Discover Finland by bike as we explore the unspoilt nature and beauty of the Turku archipelago. Our trip starts in the attractive and bike-friendly city of Helsinki with a cycle tour that includes some modern architectural wonders. We then drive north to Hameenlinna where we explore medieval churches and ancient tombs. Finally we visit Turku and spend two days exploring the archipelago by bike - beauty spot with 20,000 Baltic islands. Hopping between islands by ferry and over bridges we cycle on quiet roads to enjoy the natural beauty of Turku.

Trip highlights

- **Helsinki** - Cycling tour of Finland's capital
- **Turku Archipelago** - Attractive villages, unspoilt nature and welcoming hospitality
- **Archipelago island hopping** - Traversing the Turku archipelago by bike and ferry
- **Hanko** - the southermost town in Finland, an idyllic seaside town with well-preserved wooden houses
- **Turku** - the oldest city in Finland

**ACCOMMODATION GRADE:**
Standard
Our standard, mid-range accommodation offers a good level of service, often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en suite facilities.

**CYCLING GRADE:**
Easy
Suitable for anyone who enjoys easy and relatively short rides on flat or gently undulating terrain. Ideal if you simply want to explore a region by bike at a relaxed pace.
DAY 1 - Join trip in Helsinki

Arrive Helsinki and check-in to hotel.

Accommodation: Scandic Kallio Hotel (or similar)

Standard Hotel
Single room available
Meals Provided: None

DAY 2 - Cycle tour of Helsinki; free afternoon

This morning we will discover Helsinki on a sightseeing tour (3 hours) by bike. Exploring the city on its extensive network of cycle paths makes a great introduction to Helsinki and along the way we will see harbours, Mannerheim Street, Parliament, Finlandia Hall, market square, Kiasma contemporary art museum and other modern architectural wonders, Temppeliaukio (rock church) and Central Park. The afternoon is left free to explore the city further and you may choose to visit Suomenlinna fortress.

Our total cycling distance today is approximately 15 kilometres

Accommodation: Scandic Kallio Hotel (or similar)

Standard Hotel
Single room available
Meals Provided: Breakfast

DAY 3 - Drive to Hameenlinna, cycle the highlights of Hame region

This morning we drive north to Hameenlinna and the journey takes about 1.5 hours. Here we experience the best parts of Hame region's history and culture. Our route passes through a forested countryside with fields and lakes. We have the opportunity to visit
Häme Castle, Parola Tank Museum, Littala Glass museum. We then drive to the UNESCO city of Rauma where we spend the night.

Our total cycling distance today is approximately 55 kilometres (total 148 metres ascent, 150 metres descent).

Accommodation: Cumulus Rauma Hotel (or similar)

Accommodation: Cumulus Turku (or similar)

Accommodation: Cumulus Turku (or similar)

DAY 4 - Cycle the southern Turku Archipelago

This morning we start with a drive to the southern archipelago and the journey takes about 2 hours. After a short ferry crossing to Storlandet Island we start cycling. Our first stop is the main village of Nagu. After crossing the island by pedal power we take another short ferry to Kyrklandet Island and cycle to Korpo Village. After exploring this popular holiday spot for Finns on foot we continue by bike on to Korpostrom harbour from where we meet the bus to drive 2 hours to Turku.

Our total cycling distance today is approximately 45 kilometres (total 190 metres ascent, 170 metres descent).

DAY 5 - Turku city tour. Cycle the Turku Islands of Livonsaari and Otava

After breakfast we will explore Turku city - Finland’s oldest city and the first capital of the whole country. The town is located on the River Aura and the main places of interest can be found on the riverfront. Our walking tour includes seeing the Cathedral and Turku Castle, which are two one of the oldest buildings that is still in use in Finland. Later this morning we drive to Livonsaari Island and start today’s ride from the village of Teersalo. Continue along to Otava Island via Marimasku, Hellemaa and Luonnonmaa Islands and we finish in the summer resort Naantali with its beautiful wooden harbour. Here we have time to explore one of the oldest towns in Finland before our drive back to Turku. There is the possibility to continue cycling individually to Turku (17 km).

Our total cycling distance today is approximately 29 kilometres (total 145 metres ascent, 155 metres descent).

Accommodation: Cumulus Turku (or similar)
We say goodbye to Turku this morning and drive south to the idyllic seaside town of Tammisaari with its well-preserved section of old wooden houses from the 18th and 19th centuries. Tammisaari has also a fine beach and visitor’s marina. We begin our ride here and the route follows the seaside landscapes towards the summer town of Hanko. Once we reach our goal we can explore the old town and wooden villas of Hanko then walk a trail to the southernmost point of Finland (3 km each way). Later this afternoon we drive back to Helsinki (2 hours) for our final evening.

Our total cycling distance today is approximately 45 kilometres.

Accommodation: Scandic Kallio Hotel (or similar)

Meals Provided: Breakfast

DAY 7 - Trip ends Helsinki

The trip ends in Helsinki this morning after breakfast.

Meals Provided: Breakfast

Cycling information
General cycling information

On this tour we cycle 189 km over five days (an average of 37.8 km per day). We travel mainly on quiet countryside roads (asphalt road) and cycle paths. Maps and route notes are provided so you can choose to cycle individually or in groups. The terrain is generally flat with slight undulations. We have graded the route as easy.

Bike included

8 gear Kalkhoff Voyager hybrid bike with front suspension.

Bike information

Your included bike is an 8 gear Kalkhoff Voyager hybrid bike with front suspension and will be the correct frame size for your height. A water bottle holder and rear pannier is included as well as the facility to fit your own saddle (male frame stem size 27.2 mm, female frame stem size 30.5 mm). It is NOT possible to fit your own pedals to the bike. A support vehicle accompanies the rides throughout the tour. We provide spare parts and take care of the day to day maintenance. All you need to bring is your own helmet.

Cycling grade

Easy

Why book this trip

Unlike many other operators, we include the hire of your bike in the overall cost of the holiday: you don’t need to bring your own or pay extra to hire one locally. We also provide a support vehicle, spare parts and take care of day to day bike maintenance. All you need bring is your own helmet.

What's included?

- **Included meals**
  - Breakfast: 6

- **Transport**
  - Bus
  - Bicycle
  - Boat

- **Trip staff**
  - Explore Tour Leader / Cycle guide
  - Driver(s)

- **Accommodation**
  - 6 nights standard hotel
Finland

Climate
Finland’s summer is generally warm and bright, with temperatures often reaching mid-20s. The days are long during the summer months of June and July as Finland is home to the Midnight Sun. The winter is often snowy and very cold with short days. Temperatures can drop well below freezing sometimes getting as low as -20.

Time difference to GMT
+2

Plugs
2 Pin Round

Religion
Evangelical Lutheran

Language
Finnish

Budgeting and packing

Clothing
When cycling: quick drying cycle tops, padded cycle shorts/trousers, wind and water proof jacket and warmer breathable layers where local conditions require.

General: The weather can be quite variable and it can even get close to zero in summer if a cold Nordic sea wind prevails. Pack layers of clothes for wear during the day plus warm clothes for colder nights.

Footwear
If you are not bringing cycle shoes then try to bring stiff-soled shoes as these are better for cycling - transmitting your energy into the pedals more efficiently. This becomes more relevant and recommended the more demanding the grade and distances to cover.

SPD cycle shoes are not well suited to tours that combine sightseeing with cycling.

Comfortable shoes, trainers, sandals or flip flops are useful when not on the bike.

Luggage
20kg

Luggage: On tour
We recommend you bring a daypack and one main piece of luggage (total allowance: 44lb/20kg) which will be transported between hotels while you cycle. Check the bike details section to see if a pannier or handlebar bag is provided on the bike.

Equipment
On all Explore cycle holidays we strongly recommend you bring along and wear your cycle helmet. In case of an accident resulting in personal injury, certain insurance policies are invalidated in cases where a helmet was not being worn. Cycle glasses to protect against dust, pollen and the sun, padded cycle gloves and a water bottle or water delivery system (e.g. camelback or platypus) are also useful. You may choose to bring your own gel seat cover for added comfort. If a handle bar bag or pannier is not provided (check bike details) then you may like to bring a small rucksack to wear while cycling. Other items to consider bringing are a sunhat and sun cream, torch, earplugs and insect repellent. Please carry some or all of your cycling equipment e.g. helmet as part of your hand luggage.

Tipping
Explore leader
At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

Local crew
Although entirely voluntary, tipping is a recognized part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. In order to make things easier for you, the Tour Leaders may organise a group’s tips kitty and if this is the case, they will account for it throughout the tour.

Country Information

**Finland**

**Food and drink**

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

- **Lunch price**
  - £10
- **Dinner price**
  - £20
- **Beer price**
  - £6
- **Water price**
  - £1.3

**Foreign Exchange**

- **Local currency**
  - Euro.
- **Recommended Currency For Exchange**
  - We recommend that you take Euro cash with you to Finland as on this tour there is little opportunity to change money.

**Credit Card Acceptance**

- Hotels do accept credit cards.

**Travellers Cheques**

- We do not recommend that you use travellers cheques as they can be difficult to exchange.

**Transport Information**

- Bus, Bicycle, Boat

**Accommodation notes**

**Booking a Single Room**

- All of our group tours are planned and operated on a twin-share basis, meaning that the standard cost is based either on individual travellers sharing accommodation with another group member of the same sex, or people who book together sharing accommodation. Please refer to the tour notes where the single room option availability is detailed on a night by night basis for this tour, and the price for the available nights is detailed on the dates & prices tab by departure date. For Self-Guided trips the Single Room supplement offers the option of a single room each and is charged per person. The Single Room supplement also applies to the third person in a party of three that will be accommodated in a single room.

- **Standard** - Our mid-range accommodation offers a good level of service often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en-suite facilities.
FCO Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here.

Under 18 immigration guidance
Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

Price Guarantee

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information.

Booking Conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

Transfers

Find out more about Trip Transfer Terms and Conditions before you book.

Booking a land only package with Explore
Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

Joining Tour Abroad
Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance...
cover is not mandatory for UK residents who are travelling on trips within the United Kingdom. Read more information about what travel insurance is required.

**Flight information**

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

**Flight Information**

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

**Booking a flight inclusive package with Explore**

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

**Finland**

**Vaccinations**

Nothing compulsory though we recommend protection against tetanus and polio. Tick-borne encephalitis is recommended by some medical sources if travelling in certain areas of Europe, at specific times of the year. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.