

# EXPLORE!



## Antarctica Express - Fly and Cruise - M/S Hebridean Sky

ARGENTINA - TRIP CODE SEAE

POLAR

### Why book this trip?

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This is the perfect trip to give you a glimpse into the untamed landscapes of Antarctica. By flying from Chile at the start of the trip, you can maximise your time amid the breathtaking landscapes and with wildlife such as whales, sea birds and penguins. It's a great value voyage for those with limited time, or to combine with a longer trip to Argentina and Chile.

- **A short, action packed trip** - experience Antarctica, with its ice-filled bays and glaciers
- **Fly from Antarctica in just two hours** - maximising your time on the White Continent
- **Incredible wildlife** - see penguins, seals and sea birds up-close on land and from your Zodiac



**INCLUDED MEALS**

Breakfast: 7  
Lunch: 6  
Dinner: 6

**TRIP STAFF**

Expedition Crew  
Naturalist(s)

**TRANSPORT**

Hebridean Sky  
Zodiac

**ACCOMMODATION**

5 nights premium boat  
1 nights standard hotel

**TRIP PACE:**

Relaxed

## Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

### DAY 1 - Punta Arenas

You will be met on arrival at Punta Arenas airport and will be transferred to your hotel. There will be an afternoon pre-voyage briefing and later, we will gather for a welcome dinner where you will have the opportunity to meet your fellow expeditioners. Please plan to arrive before 14.00 on this day, to ensure that you arrive in time for the briefing.



**ACCOMMODATION:**

Hotel in Punta Arenas to be confirmed (or similar)

**Grade: Standard Hotel**



**SINGLE ROOM AVAILABLE**



**MEALS PROVIDED: DINNER**

### DAY 2 - Punta Arenas to King George Island

Your Antarctic adventure begins with a two-hour flight from Punta Arenas to King George Island, in the South Shetland Islands. On arrival, you will be transferred to your expedition vessel - the M/V Sea Explorer to start your Antarctic Adventure.



ACCOMMODATION:  
M/V Hebridean Sky (or similar)



Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 3 - Antarctica

Marvel at the overwhelming beauty of Antarctica's South Shetland Islands. Sail in ice-filled bays, while enjoying the company of sea birds, penguins, seals and whales. Board a Zodiac for a memorable shore visit to a penguin colony and taking advantage of the endless Antarctic daylight to explore well into the evening.



ACCOMMODATION:  
M/V Hebridean Sky (or similar)



Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 4 - Drake Passage

As we head north through the Drake Passage, attend an engaging program of on-board lectures and presentations.



ACCOMMODATION:  
M/V Hebridean Sky (or similar)



Grade: Premium Boat



### DAY 5 - Drake Passage

In the company of expert guides, watch for wildlife from the glass-enclosed lounge, or from the outside decks. You may spot magnificent sea birds, such as albatrosses and petrels, as well as different species of whales.



ACCOMMODATION:  
M/V Hebridean Sky (or similar)



Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 6 - Cape Horn and Port Williams

Weather permitting, board a Zodiac and be one of the few privileged adventurers to step foot on legendary Cape Horn! We plan to explore this famous and rarely visited island before continuing our journey. Sail along the Beagle Channel towards Port Williams, Chile, the southernmost town in the world. Explore the surroundings before setting sail to Ushuaia, Argentina.



ACCOMMODATION:  
M/V Hebridean Sky (or similar)



Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 7 - Tour ends Ushuaia

We arrive into Ushuaia, where your journey comes to a close.



MEALS PROVIDED: BREAKFAST

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# Trip information

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## Country information

### Argentina

#### Climate

Argentina has a climate that ranges from subtropical in the north to cold in the temperate south. The Andes has erratic rainfall and flash floods from December to May. From June to September spring like sunny days temper the cold nights.

#### Time difference to GMT

-3

#### Plugs

3 Pin Flat

#### Religion

Predominantly Roman Catholic.

#### Language

Spanish is the main language throughout this region, along with a number of indigenous dialects, of

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## Budgeting and packing

### Clothing

Dress on board is informal. Pack comfortable, casual clothing for all activities. Wind and waterproof outer layers are essential, and the most important piece of clothing you will bring is a parka. Beware of tight clothing that leaves no room for trapped air, which is an excellent insulator. Wool, silk and some of the new synthetic fibres, like polar fleece, retain heat better than cotton.

#### Parkas

You should look for a lightweight, roomy, wind and water-resistant parka with some insulation. Bright colors are more visible - and thus safer - in polar environments.

#### Gloves

Keeping your hands warm and dry can be a challenge. Thin polypropylene gloves can be worn underneath warm outergloves. This allows you some protection from the cold when removing your gloves to operate your camera etc. We strongly recommend that you bring more than one pair of gloves, in case one gets wet (or lost).

#### Hat/Cap

Warm, woollen hat/cap to protect your ears, as well as a scarf, neck gaiter or other face protection, such as a balaclava.

#### Trousers

Water-resistant trousers of coated nylon or, even better, Gore-Tex® are essential for your comfort. They can be worn over your regular clothes to keep you warm and dry. We suggest that you purchase trousers a few sizes larger than you normally wear as you will be wearing them over other clothing. Gore-Tex® or similar fabrics are excellent for keeping out wind and water without trapping excess heat. Rain gear and Gore-Tex® products can be found in any outdoor sport clothing store. In addition to your waterproof trousers, warm ski pants are suggested if you have them. Warm trousers such as jeans, corduroys etc are

also good.

#### Socks

Warm wool socks worn over a thin pair of silk, polypropylene socks should provide enough warmth and insulation for your feet. Bring several pairs of socks, since you will inevitably get your feet wet.

#### Outer Clothing

Woollen, knit or cotton sweaters/tops, polar fleece tops (medium weight), several cotton turtlenecks and T-shirts for layering on and off the ship.

#### Underclothing

Thermal underwear is highly recommended as it will keep you warm without adding bulk. Most polar travellers prefer a lightweight version.

## Footwear

Complimentary waterproof boots will be supplied on-board. However, if you have extra small or large feet, you are advised to bring your own.

Also ensure you take good walking boots and trainers for relaxing.

## Luggage

20kg

### Luggage: On tour

One main piece of baggage and daypack. Remember you are expected to carry your own luggage so don't overload yourself.

## Equipment

Sunglasses and sun cream

Personal toiletries

A refillable water bottle

Books/reading material

Camera and memory cards (and something to protect the camera when out in the elements)

Seasickness remedy

Walking poles

A hairdryer is available in each cabin.

## Tipping

### Local crew

Tipping is collected at the end of the voyage and is divided among the crew. Tipping is a very personal matter and the amount you wish to give is at your discretion, but as a generally guideline, we suggest US\$12 per person per day.

### International Departure Taxes

Airport Departure Tax - USD \$5.00 from Ushuaia, USD \$18.00 from Buenos Aires

## Argentina

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses

eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

<b>Lunch price</b>	<b>Dinner price</b>	<b>Beer price</b>	<b>Water price</b>
£11	£20	£3-4	£2

## Foreign Exchange

### Local currency

Argentine Peso (ARS)

### Recommended Currency For Exchange

You can choose to either change your money in advance or on arrival at the airport. Here you will find both ATMs and Bureau de Change. The exchange rate with the ARS is approximately ARS 57 to the British Pound. You may wish to take extra USD cash as most optional excursions need to be paid in USD cash (not dispensed by ATMs in Argentina or Chile). Please check on line for up to date information

### Where To Exchange

Your Tour Leader will advise you on arrival.

### ATM Availability

Available in Buenos Aires. In Patagonia some cards with Chip and Pin do not work in the ATM machines. Always have some cash as back-up as they are not always reliable

### Credit Card Acceptance

Credit card are widely accepted in many shops and restaurants but some may be subject to a service charge

### Travellers Cheques

We do not recommend Travellers Cheques

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## Transport, Accommodation & Meals

### Transport Information

Hebridean Sky, Zodiac

### Ship description

The MS Hebridean Sky is a small, all-suite expedition vessel. Built in 1992 and refurbished in 2005, several improvements have been made to optimise comfort on board. With an ice-strengthened hull, the Hebridean Sky offers an exclusive and stylish base for adventurous exploration in Antarctica. The ship accommodates a maximum of 71 travellers. Although it does have capacity for more, limiting the numbers further increases the comfort for guests on board. As well as the regular amenities, such as a dining room and library, the ship additionally benefits from a panoramic lounge, a sun deck with Jacuzzi and is also comfortably stocked with a fleet of 10 Zodiac boats, used for exploring this glacial region.

## Cabins

Prices are based on the use of outward facing, twin share suites. They are spacious and comfortable, with private facilities and a window. The Hebridean Sky offers single, twin and triple suites, all with en-suite facilities. Call us for details on the cabin choice to fit your requirements.

## Ship dining

Daily buffet breakfast and lunch are served on board the ship, offering a wide choice of dishes. For dinner, you will be offered a choice of three main courses. Wine, beer, juice and soft drinks are served with lunch and dinner and are included in the cost of the trip. Complimentary coffee, tea, hot chocolate, water and snacks are available throughout the day.

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## Essential Information

### FCO Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice [click here](#).

For more information from Explore about travel advice, [click here](#)

### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### Price Guarantee

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. [Booking Conditions](#)

### Visa and Passport Information

All visa information is subject to change. You should confirm all visa related issues with the relevant Embassy prior to departure.

USA (If flights transit): you will need to apply for an ESTA if you are transiting the USA as you will have to disembark and clear immigration before re-boarding for the onward flight.

Citizens of the UK, New Zealand, Australia, Canada and passport holders from several EU countries can enter the United States without a visa under the Visa Waiver Program (VWP) - where you apply for an ESTA (Electronic System for Travel Authorisation), which applies if you enter the country by sea or by air. This must be done on line - <https://esta.cbp.dhs.gov> no later than 72 hours prior to travel.

Travellers who have not registered before their trip are likely be refused boarding. When completing an application for transit you should enter the words 'In Transit' with your final destination location in the address line



You must have an electronic passport with a digital chip containing biometric information about the passport owner. UK passports which are biometric feature a small gold symbol (camera) at the bottom of the front cover.

If you have visited Iraq, Syria, Iran or Sudan in the past five years or are dual nationals of these countries, you cannot travel under the Visa Waiver Programme. Instead you will need to apply for a visa from the nearest US Embassy or Consulate. If you are unable to provide a valid visa before boarding flights to the US, or entering via another method, you may not be permitted to travel.

For further information please check out the US embassy website.  
Visa applications - <http://london.usembassy.gov/niv/apply.html>

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

## **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

## **Transfers**

**Find out more about Trip Transfer Terms and Conditions before you book.**

### **Booking a land only package with Explore**

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### **Joining Tour Abroad**

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers. If you are not eligible for the Free Transfer then you will need to make your own way through to the

joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer [click here](#)

## **Insurance**

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## **Flight information**

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them [here](#).

### **Flight Information**

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### **Booking a flight inclusive package with Explore**

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## **Argentina**

### **Vaccinations**

Nothing compulsory, we recommend protection against typhoid, tetanus, polio and hepatitis A. Please consult your travel clinic for the latest advice on Malaria, Dengue and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. Please note many countries in Central America, South America and the Caribbean require a yellow fever vaccination certificates if travelling from infected areas. A detailed list of these countries can be found on the NaTHNaC website - <http://travelhealthpro.org.uk/countries>. Also on the NaTHNaC site there is a list of Countries (and specific areas within a country) which are at risk of infection and a vaccination is therefore recommended. Yellow fever is only recommended for those travelling to Iguazu falls. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive

list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

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## **Polar information**

### **Ship information**

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