# **EXPLORE!**



## Why book this trip?

Belarus is a country full of intrigue, with a noticeably Soviet feel thanks to its distinctive Brutalist architecture. In stark contrast explore the flora and fauna in the Berezinsky National Park. This trip appeals to those looking to discover a different side to Europe.

- Minsk Explore the Belarusian capital and uncover its Soviet history and unique Brazilian-Belarusian fusion street art
- Castles Admire the grandeur of the UNESCO-Listed Mir Castle, Brest Fortress and Nesvizh Castle
- Vitebsk See one of Belarus's most historic and attractive towns and learn about the artist Marc Chagall











INCLUDED MEALS Breakfast: 9 Lunch: 2 Dinner: 1

TRIP STAFF Explore Tour Leader Driver(s) Local Guide(s)

**TRANSPORT** Bus Boat

9 nights standard hotel

**TRIP PACE**: Full on



**GROUP SIZE:** 12 - 18

## Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

#### DAY 1 - Join trip in Minsk

This exciting 10-day adventure to explore Belarus in depth begins in the capital city of Minsk. After checking-in to the hotel and meeting the group, along with the leader, this evening is at leisure to enjoy a taste of the city and to sample Belarusian cuisine. Popular dishes include machanka, a hearty pork stew, and draniki, which are thick potato pancakes. For an after dinner tipple try Krambambula, a traditional Belarusian liquor, which is similar to mead and flavoured with spices and honey.

On this trip we have packed in as many highlights of Minsk as we can, but there is very little free time in the city, so if you wish to spend some time discovering more on your own then we would recommend extending your stay for a night or two. Perhaps to visit the Azgur Museum which houses numerous sculptures from the Soviet era or relax in the serene surroundings of the Sendai Japanese Garden or there's the Minsk Botanical Gardens. Please note that many of Minsk's museums are closed on a Monday or Tuesday, so if you wish to visit a particular attraction then please check that it is open on the day you wish to visit it.



ACCOMMODATION: Hotel Tourist (or similar)

#### **Grade: Standard Hotel**



SINGLE ROOM AVAILABLE



#### DAY 2 - Market visit and tour of Soviet Minsk; view colourful street art

Minsk is a city with a long history, set on the banks of the Svislach River. Our guided tour this morning is going to focus on its more recent history, which has largely been dominated by Soviet rule that lasted from around 1920 to 1991. The city was almost entirely destroyed during World War II and its historic centre was replaced by Stalinist architecture with grand buildings, Brutalist statues, broad avenues and imposing squares. Victory Square is the most famous part of the city and features a memorial to the fallen heroes of World War II. During the tour there will be a brief visit to the Museum of the Great Patriotic War, which is the centre piece in Victory Park. This huge museum has hundreds of exhibits and two of the most poignant rooms are the Hall of Glory that celebrates the heroes of the Soviet Union and the emotive memorial found in the Hall of Remembrance and Sorrow.

This afternoon we board the metro for the city market to see the local residents out haggling for fresh fruit and vegetables that are on sale from nearby farms. You can see, and of course buy, a whole range of edible goodies here including meat, cheese, nuts, spices and more.

Belarusian politics remains controversial with Alexander Lukashenko having ruled as president since 1994. During free time for lunch you might like to dine in the Parliament's House of Representatives canteen where you may be lucky enough to spot politicians having lunch.

Next we drive to see Minsk's unusual Central Library building, with its unique architecture. In Minsk's industrial district we'll view the result of collaboration between Belarusian and Brazilian street artists that have injected some much needed colour and fun into the formerly grey and stark buildings. Old tower blocks, factories, trams and buses have been decorated with fanciful designs featuring animals, folklore creatures, cartoon people, geometrical patterns and more.

After a full day exploring, the evening is free to relax in the city before returning by metro at a time of your choosing to the hotel. Maybe take a stroll through the Trinity Suburb, which is one of oldest and most picturesque areas. There a number of Stolle Restaurants in the city, which are famous for their variety of savoury and sweet pies that can either be eaten in or taken away. Just a few of the many pie fillings include meat and egg, salmon, lemon and cabbage.

Please note that the Central Library can be closed at short notice due to events taking place and so we may be unable to go inside. The entrance to the Museum of the Great Patriotic War will be at a set time, so the order of places visited today may need to be changed to accommodate this.



ACCOMMODATION: Hotel Tourist (or similar)

#### **Grade: Standard Hotel**



SINGLE ROOM AVAILABLE



#### DAY 3 - See the Khatyn Memorial and Polotsk en route to Vitebsk

Leaving Minsk this morning the first stop will be in the emotive village of Khatyn. Back in 1943 sadly nearly the entire population of the village was killed with just eight people managing to escape before all the houses were set alight. Today there is a memorial here that includes the Cemetery of Villages with 185 grave markers - each symbolises a village in Belarus where a similar tragedy occurred during World War II.

Driving on to Polotsk, which is a cultural gem and one of the oldest Slavic towns in the region. Tracing its origins back to the 9th century, the town is home to no fewer than 130 historical and cultural monuments, including the 11th century Cathedral of Saint Sophia. A local guide takes us around the main sites before we visit the Saint Euphrosyne Monastery, where a nun will show us around. This ancient church is home to a convent and is dedicated to a female saint. A mystery of the church is around the Cross of Euphrosyne of Polotsk which vanished in 1941 and hasn't been seen since.

Arriving in the picturesque city of Vitebsk later this afternoon the evening is free to have dinner and settle in to the hotel. The thriving city of Vitebsk straddles the waters of the mighty Dvina River, close to Belarus's border with neighbouring Russia and it's known to be one of the prettiest cities in the country.



ACCOMMODATION: Hotel Luchesa (or similar)

**Grade: Standard Hotel** 



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

#### DAY 4 - Guided tour of Vitbsk and visit to the Chagall Museum

This morning a local guide takes us on a walk to view Vitebsk's main attractions including the Uspensky Cathedral which sits on a hilltop overlooking the river, the pointed spires of the Three Bayonets Memorial Complex in the vast Victory Square, and the ornate City Hall building. In the warmer months the city parks and squares are home to numerous fountains and the river banks are also a pleasant location to take a stroll. In places the architecture of the city is Soviet in style with wide roads that trams and trolley buses run along and imposing squares with Brutalist monuments, but the city is also home to far older architecture with a number of white churches topped with golden onion domes. The city is the birthplace of Marc Chagall, one of the most renowned painters of the 20th century, and we will visit his former home, which now houses the Chagall Museum.

This afternoon is free to explore the city and for those that are art lovers, perhaps to visit the Chagall Art Gallery. Chagall was of born into a Jewish family in Vitebsk and spent a few years painting in Paris before

ending up in Russia at the outbreak of World War I and finally settling back in Vitebsk at the end of the war. He was an early modernist painter and his artwork is colourful with some pieces featuring cubist and impressionist styles.

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ACCOMMODATION: Hotel Luchesa (or similar)

**Grade: Standard Hotel** 



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

#### DAY 5 - Hiking in Berezinsky National Park; chance to go canoeing

This morning drive to Berezinsky National Park, one of the largest areas of marshland left in Europe. A haven for an incredible diversity of flora and fauna, including over 50 species of mammal and an impressive list of over 200 different birds. If extremely lucky then it's possible to spot beavers, red deer, elk, bison, brown bears, wolves and lynx that all live in the forest.

We go hiking this morning in one of the most pristine environments in the country. The walk covers around three and a half kilometres. There's the opportunity this afternoon to continue the hike (the full day hike is for around seven and half kilometres in total) or alternatively there is the option to go canoeing or to visit the Museum of Nature in the afternoon. The Museum of Nature is home to injured forest animals that are being rehabilitated and there's also the chance to visit a nearby village to experience what rural life here is like.

The hiking is graded as Easy as the terrain is mostly flat and through areas of forest and marshland. It can be wet or muddy in places depending on the weather, so we'd recommend bringing a spare pair of socks and a change of shoes today, just in case your feet get wet.

If you wish to participate in the option of canoeing then bring shoes that you don't mind getting wet, a spare change of clothes and a towel. This activity is suitable for beginners and will last for between two to five hours depending on the groups' ability and the local conditions, but you must be able to swim.

The hotel for this evening is inside the national park and where we will have dinner together this evening.

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ACCOMMODATION: Hotel Serguch (or similar)

**Grade: Standard Hotel** 



SINGLE ROOM AVAILABLE



#### DAY 6 - Discover Lake Naroch, folk music and Naliboksky Nature Reserve

Today there is quite a bit of distance to cover and so it is one of our longer driving days (spending about seven hours driving in total). Leaving Berezinsky this morning for Hrodna, after a couple of hours driving we take a break on the banks of Lake Naroch, the largest lake in Belarus. Covering nearly 80 square kilometres, the lake is home to pike, perch, eel and tench and is an ideal spot to stop for a snack and to admire the view.

The next visit is to Ales Los Farm, created by a popular Belarusian musician and artist called Ales Los. Here see how his passion for folk music and folklore meets nature and be introduced to his collection of traditional musical instruments, almost forgotten folk songs and dances, and handcrafts. All of which formed an important part of old-time Belarusian culture that were almost totally erased during the Soviet years.

The final stop before reaching Hrodna in the late afternoon will be in the Naliboksky Nature Reserve. This is one of the largest areas of pristine forest left in Eastern Europe. Taking an gentle walk for around an hour over flat terrain gives us a chance to stretch our legs and appreciate the surrounding and hopefully spot some of the wildlife.



ACCOMMODATION: Hotel Neman (or similar)

**Grade: Standard Hotel** 



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST AND LUNCH

#### DAY 7 - Hrodna walking tour and boat trip on the Augustow Canal; arrive in Brest

Home to one of the largest Catholic populations in the country, Hrodna is filled with a wonderful collection of medieval and Baroque architecture, including the impressive Cathedral of Saint Francis Xavier and the unique Church of Saints Boris and Gleb; the only surviving example of Black Ruthenian architecture left in the area. A local guide this morning will show us the main sights including the Saint

Basil's Cathedral - with its ornately decorated pink and white walls it is definitely worth seeing. We also take a stroll along Sovetskaya Street, which is the heart of the city, go to the old Jesuit Pharmacy which now houses a museum, and the fire lookout tower, which was built in 1900 on the highest point in the city and is as tall as an eight storey building.

Leaving the city centre we drive the short distance to the Neman Glass Factory. The Neman designers have been producing colourful and intricate glass since 1883 and today they still make a wide range of traditional and contemporary glass and crystal. See how the glass is created and have the chance to buy some to take home with you.

Leaving Hrodna this afternoon we make a stop to view the restored eastern section of the 19th century Augustow Canal and take a short boat ride along the waters to relax and see it from a different perspective.

Driving on to Brest we'll take a guided walking tour of the downtown area including the main Sovetskaya Street, the aptly named Lantern Light Boulevard, and one of the most important Catholic churches in Belarus, the Church of the Exaltation of the Holy Cross. After seeing the sights we check-in to the hotel and have the evening free to explore.



ACCOMMODATION: Hotel Vesta (or similar)

**Grade: Standard Hotel** 



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

#### DAY 8 - Visit the Brest Fortress and stay at UNESCO-Listed Nesvizh Castle

Today we see Belarus's three most famous and impressive castles. Firstly we'll visit the 19th century redbricked Brest Fortress, once the largest in the old Russian Empire. It was an infamous prison during the Soviet trials of the 1930s; this immense fortress went on to achieve lasting fame when it became a symbol of Soviet resistance during the German invasion of Russia in 1941.

Next we drive to Mir Castle where we meet our local guide. Its red and white towers reflect in the surrounding water and protect an enclosed cobbled courtyard with a well in the centre. Creation of the fort began at the end of the 15th century and it is widely recognised as being one of the most splendid castles in Europe. It was reopened to the public in 2010 after being extensively restored to its former glories.

Next we drive to the impressive Nesvizh Castle, which is also UNESCO-listed and has been home to the Radswill Family for over 400 years. The fortresses construction began in 1584, but it's been extended and changed over the years and now features a mix of Renaissance, Baroque, Rococo, Classicism and Neo-Gothic architecture. The estate also contains the largest landscape gardens in Europe and a number of

ornamental lakes. On arrival we'll check-in to our rooms.

We'll take a guided tour of this impressive building and then the rest of the evening is free to stroll through the castle park, which includes English and Japanese gardens as well as the native flora, and a number of monuments and memorials such as the Wishes Stone. Alternatively walk to Nesvizh town to see the 16th century Town Hall, old city gate and the Baroque church. There are also a number of restaurants within walking distance to choose from this evening.

Please note that on 16-Aug-19 our group will be staying in the Nezvizh town rather than at Nesvizh Palace. This is due to all the rooms at the palace being taken by a government event taking place. Our guided visit to the palace will still take place as planned.

ACCOMMODATION: Nesvizh Palace (or similar)

**Grade: Standard Hotel** 



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

#### DAY 9 - Discover rural Belarus at Rosy Eco Village and Dududki Museum

On our drive back towards Minsk this morning we venture into the rural Valozhyn district to experience what life is like in the Belarusian countryside. Rosy Eco Village was created by several families who decided to escape hectic city life and get back to a more traditional lifestyle where they live off the land and reconnect with nature by farming their own food. This type of settlement and country lifestyle used to be common, but was mostly lost during the many years of urbanization in Soviet Belarus. Now in this village there are 40 self-sufficient homesteads on five acres of land with cattle farms, fruit and vegetable plots, and gardens. We'll be introduced to the eco village concept by the families living here and get the chance to sample their organic tea, homemade bread, honey, and other delicacies.

After having lunch in a tavern at Martinova Gus we head to Dududki Open Air Museum. Here at this ethnographic museum we can see more traditional Belarusian crafts and historic buildings on display. They have everything from a creamery and pottery to antique cars and wooden windmills. Whilst here we'll get to taste the strong samogonka vodka which they brew on the site using traditional methods.

Tonight is for free in Minsk.

ACCOMMODATION: Hotel Tourist (or similar)

#### **Grade: Standard Hotel**



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST AND LUNCH

#### DAY 10 - Trip ends in Minsk

The trip ends after breakfast at our hotel in Minsk.



MEALS PROVIDED: BREAKFAST

## **Trip information**

#### **Country information**

#### **Belarus**

#### Climate

Belarusian climate is moderately continental, a transitional form from maritime to continental climatewith mild and humid winters, warm summers and damp autumns. Average July temperatures range from +17 C to +18.5 C, January temperatures vary from -8 C to -4.5 C. In the Naliboki Forest area temperatures in winter can fall as low as -25 C.

Time difference to GMT	Plugs	Religion	Language
+3	2 Pin Round	Orthodox	Belarusian

#### **Budgeting and packing**

#### **Optional activities**

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were

originally issued but may change at any time due to currency fluctuations. Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

Vitebsk:

Entrance to Chagal Art Gallery, on day four,  $\in$ 1.00 per person for one hour.

#### Berezinsky National Park:

Canoeing on day five, the duration of the activity may vary depending on local conditions and the ability of the group, but it is normally for between two and five hours. A full safety briefing is given and life jackets are provided. The activity is suitable for beginners, but you must be able to swim in order to participate in this activity.

Alternatively rather than canoeing you can visit the Museum of Nature on day five, where injured animals from the forest are rehabilitated. Entrance is €12.00 per person.

## Clothing

July and August are the hottest months and lightweight cotton clothing is best. During spring and autumn temperatures can be lower or drop during the evenings and there is also a stronger possibility of rain, although light rainwear and an umbrella may be needed at any time of year. Layered clothing and a warm fleece/jacket is recommended for cooler evenings. For the hiking in the national parks it's advisable to bring spare socks in case your feet get wet. Ladies should take a headscarf, as it may be required when entering some churches.

## Footwear

Take comfortable walking shoes for the walking tours and hiking in the national parks and also trainers or sandals for relaxing. If taking part in the optional canoeing then bring shoes that you don't mind getting wet.

#### Luggage

20kg

## Luggage: On tour

One main piece of baggage and a day pack. Remember you are expected to carry your own luggage so don't overload yourself.

## Equipment

Take a water bottle for our included walks as well as sun glasses, sunscreen and a sun hat. In case of emergency we also recommend that you carry a torch and a first aid kit. For the time spent in the countryside and national parks mosquito repellent is recommended. For the walking in the national parks you may find a walking pole useful as it can be uneven underfoot and bring binoculars for spotting wildlife.

## Tipping

#### Explore leader

At your discretion you might also consider tipping your Explore Leader in appreciation of the efficiency

and service you receive.

#### Local crew

Although entirely voluntary, tipping is a recognised part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. Accordingly please allow £30.00 for tipping on this trip.

In order to make things easier for you, the Explore Leader may organise a group's tips kitty and if this is the case, they will account for it throughout the trip.

#### **Belarus**

#### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price	Dinner price	Beer price	Water price
£6	£11	£2.00 - 4.00	£0.4

#### **Foreign Exchange**

Local currency	Recommended Currency For Exchange
Ruble	USD or Euro

#### Where To Exchange

Most major towns - your Tour Leader will advise you on arrival.

#### **ATM Availability**

You might find it difficult to obtain money from some ATM machines using Maestro and Visa cards due to difficulties in reading the card.

#### **Credit Card Acceptance**

**Travellers Cheques** Restaurants and shops in major towns. Are difficult to cash on this tour.

#### **Transport, Accommodation & Meals**

#### **Transport Information**

Bus, Boat

#### Accommodation notes

The hotel in Minsk is conveniently located just a few minutes' walk from the Partyzanskaya Metro Station and it's a 15-20 minute journey into the very centre of the city. Close to the hotel is the Belarus Department Store where there are local products such as textiles on sale. The area around the hotel is

dominated by locals including a large tractor manufacturing base which employs an astonishing 17,000 people. They are extremely proud of their tractor production and so there are monuments to the tractor and even children's parks with tractor shaped toys. The hotel and the surrounding area have a very Soviet layout and give us a glimpse into what normal life is like in the city. The hotel is tall and offers great views from the higher floors.

We spend a night inside the palace ensemble at Nesvizh Castle. There are only 22 rooms here so it's a very exclusive experience. Rooms are en suite and have free internet access, but aren't air-conditioned and each varies in layout and decor due to the historic nature of the building.

#### **Essential Information**

## **FCO Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

#### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

#### **Price Guarantee**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information.Booking Conditions

#### **Visa and Passport Information**

Belarus: All national passport holders from the UK and Ireland, USA, Australia, New Zealand and Canada (except those entering on a diplomatic or official passport) can now enter Belarus for a maximum of 30 days without a visa. Please note that the day you arrive counts as day one, regardless of your arrival time and entry and exit will only be permitted at Minsk International Airport.

On arrival you will need to show your passport, documentation proving that you have medical insurance valid in Belarus and valued at a minimum of €10,000, and funds equivalent to €25.00 per day (so €250.00 in total for 10 days). This can be in the form of cash, credit cards or travellers cheques in any currency. You should ensure that your passport has at least three months' validity from the date of entry into Belarus.

A maximum of 90 days stay in Belarus in any one calendar year is permitted. If you wish to stay longer than 30 days then a visa is required. If you're travelling from/to any Russian airport then this visa-free arrangement doesn't apply and you'll need a visa.

There are 80 countries in total that the visa free arrangements apply to and a full list of these and further

information can be found on the Belarus Embassy website: http://uk.mfa.gov.by/en/consular\_issues/visas/

Other nationalities should consult their local embassy or consular office.

All visa information is subject to change. You should confirm all visa related questions with the relevant embassy prior to departure.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

## **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

#### Transfers

Find out more about Trip Transfer Terms and Conditions before you book.

#### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

#### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers. If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

## Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## **Flight information**

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

#### **Flight Information**

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

#### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport. On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

#### **Included** activities

This trip is designed to acquaint you with Belarus's highlights and to give you the opportunity to get to know this fascinating lesser known country better. There's so much to see and do during your time in Belarus and there's a lot of ground to cover, so please be prepared for the busy nature of this enthralling holiday.

In the Berezinsky National Park the morning hike covers around three and a half kilometres or the full day hike is for around seven and half kilometres. The hiking is graded as Easy as the terrain is mostly flat but is through areas of forest and marshland, so can be uneven or muddy underfoot.

In the Naliboksky Nature Reserve we take an Easy graded walk for around an hour through the forest. The terrain is mostly flat, but can be uneven with tree branches and roots on the ground and can be muddy underfoot.

## Ability to swim

## Belarus

#### Vaccinations

Nothing compulsory, we recommend protection against Diphtheria, Hepatitis A, Hepatitis B, Rabies, Tetanus, Tick-borne encephalitis, Tuberculosis and Typhoid. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.



#### **Additional Information**

## Why book this trip

This trip is perfect for anyone looking to get under the skin of Belarus. It's a country that is only a short flight away from the UK and yet feels very different from home and that few in Western Europe know much about. Belarus is however opening up more to tourism and so now is the ideal time to go and see it. On this Belarus adventure discover the Stalinist architecture, grand castles, dense forests and sprawling marshlands that it known for, as well as sampling local vodka and hearty cuisine along the way. It's now visa free! Normally to visit Belarus a visa is required but currently visitors from the UK, USA, Australia and more, can travel to Minsk International Airport without the need for a visa, so it's never been cheaper or easier to discover Belarus. See the Visa Information section of our trip notes for further details.



AWARD WINNING

EXPLORE LEADERS







AIRPORT TRANSFERS