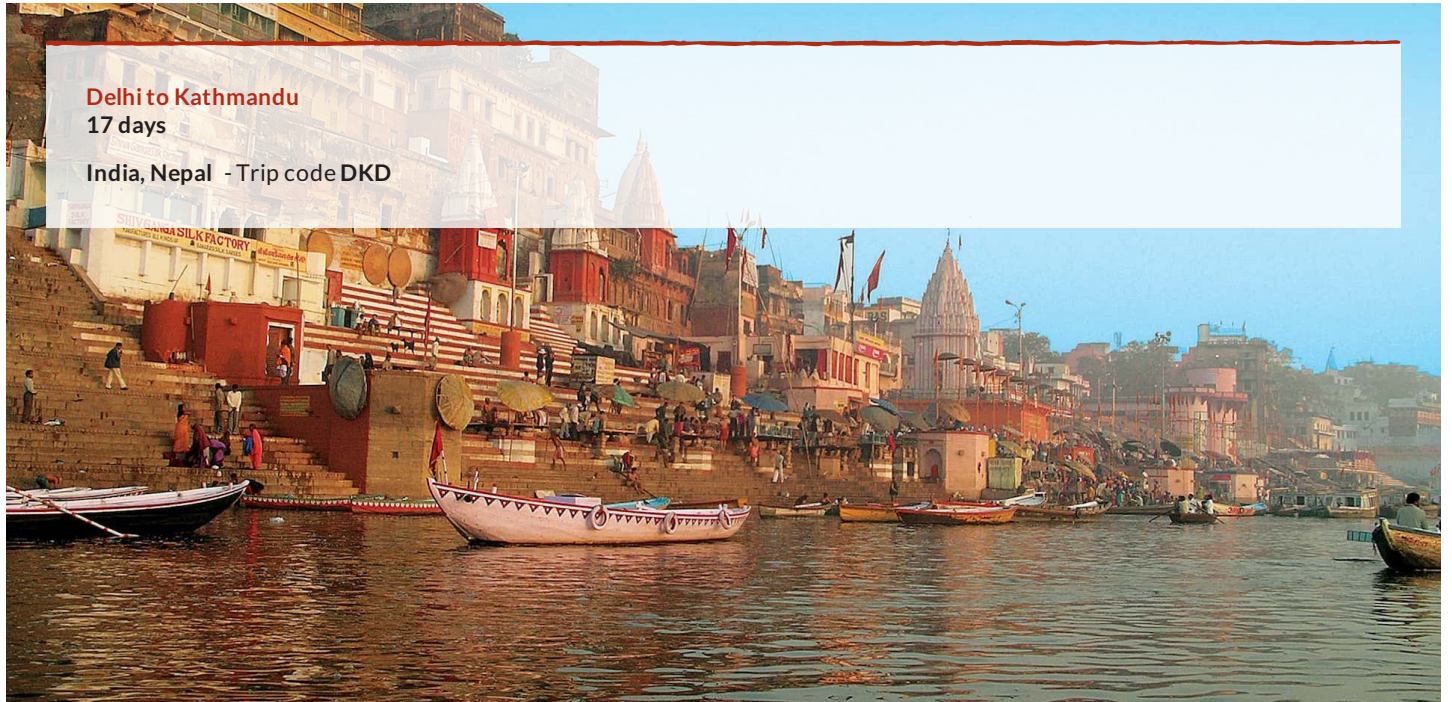


# EXPLORE!



## Delhi to Kathmandu

17 days

India, Nepal - Trip code DKD

## Delhi to Kathmandu

This journey takes us from Delhi to some of India's great cultural sights and into Nepal. We visit the 'Pink City' of Jaipur, search for the elusive tiger in Ranthambore National Park and marvel at the impressive Taj Mahal. Camping on riverside beaches, we sail along the Ganges to the spiritual city of Varanasi. In Nepal we discover Buddha's birthplace, search for one-horned rhinos, see the snow-capped Himalaya and explore the capital Kathmandu.

## Trip highlights

- ★ **tigerDelhi** - Explore Old and New Delhi
- ★ **Ranthambore National Park** - Take a game drive in search of the elusive Bengal tiger
- ★ **Agra** - Witness the sunrise over the exquisite Taj Mahal
- ★ **Ganges Sailing** - Drift down the Ganges on a traditional sailing boat
- ★ **Varanasi** - Join the evening aarti ceremony in India's holiest city
- ★ **Chitwan** - Jungle walk and jeep safari in search of the one-horned rhino
- ★ **Kathmandu** - Explore the Royal palace, Durbar Square and main bazaar

#### ACCOMMODATION GRADE:

##### Standard

Our standard, mid-range accommodation offers a good level of service, often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en suite facilities.

#### TRIP PACE:

##### Full on

Full on paced trips are for travellers who like their holidays packed with activities and experiences, moving on quickly from place to place with lots of early starts and long, busy days. Some may find them tiring, but others get a buzz from packing their precious holiday-time as chock-a-block full of new experiences as possible!

#### GROUP SIZE:

##### 12 - 18

Maximum group size ranges from between 6 to 20 people, depending on the type of trip, the transport and accommodation used and activities included. We rarely have groups that are smaller than five or six people and the average is 12 people plus an Explore leader.

## Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

### DAY 1 - Join tour Delhi

This afternoon we will take a city sightseeing tour of New Delhi with a local guide (approximately 3 hours). We will view the Raj Path, India Gate, Parliament, and visit the peaceful gardens of Humayun's Tomb and Qutub Minar.



**Accommodation: Royal Plaza Hotel** (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: None

### DAY 2 - Explore Old Delhi's spice market. Take a train to Jaipur

Compared to New Delhi, the Old City is much closer to the image conjured up by Rudyard Kipling. This morning, a local guide will show us around Old Delhi by metro and on foot, culminating with a jamboree of deafening barter at Chandni Chowk Bazaar. A short cycle rickshaw ride then takes us to the Jama Masjid mosque. Later in the afternoon we transfer to New Delhi station for the train journey to Jaipur, arriving in the evening. Sometimes called the 'Pink City', Jaipur was first painted terracotta pink by Maharajah Sawai Ram Singh to celebrate the visit of Prince Albert in 1853.



**Accommodation: Nahargarh Haveli** (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

## DAY 3 - Visit Jaipur's Amber Fort and City Palace Museum

This morning we will visit the once mighty Rajput capital of Amber (traditionally known as Amber) and its magnificent fortress. Lying at the mouth of a rocky mountain gorge, overlooking Maota Lake, the fort is a stunning creation of white marble and red sandstone that contains a dazzling mix of Hindu and Muslim ornamentation, including the breathtaking mirrored halls of the Sheesh Mahal. It was from these towering walls that the Kachchawahas ruled over their kingdom for some 7 centuries, until its importance was eclipsed by nearby Jaipur. We will also take in the unique Hawa Mahal, the famous Palace of the Winds, whose extraordinary façade of red and pink sandstone towers some 5 storeys above the city streets. Built at the end of the 18th century its 935 windows were designed to allow the women of the harem to gaze out on the city scene below without themselves being seen, the openings also creating a refreshing breeze (hawa), which kept the palace cool even in the hot summer months. We will spend some time exploring the lavish and well-preserved City Palace. Here, we will find a fine collection of textiles, costumes and armoury. Later this afternoon, we will visit the extraordinary Jantar Mantar - a star-gazing observatory built by Jai Singh, the great Maharajah-astronomer.



**Accommodation: Nahargarh Haveli** (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

## DAY 4 - Take a jeep safari in Ranthambore National Park

Leaving Jaipur we take the train to Sawai Modhopur, the gateway to Ranthambore National Park. One of the best of India's 'Project Tiger' conservation projects, Ranthambore was once the private reserve of the Maharajahs of Jaipur and encompasses nearly 400 square kilometres of lush jungle, turquoise lakes and ancient temples that provide a rich haven for crocodiles, leopards, tigers and some 300 species of birds. This is probably one of the best parks in the country for spotting tigers and during the dry season from September to May, when water is scarce, the animals stay close to the lakes and rivers, affording some ideal opportunities to search out these most elusive and magnificent of animals. We take a game drive in to the park this afternoon.



**Accommodation: Raj Palace Resort** (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast, Lunch & Dinner

## DAY 5 - Visit Fatehpur Sikri; Drive to Agra

After an early morning game drive in the hope of spotting a tiger we head east, taking the train to Bharatpur and then driving onwards reaching the deserted city of Fatehpur Sikri late morning. Founded in 1569 and abandoned scarcely 16 years later, it is a perfectly intact example of Akbar's imperial court. Among the many noteworthy buildings is the 5-storied Panch Mahal, probably a pleasure pavilion for the ladies of the harem. In the centre of the courtyard is the Pachisi Board where the emperor played a game like chess with dancing slave girls as pieces. Perhaps the finest structure of all is the lotus shaped carved central pillar of the Diwan-i-Khas (Hall of Private Audience), its extraordinary capital supporting a vaulted roof. Later we drive on to Agra arriving in the afternoon.



**Accommodation: Hotel Amar** (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast

## DAY 6 - Visit the Taj Mahal; Overnight train to Allahabad

We visit the Taj Mahal, the world's most perfect and poetic building, at sunrise. Over 300 years have elapsed since its construction, yet it stands today, largely unscarred by age, its beauty and symmetry seemingly beyond man, time and space. Created by Shah Jahan as a funerary monument to his favourite wife Mumtaz, it took 22 years to build (1630-52). The Great Moghul lies beside his beloved under the white marble dome. We'll visit the Agra Fort this afternoon; built by Akbar the Great, the fort stands in an imposing position on a bend in the Yamuna River with wonderful views of the Taj Mahal further along its banks. The fort contains some stunning and very intricate designs. There may be time before sunset to revisit the Taj, or to the exquisite Itimad-ud-Daulah (baby Taj) after which we drive to Agra train station to catch our overnight train to Allahabad.



**Accommodation: Overnight Train: Agra / Allahabad**



Simple Overnight Train



Meals Provided: Breakfast

## DAY 7 - Arrive Allahabad; sail to beaches downstream

After arriving in Allahabad early this morning we will head to a local hotel to freshen up and have breakfast, before continuing our journey by road for approximately 3-4 hours to the sacred River Ganges for the start of our boat trip downstream. The next two days will give a unique glimpse at rural life in India and a welcome chance to relax and unwind. We will float peacefully through the fertile Gangetic plain to Varanasi, passing villages and ornate temples, fields of wheat and rice paddies, and stunning sunsets. The traditional wooden boats take up to four passengers plus two crew, who have all grown up living and working on or around the river, who expertly row and sail the boat downstream. Every need will be catered for over the next two days; drinks will be available to purchase on the boats, we'll make regular comfort breaks by the side of the river and there will be a 'support boat' which doubles as the kitchen following closely behind, with a chef on board preparing your lunch and dinner. For our overnight stop we camp on a beach on the banks of the river in 2-man tents. The actual location we use will vary according to local conditions, but where ever we stop you'll be able to relax over dinner and gaze up at the stars before retiring to bed.



**Accommodation: Mirzapur Camp** (or similar)



Simple Camping



Meals Provided: Breakfast, Lunch & Dinner

## DAY 8 - Arrive Varanasi (Benares)

Today we continue our journey down river to the holy city of Varanasi where we disembark at Asi Ghat and transfer to our hotel. Varanasi (Benares) has been the centre of Hinduism since the dawn of history, its age is contemporary with Babylon and Thebes. Often known as 'Kashi' (City of Light) by Hindus it attracts over a million pilgrims each year - many of whom come to spend their last years here in the holy city. This evening you can return to the ghats to witness the evening aarti ceremony when the Ganga is venerated with a display of light and sound.



**Accommodation: Hotel Meraden Grand** (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast & Lunch

## DAY 9 - In Varanasi; excursion to Sarnath

This morning we take an early morning boat trip along the Ganges to see the Hindu devout bathing in its sacred waters, before we visit nearby Sarnath. Having gained enlightenment at Bodh Gaya Buddha came to Sarnath to preach his first sermon. The city was at its peak in the 5th century, when it was a respected centre of religious activity, learning and art. Muslim invaders destroyed much of the city and today remains of several monasteries and stupas can be seen. The afternoon is left free in Varanasi to enable you to explore the labyrinth of streets, bazaars and temples that line the banks of the river or perhaps this evening, it may be possible to attend an optional classical musical performance.



**Accommodation: Hotel Meraden Grand** (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

## DAY 10 - Train and drive to Lumbini (cross Nepalese border at Sonauli)

We have a long yet interesting journey today (approximately 8 hours), as we head north across the Gangetic Plains, through remote towns and villages to the Nepalese border at Sonauli. We first take a train from Varanasi to the town of Gorhpur. This is the furthest we can travel by train so we switch to a bus and drive the remaining distance to Sonauli. We walk through customs and immigration into Nepal and meet our Nepalese bus which will transfer us to Lumbini where we spend the night.



**Accommodation: Hotel Nirvana** (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

## DAY 11 - Site seeing in Lumbini then drive to Chitwan National Park

We start our day with rickshaw sightseeing tour of Lumbini accompanied by a local guide. We will have the opportunity to visit the birth place of the Buddha Peace lamp and the monastery of peace pagoda. From here we drive (approximately 5 hours) which takes us through the Terai, the narrow forested lowland strip that stretches the full width of the southern border of Nepal. We will stop in Butwal en route so we can pick up some lunch and then aim to arrive at Chitwan in the late afternoon. The oldest and best known of the national parks in Nepal, Chitwan consists of swamp, tall elephant grass and dense forest, and is a natural habitat for tiger, the rare one-horned Indian rhino, leopard and sloth bear to name but a few. Once we arrive at the park we'll take a short afternoon village walk close to the park to orientate ourselves.



**Accommodation: Sauraha Nana Hotel** (or similar)



Standard Lodge



Single room available



Meals Provided: Breakfast & Dinner

## DAY 12 - Search for wild rhino in Chitwan National Park

Once a private hunting ground, Chitwan is now a National Park, with thick tree cover and tall elephant grass sheltering a wealth of animals, most famously the one-horned rhino. Today you will be kept busy with many activities available, including jeep safaris searching out the rhino, bird watching, jungle walks and canoe trips along the Rapti River. The river trip will be dependent on the water level, floating silently down the Rapti River gives us the opportunity to spot many varieties of water birds and other wildlife. On a nature walk in the company of trained native naturalists you can walk along trails in the less densely forested parts of the park. An early morning bird watching walk near the river will reveal many of the 450 bird species that can be found in the park, especially kingfisher. A trained naturalist will help you get the best enjoyment and interest from these excursions.



**Accommodation: Sauraha Nana Hotel** (or similar)



Standard Lodge



Single room available



Meals Provided: Breakfast, Lunch & Dinner

## DAY 13 - Early morning birdwatching walk before driving to Pokhara

After a final early morning walk through the park we'll leave for Pokhara. The drive will take around 6 hours depending on the traffic and we will take a packed lunch to have along the way. We pass through the bustling town of Naryanghat Bazaar, then head north beside the River Trisuli to the 'wild west' town of Mugling at the confluence of the Marsyandi and Trisuli rivers, before reaching our final destination for today. Pokhara is a relaxed town situated on the banks of Lake Phewa Tal and set beneath the Annapurna Range. The afternoon is left free to wander through the town, to pick up some souvenirs at the many Tibetan handicraft stalls or just relax by the lakeside after the journey.



**Accommodation: The Lake Side Retreat** (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast & Lunch

## DAY 14 - Walk to the Peace Pagoda for views of the Himalaya

After breakfast this morning we stretch our legs by walking up through small villages to the Japanese Peace Pagoda. This beautiful lookout point offers wonderful views across to the Annapurna Range and back down to the town of Pokhara. After enjoying the views we walk back following a different path and stop to visit the Tibetan Tashiling Monastery. The afternoon is again free to relax in Pokhara. It is possible to hire mountain bikes and cycle around the lake, or take short walks. There is also the option to visit the Mountain Museum, an interesting museum dedicated to the history of Himalayan Mountaineering.



**Accommodation: The Lake Side Retreat** (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

## DAY 15 - Drive to Kathmandu

This morning we drive to Kathmandu (approximately 6 hours). We retrace our route back to Mugling, then continue heading east. Once we reach Naubise the road starts to climb and reaches a pass on the Kathmandu valley rim via a series of breathtaking zig-zags before descending to the city. We may have the chance today to take an optional trip to the Manakamana temple near Kurintar, time permitting.



**Accommodation: Hotel Shanker** (or similar)



Standard Hotel



Swimming pool available



Single room available



Meals Provided: Breakfast

## DAY 16 - Take a walking tour in Kathmandu

This morning, we have arranged a walking tour of this fascinating historic city, visiting the bazaar and temples of old Kathmandu, accompanied by a local Nepali guide. Much of the day to day life of Kathmandu takes place in the local bazaar: a fascinating mixture of people selling spices; potters spinning their wheels; rickshaw wallahs honking their horns and the ever present sacred cow wandering amongst it all. We end up in Durbar Square at the heart of the city. In the afternoon we plan to visit the temple of Pashupatinath on the banks of the Bagmati River, the holiest Hindu shrine in Nepal, and also to visit Bodnath, the largest stupa in the country and a destination for Buddhist pilgrims from all over Nepal.




**Accommodation: Hotel Shanker** (or similar)



Standard Hotel

Swimming pool available

 swimming pool available

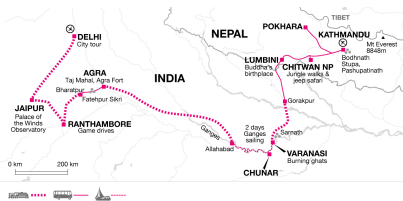
 Single room available

 Meals Provided: Breakfast

## DAY 17 - Tour ends Kathmandu

The tour ends this morning after breakfast.

 Meals Provided: Breakfast



## What's included?



### Included meals

Breakfast: 16  
Lunch: 5  
Dinner: 4



### Transport

Bus  
Boat  
Rickshaw  
Train



### Trip staff

Explore Tour Leader  
Boat Crew  
Local Guide(s)



### Accommodation

1 nights simple camping  
12 nights standard hotel  
2 nights standard lodge  
1 nights simple overnight train

## Trip information

### Country information

### India Holidays & Tours

#### Climate

There is considerable variation between the different regions of India but, in general, the climate is tropical. Summer temperatures



on the plains are very hot, but cooled by the South-West Monsoon, which lasts from June- September. During these months it can be very wet and therefore very humid. At altitude, temperatures can become quite cool at night even in the summer and may drop below freezing between December and February so warm clothing is necessary. In the winter, northern and mid India can be very cool, with cold evenings, so warm clothing, including plenty of layers, are essential. The south of India remains warm and sunny during the winter months.

**Time difference to GMT**

+5

**Plugs**

3 Pin Round

**Religion**

Catholicism, Hindu, Islam and Sikhism

**Language**

Hindi and English.

---

## Nepal Holidays & Tours

**Climate**

Temperatures in the lower altitude regions are extremely pleasant. At Pokhara variations in temperature are very limited: from the coldest recorded of 8°C (46°F) to the highest of 31°C (88°F). The mountains are best admired, with greater air clarity, from October to January, while from February to May the skies may be hazy. Monsoon rains are strongest in June, July and August. The coldest months are December and January.

**Time difference to GMT**

+5.45

**Plugs**

2 Pin Round

**Religion**

Hinduism

**Language**

Nepali

## Budgeting and packing

### Optional activities

Jaipur - Bollywood film 250 INR; visit to Amber Fort 400 INR Agra - 'Baby Taj' US\$ 4. Extra visit to Taj by rickshaw US\$ 18 (if time permits). Varanasi - Arti ceremony US\$ 10 Kurintar- Manakamana temple US\$20 Pokhara - Mountain Biking US\$50 Kathmandu - Half day tour of Bhaktapur US\$ 35 (min 4 people). Half day tour of Patan US\$ 30 (min 4 people).

### Clothing

Lightweight clothing is needed from March to November, December through to February is cooler especially early mornings and evenings with the occasional very cold spell for which you should be prepared. You should bring a fleece and a woolly hat and gloves for the early morning game drives and camping. Thermals may also be useful for camping. Local people may be offended by western styles of dress. Brief shorts, tight fitting clothing, etc. should be avoided by both men and women.

### Footwear

Comfortable walking shoes, trainers and sandals.

### Luggage

20kg

### Luggage: On tour

One main piece of baggage and a daypack. Remember - porters are not always available, so don't overload yourself.

## Equipment

Bring a 2-3 season (temperature -5°C to 0°C) sleeping bag for the Ganges Sailing (a sleep sheet is sufficient in Sep/Oct and April), a torch and a personal water bottle. Tents (with mosquito screens), mattresses, 2 blankets per passenger (Nov- Mar), eating and drinking utensils are provided locally.

## Tipping

### Explore leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

### Local crew

Although entirely voluntary, tipping is a recognized part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. Accordingly, you should allow £50 for tipping. Your tour leader will account to you for any organised tipping. In order to make things easier for you, the Tour Leaders may organise a group's tips kitty and if this is the case, they will account for it throughout the tour.

## Country Information

### India Holidays & Tours

#### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

##### Lunch price

£6

##### Dinner price

£8

##### Beer price

£1.4

##### Water price

£0.5

#### Foreign Exchange

##### Local currency

Indian Rupee Recently new 500, 1000 and 2000 rupee notes have been bought in to circulation and as the old notes are no longer accepted there have been some cash flow issues. You don't need to worry about being given old notes as it's very easy to tell the difference, the new notes are pristine in comparison with most Indian money which is fairly tatty.

##### Recommended Currency For Exchange

GBP/US\$ are the best currency to change into local currency.

##### Where To Exchange

The Indian rupee is a restricted currency and it is best not to obtain in the UK as rates are very poor. You can either change money at the airport on arrival or in major towns during the tour. Your Tour Leader will advise you on the best places in each town. Both GBP and USD cash are easy to exchange at the airport and at hotels however you will be restricted to changing £60 cash at a time and it's not possible to change money at these locations using a credit or debit card.

##### ATM Availability

ATMs are available in most large cities in India but they are very limited elsewhere so please do not rely on this.

##### Credit Card Acceptance

Very rarely, only in the larger outlets.

##### Travellers Cheques

Opportunities to exchange are limited.

### Nepal Holidays & Tours

#### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

**Lunch price**

£7

**Dinner price**

£10

**Beer price**

£3

**Water price**

£0.3

## Foreign Exchange

**Local currency**

Nepali Rupee.

**Recommended Currency For Exchange**

US\$ or GBP.

**Where To Exchange**

In major cities and towns

**ATM Availability**

Although you may occasionally find cash machines these are very unreliable - do not rely on plastic!

**Credit Card Acceptance**

Credit cards are not generally accepted except in larger establishments in Kathmandu.

**Travellers Cheques**

Travellers cheques are not accepted as a valid mode of payment in Nepal.

## Transport, Accommodation & Meals

### Transport Information

Bus, Boat, Rickshaw, Train

### Accommodation notes

#### Booking a Single Room

All of our group tours are planned and operated on a twin-share basis, meaning that the standard cost is based either on individual travellers sharing accommodation with another group member of the same sex, or people who book together sharing accommodation. Please refer to the tour notes where the single room option availability is detailed on a night by night basis for this tour, and the price for the available nights is detailed on the dates & prices tab by departure date. For Self-Guided trips the Single Room supplement offers the option of a single room each and is charged per person. The Single Room supplement also applies to the third person in a party of three that will be accommodated in a single room.

Accommodation in India is as varied as the country itself. On our tours we stay in a mix of hotels, heritage properties, camp sites and homestays. Standards do not equate to standards in the UK and it's best to approach each type of accommodation with an open mind. Service can be slow in places especially when travelling with a group. For the most part hotels do not have heating so in the winter months it can be chilly and if you feel the cold you may wish to ask for extra blankets. Hot water is not always available 24 hours a day in some of the smaller properties, and with a group staying you might find if you are showering last you may miss out on the hottest water.

## Essential information

## FCO Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click [here](#).

For more information from Explore about travel advice, click [here](#)

### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

## Essential Information

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. [Booking Conditions](#)

## Visa Information

India: Holders of passports endorsed 'British citizen' may be eligible for the e-Tourist Visa to enter India. The visa can be applied for through the official Indian government visa website only - <https://indianvisaonline.gov.in/visa/tvoa.html>. Please check all eligibility criteria that can be found on the website but important points are listed below - You must be arriving into one of 24 selected entry points which can be found via the official Indian Government website link above. However, you can exit from any of the authorised immigration check posts in India. Passports must have at least 6 months validity from the date of arrival in India and at least two blank pages for stamping. The visa application will take approximately 4 days to process. It is valid for 60 days from the date of arrival in to India, and double entry is permitted on the e-Tourist visa. You can only obtain 2 e-visas for India in a calendar year. The visa costs \$75. Biometric data will be collected on arrival in India. Whilst the online form offers a relatively quick way to apply for a visa, a number of applicants have reported difficulty in completing the form. Travcours will complete the on-line visa on your behalf for a fee of £25 + the visa cost. Please contact them directly if you wish to take up this service. If you are not eligible for the e-Tourist Visa, please refer to VFS Global to apply for your Indian visa - [http://in.vfsglobal.co.uk/how\\_to\\_apply.html](http://in.vfsglobal.co.uk/how_to_apply.html). Nepal: An entry visa is required by UK, New Zealand, Australian, US & Canadian citizens. Visas can be arranged on arrival, but due to queues at immigration we recommend for the visa to be arranged in advance. A passport-sized photograph for immigration is required and payment must be made in cash in US Dollars if you are arranging your visa on arrival. If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcours. See [www.travcours.com](http://www.travcours.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcours. The Team at Travcours will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcours. See [www.travcours.com](http://www.travcours.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcours. The Team at Travcours will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

## Booking conditions

Before booking your Explore trip, please ensure that you read both our [Essential Information](#) and [Booking Conditions](#).

## Transfers

[Find out more about Trip Transfer Terms and Conditions before you book.](#)

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click [here](#)

## Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange

appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## Non refundable permits

## India Holidays & Tours

### Vaccinations

Nothing compulsory, but we recommend protection against Tetanus, Infectious Hepatitis, Typhoid and Polio. Please consult your travel clinic for the latest advice on Malaria, Dengue and Zika Virus. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth> and from your local healthcare provider.

---

## Nepal Holidays & Tours

### Vaccinations

Nothing compulsory, but we recommend protection against malaria, infectious hepatitis, typhoid, tetanus, polio and Japanese encephalitis. Consult your travel clinic for latest advice on different prophylaxis available against malaria. Although not compulsory, travellers may wish to take immunisation against meningococcal meningitis.

---