

# EXPLORE!



**Classic Antarctica - M/V  
Polar Pioneer**

ANTARCTICA, ARGENTINA - TRIP CODE PPAP

POLAR

DAYS	DEPOSIT FROM	PRICE FROM	FLIGHTS NOT INCLUDED
<b>12</b>	<b>£758</b>	<b>£7578</b>	

## Why book this trip?

Into Antarctica... The South Shetland Islands and Antarctic Peninsula form one of the most spectacular wilderness areas on earth. A remarkable collection of wildlife lives in the shadow of snow-capped mountains and blue icebergs; penguins, whales and a rich diversity of birdlife await you an exploratory journey of the Great White Continent.



**INCLUDED MEALS**  
Breakfast: 10  
Lunch: 8  
Dinner: 9



**TRIP STAFF**  
Expedition Crew  
Naturalist(s)



**TRANSPORT**  
M/V Polar Pioneer  
Zodiac



**ACCOMMODATION**  
9 nights premium boat  
1 nights standard hotel



**TRIP PACE:**  
Relaxed

## Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

### DAY 1 - Punta Arenas to Puerto Williams

Today board your flight from Punta Arenas to Puerto Williams, Chile. Upon arrival, enjoy an included lunch and a guided tour of Puerto Williams before embarking the Polar Pioneer in the late afternoon.



**ACCOMMODATION:**  
M/V Polar Pioneer (or similar)

**Grade: Premium Boat**



**MEALS PROVIDED: DINNER**

### DAY 2 - Drake Passage

Whilst we make our way to the Antarctic Peninsula, enjoy some free time watching spectacular birdlife from the ship's outer decks.



**ACCOMMODATION:**

M/V Polar Pioneer (or similar)

**Grade: Premium Boat**



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### **DAY 3 - Drake Passage**

Join informative talks from our on-board naturalist and historians or keep a watchful eye out on deck for your first iceberg!



ACCOMMODATION:  
M/V Polar Pioneer (or similar)

**Grade: Premium Boat**



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### **DAY 4 - Antarctic Peninsula**

Wake up to Antarctica's magic! During your time along the Peninsula, you'll enjoy Zodiac cruises, visit scientific research stations, observe busy penguin rookeries, witness gigantic icebergs, spot basking seals on icefloes, as well as ring in the New Year in Antarctica!



ACCOMMODATION:  
M/V Polar Pioneer (or similar)

**Grade: Premium Boat**



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### **DAY 5 - Antarctic Peninsula**

Aboard robust Zodiacs, we will explore penguin rookeries, historic sites and scientific stations. Zodiac cruising brings us close to intricately shaped icebergs and seals basking on pristine ice floes. There will

be plenty of time over the next few days to explore this magnificent 'White Continent.'



ACCOMMODATION:  
M/V Polar Pioneer (or similar)

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**Grade: Premium Boat**



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### **DAY 6 - Antarctic Peninsula**

Stepping ashore on the continent itself creates an everlasting memory. Bubble-netting humpbacks deserve a wake-up call, even at midnight! A curious leopard seal, swimming amongst icebergs, may mean postponing lunch. Landings are dependent on the ice and weather conditions, so our itinerary does need to be flexible. Landings do often change voyage-to-voyage, but our expert guides and Expedition staff will ensure that you have the best chance to capture the surprising wildlife displays and to enjoy any unexpected opportunities that come your way.



ACCOMMODATION:  
M/V Polar Pioneer (or similar)

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**Grade: Premium Boat**



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### **DAY 7 - Antarctic Peninsula**

There will be plenty of time to enjoy the sheer beauty and breathtaking scenery of this magical land, with its impressive glaciers and rugged snow-capped mountains. You will have plenty of time to walk on shore amongst the hundreds of penguins, or to enjoy a Zodiac cruise and simply enjoy this wonderful landscape.



ACCOMMODATION:  
M/V Polar Pioneer (or similar)

## Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 8 - Antarctic Peninsula

The Peninsula also has a remarkable history and during the voyage, we will learn more about the incredible expeditions to these remote areas - you will no doubt enjoy the same sense of excitement as many of those early Explorers.



ACCOMMODATION:  
M/V Polar Pioneer (or similar)

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## Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 9 - Antarctic Peninsula

We have one more full day to explore the Peninsula and the South Shetland Islands, before heading onto King George Island.



ACCOMMODATION:  
M/V Polar Pioneer (or similar)

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## Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 10 - King George Island to Punta Arenas

Today, we'll reach King George Island, the largest of the South Shetlands. If time permits, we will enjoy a further landing before boarding our flight back to Punta Arenas. On arrival, we will transfer to our hotel.





ACCOMMODATION:  
Hotel in Punta Arenas (or similar)

Grade: Standard Hotel



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

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### DAY 11 - Punta Arenas

This morning, we bid farewell to our fellow expeditioners and check-out of our hotel after breakfast.



MEALS PROVIDED: BREAKFAST

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## Trip information

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### Country information

#### Antarctica

##### Climate

Polar Temperatures during Antarctic season: Min.: -15°C; Max. 12°C; Average 0°C.

Time difference to GMT      Plugs

-3

2 Pin Round

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#### Argentina

##### Climate

Argentina has a climate that ranges from subtropical in the north to cold in the temperate south. The Andes has erratic rainfall and flash floods from December to May. From June to September spring like sunny days temper the cold nights.

<b>Time difference to GMT</b>	<b>Plugs</b>	<b>Religion</b>
-3	3 Pin Flat	Predominantly Roman Catholic.

### Language

Spanish is the main language throughout this region, along with a number of indigenous dialects, of

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## Budgeting and packing

### Optional activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations. Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

Kayaking can be booked as an option at a supplementary fee. This must be booked in advance and through the ship operator directly. Please note, you will need to have some experience of kayaking to participate in this activity.

## Clothing

### Parkas

You should look for a lightweight, roomy, wind and water-resistant parka with some insulation. Bright colors are more visible - and thus safer - in polar environments.

### Gloves

Keeping your hands warm and dry can be a challenge. Thin polypropylene gloves can be worn underneath warm outergloves. This allows you some protection from the cold when removing your gloves to operate your camera etc. We strongly recommend that you bring more than one pair of gloves, in case one gets wet (or lost).

### Hat/Cap

Warm, woollen hat/cap to protect your ears, as well as a scarf, neck gaiter or other face protection, such as a balaclava.

### Trousers

Water-resistant trousers of coated nylon or, even better, Gore-Tex® are essential for your comfort. They can be worn over your regular clothes to keep you warm and dry. We suggest that you purchase trousers a few sizes larger than you normally wear as you will be wearing them over other clothing. Gore-Tex® or similar fabrics are excellent for keeping out wind and water without trapping excess heat. Rain gear and Gore-Tex® products can be found in any outdoor sport clothing store. In addition to your waterproof trousers, warm ski pants are suggested if you have them. Warm trousers such as jeans, corduroys etc are also good.

### Socks

Warm wool socks worn over a thin pair of silk, polypropylene socks should provide enough warmth and insulation for your feet. Bring several pairs of socks, since you will inevitably get your feet wet.

Outer Clothing Woollen, knit or cotton sweaters/tops, polar fleece tops (medium weight), several cotton turtlenecks and T-shirts for layering on and off the ship.

## Underclothing

Thermal underwear is highly recommended as it will keep you warm without adding bulk. Most polar travellers prefer a lightweight version.

## Footwear

Complimentary waterproof boots will be supplied on-board. However, if you have extra small or large feet, you are advised to bring your own.

Also ensure you take good walking boots and trainers for relaxing.

## Luggage

15Kg

### Luggage: On tour

One main piece of baggage and daypack. Remember you are expected to carry your own luggage so don't overload yourself.

Please note that a 15kgs luggage weight limit is sporadically enforced on the internal flight to Ushuaia, occasionally charges may be levied against passengers taking luggage in excess of 15kgs.

## Equipment

Sunglasses and sun cream

Insect repellent

Personal toiletries

A refillable water bottle

Books/reading material

Camera and memory cards

Seasickness remedy

Walking poles

## Tipping

### Local crew

Tipping is of considerable significance to the people who will take care of you during your travels. It is an expression of satisfaction. The suggested amount is USD \$10 - 12 per person per day spent on board. Of course, tipping is a personal choice and the suggested amount is set only as a guideline.

## Antarctica

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

### Foreign Exchange



### **Recommended Currency For Exchange**

A combination of US dollars cash and cards is best. It is advisable to take a minimum of US\$200-500 of your total spending money in cash, in mixed denominations (notes should be in good condition).

### **Where To Exchange**

Banks or Forex offices in major cities.

### **ATM Availability**

Cash can be drawn on credit or debit cards from ATMs in major cities

### **Credit Card Acceptance**

Credit cards are useful and can be used in many places, but may be subject to a service charge. The ship accepts Visa and Mastercard.

### **Travellers Cheques**

Travellers Cheques can be difficult to exchange and are not accepted aboard.

## **Argentina**

### **Food and drink**

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

<b>Lunch price</b>	<b>Dinner price</b>	<b>Beer price</b>	<b>Water price</b>
£11	£20	£3-4	£2

### **Foreign Exchange**

#### **Local currency**

Peso

#### **Recommended Currency For Exchange**

Carry all your funds in US cash NOT Sterling or Travellers Cheques which are more difficult to exchange. We recommend to take a minimum of US\$400-\$500 of your total spending money in cash, in mixed denominations. Notes should be in good condition otherwise they might be difficult to exchange. You may wish to take extra cash as most optional excursions need to be paid in USD cash (not dispensed by ATMs in Argentina or Chile).

#### **Where To Exchange**

Your Tour Leader will advise you on arrival.

#### **ATM Availability**

Available in Buenos Aires. In Patagonia some cards with Chip and Pin do not work in the ATM machines. Always have some cash as back-up as they are not always reliable

#### **Credit Card Acceptance**

Credit cards are useful and can be used in some places, but may be subject to a 10% service charge

## Travellers Cheques

Travellers Cheques can be awkward or expensive to change

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## Transport, Accommodation & Meals

### Transport Information

M/V Polar Pioneer, Zodiac

### Ship description

The M/V Polar Pioneer is a Finnish ex-research vessel, refurbished to provide an adventurous journey in the polar regions; its ice class means it has excellent manoeuvrability. The vessel accommodates only 54 passengers, meaning more time with the experts and a friendly on-board experience. Informed crew and experts will ensure you learn about how a polar expedition runs, your unique surroundings and the wildlife; Zodiacs will take you to shore for close encounters.

### Cabins

Prices are based on the use of outward facing, category one cabins on the main deck. Category one cabins are based on triple share. They are comfortable, with two lower bunks and one upper bunk. The cabin has a desk, a small washbasin, a sofa and a porthole. Showers and toilets are close by and shared with other main deck cabins. The Polar Pioneer has a number of different cabin categories, all are outside facing and most cabins have two beds (suites have double beds.) Most cabins have en suite facilities and some have larger windows, rather than portholes. Single occupancy is an option on board, subject to availability. Call us for details on the cabin choice to fit your requirements.

### Ship dining

Onboard the expedition ship you'll find a diversity of international cuisines prepared and catered by professional chefs; all meals are included in the price of your expedition. Dining is casual in one of two dining rooms. There is always a selection of different meals available, and vegetarians will find plenty of options. Special dietary requirements can be accommodated with advance notice, please advise us at time of confirmation. Coffee, tea and water are all provided free of charge. All other beverages, alcoholic and non-alcoholic, are not included and can be purchased in the bar.

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## Essential Information

### FCO Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice [click here](#).

For more information from Explore about travel advice, [click here](#)

## **Under 18 immigration guidance**

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

## **Price Guarantee**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. [Booking Conditions](#)

## **Visa and Passport Information**

All visa information is subject to change. You should confirm all visa related issues with the relevant Embassy prior to departure.

USA (If flights transit): you will need to apply for an ESTA if you are transiting the USA as you will have to disembark and clear immigration before re-boarding for the onward flight.

Citizens of the UK, New Zealand, Australia, Canada and passport holders from several EU countries can enter the United States without a visa under the Visa Waiver Program (VWP) - where you apply for an ESTA (Electronic System for Travel Authorisation), which applies if you enter the country by sea or by air. This must be done on line - <https://esta.cbp.dhs.gov> no later than 72 hours prior to travel.

Travellers who have not registered before their trip are likely be refused boarding. When completing an application for transit you should enter the words 'In Transit' with your final destination location in the address line

You must have an electronic passport with a digital chip containing biometric information about the passport owner. UK passports which are biometric feature a small gold symbol (camera) at the bottom of the front cover.

If you have visited Iraq, Syria, Iran or Sudan in the past five years or are dual nationals of these countries, you cannot travel under the Visa Waiver Programme. Instead you will need to apply for a visa from the nearest US Embassy or Consulate. If you are unable to provide a valid visa before boarding flights to the US, or entering via another method, you may not be permitted to travel.

For further information please check out the US embassy website.

Visa applications - <http://london.usembassy.gov/niv/apply.html>

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

## Booking conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

## Transfers

[Find out more about Trip Transfer Terms and Conditions before you book.](#)

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer [click here](#)

## Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them [here](#).

### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### **Booking a flight inclusive package with Explore**

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## **Antarctica**

### **Vaccinations**

Nothing compulsory, we recommend protection against typhoid, tetanus, diphtheria, polio and hepatitis A. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

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## **Argentina**

### **Vaccinations**

Nothing compulsory, we recommend protection against typhoid, tetanus, polio and hepatitis A. Please consult your travel clinic for the latest advice on Malaria, Dengue and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. Please note many countries in Central America, South America and the Caribbean require a yellow fever vaccination certificates if travelling from infected areas. A detailed list of these countries can be found on the NaTHNaC website - <http://travelhealthpro.org.uk/countries>. Also on the NaTHNaC site there is a list of Countries (and specific areas within a country) which are at risk of infection and a vaccination is therefore recommended. Yellow fever is only recommended for those travelling to Iguazu falls. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

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### **Polar information**



PPAP\_2019 Fly



PPAP\_2019 Fly Reverse

### Ship information

The M/V Polar Pioneer is a Finnish ex-research vessel, refurbished to provide an adventurous journey in the polar regions; its ice class means it has excellent manoeuvrability. The vessel accommodates only 54 passengers, meaning more time with the experts and a friendly on-board experience. Informed crew and experts will ensure you learn about how a polar expedition runs, your unique surroundings and the wildlife; Zodiacs will take you to shore for close encounters.

