi An had become one of the busiest international trading ports of Southeast Asia by the 17th and 18th centuries. First colonised by the Portuguese in the 16th century it still retains its medieval charm today, with many of its old buildings superbly preserved. The day is free to explore at leisure. You may choose to visit the Japanese Bridge or some of Chinese temples and meeting halls in the Old Town. There are many shops, bars and restaurants in this charming town and is a great place to buy souvenirs, have clothing tailored or simply watch the world go by in a riverside café. You may wish to take an optional excursion out the site of the My Lai village massacre memorial. The massacre was a significant turning point in the American War and the horrific story is told through a very emotive exhibition of photography.



Accommodation: Vinh Hung 2 Hotel (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast

DAY 16 - Visit to ancient My Son; free afternoon in Hoi An

A further day is spent based in this lovely historic town. This morning we take an excursion to the holiest and most evocative of Vietnam's Cham sites, My Son. The Chams were dynastic lords who rejected the authority of China in 2AD and established their own kingdom. Although they benefited from strong sea links with the rest of Southeast Asia the kingdom's interior could not supply sufficient food for a strong military force. For 1000 years they managed to stave off attacks by the Vietnamese and Chinese, before being overcome by the Vietnamese in the 15th century. Travel along the track that leads to the site is slow and bumpy through wooded hills, but the site is certainly impressive with several groupings of Cham temples to be visited. Nowhere are the fine masonry skills of the Chams more evident than at My Son, despite the fact that much of the site was bombed in the 1960s. The afternoon is free to enjoy Hoi An further. The beach is only a short drive by taxi alternatively a boat trip on the river as the late afternoon sun lights up the riverfront is a treat.



Accommodation: Vinh Hung 2 Hotel (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast

DAY 17 - Fly to Ho Chi Minh City; drive to Mekong Delta

After a short drive to Danang Airport we fly to Ho Chi Minh City, from where we drive further south to Ben Tre in the Mekong Delta.

Surrounded with lush and fertile land the area is home to small villages and swaying coconut palms. We take a local ferry to a nearby village, which we explore by trishaw. Later we board sampans, which are small Chinese wooden boats, and cruise along the narrow canals that shoot off the main vein of the Mekong River. After lunch at a local house we have some free time to explore the area further. Finally we return to Ben Tre by boat where we spend the night in a local homestay, with shared facilities and dorm-style accommodation.



Accommodation: Local House in Ben Tre (or similar)



Simple Homestay



Meals Provided: Breakfast, Lunch & Dinner

DAY 18 - Mekong Delta cruise, then drive to Ho Chi Minh City

We spend the morning exploring the Nuoc Trong canal in the Mekong Delta, meeting some hard working locals, perhaps with time to see coconut processing and trading. We also have options to walk or cycle along the canal to explore further. Later on we drive back to Ho Chi Minh City.



Accommodation: Asian Ruby Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

DAY 19 - In Ho Chi Minh City; explore Old Saigon, free afternoon

This morning we walk around the central sights of Old Saigon, now District 1 of Ho Chi Minh City. We see the Notre Dame Cathedral and the GPO building as well as some of the old French Colonial hotels such as The Rex. We then drive to the Independence Palace (renamed the Reunification Hall) and the graphic War Remnants Museum. The afternoon is free for you to explore the city further at your leisure, perhaps with a visit to the huge Ben Thanh market.



Accommodation: Asian Ruby Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

DAY 20 - From Ho Chi Minh City, visit Cu Chi Tunnels

This morning we take a short drive out of the city to the infamous Cu Chi Tunnels, which formed an incredible underground command base for 10,000 Viet Cong troops and were a major part of the 1968 Tet Offensive. The site is a fascinating insight into the resourcefulness of the Vietnamese. There is the opportunity to crawl through a small specially adapted section of the tunnels should you wish to sample the claustrophobic conditions the Viet Cong lived in. Afterwards we bid farewell to our tour leader who continues back to Ho Chi Minh City while you continue by road into Cambodia. Border formalities take place at Moc Bai (Vietnam) and Bavet (Cambodia) crossing point. Our final destination is Phnom Penh, Cambodia's capital.



Accommodation: Silver River Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

DAY 21 - Discover the sights of Phnom Penh; free afternoon

Phnom Penh took over from Angkor as Cambodia's capital city in the 1440s. It is now a lively city with many French colonial buildings and plenty to see. Accompanied by a local guide we visit the National Museum, a treasure trove of beautifully preserved carvings and lintels rescued from Angkor; the emotive Tuol Sleng Genocide Museum, formerly a high school that became the Khmer Rouge's main torture and interrogation centre; and the Killing Fields of Choeung Ek - the memorial stupa is a glass tower filled with human skulls - a gruesome reminder of the scale of Pol Pot's atrocities. This afternoon we visit the Royal Palace and Silver Pagoda as well as the temple of Wat Phnom before having some free time in the city.



Accommodation: Silver River Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

DAY 22 - Free day in Phnom Penh; optional visit to Silk Island

Today is free allowing you the opportunity to explore the city or its surrounds further. Optional excursions close to the city include a trip to Silk Island, Chiso Mountain or the abandoned Royal City of Oudong. Each of these excursions are half a day in duration and may be combined, your tour leader will discuss in more detail. Silk Island or Koh Dach is reached by a short boat journey along the Mekong where the majority of villagers on the island earn a living through producing handicrafts. It is a great opportunity to learn more about traditional ways of life and interact with locals as you learn about silk weaving, woodcarving, pottery, painting, and jewellery making. Chiso Mountain (380m), located in Sia village about 62 km south of Phnom Penh, is topped by the ruins of an 11th century Khmer Brahmanic Temple with fine views of the surrounding paddy fields. Oudong is about an hour north of the capital and offers the opportunity to explore attractive historic temples and stupas.



Accommodation: Silver River Hotel (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

DAY 23 - Drive to Siem Reap; cruise on Tonle Sap Lake

This morning we make an early start for our drive to Siem Reap, stopping somewhere for lunch on the way. Later in the day we journey to nearby Tonle Sap Lake where we board our charter boat for a leisurely cruise through the fascinating floating village of Chong Kneas, where we see stilt houses, floating markets and an array of boats.



Accommodation: Angkor Panoramic Boutique Hotel (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast

DAY 24 - From Siem Reap, explore Angkor temples with sunset

Our exact programme over the next three days may change slightly at our local guide's discretion (to avoid crowds, coincide with sunsets, etc.). Angkor was actually a series of cities, built between the 9th and the 13th centuries by the Khmer kings, with a population of 750,000 in its heyday. The Angkor complex is spread out over some 155 square kilometres, scattered with magnificent carved stone temples, elegant sculptures and incredible bas reliefs. We visit the Rolous group, which are some of the earliest temples. In the afternoon we visit the temples of Banteay Srei, a small but beautiful temples with exquisite carvings. We end the day at East Mebon, with a visit to Pre Rup temple for sunset.



Accommodation: Angkor Panoramic Boutique Hotel (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast

DAY 25 - From Siem Reap, explore Angkor Thom

We continue our exploration with a visit to the temples of King Jayavarman VII, reputedly Angkor's greatest king. The fortified city of Angkor Thom, which he built at the end of the 12th century is enclosed by a square wall with five monumental gates decorated with stone elephant trunks. Originally, crocodiles inhabited the moat and huge statues of 54 different gods protected each gate. The city contains another of Angkor's true gems - The Bayon. Although not as impressive as Angkor Wat from a distance, The Bayon is nevertheless incredible for its maze of corridors, gothic style towers and magical central temples. We'll explore The Terrace of the Elephants and the Leper King, the Baphuon and Phimeanakas, and some of the surrounding temples such as Preah Khan.



Accommodation: Angkor Panoramic Boutique Hotel (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast

DAY 26 - From Siem Reap, explore Ta Prohm and Angkor Wat

On our final day we make a visit to the 2nd Angkor capital that includes the temples of Prasat Kravan, Banteay Kdei and Takeo. A highlight for many is a visit to the atmospheric temple of Ta Prohm, where the film Tomb Raider was filmed, lying half consumed by the jungle. We leave the best known and most breathtaking of all the sights, Angkor Wat, to the end - where we stay until the sun sets on the last night of our adventure.



Accommodation: Angkor Panoramic Boutique Hotel (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast

DAY 27 - Tour ends in Siem Reap

Tour ends after breakfast. If you have time you may choose to browse the old market for some last minute bargains, or enjoy afternoon tea at The Foreign Correspondent's Club.



Meals Provided: Breakfast



Why book this trip

This four week trip is ideal for travellers with extended holiday time who want to see the highlights of the Indochina region. This trip takes you through Laos, Vietnam and Cambodia showcasing the best of each diverse destination along the way. Ideal for lovers of history and culture this adventure holiday will give you a great insight into the regions turbulent past and a flavour for how different each country is, while endeavouring to experience local life along the way.



What's included?



Included meals

Breakfast: 25
Lunch: 2
Dinner: 1



Transport

Bus
Boat
Flight
Train



Trip staff

Explore Tour Leader
Boat Crew
Driver(s)
Local Guide(s)



Accommodation

2 nights standard bungalow
1 nights simple homestay
5 nights simple hotel
17 nights standard hotel
1 nights simple overnight train

Trip information

Country information

Cambodia Holidays & Tours

Climate

Cambodia is a hot and tropical country, being hottest in April and coolest in January (still high 20s). Although rainfall is at its maximum in October, Phnom Penh and Siem Reap receive very little rain compared to the coastal areas, and when it does rain it tends to be in the form of sporadic mid afternoon downpours. There is normally very little rain between December and March.

Time difference to GMT

+7

Plugs

2 Pin Round

Religion

Buddhism

Language

Khmer

Laos Holidays & Tours

Climate

The area of Laos and Thailand is tropical 'cool' from November to February, (15 to 27 Degrees Centigrade); 'hot' from March to May (up to 38 Degrees); 'wet' from June to October (rainy, hot and muggy). Bangkok and lowland areas are sticky all year round, but the northern highlands (Luang Prabang) are more temperate with a drier heat. The so-called 'cool' season can get very cold in the uplands at night and in the morning, bring a fleece.

Time difference to GMT

+7

Plugs

2 Pin Flat

Religion

Buddhist

Language

Lao

Vietnam Holidays & Tours

Climate

As Vietnam is a long, narrow country from north to south climate conditions vary considerably. The climate can be divided into three distinct patterns between the north, central and south regions. The climate in the north is generally humid and subtropical, although the winter months from November to March can be colder with temperatures from 10 - 15 degrees. Summer months, May to September can be quite hot with temperatures from 30 - 35 degrees. Meanwhile south Vietnam enjoys a tropical climate all year round, with little variation throughout the year (around 27 - 32 degrees), however May to November is the rainy season when short, heavy downpours are quite frequent. Central Vietnam lies somewhere in between. The coastal strip is usually dry and hotter from April to October while November to March is wetter and cooler. A light rain jacket and small umbrella are recommended year round.

Time difference to GMT

+7

Plugs

2 Pin Round

Religion

Mahayana Buddhism, Taoism and Confucianism

Language

Vietnamese

Budgeting and packing

Optional activities

Vientiane - Buddha park US\$8 Hanoi - Water Puppets from US\$4 Hue - Trip to Royal Tombs US\$9; trip to countryside from US\$12; cooking course from US\$24 Hoi An - Cookery class from US\$24; trip to My Lai from US\$12 Ho Chi Minh City - Trip to Mekong Delta from US\$15 Siem Reap - Blessing ceremony at local monastery US\$33; Scenic helicopter flight over Angkor temples from US\$202 Phnom Penh - Private blessing US\$34; Private cooking class US\$36; Koh Dach Island US\$78 The prices stated are based on a minimum number of participants (usually 5-6). Please be aware that the optional excursions can run with fewer people but the price may be higher. Likewise, a slightly reduced price may be applicable where the participation is greater. These excursions are generally run via our agent in the country. Local companies may offer similar excursions at a cheaper price. Should you want to use these companies please be aware that a lower price may mean that not all costs are included (entrance fees etc.) or services will not operate at the same safety and quality standards.

Clothing

From December through to February warmer clothing is needed for the North. Days are hot and humid. Lightweight rainwear essential at all times. The northern region is cold at night during the winter.

Footwear

Comfortable shoes, trainers and sandals.

Luggage

20kg

Luggage: On tour

One main lockable bag/case, an overnight bag for your trips to Halong Bay and the Mekong delta when your main luggage is left behind and a daypack. Please remember that you are expected to carry your own luggage so don't overload yourself.

Equipment

Even though bed linen is provided on the train journey, you may want to bring your own sleeping sheet (it can be purchased in Hanoi); torch, and don't forget mosquito repellent (no need for a mosquito net as when necessary, it is provided).

Tipping

Explore leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

Local crew

Although entirely voluntary, tipping is a recognized part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. In order to make things easier for you, the Tour Leaders may organise a group's tips kitty and if this is the case, they will account for it throughout the tour. Accordingly, you should allow US\$ 30.

Country Information

Cambodia Holidays & Tours

Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price

£6

Dinner price

£10.00 - 12.00

Beer price

£1.3

Water price

£0.6

Foreign Exchange

Local currency

Riel.

Recommended Currency For Exchange

In Cambodia, US\$ is the most commonly used currency (small denomination notes are easier to use).

Where To Exchange

Large towns.

ATM Availability

There are ATMs in most towns and cities.

Credit Card Acceptance

Credit cards are accepted in some large shops and restaurants in Phnom Penh and Siem Reap.

Travellers Cheques

They can be hard to change outside of Siem Reap and Phnom Penh; we recommend them for emergencies only.

Laos Holidays & Tours

Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Dinner price

£6

Beer price

£0.75

Water price
£0.75 - 1.50

Foreign Exchange

Local currency
Kip.

Recommended Currency For Exchange
US\$ are the easiest to exchange in Laos.

Where To Exchange
All major currencies and travellers cheques are exchangeable in the main towns.

ATM Availability
ATMs are available in most major towns and cities including Vientiane, Luang Prabang, Vang Vieng and Savannekhet.

Credit Card Acceptance
There is very limited credit card use.

Travellers Cheques
Travellers cheques are exchangeable only in the main towns.

Vietnam Holidays & Tours

Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Dinner price
£9

Beer price
£2.00 - 4.00

Water price
£0.5

Foreign Exchange

Local currency
Dong.

Recommended Currency For Exchange
Carry your money in US\$ Dollars cash. You can also take GBP but US\$ are easier to exchange. (Dollar bills can be used in some hotels and shops; change is often given in local currency).

Where To Exchange
Most towns.

ATM Availability
There are ATMs virtually everywhere in Vietnam and in Cambodia, though we also recommend bringing cash.

Credit Card Acceptance
Some shops in Hanoi, and Hoi An. The occasional restaurant.

Travellers Cheques
Travellers cheques can usually be changed in the towns, but only during bank opening hours.

Transport, Accommodation & Meals

Transport Information

Essential information

FCO Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click [here](#).

For more information from Explore about travel advice, click [here](#)

Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

Essential Information

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. [Booking Conditions](#)

Visa Information

Laos: A single visa is required by UK, New Zealand, Australian, US & Canadian citizens and can be obtained on arrival. The visa on arrival costs 30USD for New Zealand and Australian citizens, 35USD for UK & US citizens and 42USD for Canadian citizens. For other nationalities the price varies between US\$30-42. One passport sized photo is required to arrange this. Vietnam: Until 30th June 2018 'British Citizen' passport holders can visit Vietnam for up to 15 days without a visa. A visa will be required if you enter after this date or if you wish to re-enter within 30 days of your departure. For visits of up to 30 days, you can get an e-visa before you travel from <https://evisa.xuatnhapcanh.gov.vn/> For visits of longer than 30 days you must get a visa from the nearest Vietnamese embassy before travelling to Vietnam. If you want to make a second visit within 30 days of leaving Vietnam, you'll need to get a multiple entry visa to re-enter. Please note that it is a pre-requisite for entry into Vietnam that your passport is valid for a minimum of 6 months from your date of entry Cambodia: A single visa is required by UK, New Zealand, Australian, USA & Canadian citizens and can be obtained on arrival. A passport sized photograph for immigration will also be required. Alternatively you can now obtain an e-visa prior to departure from www.mfaic.gov.kh All visa information should be confirmed with the relevant consulate.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

Booking conditions

Before booking your Explore trip, please ensure that you read both our [Essential Information](#) and [Booking Conditions](#).

Transfers

[Find out more about Trip Transfer Terms and Conditions before you book.](#)

Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click [here](#)

Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. [Read more about them here.](#)

Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

Cambodia Holidays & Tours

Vaccinations

Nothing compulsory, but we recommend protection against malaria, infectious hepatitis, tetanus, typhoid, diphtheria and polio. Consult your GP regarding tablets advised for malaria. Though not compulsory, travellers may wish to immunise themselves against Japanese encephalitis. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider.

Laos Holidays & Tours

Vaccinations

Nothing compulsory, but we recommend protection against malaria, typhoid, tetanus, diphtheria, polio and hepatitis A. Consult your travel clinic for latest advice on different prophylaxis available against malaria. Although not compulsory, travellers may wish to immunise themselves against Japanese encephalitis. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider.

Vietnam Holidays & Tours

Vaccinations

Nothing compulsory, we recommend protection against malaria, typhoid, tetanus, diphtheria, polio and hepatitis A. Consult your travel clinic for latest advice on Malaria and Zika Virus. Although not compulsory travellers may also wish to immunise themselves against Japanese encephalitis. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed before departure.
