

# EXPLORE!

Book with confidence



## Costa Rica Wildlife Highlights - Private Tour

COSTA RICA - TRIP CODE PTCC

DISCOVERY

### Why book this trip?

For a tiny country, Costa Rica packs a huge wildlife punch. Containing 5% of the world's biodiversity, its thick forests teem with life, from brightly coloured toucans to slow-moving sloths. With adventure and beautiful beaches to boot, this private trip will not disappoint - you'll be travelling mainly privately, with some shared services in Tortuguero as you explore the canals and rivers.

- **Tortuguero** - Cruise the jungle waterways and explore the rainforest of this 'mini Amazon'
- **Adventure** - Whitewater raft, fly through the canopy on a zip wire or hike on volcanoes
- **Papagayo** - Discover stunning white-sand beaches, go diving or snorkelling off the Pacific Coast



**INCLUDED MEALS**  
Breakfast: 11  
Lunch: 4  
Dinner: 3



**TRIP STAFF**  
Activity Guide(s)  
Driver(s)  
Local Guide(s)



**TRANSPORT**  
Boat  
Minibus



**ACCOMMODATION**  
4 nights premium hotel  
5 nights premium lodge  
2 nights comfortable lodge



**TRIP PACE:**  
Moderate

## Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

### DAY 1 - Trip begins in San Jose

Arrive in San Jose. The cosmopolitan Costa Rican capital lies in a fertile valley at an altitude of 1150 metres. Coffee and sugar cane are big industries here and coffee is even planted between new buildings and along the roadside on the outskirts of the city.

You will be met on arrival at San Jose's Juan Santamaria International Airport (SJO) by a local guide, and driven up into the foothills of coffee country, where the city gives out to a lush landscape of tropical plants, flowers and birds. It's a perfect way to start a trip in Costa Rica. The hotel is about 10km and 20 minutes away from the airport, and 25km, 45 minutes, away from the city of San Jose. There are no activities planned today, so feel free to arrive in San Jose at any time. For those booking their own flights, you will just need to let us know your flight details no later than three weeks prior to departure, in order to be met on arrival.

The hotel for the evening has a pool and extensive grounds including its own coffee plantation. These can be explored on foot, and if you arrive into San Jose early we recommend spending the afternoon relaxing and getting over the jet lag here, taking in the impressive views over the city as day turns to night.



**ACCOMMODATION:**  
Hotel Buena Vista (or similar)

**Grade: Premium Hotel**



SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: NONE

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## DAY 2 - Journey by bus and boat to Tortuguero National Park

The wild waterways of Tortuguero National Park are your destination today. They can only be reached by boat, so you'll take a private car to Cano Blanco this morning, driving for approximately 2.5 hours through extensive banana plantations before picking up a boat and cruising to the spectacular lodge in Tortuguero. Travelling through a fascinating network of jungle waterways, it is easy to understand why this area is often described as a 'mini Amazon'. Its complex canal system and narrow lagoons link small isolated settlements and are rich in fish, including rainbow bass and grouper. They also support an abundance of birds, such as heron, stork and kingfisher as well as 60 species of mammal with howler and spider monkeys in the treetops.

The lodge for the next two nights is idyllically situated, with its restaurant perched over one of the area's canals, and a swimming pool surrounded by forest. Rooms have fans and mosquito nets. All excursions while in Tortuguero are shared with other customers from the lodge.



ACCOMMODATION:  
Evergreen Lodge (or similar)



Grade: Premium Lodge



SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST, LUNCH AND DINNER

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## DAY 3 - Full day to explore the park searching for wildlife

To kick off the day, there is the option of a bird watching trip at dawn and a chance to spot some of Costa Rica's spectacular birdlife. Water birds such as herons, egrets and kingfishers are among the birds that may be spotted, although other species of birds such as toucans may be found in the area.

Later this morning, go on a nature walk to understand more about the area's unique ecosystem, and this afternoon, take to the waterways for further exploration. This area is all about wildlife spotting, and the experienced guides will have their eyes out for all sorts of creatures - sloth, howler and capuchin monkey, caiman lizard, various species of toucan, red-eyed tree frog, as well as many other bird, butterfly and frog species, are all commonly sighted. Shyer species include the tapir, ocelot and the elusive jaguar.

Throughout the year, you may be lucky enough to see different species of turtle nesting close to our lodge. The best time to see this spectacle is between June and September when over five-thousand green turtles come ashore to nest on Tortuguero's beaches. At this time of year, there is the option of an evening turtle walk in the company of experienced guides.



ACCOMMODATION:  
Evergreen Lodge (or similar)



**Grade: Premium Lodge**



SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST, LUNCH AND DINNER

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#### **DAY 4 - Travel to Arenal by boat and minibus**

Leaving the lodge this morning, travel by boat back to Cano Blanco and pick up a private vehicle to Arenal. The drive skirts around the great central volcanic massif, passing through fertile farmlands, rich with tropical crops. After around two hours, catch sight of the famous Arenal Volcano. This classic cone, which rises to 1670 metres, is covered by a tangled mass of vegetation on one side, while the other is starkly barren. Having remained dormant for hundreds of years, it erupted unexpectedly in 1968, destroying the small towns of Tabacon and Pueblo Nuevo on its west side. After this, it was known for its regular explosions, which became a huge spectacle at night. However, since 2010, the volcano has gone quiet once more.

The accommodation for the next two nights is in La Fortuna. The town was renamed after the 1968 eruption, when it was seen as being 'fortunate' that its location, on the volcano's eastern side, saved it from decimation. This afternoon is free to relax. Tonight's hotel (The Arenal Volcano Lodge and Spa) has its own natural thermal pools for you to enjoy, as well as a spa, cold-water swimming pools, and tropical botanical gardens with outstanding views of the Arenal Volcano.



**ACCOMMODATION:**

Arenal Volcano Lodge & Gardens (or similar)



**Grade: Premium Lodge**



**SINGLE ROOM AVAILABLE**



**SWIMMING POOL AVAILABLE**



**MEALS PROVIDED: BREAKFAST & LUNCH**

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**DAY 5 - Explore Arenal's lake and volcano; free afternoon**

This morning, explore the Arenal Volcano National Park. Take a walk on the flanks of the volcano with a local guide, and learn about the flora and fauna of the region as well as the science and history of the volcano. The afternoon is free to explore at your leisure. There are a host of activities on offer around Arenal, including the fantastic hanging bridges trail - almost two miles of high walkways, crossing nine fixed bridges and six suspension bridges, set within a 600 acre reserve of lush vegetation. Biking, horse-riding and zip wire courses are also available via the hotel.



**ACCOMMODATION:**

Arenal Volcano Lodge & Gardens (or similar)



**Grade: Premium Lodge**



**SINGLE ROOM AVAILABLE**



**SWIMMING POOL AVAILABLE**



**MEALS PROVIDED: BREAKFAST & LUNCH**

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## DAY 6 - Free day around La Fortuna; rafting possible; nighttime wildlife spotting and a family meal

Spend a full free day in Arenal, making the most of the magical wildlife and adventure that the area has to offer. The hotel can book any excursions that you wish, including whitewater rafting on class III-IV rapids on the Sarapiquí River, or a hike in the Rio Celeste National Park. Bird watching and wildlife spotting boat trips are also on offer, and no matter what your interests are, there is something for everyone.

Tonight, set out with a local guide to spot some wildlife. You'll start in a small town called La Tigra, just 40 minutes from La Fortuna, and take a trail into a small patch of rainforest in search of nocturnal species such as pacas, snakes and bats. The trail takes you around mirrored lakes towards a frog sanctuary, where you'll discover a large number of species including the dart frog and bull frog, as well as the photogenic red-eyed tree frog. After some exploration, you'll have a traditional meal with a family, cooked on a wood-burning stove - an opportunity to taste some of Costa Rica's excellent and underrated local food, such as plantain and gallo pinto (a rice and beans dish).



### ACCOMMODATION:

Arenal Volcano Lodge & Gardens (or similar)



Grade: Premium Lodge



SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST AND DINNER

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## DAY 7 - Drive to Monteverde's verdant cloud forest

Travel around Arenal Lake up into the cloud forest region of Monteverde - one of the most well-known places in Costa Rica to see wildlife. The last part of the journey is on bumpy, unsealed roads as the car winds up into the cloud forest.

Perched on the Continental Divide between the Pacific and the Caribbean, it is thought that there has been indigenous habitation in Monteverde since 3000 BC. However, the turning point in its recent history came in 1950, when a group of pacifist Quakers from Alabama moved here to avoid subscription in the Korean War. They sought a lifestyle in a country in which they could embrace their peaceful beliefs and continue to cultivate their dairy farms. These families went on to establish the community of Monteverde and some of its famed cloudforest reserves.

The afternoon is free - you may like to head into the cloud forest reserve, or visit one of the areas many butterfly, hummingbird or orchid reserves.



**ACCOMMODATION:**

Trapp Family Lodge (or similar)



**Grade: Comfortable Lodge**



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

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**DAY 8 - Explore the Curicancha Nature Reserve, in search of wildlife**

This morning, head out with a guide into the Curicancha Nature Reserve. One of the best places in Monteverde to begin your wildlife adventure, this reserve restricts the number of visitors to 50 at once, meaning that during busy times of the year it is significantly quieter than the Monteverde Cloud Forest Reserve itself.

The reserve is excellent for birding. Resplendant Quetzals are possible to see here, as well as many, many other species from trogons to hummingbirds. Around 250 species of bird have been spotted in the reserve, and part of the beauty of this reserve is that it has a variety of different habitats that attract diverse wildlife as well as a range of different tropical plants. Your guide will use their eagle-eyes to spot as many species as possible. It's quite amazing how they manage to see everything from the smallest frog to a toucan sitting high up in the canopy.

The afternoon is free, and again there are a variety of different options here to take in the area's natural beauty. The hotel is able to help you organise any activities that you desire, from hanging bridges and zip wiring to hiking. You could also experience the practice of 'trapiche' - a term found throughout Central America and the Caribbean to mean the production of juice, sugar and sweets from pure sugar cane. It's a real tradition in Costa Rica, and will introduce you to some of the agricultural practices found here that many tourists miss on their bid to seek adventure and wildlife.



**ACCOMMODATION:**

Trapp Family Lodge (or similar)



**Grade: Comfortable Lodge**



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

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### DAY 9 - Drive to the beach at Papagayo, Guanacaste province

Drive in a private vehicle towards the Gulf of Papagayo on Costa Rica's Pacific Coast. This three hour drive takes us down from the cloud forest, descending to the sea with staggering views across the plains of Guanacaste. Arriving around midday, you'll have two and a half days completely free by the beach to enjoy all that this beautiful coastline has to offer.



ACCOMMODATION:  
Hotel Bosque del Mar (or similar)



Grade: Premium Hotel



SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

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### DAY 10 - Free day in Papagayo; snorkelling, paddleboarding or diving available

Today is free to relax at Papagayo. The hotel is located right on the edge of Playa Hermosa, and there are many other secluded beaches along the coastline that are just short taxi rides away. Ocean activities that your hotel can help you with include diving, snorkelling, paddle boarding and sunset sailing trips.



ACCOMMODATION:  
Hotel Bosque del Mar (or similar)



Grade: Premium Hotel







SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

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### **DAY 11 - Free day in Papagayo; relax on the beach or go inland for zip wire or horse riding**

Take another day free in Papagayo. Choose to relax on the beach, or head inland for some adventure. Rafting and zip wiring is close by. Equally, take a trip to Rincon de la Vieja or Palo Verde National Parks - these parks are quite different, the former being a haven for volcano activity, boiling mud pools as well as great biodiversity. The latter has twelve different habitats, from saltwater marshland and swamp forest to mangroves - boat trips are the usual way to get around here, and the opportunities to spot wildlife are great.



ACCOMMODATION:  
Hotel Bosque del Mar (or similar)



**Grade: Premium Hotel**



SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

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### **DAY 12 - Travel back to San Jose International Airport where the trip ends**

Departing Papagayo this morning, drive 230km, approximately four hours, back to San Jose's Juan Santamaria International Airport (airport code SJO), where the trip ends. Your transfer is private and therefore flexible to suit your flights. However, due to the long drive, we don't recommend booking flights that depart earlier than 1pm.



MEALS PROVIDED: BREAKFAST

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## Trip information

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### Climate and country information

#### Costa Rica

##### Climate

Seasonal weather patterns can be unpredictable. Costa Rica has a tropical climate with high temperature humidity and rainfall. The average temperature is 21°C in the highlands and variable in the lowlands. The rainy season is from May to November and the summer from December to April, but it does still tend to rain, usually in short bursts. Bear in mind that Costa Rica has 12 microclimates and weather can vary significantly in one day.

Time difference to GMT	Plugs	Religion	Language
-6	2 Pin Flat	Christian, Roman Catholic	Spanish

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### Budgeting and packing

#### Optional activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations. Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

There are a wealth of exciting activities in Costa Rica, and it's not possible or even necessary to do all of the activities below in every location. This will give you a guideline and allow you to choose how you spend your time in each place.

Prices quoted are correct as of the date these trip notes were originally issued but may change at any time due to currency fluctuations.

##### Tortuguero

Turtle watching (in season June - September) US\$ 42; Bird/wildlife watching tour US\$ 27, Spa US\$ 37-62

##### Arenal

Waterfall walk US\$ 18

Chocolate tour entrance. US\$26 with transport US\$38

Half day safari float US\$60  
Hanging bridges US \$62  
Canopy Tour (Sky Tram & zip wire) US \$111  
Hanging bridges + canopy tour (Sky Tram, zip wire & bridges) US \$147

Papagayo  
Snorkeling US\$90.00  
Sunset Sailing US\$90.00  
Rafting US\$165.00  
Paddle boarding US\$90.00  
Rincon de la Vieja trip US\$135.00  
Palo Verde trip US\$135.00

You may find that the hotels visited during this tour have other excursions on sale through their activities desks. These haven't been safety checked by Explore, and would be undertaken at your own risk.

## **Clothing**

Lightweight clothing is essential in midsummer though a warmer jumper is advisable for cooler evenings in the highlands of Monteverde and even in San Jose. A good waterproof is essential, and you could consider waterproof trousers. The jungle lowlands are hot and muggy, and it can rain at any time of year. Long trousers and long-sleeved shirts are recommended on jungle walks.

If you wish to go rafting during your trip, take water shoes with a securely closed heel (not flip flops). Open toes are OK, but they should be securely fastened.

## **Footwear**

Lightweight trail/walking boots for jungle walks, comfortable shoes/trainers and sandals. In the rainy season waterproof boots are recommended.

## **Luggage**

20kg

## **Luggage: On tour**

One main piece of luggage and a daysack. Remember, you are expected to carry your own baggage - don't overload yourself.

## **Equipment**

We recommend a sunhat, sunscreen, a small umbrella, a torch, insect repellent, a travel adaptor and a water bottle. Binoculars are essential for bird and animal spotting, and, for those interested, we also recommend bringing snorkelling equipment for your time at Papagayo.

## **Tipping**

Local crew

Although entirely voluntary, tipping is a recognized part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided, but it is completely discretionary of course.

As a guideline, a small party of two people can budget the following per person for tips:

Restaurants - Most places add a tip to the bill, and as a rule Costa Ricans don't add any more than this

Bellboys - Often tipped at US \$1-1.50 per bag

Local guides - For a morning or afternoon adventure, a tip of \$15-\$20 per person is average

River guides - \$5 per person

Transfer guides - \$3-\$5 per person

## **Costa Rica**

### **Food and drink**

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

<b>Lunch price</b>	<b>Dinner price</b>	<b>Beer price</b>	<b>Water price</b>
£13	£13	£3	£1.3

### **Foreign Exchange**

#### **Local currency**

Costa Rican Colon (CRC)

#### **Recommended Currency For Exchange**

You can choose to either change your money in advance or on arrival at the airport. Here you will find both ATMs and Bureau de Change. USD are accepted in some shops / restaurants. We recommend you take some emergency cash in USD. Notes should be in good condition otherwise they may not be accepted. Please check on line for up to date information

#### **Where To Exchange**

Your Tour Leader will advise you on arrival.

#### **ATM Availability**

ATMs can be found in the major towns and cities for cash withdrawals in Colones. Always have some cash back up as they are not always reliable

#### **Credit Card Acceptance**

Credit card are widely accepted in many shops and restaurants but some may be subject to a service charge

#### **Travellers Cheques**

We do not recommend Travellers Cheques

## Transport Information

Boat, Minibus

## Accommodation notes

This trip encompasses a mixture of premium and comfortable rated hotels (between 3-4\* rating, generally speaking). In Costa Rica, we aim to make sure that our hotels are well located, whether it involves exploring forest, wetland or being right on the beach. The accommodation listed on the trip notes is all dependant on availability at the time of booking.

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## Essential Information

### Government Travel Safety Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK citizens, check the latest Foreign, Commonwealth & Development Office advice.

Please refer to our COVID-19 entry requirements page for any country-specific conditions of entry. Whilst we strive to update this on a regular basis we recommend you also check the FCDO website for the latest advice on entry requirements in this fast-evolving situation. Information can change at any time.

### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### Price Guarantee

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. [Booking Conditions](#)

### Visa and Passport Information

Citizens from the UK, US, Canada and most EU countries do not require a visa for a stay up to 90 days. Citizen of Australia, New Zealand and the Republic of Ireland do not require a visa for stays up to 30 days.

If you are transiting through the USA: Citizens of the UK, New Zealand, Australia, Canada and passport holders from several EU countries can enter the United States without a visa under the Visa Waiver Program (VWP) - where you apply for an ESTA (Electronic System for Travel Authorisation), which applies if you enter the country by sea or by air. This must be done on line - <https://esta.cbp.dhs.gov> no later than 72 hours prior to travel. Travellers who have not registered before their trip are likely be refused boarding.

You must have an electronic passport with a digital chip containing biometric information about the passport owner. UK passports which are biometric feature a small gold symbol (camera) at the bottom of the front cover.

If you have visited Iraq, Syria, Iran or Sudan since 2011 or are dual nationals of these countries, you cannot travel with an ESTA and instead you will need to apply for a visa from the nearest US Embassy or Consulate. If you are unable to provide a valid visa before boarding flights to the US, or entering via another method, you may not be permitted to travel.

Please note for your ESTA application you will be required to supply Point of Contact information. Explore's USA contact information will be listed on your final documentation which you will receive approximately 3-4 weeks before departure. If you are leaving for the USA before this, please call the Explore team to get this information. (Not necessary if in transit)

For further information please check out the US embassy website. Visa applications - <http://london.usembassy.gov/niv/apply.html>

If you are transiting through Canada: An electronic travel authorisation (ETA) is required by British citizens transiting via Canada. For more information see the official Canadian government website:

<http://www.cic.gc.ca/english/visit/eta.asp>

Other nationalities should consult their local embassy or consular office.

If you do require assistance in obtaining a visa then you may be able to apply through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

## **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

## **Transfers**

Find out more about [Trip Transfer Terms and Conditions](#) before you book.

### **Booking a land only package with Explore**

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### **Joining Tour Abroad**

Customers booked on the 'Land Only' arrangements will receive a Free Transfer, provided you arrive and

depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer [click here](#)

## **Insurance**

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## **Flight information**

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them [here](#).

### **Flight Information**

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### **Booking a flight inclusive package with Explore**

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## **Ability to swim**

An ability to swim is essential for your safe enjoyment of the water based activities on this trip. If you

wish to participate in these activities then we insist that you are able to swim.

## Costa Rica

### Vaccinations

Nothing compulsory, but we recommend protection against typhoid, infectious hepatitis and polio. Please consult your travel clinic for the latest advice on Malaria, Dengue and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. Please note many countries in Central America, South America and the Caribbean require a yellow fever vaccination certificates if travelling from infected areas. A detailed list of these countries can be found on the NaTHNaC website - <http://travelhealthpro.org.uk/countries>. Also on the NaTHNaC site there is a list of Countries (and specific areas within a country) which are at risk of infection and a vaccination is therefore recommended. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

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### Additional Information



### Tour Staff

Unlike our group tours our private journeys do not have a Tour Leader. However, you are still in safe hands as we work closely with our expert local suppliers on the planning and organisation of your holiday to ensure that you have a fantastic time. You'll be met on arrival in San Jose by one of our english-speaking representatives, who will go through your holiday details and answer any questions you may have. The guides throughout the trip are excellent, and will help to bring the destination to life. At times you may travel only with a driver, but you will have all the information that you need to explore and there is always the reassurance that you have someone on hand with our 24/7 emergency contact number.



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# Reviews



AWARD WINNING  
EXPLORE LEADERS



PRICE GUARANTEE  
PROMISE



AIRPORT  
TRANSFERS