

EXPLORE!



Cycle Romania

ROMANIA - TRIP CODE CRT

CYCLING

Why book this trip?

Cycle through the heart of the Transylvanian Alps, exploring beautiful countryside, medieval towns, imposing castles and the Libearty Bear Sanctuary.

- **Bran and Peles Castles** - Atmospheric medieval and neo-renaissance castles
- **Sighisoara** - Discover this beautiful UNESCO listed medieval town
- **Bucharest** - Stay in Romania's capital city, known in the 1930's as the Paris of the East.





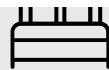
INCLUDED MEALS
Breakfast: 7
Dinner: 2



TRIP STAFF
Explore Tour
Leader / Cycle
guide
Driver(s)



TRANSPORT
Bus
Bicycle



ACCOMMODATION
2 nights
comfortable
guesthouse
5 nights
comfortable hotel



CYCLING GRADE:
Moderate



GROUP SIZE:
10 - 16

Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

DAY 1 - Trip starts Bucharest airport, drive to Moieciu

On arrival to Bucharest airport we drive to our guesthouse in Moieciu (3 hour drive). We will stop for an evening meal and an opportunity to change money on our way.



ACCOMMODATION:
Casa Zada Guest House (or similar)



Grade: Comfortable Guesthouse



SINGLE ROOM AVAILABLE



MEALS PROVIDED: NONE

DAY 2 - Bran castle and Libearty Bear Reservation, cycle to Piatra Craiului National Park

Today starts with a short drive to Bran for our included visit to the castle (known as Dracula's Castle). Perched on a crag in a valley between two high mountain ranges, the castle controlled an international trade route, but it is now a rural backwater. We then leave Bran and after a short drive arrive for our included visit to the Bear Sanctuary, which was created to rescue bears found suffering throughout Romania where they had been pets or attractions for restaurants and petrol stations. The bears now live in 160 acres of oak and hazel forest which is run by the Millions of Friends Organisation. Our visit helps fund the upkeep of the sanctuary and you get to view these magnificent creatures in a natural setting.

After our visit, we have lunch and then familiarise ourselves with our bikes and begin cycling at the foot of the Piatra Craiului National Park. We cycle along a beautiful forest valley passing Piatra Craiului. Then we cycle mainly downhill with spectacular views of the Transylvanian Alps to Bucium.

Your total cycling distance today is approximately 41km, with approximately 141 metres total ascent and 248 metres descent.



ACCOMMODATION:

Casa Moga Bucium (or similar)



Grade: Comfortable Guesthouse



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST & DINNER

DAY 3 - Visit the Sambata Monastery, cycle via Arpasu to Albota

Today we continue cycling with good views of the Fagaras Mountains - the longest, highest ridge of the Carpathian Mountain range. Stopping for our picnic, we may visit the ancient water barrel whirlpools, traditionally used for felting cloth and washing large fabrics. In the afternoon we will have an included visit to the Romanian Orthodox Sambata Monastery, dedicated to the Domitian of the Virgin Mary. Continuing along the valley, we pass through Arpasu to our final destination in Albota set by the water at the foot of the mountains.

Your total cycling distance today is approximately 53km, with approximately 338 metres total ascent and 150 metres descent.



ACCOMMODATION:

Hotel Albota (or similar)



Grade: Comfortable Hotel



SINGLE ROOM AVAILABLE



DAY 4 - Cycle the Olt River Valley to Talmaciu, drive to Sibiu

Departing Albota on our bikes, we cross the plain to join the riverside, and then use gravel tracks to follow the water course. Passing villages, dams and herds of water buffalo, we arrive in Avrig to visit the 18th century Orangerie and the park of the summer residence of the former governor of Transylvania, Samuel Von Brukenthal. Today's ride ends in Talmaciu, we then drive by bus (30 minutes) to the city of Sibiu for a walking tour that takes in the 15th century city walls and bastion fortifications. Sibiu is known as the red city due to its brick construction and is the most fortified town in the Principality of Transylvania. We then check into our accommodation.

Your total cycling distance today is approximately 55km, with approximately 120 metres total ascent and 160 metres descent.



ACCOMMODATION:
Hotel Roberts (or similar)



Grade: Comfortable Hotel



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 5 - Drive to Carta, ride via Agnita to Dealu Frumos

After a short drive this morning, we arrive in Carta, an area in which time seems to have stood still. The farmers here still use traditional methods including scythes and sickles to farm their land and horse drawn wagons to move their hay. Here we visit the ancient church and ruins of an old Cistercian Abbey. Passing local villages with a few rest stops, we then cycle into the Hartibaciu Valley. Passing through Agnita, where the fortified church still hides a few secrets from its shady past, there is a final hill climb to arrive at our accommodation for the night in Dealu Frumos.

Your total cycling distance today is approximately 38km, with approximately 385 metres total ascent and 220 metres descent.



ACCOMMODATION:
Pensiunea Elisabeta (or similar)



Grade: Comfortable Hotel



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST & DINNER

DAY 6 - Cycle to UNESCO listed Sighisoara

For our final day on the bikes we have the option to ride as much or as little as you like. Cycling firstly to Biertan, we stop at the 15th century fortified church- a World Heritage Site. there is time for an optional guided visit and lunch before continuing on the final section of our ride to the destination of Sighisoara. On arrival, leaving the bike behind, there is free time to allow exploration of the town on foot, which is also a UNESCO World Heritage Site. The rest of the afternoon and evening is free to explore. Don't miss the old town fortifications, the Church on the Hill, covered stairs and the clock tower.

Your total cycling distance today is approximately 37 - 74km depending on which option you chose, with approximately 450 metres total ascent if you 74km.



ACCOMMODATION:
Hotel Vila Franca (or similar)



Grade: Comfortable Hotel



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 7 - Visit Peles Castle, drive to Bucharest

Today we drive Bucharest (290km); it will take about 6 hours but we will make plenty of stops. One of these stops will be to see the wonderful Peles Castle. Built for the Hohenzollern monarch Carol I, Peles resembles a Bavarian chateau and is richly decorated with stained glass, Persian carpets, Renaissance weapons, ebony and mother of pearl. Our journey ends in Bucharest, Romania's largest city and the capital since 1832. Bucharest became run down in the communist days, but thanks to a period of urban renewal and modernisation, it's now a bustling city at the centre of Romanian culture, art and media. We spend our last night in Romania here and look back on the great week of cycling in Transylvania before heading home in the morning.





ACCOMMODATION:
Hotel Minerva (or similar)



Grade: Comfortable Hotel



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 8 - Trip ends Bucharest

After breakfast, the organised part of your holiday comes to an end.



MEALS PROVIDED: BREAKFAST

Trip information

Country information

Romania

Climate

Romania's climate is continental, temperatures being strongly influenced by the physical features of the Carpathians. Temperatures will fall from highs of 18°C (by day) to lows of 6°C (at night) in October; by January they will hover around freezing during the day and go down to -10°C at night. They will then rise to reach October temperatures again by April. Temperatures will generally be lower in the mountains than in Bucharest. Snowfall may occur at any time.

Time difference to GMT	Plugs	Religion	Language
+2	2 Pin Round	Eastern Orthodox	Romanian

Budgeting and packing

Clothing

We recommend you bring padded cycle shorts and quick drying cycle shirts for the daily cycling. Soaked cotton clothes tend not to dry while cycling. Cycling gloves are strongly recommended as they will protect you from sunburn and may also help protect your hands if you fall. A jumper or fleece is also advisable for the evenings as temperatures can drop sharply. A raincoat is advisable for early spring as there may be sporadic rain showers.

Footwear

If you are not bringing cycle shoes then try to bring stiff-soled shoes as these are better for cycling - transmitting your energy into the pedals more efficiently. This becomes more relevant and recommended the more demanding the grade and distances to cover. SPD cycle shoes are not well suited to trips that combine sightseeing with cycling.

Comfortable shoes, trainers, sandals or flip flops are useful when not on the bike.

Luggage

20kg

Equipment

On all Explore cycle holidays we strongly recommend you bring along and wear your cycle helmet. It is a legal requirement in Romania to wear a helmet that meets current safety criteria. In case of an accident resulting in personal injury, certain insurance policies are invalidated in cases where a helmet was not being worn. Cycle glasses to protect against dust, pollen and the sun, padded cycle gloves and a water bottle or water delivery system (e.g. camelback or platypus) are also useful. You may choose to bring your own gel seat cover for added comfort. If a handle bar bag or pannier is not provided (check bike details) then you may like to bring a small rucksack to wear while cycling. Other items to consider bringing are a sunhat and sun cream, torch, earplugs and insect repellent. Please carry some or all of your cycling equipment e.g. helmet as part of your hand luggage.

Tipping

Explore leader

At your discretion you might also consider tipping your Explore Leader in appreciation of the efficiency and service you receive.

Local crew

Although entirely voluntary, tipping is a recognized part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. In order to make things easier for you, the Explore Leader may organise a group's tips kitty and if this is the case, they will account for it throughout the trip. Accordingly you should allow at least GBP 20 for tipping local crew.

Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price	Dinner price	Beer price	Water price
£8	£10	£1	£0.7

Foreign Exchange

Local currency

Romanian Leu.

Recommended Currency For Exchange

Sterling Pounds, US Dollars and Euros cash can all be exchanged for local currency. Old style £10 and £20 notes are not accepted.

Where To Exchange

Please note that the exchange rates at the airport on arrival are particularly low.

ATM Availability

In most towns, your tour leader will advise you.

Credit Card Acceptance

Major stores and restaurants only.

Travellers Cheques

It is not possible to exchange Travellers Cheques on the tour.

Transport, Accommodation & Meals

Transport Information

Bus, Bicycle

Accommodation notes

Comfortable - Our mid-range accommodation offers a good level of service often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en-suite facilities.

Essential Information

FCO Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice [click here](#).

For more information from Explore about travel advice, [click here](#)

Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

Price Guarantee

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. [Booking Conditions](#)

Visa and Passport Information

Romania: Visas are not required by UK, EU nationalities, Australian, New Zealand, US and Canadian citizens. Other nationalities should consult their local embassy or consular office.

If you do require assistance in obtaining a visa then you may be able to apply through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

Booking conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

Transfers

[Find out more about Trip Transfer Terms and Conditions before you book.](#)

Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer [click here](#)

Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them [here](#).

Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

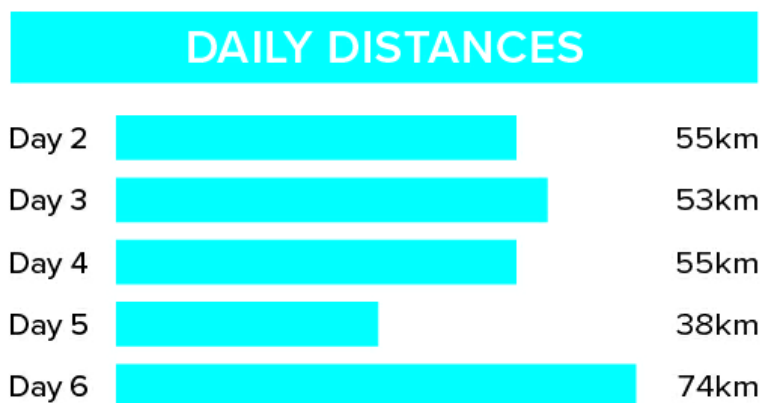
Romania

Vaccinations

Nothing compulsory, although we recommend vaccination against tetanus, hepatitis A, typhoid and polio. Tick-borne encephalitis is recommended by some medical sources if travelling in certain areas of Eastern Europe, at specific times of the year. The Foreign Office currently recommend considerations of vaccination against rabies if travelling in rural areas of Romania. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and

NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

Cycling information



CRT 2019

General cycling information

On this tour we cycle 261km over five days (an average of 52km per day). We generally cycle on quiet country roads with little or no traffic. 10% of the route is on gravel paths. Day 4 is more or less flat but all other days have at least one hill. We have graded the route as moderate.

Bike included

21 gear Merida or B'TWIN mountain bike

Bike information

Your included bike will be a 21 gear Merida or B'TWIN mountain bike with front suspension and will be the correct frame size for your height. A water bottle holder and 2.5litre handlebar bag is included as well as the facility to fit your own pedals or saddle if you wish to bring them. The support vehicle is available throughout the rides. We provide spare parts and take care of the day to day maintenance. All you need to bring is your own helmet.

Electric bikes are available for an additional cost. Please contact us for more details or to request an e-bike.

Cycling grade

Moderate

Additional Information



CRT 2019



**AWARD WINNING
EXPLORE LEADERS**



**PRICE GUARANTEE
PROMISE**



**AIRPORT
TRANSFERS**