# **EXPLORE!**



# Why book this trip?

Hidden deep in the Pyrenees, the little-known mountains of Andorra offers superb summer walking. Based in the alpine village of Soldeu, enjoy beautiful walks through protected valleys, meadows and glacial landscapes.

- Sorteny Nature Reserve A botanical haven with over 700 species of flora
- The Andorran Valleys Explore the scenic majesty of the Vall de Riu and the Incles Valley
- Madriu Perafita-Claror Valley Explore the untouched wilderness of this UNESCO World Heritage glacial valley



INCLUDED MEALS Breakfast: 7



TRIP STAFF
Explore Tour
Leader
Driver(s)



**TRANSPORT**Bus
Taxi



ACCOMMODATION 7 nights comfortable hotel



**WALKING GRADE**:
Moderate



**GROUP SIZE** 10 - 16

# **Itinerary**

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

#### **DAY 1 - Join trip at Barcelona Airport. Drive to Soldeu**

Our trip begins at Barcelona-El Prat Josep Tarradellas Airport (BCN) at 3.30pm, the latest your flight can arrive is 3pm. Please note that depending on which terminal you arrive into you may have to take the airport shuttle bus to terminal 2 which is where we'll be meeting.

We will travel together as a group to the small alpine village of Soldeu in the heart of the Andorran Pyrenees, a three hour drive. A popular ski resort, lying 1,710 metres above sea level, Soldeu is an engaging mix of traditional rural inns, converted farmhouses and lively bars, providing us with an ideal base for our Pyrenean adventure.

After settling into our hotel depending on traffic we'll hopefully have time for a short orientation walk around the village before dinner. Our base for the week is Hotel Soldeu Maistre, centrally located in Soldeu. This family-run hotel is furnished in local Catalan style. Built to replicate the mountain lodge look with a stone and wood panelled exterior the hotel is in keeping with its surroundings.

If your flight arrives earlier in the day, you may have time to wait ahead of our group transfer to Soldeu. You can make the most of this time by exploring Barcelona with its many attractions such as 'La Boqueria' food market, Las Ramblas boulevard lined with bars and restaurants and not to mention the many incredible architectural works of Antoni Gaudi. The Barcelona metro line L9 Sud connects terminals T1 and T2 with the city of Barcelona every 7 minutes and takes 32 minutes. Bags can be stored at the airports left luggage for around Euro 10 per piece of luggage.



ACCOMMODATION: Hotel Soldeu Maistre (or similar) **Grade: Comfortable Hotel** 



SINGLE ROOM AVAILABLE



MEALS PROVIDED: NONE

#### **DAY 2 - Walking in the Madriu and Perafita Valleys**

Today we explore the untouched wilderness of Andorra's only UNESCO World Heritage Site, the beautiful and remote Madriu-Perafita-Claror Valley. Covering nearly 50 square kilometres this pristine setting is the country's spiritual and cultural heart, as well as being a haven for wildlife that includes marmot, bearded vulture and ptarmigan. Driving to the small hamlet of Saint Miquel d'Engolasers, we then hike up to the refuge at Fontverd, where we stop to enjoy a picnic lunch before heading back to Soldeu by bus.

Today's 12 kilometre walk is expected to take around four-and-a-half hours with 900 metres of ascent and 400 metres of descent.



ACCOMMODATION:
Hotel Soldeu Maistre (or similar)

**Grade: Comfortable Hotel** 



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

#### DAY 3 - Walking in the Vall de Riu

After a short taxi ride to the neighbouring village of Ransol this morning, we begin our walk into the Vall de Riu, another of Andorra's scenic gems. Encircled by a ring of glacial-formed mountains, the valley provides us with a beautiful backdrop to today's walk up to the small mountain village of Canillo. Home to Andorra's tallest church tower, and one of its finest Romanesque chapels, Canillo will be our final destination today, before returning to Soldeu by public bus.

Today's 11 kilometre walk is expected to take around five hours with 600 metres of ascent and 100 metres of descent.



ACCOMMODATION: Hotel Soldeu Maistre (or similar)

**Grade: Comfortable Hotel** 



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

#### DAY 4 - Free day to explore Andorra la Vella, optional walk to Cabana Sorda Lake

Some free time today affords us a chance to pay a visit to Andorra's bustling capital, Andorra la Vella. Home to the smallest parliament in Europe and the oldest Romanesque church in the principality, the city is also a great place for shopping.

Alternatively you may wish to take a walk through the beautiful glacial landscapes of the Incles Valley. The walk begins gently, before following the course of the river up to the Cabana Sorda Lake. Nestling within a glacial circue at some 2,290 metres, the lake provides us with a beautiful spot to stop and enjoy a picnic lunch. There may even be an opportunity for us to walk a little further, towards the Incles Pass, before we head back down to the hotel.

Today's optional 14 kilometre walk is expected to take around five hours with 700 metres of ascent and descent. To reach Port d'Incles it is a further three kilometre two hour walk.



ACCOMMODATION:
Hotel Soldeu Maistre (or similar)

**Grade: Comfortable Hotel** 



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

This morning we drive a short distance to the Sorteny Nature Reserve, set amongst the fertile valleys of north-eastern Andorra. Renowned for its abundance of plant species, the valley is a botanical haven for over 700 species of flora, some of it unique to the Pyrenees region. The trail that we take today leads us up to Estanyó Lake (2,350 metres) and passes through an alpine landscape that is home to wild boar, martens, chamois and ptarmigan. Driving back to Soldeu later we may also have time to stop for a drink in the pretty mountain village of Ordino.

Today's 10 kilometre walk is expected to take around four-and-a-half hours with 600 metres of ascent and descent.



ACCOMMODATION: Hotel Soldeu Maistre (or similar)

**Grade: Comfortable Hotel** 



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

#### DAY 6 - Walk in the Incles Valley

Today's walk takes us into the beautiful glacial landscapes of the Incles Valley, home to Scots pine, Pyrenean chamois and one of the largest alpine lakes in Andorra. We begin the day gently, before following the course of the river up to the Siscaro Lakes. Nestling within a glacial cirque at some 2,350 metres, the lake provides us with a beautiful spot to stop and enjoy a picnic lunch. There may even be an opportunity for us to walk a little further, towards the Incles Pass, before we head back down to the hotel.

Today's 14 kilometre walk is expected to take around four-and-a-half hours with 900 metres of ascent and 1,350 metres of descent.



ACCOMMODATION:
Hotel Soldeu Maistre (or similar)

**Grade: Comfortable Hotel** 



SINGLE ROOM AVAILABLE

#### DAY 7 - Free day: optional white water rafting and 4WD excursion

There is the option of a full day rafting excursion today. Travelling by 4WD vehicles we drive across the Spanish border, through the medieval hamlet of Tor and on to the village of Llavorsi. From here we then have a chance to raft down the Noguera River, along 14 kilometres of exhilarating white water rapids, before making the journey back across the border to Soldeu.

Alternatively you can just relax around the village, or take a trip to the capital.



ACCOMMODATION: Hotel Soldeu Maistre (or similar)

**Grade: Comfortable Hotel** 



SINGLE ROOM AVAILABLE



**MEALS PROVIDED: BREAKFAST** 

#### **DAY 8 - Trip ends at Barcelona Airport**

We leave the mountains behind this morning, driving back to Barcelona Airport where the trip ends.

We will travel as a group, leaving our hotel at around 8am for the four hour drive to Barcelona-El Prat Josep Tarradellas Airport (BCN). The earliest your flight can depart is 2.30pm.



MEALS PROVIDED: BREAKFAST

# **Trip information**

#### **Climate and country information**

#### **Andorra**

#### Climate

The Andorran climate is of Mediterranean mountainous type, with warm summers and cold winters. Temperatures can dip below freezing in the winter while summer temperature remain warm.

Time difference to GMT	Plugs	Religion	Language
+1	2 Pin Round	Roman Catholic	Catalan

#### **Budgeting and packing**

# **Optional activities**

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations. Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

Noguera River - Rafting 55€ plus 45€ for 4x4 return transfer (minimum group of 5) Other walks - approximately 10-15€ for transfer Visit to Andorra capital - Public bus fare 5€ Visit to Caldea spa - From 40€

# **Clothing**

Bring light and comfortable clothing that can be layered according to the temperature. The weather conditions in the mountains can be changeable, and it can become cool, especially at night, so bring warmer layers. Tops made from wicking materials which keep you drier and warmer are recommended as a base layer, and walking trousers are preferable to trousers of heavier material such as jeans. A waterproof jacket is essential at all times in case of rain and wind.

- -Breathable wind and waterproof jacket (you may also wish to bring waterproof trousers)
- -T-shirts
- -Long sleeved tops
- -Sunhat
- -Long trousers
- -Shorts (if you prefer to walk in them)
- -Swimwear and towel
- -Midlayer Fleece/pullover
- -Socks (liner and thicker pair)
- -Insulated jacket

### **Footwear**

We recommend you bring walking boots with ankle support-leather or fabric are both fine. Make sure

that your boots are worn-in and comfortable before the start of the trip. Also trainers or sandals for relaxing and general wear. We suggest that on international flights you either carry your walking boots in your hand luggage or wear them - should your luggage be lost or delayed, your own boots are the one thing that will be irreplaceable.

### Luggage

20kg

# Luggage: On tour

Bring one main piece of luggage and a 20-30 litre day sack is recommended. You will need to carry what you need for the day which may include a raincoat, jumper, camera, sun-cream, water and picnic lunch. On hot days you will carry fewer clothes but more drinking water.

# **Equipment**

- -Sunglasses
- -Sun cream
- -Small Torch (with spare batteries and bulb)
- -Camera
- -Walking poles (if you usually use them)
- -Personal toiletries
- -Personal first aid kit On each walk a first aid kit is carried but you should have your own blister kit, supply of plasters, aspirin and other essentials.
- -Insect repellent
- -Small waterproof dry bag (for items such as your mobile phone)
- -Reusable water bottle (minimum 1 litre) Get 15% discount on a Water-to-Go bottle www.explore.co.uk/about-us/responsible-travel/water-to-go-discount-with-explore
- -Lunch bag/Tupperware (for packed lunches)

# **Tipping**

#### **Explore leader**

Tipping isn't compulsory, and we work hard to ensure that our leaders all receive a fair wage. You may however, want to recognise a leader that has done a great job or really added to your trip by giving them a tip. We're often asked about the recommended amount. It is a tricky one, and down to personal preference, but we would recommend £15 to £20 per person per week as a guideline.

#### Local crew

Although voluntary, tipping is a recognised part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. Accordingly, you should allow approximately £20 of local c urrency for tipping. In order to make things easier for you, the Explore Leader may organise a group's tips kitty and if this is the case, they will account for it throughout the trip.

#### Andorra

#### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price Dinner price Beer price Water price

£7 £15 £3.5 £1.5

#### Foreign Exchange

Local currency Recommended Currency For Exchange
Euro. We recommend that you bring Euros.

#### Where To Exchange

Most major towns - your Tour Leader will advise you on arrival.

#### **ATM Availability**

It is also convenient to use a Visa/Mastercard at cashpoint machines.

Credit Card Acceptance Travellers Cheques
In major restaurants only. Not recommended.

#### **Transport, Accommodation & Meals**

# **Transport Information**

Bus, Taxi

#### Accommodation notes

Set against a backdrop of tree covered mountains, our base for the week is the Soldieu-Maistre Hotel which is centrally located in the village of Soldeu, northern Andorra. Open year round this modern family-run hotel offers 48 rooms over 3 floors. Built in mountain lodge style with a stone and wood panelled exterior the hotel is in keeping with its surroundings. One thing to be aware of in Spain is that breakfast tends to be a smaller affair, often just fruit juice or coffee and a pastry.

#### **Essential Information**

# **Government Travel Safety Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign, Commonwealth & Development Office advice click here.

For more information from Explore about travel advice, click here

#### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

#### **Price Guarantee**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. Booking Conditions

### **Visa and Passport Information**

Spain: Visas are not required by UK, Australian, New Zealand, US and Canadian citizens. Other nationalities should consult their local embassy or consular office.

If you do require assistance in obtaining a visa then you may be able to apply through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

# **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

#### **Transfers**

Find out more about Trip Transfer Terms and Conditions before you book.

#### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

#### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

#### Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

# Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

#### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

#### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

### Ability to swim

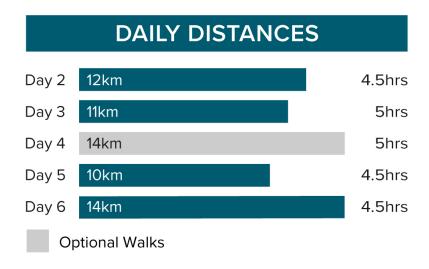
An ability to swim is essential for your safe enjoyment of the water based activities on this trip. If you wish to participate in these activities then we insist that you are able to swim.

#### Andorra

#### **Vaccinations**

Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you

#### **Walking and Trekking information**



# Walking grade

Moderate

#### Trek details

Walks on 4 days for an average of 5 hours. Follow well-defined undulating mountain trails, rocky underfoot in places and some more strenuous uphill sections.

### **Additional Information**



# **Reviews**









AIRPORT TRANSFERS