# **EXPLORE!**

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## **Undiscovered Balkans**

Discover three fascinating countries on this two-week trip, including one of the world's newest countries: Kosovo. Independent since 2008, Kosovo is often referred to as 'newborn.' Along with Albania and Macedonia, this is a region that is off the beaten track and most travellers still know little about. On this trip you'll have the chance to get to know them by exploring their varied treasures from their rich history to their incredible scenery including dramatic mountains, lakes and pretty valleys.

## **Trip highlights**

#### ACCOMMODATION GRADE:

#### Standard

Our standard, mid-range accommodation offers a good level of service, often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en suite facilities.

#### TRIP PACE:

#### Moderate

Moderate pace tours are ideal if you want a holiday which combines exciting activities and experiences with plenty of time to relax and unwind. Typically you'll be active and busy for part of the day but then also have time to rest and recharge your batteries.

#### GROUP SIZE:

#### 12 - 18

Maximum group size ranges from between 6 to 20 people, depending on the type of trip, the transport and accommodation used and activities included. We rarely have groups that are smaller than five or six people and the average is 12 people plus an Explore leader.

## Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

### DAY 1 - Join trip in Kruja

Join trip in Kruja and check in to our hotel.



### DAY 2 - Visit Kruja bazaar; drive to Shkodra and visit Rozafa Fortress

The main highlight in Kruja is the citadel, from where Albania's greatest hero, Skanderbeg, led the resistance against the Ottoman domination. He succeeded in ousting the Turks in 1443 and Albania was free for the next 30 years. Today the fortress is a place of pilgrimage and inspiration for Albanians; it enjoys a classic setting high on a ridge staring out to the Adriatic coast, approached via pine clad hills. We will visit the fortress and the bazaar before continuing to Shkodra. Shkodra is the traditional centre of the Gheg cultural region and is one of the oldest cities in Europe. We visit the Rozafa fortress, which enjoys a panoramic views of the town and lake. The afternoon is free to explore.



### DAY 3 - Scenic journey through Kosovo to the Valbona Valley

Today we leave Shkodra and head for the Valbona Valley. Depending on the time of year and the ferry operating schedule we will either take a scenic ferry ride across Lake Koman to Fierza (taking around two and a half hours) or drive on the National Road through the scenic mountain landscape. Your Explore Leader will advise on the day which option we will be taking. We'll then cross the border into Kosovo and continue our drive to Gjakova where we have time for lunch. This afternoon we pass through the small town of Bajram Curri, as we enter the picturesque Valbona Valley. We check-in to a mountain hotel located in the centre of the vale, amidst the jagged peaks of the Accursed Mountains. We enjoy the afternoon exploring the village on foot.



### Accommodation: Hotel Margjeka (or similar)



Single room available

Meals Provided: Breakfast & Dinner

### DAY 4 - Alpine hike in the scenic valley and meet a local shepherd's family

Valbona is one of the most beautiful alpine valleys of Albania. Today we will hike to the side valley of Kukaj, making our way through forest towards alpine pastures that offer breathtaking views of the valley and the surrounding mountains. We will have a picnic lunch and later visit a shepherd's family to taste a cup of fresh mountain tea. In the afternoon there is time to relax before a traditional dinner of lamb on the spit is served (vegetarian options also available).



### DAY 5 - Enter Kosovo and visit the Decani Monastery on the way to Peja

Today we cross the border into Kosovo where we spend the next five days. Kosovo is the world's newest country and has been independent only since 2008. Unfortunately, to most people Kosovo is most known for its war. However, it is a fascinating country boasting lots of treasures from past empires including Greek, Roman, Turkish and Ottoman. Driving through the town of Gjakova, we will than stop to visit the \kulla\of Junik (traditional Albanian mountain houses) before arriving at the beautiful Decani Monastery, a UNESCO World Heritage Site. The Monastery was established in 1327 by the Serb King Stefan Uros III Decanski and is a superbly situated showpiece of Orthodox art. Then, we drive to the town of Peja. The afternoon will be spent visiting the town's attractions on foot.



Accommodation: Hotel Dukagjin (or similar)

Standard Hotel

Single room available

Meals Provided: Breakfast

### DAY 6 - Explore the Peja Highlands and the church complex of Peja Patriarch

Today we will visit the highlands of Peja. As we exit the town we stop to visit the church complex of Peja Patriarch, surrounded by the peaks of the Rugova Bjeshk (highlands), the Kosovo part of the Accursed Mountains and boasting amazing frescoes. Our day will continue with an impressive drive through the dramatic Rugova Gorge to the alpine location of Boga, where we will stop and start a hike to a nearby lake. In the evening, we return to Peja and spend the evening in town.

Standard Hotel

Single room available

#### Meals Provided: Breakfast

### DAY 7 - Visit a waterfall, war memorial and monastery en route to Prizren

This morning we leave Peja and our first stop is at the Drini Bardhe Waterfall near to the Montenegro border. Known as White Drin because of the white water that rushes down these 25 metre high falls, it's one of the most picturesque in the area. After time here for photos our drive continues towards the outskirts of Pristina where we visit the Kosovo Battle Memorial. The memorial is devoted to the martyred Serb knights and is located where the Battle of Kosovo took place on 28th June 1389. Next we visit the splendid Monastery of Gracanica, which is one of the finest examples of Byzantine architecture in the country. It was built on the site of a ruined 6th century basilica by the Serbian King, Stefan Milutin, in 1321 and was declared a Monument of Exceptional Cultural Importance in 1990. We drive the short distance into Pristina, Kosovo's capital, which largely escaped damage during the war. Our Explore leader will take us on an orientation walk of the main sights and we'll have some free time here for lunch. Pristina isn't the most attractive city that we visit on this trip, but it has an energetic atmosphere and a great coffee culture and locals boast that they make the best macchiato in the world. You'll find numerous cafes along the main pedestrianised Nena Tereza Boulevard. In Old Pristina you'll be able to see a 26 metre high clock tower in the central bazaar area, which reminders stall holders and shoppers when it's time for prayer. The city's oldest mosques are found in this area as well. The National Library with its brutalist architecture is definitely eye catching. There are some unusual pieces of Americana in the city too, such as a mini replica of the Statue of Liberty on top of Hotel Victory and a bronze statue of Bill Clinton on the corner of Bill Clinton Boulevard. We continue our drive to Prizren - a town dominated by Ottoman villas and is perhaps the most authentic town in Kosovo. We'll spend the next two nights here and the rest of this afternoon is free for you to relax and settle in. Prizren is set at the foot of the Sharr Mountains and is Kosovo's second city. It's rich in history and you can see the architectural marks left by both the Byzantine and Ottoman empires. You can discover the 14th century UNESCO listed Church of the Virgin of Ljevis and Church of Saint George, which are both Serbian Orthodox in faith. There are a number of traditional handicraft shops to explore and a good selection of restaurants to choose from. Prizren is especially known for its filigree jewellery, which has been handmade locally here since the 15th century. In terms of food barbeque restaurants are very popular and the grilled meats and Sharr cheese are a local speciality. It's also a good spot to try the baklava for dessert.

### Accommodation: Hotel Centrum (or similar)

Standard Hotel

Single room available

Meals Provided: Breakfast

### DAY 8 - Wine tasting in Rahovec and visit to a Serbian enclave village

This morning we will stroll down the narrow cobbled streets of Prizren and around the Shadervan area we'll find the city's main Ottoman influences including the Sinan Pasha Mosque and the Old Stone Bridge. We'll also be able to see the outside of the old hammam (Turkish bath) before heading for Prizren Fortress, which dominates the skyline and you can get great views from its hilltop position. On the opposite side of the river to Shadervan we'll visit Prizren League House, which was once the headquarters where a failed uprising began to unite all Albanians within the region into a singular state. This afternoon we drive through rolling hills until we reach nearby Rahovec - the wine cellar of Kosovo. Wine has been made in this area for over 2000 years and we will visit a few wine makers before making our way to the village of Hoqa e Vjeter - a Serbian enclave village, where we will visit a monastery that also makes wine. Later this afternoon we return to Prizren for a free evening.

Accommodation: Hotel Centrum (or similar)



#### **!O**# Meals Provided: Breakfast

## DAY 9 - Walk in Sharr National Park; arrive in Skopje in Macedonia

The day will start with a wonderful drive from Prizren through the forests of the Sharr National Park. A short walk on a forest trail near to Preval will bring us to tranquil meadows where we can taste a picnic lunch made from fresh local produce and enjoy the stunning scenery around us. Our walk will take around two hours and will cover a distance of four kilometres. In the afternoon we will continue to drive on a beautiful forest road along the Kacanik Valley that will lead to the border crossing at ElezHan, where we will say farewell to Kosovo and hello to Macedonia. We'll make a stop in the vast and magnificent Matka Canyon before arriving in the capital city of Skopje. The historic city of Skopje was rocked by a huge earthquake in 1963 which unfortunately destroyed an estimated 75% of the city's buildings, but it is still rich in culture and Ottoman heritage. Skopje has been used a pawn in many wars, including World War II and many empires have ruled over the city, all having influenced the architecture, religion and traditions. Despite the turbulent and sometimes violent history, Skopje is now a peaceful city where residents are free to practice all religions, the main faiths being Macedonian Orthodox and Islam. It boasts many beautiful churches and mosques, although you'll notice mostly minarets on the skyline due to a historic law that was enforced by the Turks stating Christian buildings could not be taller than mosques.



Accommodation: Hotel Orange Inn (or similar)



Standard Hotel

Meals Provided: Breakfast & Lunch

### DAY 10 - Discover Skopje, Tetovo Mosque and drive to Mavrovo National Park

Today we visit the main attractions of the Macedonian capital including the Kale Fortress, the Sveti Spas Monastery and the Ottoman Bazaar, which is the largest and most well preserved in south-east Europe. The fortress is found on the highest point and gives us great views back over the city and Vardar River below. It is believed to have originally been constructed in the 6th century, but has been reconstructed and expended over the years, as different wars were fought and new empires took over. Sveti Spas Monastery, or the Church of the Holy Saviour as it's also known, is a small and modest building tucked away in the corner of a courtyard, but inside you'll find an elaborately carved wooden iconostasis (screen separating the sanctuary and nave) and a few 16th century frescoes. A short transfer will then bring us to the town of Tetovo, where we visit its colourful mosque, Sarena Dzamija, meaning decorated mosque. On the banks of the Pena River in the oldest part of the town we'll visit this brightly painted building with its detailed exterior and interior. After our visit we drive on to the picturesque location of Mavrovo National Park, where we can take a leisurely lakeside walk near our hotel for the night.

Accommodation: Hotel Alpina (or similar)



Single room available

Meals Provided: Breakfast

### DAY 11 - Explore Lake Ohrid and Saint Naum Monastery; arrive in Pogradec

We leave Mavrovo this morning and take the scenic road towards the Debar region, continuing along the lakes of the Black Drin River that generates most of the hydropower of the country. We stop in Struga to visit the springs of the river and have time for lunch in these scenic surroundings. In the afternoon a short drive will bring us to Lake Ohrid, which is situated against a dramatic mountain backdrop. Founded over 2400 years ago, Ohrid has a wealth of heritage and is today an important cultural and spiritual centre. To help its protection both the town and lake were classified as a UNESCO World Heritage Site in 1980. Lake Ohrid is one of the oldest in the world and allegedly there are some 365 churches, monasteries and other religious sites around the lake. We will visit the city's main attractions as well as Saint Naum Monastery before driving back into Albania and to Pogradec where we spend the night. Saint Naum is an imposing sight on a peninsula on the lake near to the Albanian border. The monastery is surrounded by sandy beaches and inside we find impressive frescoes. Progradec is a town on the shores of Lake Ohrid and the waterfront is an ideal spot for dining out this evening.



### DAY 12 - Drive to Albania's capital Tirana and take a walking tour

Before starting the climb of the Thana Pass, we will visit the fisherman village of Lin where the ruins of a paleochristian church are found as well as Roman mosaics. We will continue our drive through the valley of Shkumbin and Elbasan town, until we reach Tirana. Tirana was made the capital of Albania in 1920 in order to provide a power base in the geographical centre of the country. There has been a fortress on the fertile Plain of Tirana since Roman times, although the city only really came into its own in the 18th century. Today it is Albania's largest city. We will take a walking tour of the city's main sights including Skanderberg Square and monument, the Opera House, Albanian National Bank and Et'hem Bey Mosque. This evening you may wish to visit the sky tower with views over the city.



Accommodation: Hotel Vila Tafaj (or similar)

Standard Hotel

**!O**#

Single room available

Meals Provided: Breakfast

DAY 13 - Cable car up Mount Dajti and free afternoon in Tirana

This morning we drive the short distance to the base of the Dajti Express cable car, which is the longest cable way in the Balkans. Our 15 minutes journey takes us almost to the top of Mount Daijti at around 1000 metres. From here we'll hike to the summit of Tujani for views over the city below and the surrounding highlands. Our trek will take us around three to four hours and will cover a distance of 4.5 kilometres. Our maximum altitude reached will be 1503 metres. There will be the opportunity to have lunch in a traditional mountain restaurant before taking the cable car back down and returning to the city where you have the afternoon free to explore. The city comes to live in the evening and especially in the animated Blloku district. During the communist regime this area of the city was restricted and only members of the Albanian Politburo (main political party) were permitted to enter and own villas in this upmarket area. We'll enjoy a final dinner in this district this evening in a traditional Albanian restaurant.



Accommodation: Hotel Vila Tafaj (or similar)

Standard Hotel

Single room available

Meals Provided: Breakfast & Dinner

### DAY 14 - Trip ends in Tirana

The trip ends in Tirana this morning after breakfast.

Meals Provided: Breakfast



## Why book this trip

On this multi-country adventure to Albania, Kosovo and Macedonia we'll get off the beaten track and discover areas that most travellers still know little about. The trip gives you a great introduction to the region with a blend of cultural highlights and walking amongst the impressive mountain scenery. For 2017 we'll now spend two nights in Tirana and we've included a new excursion by cable car up Mount Dajti for a highland walk and we'll also have dinner in Tirana's famed Blloku District.

## What's included?



Included meals

Breakfast: 13 Lunch: 2 Dinner: 4



Transport Bus Cable Car



**Trip staff** Explore Tour Leader Driver(s) Local Guide(s)



Accommodation 13 nights standard hotel

## **Trip information**

### Albania Trips

#### Climate

Albania has a mediterranean climate with hot, dry summers (ranging from 9 - 11 hours of sunshine a day in Tirana). Temperatures can reach up to 40°C in July. October to April is much cooler and can be wet. Albania is a mountainous country and the high peaks are snow-capped all year. Additional information and climate charts can be accessed at http://www.explore.co.uk/weather. Seasonal weather patterns can be unpredictable.

#### Time difference to GMT

+1

### Plugs

2 Pin Round

### Religion

Islam, Albanian Orthodox, Roman Catholic

### Language

Albanian, Greek, Vlach, Romani, Slavic dialects

## Kosovo Holidays & Tours

#### Climate

Kosovo has a largely continental climate with warm summers and cold winters. There is a chance of sporadic rain in spring and autumn, though generally it is in the form of short showers. Thunderstorms can occur in summer, generally helping to cool the air. Temperatures from May to October are generally in the mid to high 20's (in °C) and reach into the 30's (in °C) in July and August - although sometimes it can reach as high as 40°C.

#### Time difference to GMT

+1

#### Plugs

2 Pin Round

#### Religion

Islam

Language

Albanian and Serbian

### Macedonia Holidays & Tours

#### Climate

Macedonia has a transitional climate from Mediterranean to continental. Summers are hot and dry and winters are moderately cold. It is a land locked country, so isn't cooled by coastal breezes and is separated from both the Adriatic and Aegean Seas by mountain ranges. The wettest time is in late spring and autumn, but rainfall isn't abundant in the valleys, such as around Skopje. Rainfall in summer is uncommon. Temperatures from May to October are generally in the mid to high 20's (in °C) and reach into the 30's (in °C) in July and August - although it can reach as high as 40°C sometimes.

#### Time difference to GMT

+1

Plugs

2 Pin Round

**Religion** Orthodox Christian

Language

Macedonian

### **Optional activities**

Some free time has been allowed for you to explore on your own or with your travelling companions.

### Clothing

Weather is changeable in the mountains and it can be cool, especially at night, so bring a warmer jacket/fleece. A raincoat is essential at all times in case of the odd shower. You should dress with respect in the rural villages so bring some long trousers. Don't forget your swimming costume.

### Footwear

Lightweight walking/trail boots for any optional day walks and comfortable shoes or sandals for visiting the sites and towns.

### Luggage

20kg

### Luggage: On tour

One main piece of baggage and a daypack. Remember you are expected to carry your own luggage so don't overload yourself. Please bear in mind there are lots of stairs in Albania and no portarage in the hotels.

### Equipment

Take a water bottle, a sun hat and suncream. A torch is useful in case of powercuts/emergencies.

### Tipping

#### Explore leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

#### Local crew

Although entirely voluntary, tipping is a recognised part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. Accordingly, you should allow approximately 20 Euros for tipping. In order to make things easier for you, the Tour Leaders may organise a group's tips kitty and if this is the case, they will account for it throughout the tour.

#### **Country Information**

### Albania Trips

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price £4.00

Dinner price £10.00

Beer price £1.50

Water price £0.50

### **Foreign Exchange**

Local currency

Albanian Lek.

#### **Recommended Currency For Exchange**

Sterling, US Dollars and Euros cash is widely accepted in bureaux de change in major towns and cities. Most transactions in Albania are done on a strictly cash only basis using the Lek.

#### Where To Exchange

Bureau de change in major towns and cities.

**ATM Availability** Most larger towns.

#### Credit Card Acceptance

Credit cards are not widely accepted in Albania.

#### **Travellers Cheques**

Travellers Cheques are not widely accepted in Albania, though you should take some as a back-up in case of emergencies.

### Kosovo Holidays & Tours

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price £6

Dinner price £13

Beer price £1.2

Water price  $\pm 1$ 

#### **Foreign Exchange**

Local currency Euro.

#### **Recommended Currency For Exchange**

Pound Sterling and US Dollars can be exchanged for local currency. The Serbian Dinar is sometimes accepted in Serbmajority areas. Please consult your Explore Leader for more information on currency exchange.

#### Where To Exchange

Banks or official Forex Offices in the main towns and cities.

#### **ATM Availability**

There are some ATM's in the capital Pristina and other major cities, but not in more rural areas.

#### **Credit Card Acceptance**

Credit cards are not widely accepted and most monetary transactions are made in cash.

#### Travellers Cheques

Travellers Cheques are not widely accepted and can only be exchanged in some banks.

### Macedonia Holidays & Tours

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

£4

Dinner price £8.5

Beer price

Water price  $\pm 1$ 

### **Foreign Exchange**

**Local currency** Macedonian Denar.

#### **Recommended Currency For Exchange**

Euros, US Dollars and Pound Sterling can all be exchanged for local currency. However, Euro is the best currency for exchange in most places. Please note if using Pound Sterling then only Bank of England issued bank notes are accepted. Scottish and Northern Irish bank notes are not accepted. Please consult your Explore Leader for more information on currency exchange.

#### Where To Exchange

Banks or official Forex Offices in the main towns and cities. British banks don't generally exchange Macedonian Denar, so you should exchange any unwanted local currency before you leave Macedonia. Your Explore Leader will advise you on arrival.

#### **ATM Availability**

Major towns and cities have ATMs for cash withdrawal, but these are limited in more rural areas.

#### **Credit Card Acceptance**

Accepted in major restaurants and hotels.

#### **Travellers Cheques**

Travellers Cheques can only be exchanged in some banks.

### Transport, Accommodation & Meals

### **Transport Information**

Bus, Cable Car

### **Essential information**

### **FCO Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

#### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### **Essential Information**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. Booking Conditions

### **Visa Information**

Albania: Visas are not required by UK, Australian, New Zealand, US and Canadian citizens. Macedonia: Visas are not required by

UK, Australian, New Zealand, US and Canadian citizens. Kosovo: Visas are not required by UK, Australian, New Zealand, US and Canadian citizens. Other nationalities should consult their local embassy or consular office.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

### **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

### Transfers

Find out more about Trip Transfer Terms and Conditions before you book.

#### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

#### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station. Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

### Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

### **Flight information**

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

#### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

#### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

### **Included** activities

There is a considerable amount of walking on this trip, which is rated as easy to moderate and includes walking in mountainous terrain. Please be prepared for this and ensure you pack walking bootshoes and walking poles if you require them.

### Non refundable permits

### **Albania Trips**

#### Vaccinations

We recommend protection against hepatitis A, typhoid, polio and tetanus. Rabies vaccination is recommended by the Foreign &

Commonwealth Office due to the large number of stray dogs in Albania. You should seek further advice from your travel clinic. Tick-borne encephalitis is recommended by some medical sources if travelling in certain areas of Eastern Europe, at specific times of the year. Check latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at http://www.explore.co.uk/Travelhealth/ and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed before departure.

### Kosovo Holidays & Tours

#### Vaccinations

Nothing compulsory, but we recommend being up-to-date with your routine vaccination courses and boosters as recommended in the UK including protection against measles, mumps, rubella, tetanus, diphtheria, hepatitis A, typhoid and polio. Check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at

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