

# EXPLORE!



## Antarctica Express - Fly and Cruise - M/V Ocean Nova

ARGENTINA - TRIP CODE ONAE

POLAR

### Why book this trip?

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Fly back from Antarctica - this is the perfect trip to give you a glimpse into the untamed landscapes of Antarctica. By flying back to Chile at the end of the trip, you can maximise your time amid the breathtaking landscapes and with wildlife such as whales, sea birds and penguins. It's a great value voyage for those with limited time, or to combine with a longer trip to Argentina and Chile.

- **Fly from Antarctica in just two hours** - maximising your time on the White Continent
- **Incredible wildlife** - see penguins, seals and sea birds up-close on land and from your Zodiac
- **Explore Antarctica** - in 24-hour daylight; great for taking photographs in differing lights



**INCLUDED MEALS**

Breakfast: 5  
Lunch: 4  
Dinner: 4



**TRIP STAFF**

Expedition  
Crew  
Naturalist(s)



**TRANSPORT**

M/V Ocean  
Nova  
Zodiac



**ACCOMMODATION**

4 nights premium  
boat  
1 nights standard  
hotel



**TRIP PACE:**

Relaxed

## Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

### DAY 1 - Arrive Ushuaia

Your journey begins in Ushuaia, Argentina. Board the Ocean Nova between 15:00 and 16:00 and sail along the Beagle Channel towards Puerto Williams, Chile, the southernmost town in the world. Explore your surroundings before setting sail to Cape Horn.



**ACCOMMODATION:**

M/V Ocean Nova (or similar)

**Grade: Premium Boat**



**MEALS PROVIDED: DINNER**

### DAY 2 - Cape Horn and Drake Passage

After an overnight crossing of Nassau Bay, you awake in full view of legendary Cape Horn! Weather permitting, board a Zodiac and be one of the few privileged adventurers to step foot on this famous and rarely visited island. Back on board, we set sail towards Antarctica and cross the famous passage named in honour of Sir Francis Drake, the great 16th century British explorer.



ACCOMMODATION:  
M/V Ocean Nova (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 3 - Drake Passage

As you sail through the Drake Passage en route to King George Island, in the South Shetland Islands, enjoy an engaging program of lectures and presentations. In the company of expert guides, watch for wildlife from the glass-enclosed lounge or from the outside decks. You may spot magnificent sea birds, such as albatrosses and petrels, as well as different species of whales on their way south to Antarctica.



ACCOMMODATION:  
M/V Ocean Nova (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 4 - Drake Passage and Antarctica

After crossing the Antarctic Convergence, the environment changes noticeably. Keep your camera ready, as this is the time to watch for the first icebergs and the first sight of Antarctic land. Reaching the South Shetland Islands, sail in ice-filled bays, while enjoying the company of sea birds, penguins, seals and whales. Board a Zodiac for your first memorable shore visit to a penguin colony. Taking advantage of the endless Antarctic daylight, exploration will continue well into the evening.



ACCOMMODATION:  
M/V Ocean Nova (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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## DAY 5 - King George Island to Punta Arenas

Upon reaching King George Island, disembark at Fildes Bay and explore the area, such as the Chilean Base Frei and the Russian Base Bellingshausen. Bid farewell to Antarctica before boarding the flight back to Punta Arenas, Chile. Upon arrival, transfer to your hotel for the night.



ACCOMMODATION:  
Hotel in Punta Arenas to be confirmed (or similar)

Grade: Standard Hotel



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST AND LUNCH

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## DAY 6 - Tour ends Punta Arenas

After breakfast, you will be transferred to Punta Arenas airport for your onward flight.



MEALS PROVIDED: BREAKFAST

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## Trip information

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### Country information

#### Argentina

##### Climate

Argentina has a climate that ranges from subtropical in the north to cold in the temperate south. The Andes has erratic rainfall and flash floods from December to May. From June to September spring like sunny days temper the cold nights.

Time difference to GMT	Plugs	Religion
-3	3 Pin Flat	Predominantly Roman Catholic.

### Language

Spanish is the main language throughout this region, along with a number of indigenous dialects, of

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## Budgeting and packing

### Clothing

Dress on board is informal. Pack comfortable, casual clothing for all activities. Wind and waterproof outer layers are essential, and the most important piece of clothing you will bring is a parka. Beware of tight clothing that leaves no room for trapped air, which is an excellent insulator. Wool, silk and some of the new synthetic fibres, like polar fleece, retain heat better than cotton.

#### Parkas

You should look for a lightweight, roomy, wind and water-resistant parka with some insulation. Bright colors are more visible - and thus safer - in polar environments.

#### Gloves

Keeping your hands warm and dry can be a challenge. Thin polypropylene gloves can be worn underneath warm outergloves. This allows you some protection from the cold when removing your gloves to operate your camera etc. We strongly recommend that you bring more than one pair of gloves, in case one gets wet (or lost).

#### Hat/Cap

Warm, woollen hat/cap to protect your ears, as well as a scarf, neck gaiter or other face protection, such as a balaclava.

#### Trousers

Water-resistant trousers of coated nylon or, even better, Gore-Tex® are essential for your comfort. They can be worn over your regular clothes to keep you warm and dry. We suggest that you purchase trousers a few sizes larger than you normally wear as you will be wearing them over other clothing. Gore-Tex® or similar fabrics are excellent for keeping out wind and water without trapping excess heat. Rain gear and Gore-Tex® products can be found in any outdoor sport clothing store. In addition to your waterproof trousers, warm ski pants are suggested if you have them. Warm trousers such as jeans, corduroys etc are also good.

#### Socks

Warm wool socks worn over a thin pair of silk, polypropylene socks should provide enough warmth and insulation for your feet. Bring several pairs of socks, since you will inevitably get your feet wet.

#### Outer Clothing

Woollen, knit or cotton sweaters/tops, polar fleece tops (medium weight), several cotton turtlenecks and T-shirts for layering on and off the ship.

#### Underclothing

Thermal underwear is highly recommended as it will keep you warm without adding bulk. Most polar travellers prefer a lightweight version.

### Footwear

Complimentary waterproof boots will be supplied on-board. However, if you have extra small or large feet, you are advised to bring your own.

Also ensure you take good walking boots and trainers for relaxing.

## Luggage

20kg

### Luggage: On tour

One main piece of baggage and daypack. Remember you are expected to carry your own luggage so don't overload yourself.

## Equipment

Sunglasses and sun cream

Personal toiletries

A refillable water bottle

Books/reading material

Camera and memory cards (and something to protect the camera when out in the elements)

Seasickness remedy

Walking poles

A hairdryer is available in each cabin.

## Tipping

### Local crew

Tipping is collected at the end of the voyage and is divided among the crew. Tipping is a very personal matter and the amount you wish to give is at your discretion, but as a generally guideline, we suggest US\$12 per person per day.

### International Departure Taxes

Airport Departure Tax - USD \$5.00 from Ushuaia, USD \$18.00 from Buenos Aires

## Argentina

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price	Dinner price	Beer price	Water price
£11	£20	£3-4	£2

### Foreign Exchange

#### Local currency

Argentine Peso (ARS)

### **Recommended Currency For Exchange**

You can choose to either change your money in advance or on arrival at the airport. Here you will find both ATMs and Bureau de Change. The exchange rate with the ARS is approximately ARS 57 to the British Pound. You may wish to take extra USD cash as most optional excursions need to be paid in USD cash (not dispensed by ATMs in Argentina or Chile). Please check on line for up to date information

### **Where To Exchange**

Your Tour Leader will advise you on arrival.

### **ATM Availability**

Available in Buenos Aires. In Patagonia some cards with Chip and Pin do not work in the ATM machines. Always have some cash as back-up as they are not always reliable

### **Credit Card Acceptance**

Credit card are widely accepted in many shops and restaurants but some may be subject to a service charge

### **Travellers Cheques**

We do not recommend Travellers Cheques

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## **Transport, Accommodation & Meals**

### **Transport Information**

M/V Ocean Nova, Zodiac

### **Ship description**

The MV Ocean Nova is a modern vessel that offers the exclusive Fly and Cruise combination. Built in Denmark in 1992 and completely rebuilt, the boat has an ice-strengthened hull ideally suited for expedition travel in Antarctica. Capacity is limited to 68 passengers, accommodated in cabins with en-suite facilities. On-board is a panoramic observation lounge and presentation room, spacious dining room, bar and library. The ship has a fleet of seven Zodiac boats that are well suited for disembarking and wildlife watching.

### **Cabins**

Prices are based on the use of outward facing, twin share cabins, situated on the upper decks. They are spacious and comfortable, with private facilities and a window. The Ocean Nova offers single, twin and triple cabins, all with en suite facilities. Call us for details on the cabin choice to fit your requirements.

### **Ship dining**

Daily buffet breakfast and lunch are served on board the ship, offering a wide choice of dishes. For dinner, you will be offered a choice of three main courses. Wine, beer, juice and soft drinks are served with lunch and dinner and are included in the cost of the trip. Complimentary coffee, tea, hot chocolate, water and snacks are available throughout the day.

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## Essential Information

### FCO Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice [click here](#).

For more information from Explore about travel advice, [click here](#)

### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### Price Guarantee

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. [Booking Conditions](#)

### Visa and Passport Information

Although no visas are required for citizens of UK, CAN, USA, AUS and NZ visa waivers may apply. Other nationalities should consult the relevant consulate.

All visa information is subject to change. You should confirm all visa related issues with the relevant Embassy prior to departure.

Please note that flights on the tour may transit through the USA. According to US law, passengers will have to disembark, collect luggage and clear immigration before re-boarding for the onward flight. Holders of the UK, AUS, NZ, CAN and several EU country passports can enter the United States without a visa under the Visa Waiver Program (VWP) if they hold a machine readable passport. They must also be entering the country by sea or air on a carrier participating in the visa waiver scheme, holding a return/onward ticket. As well as being machine readable, if your passport was issued on or after 26 October 2005, it must contain both a digital photograph of the holder and also an integrated circuit chip that stores biographic information.

All passengers travelling to the USA under the Visa Waiver Programme must provide their details online no later than 72 hours prior to travel. British travellers who have not registered before their trip are likely to be detained and sent home. In addition to passport information, you must also supply the full address of your first night's accommodation in the USA. This information can be obtained from your joining instructions which are sent out approximately 3 weeks before travel.

Anyone applying for ESTA (Electronic Travel Authorisation) to travel under the Visa Waiver system will be charged a fee of 14USD (9GBP).

For more information, and to apply online, please visit the following website at <https://esta.cbp.dhs.gov>. Once obtained, the application will be valid for a period of two years, or for the validity of your passport



(whichever is shorter).

For more information about who is eligible for the VWP, or any other questions you may have regarding your eligibility, or machine readable passports, please contact your local consular office, or visit [www.usembassy.org.uk](http://www.usembassy.org.uk)

Other nationalities should consult the relevant consulate.

Argentina: Although a visa is not required by Australian, American and Canadian passengers to enter Argentina there is a reciprocal payment to be made.

The fee must be paid online prior to entering the country. The receipt generated at the time of online payment must be printed and given to local migration authorities together with passport upon passengers arrival to Argentina.

These payments are as follows: Australian - US\$100; Canadian - US\$70; American US\$131. The fee can be paid at <http://www.migraciones.gov.ar/accesibleingles>

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

## Booking conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

## Transfers

[Find out more about Trip Transfer Terms and Conditions before you book.](#)

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer [click here](#)

## **Insurance**

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## **Flight information**

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them [here](#).

### **Flight Information**

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### **Booking a flight inclusive package with Explore**

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## **Argentina**

### **Vaccinations**

Nothing compulsory, we recommend protection against typhoid, tetanus, polio and hepatitis A. Please consult your travel clinic for the latest advice on Malaria, Dengue and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. Please note many countries in Central America, South America and the Caribbean require a yellow fever vaccination certificates if travelling from infected areas. A detailed list of these countries can be found on the NaTHNaC website -

<http://travelhealthpro.org.uk/countries>. Also on the NaTHNaC site there is a list of Countries (and specific areas within a country) which are at risk of infection and a vaccination is therefore

recommended. Yellow fever is only recommended for those travelling to Iguazu falls. Please check the

latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

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## **Polar information**

### **Ship information**

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