# **EXPLORE!**



## Why book this trip?

Combine the Enchanted Isles of the Galapagos with Ecuador where we explore the 'Avenue of the Volcanoes', ride on the 'Devil's Nose' railway, visit the colonial city of Quito and barter for goods at the colourful market in Otavalo. For wildlife enthusiasts experience the wonders of the Galapagos from Giant Tortoises to sea lion.

- Quito Discover Ecuador's colonial Andean capital and World Heritage Site
- Volcanoes Picturesque drives through the 'Avenue of the Volcanoes'
- Amazon Stay in a rainforest lodge in Amazonia, canoe the network of rivers and waterways in earch of toucans, parrots and monkey



MEALS
Breakfast: 13
Lunch: 7
Dinner: 3



TRIP STAFF
Explore Tour
Leader
Driver(s)
Local Guide(s)
Naturalist(s)



Bus
Boat
Flight
On Foot



ACCOMMODATION
1 nights standard
hostel
7 nights standard
hotel
5 nights standard
lodge



**TRIP PACE:** Moderate



**GROUP SIZE:** 10 - 16

## **Itinerary**

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

#### DAY 1 - Join tour in Quito and drive to Otavalo

Arrive Quito and drive for a few hours to Otavalo which is one of South America's most important areas for cultural artefacts where we check-in at hotel.

Please note; there are two transfers that can be offered today, one in the late morning and the other in the late evening to allow this service to be offered on most flight arrival times.



ACCOMMODATION: Hostal Riviera Sucre (or similar)

**Grade: Standard Hotel** 



MEALS PROVIDED: NONE

### DAY 2 - Otavalo Market, Cuicocha lake and visit to Peguche, famed for its weaving

This morning we explore the small market town of Otavalo. The town is one of South America's most important areas for ethno-tourism and its regular markets attract traders and artisans from as far away as Peru and Bolivia. The Otavalenos are an incredibly dignified and assured people, proudly displaying their cultural traditions and ancient heritage for all to see. The market is a rich confusion of goods and styles from right across the region, with jewellery, rugs, woven linen bags, woodcarvings and leather

goods on display. Add to that the visual majesty of the setting and the colourful costumes of the protagonists and you have a truly remarkable cultural experience.

This afternoon we take a drive out to the tranquil setting of Cuicocha, a turquoise crater-lake located at 3100m and approached though a wonderful landscape of alpine vegetation. Located in the Western Cordillera, at the foot of Cotocachi, this now dormant volcanic caldera is a prime spot to find the 'King of the Andes', wide-winged condors that soar high above the valleys in graceful flight. There may be the option to go for a walk along a segment of the trail that goes around the lake (1.5 hours).

Our final stop enroute back to Otavalo is Peguche, famed for its weaving. Following the Pan Americana Highway (which was planned to run from Alaska to the southernmost tip of South America) we head north towards the indigenous village of Peguche which is famed for its local families who play traditional Andean music using self-made panpipes. We will also stop and visit one of the musician's families.



ACCOMMODATION: Hostal Riviera Sucre (or similar)

**Grade: Standard Hotel** 



MEALS PROVIDED: BREAKFAST & LUNCH

#### **DAY 3 - Tour of Quito's highlights**

We visit the Equator line, stopping off at the 'Middle of the World' to visit the interesting Solar Museum at Inti Nan. The wonderfully entertaining museum includes scientific experiments such as the effects of spiralling water in different hemispheres and the balancing of eggs on nails. We then travel back to the capital in the afternoon where we include a walking tour of Quito which is the second highest capital city in Latin America and perched high in the Andes at 9,350 feet. One of South America's most beautiful cities, Quito lies in a narrow valley at the foot of Pichincha volcano and is surrounded by extinct volcanoes. The fascinating UNESCO Heritage Site of the Old Town, with its rich blend of colonial architecture, imposing churches and bustling local markets, makes for a stunning introduction to Ecuador. We visit some of the main sights, including the Plaza de la Independencia, the cultural heart of the colonial city, and La Compania church with its magnificent gilded altars, walls and ceilings.



ACCOMMODATION: Hotel Plaza Sucre (or similar)

**Grade: Standard Hotel** 



MEALS PROVIDED: BREAKFAST

#### DAY 4 - Visit Cotopaxi and Machachi via the Avenue of the Volcanoes

Our journey today takes us south through some of the most impressive mountain scenery in the entire country and into the landscapes so aptly described as the 'Avenue of the Volcanoes'. En route to Machachi, we drive into the spectacular Cotopaxi National Park where we shall see one of the world's highest active volcanoes. Cotopaxi is Ecuador's second highest mountain and has a classic volcanic cone that rises to an imposing 5,897m from the valley floor below (higher than Everest Base Camp!). Please note that we may not be able to visit the Cotopaxi National Park if the level of alert changes from green based upon a danger of an erruption. If this is the case, we would make alternative arrangements.

There is the option to try out the canopy experience - a transportation system of harnesses and pulleys that was once used by scientists and allows you into close contact with this amazing ecosystem from a very unusual angle.



ACCOMMODATION: Hosteria Pampa Llacta (or similar)

**Grade: Standard Hotel** 



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

#### DAY 5 - Drive to Amazonia, our base for the next two nights

This morning we drive to Misahualli and the Amazon Region along the same route taken by the Spanish conquistador, Francisco de Orellana, who in 1542 crossed a pass in the Andes mountains before dropping down to the Amazon basin. The rainforest lodge that we stay in is an ideal place to experience the local wildlife and has a whirlpool to relax in after the days events. After lunch at the lodge, head out for a walk with a native guide who will explain the typical plants of this area and their daily use. During the hike we will pass through a labyrinth of high rocks with caves and rich vegetation.



ACCOMMODATION:

Jardin Aleman (or similar)

**Grade: Standard Lodge** 



SWIMMING POOL AVAILABLE



#### DAY 6 - Explore Amazonia by canoe searching for wildlife

After breakfast depart the lodge for a canoe trip on the Misahualli and Napo River to the protected forest of Misicocha where we go for a walk in the forest. Admire the extraordinary flora and the exotic sounds of the primary rainforest. If we are lucky, we might see toucans, parrots and small monkeys. Our local guide will explain the flora and fauna of the Amazon Region including plants that are the basis for many medicines. Returning to the canoe following the river upstream, visit the Indian village of Muyuna and find out how to prepare 'chicha', a fermented yuca drink. Finally, we continue our canoe ride to visit a local witch-doctor. Learn about the medicinal plants, see a cleaning ceremony and experience the blow pipe, a traditional form of hunting. Return to the lodge by canoe.



ACCOMMODATION:

Jardin Aleman (or similar)

**Grade: Standard Lodge** 



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

#### DAY 7 - Travel the waterfall route to Banos, the gateway to the central highlands

Crossing from the Amazon Jungle to the Highlands we will drive through the 'Avenue of Waterfalls'. We'll stop to visit the Pailon del Diablo waterfall (the Devil's Cauldron), considered by many to be the most beautiful in the area. If the weather is clear, Tungurahua presents a stunning backdrop to the scene and allows for the opportunity to look down onto the whirlpool of foaming water below.

Continue onto Banos, located in the central highlands and surrounded by waterfalls, thermal springs, deep gorges and volcanoes. The setting is spectacular, spend the afternoon relaxing in the hotel, hire a mountain bike to explore many of the off road trails for a couple of hours or take an optional horseback ride in the surrounding countryside.



ACCOMMODATION:
Hostal Posada J Banos (or similar)

**Grade: Standard Hostel** 



## DAY 8 - Travel on the 'Devil's Nose' Train to Alausi before continuing to Guayaquil on the Pacific coast

Leaving early this morning we take the bus to Alausi and then the train on to Sibambe, which is inaccessible by road. The train is basically like a bus body mounted on rail wheels - this is currently the only way of travelling on the 'Devil's Nose' route and is a triumph of engineering. From Alausi, the track drops 800m down a ridge and into the gorge of the Río Chanchan. This almost sheer descent, known as the 'Devil's Nose', was achieved by building a series of switch backs, making it one of the most exciting train rides in the world. The train returns to Alausi where we re-join our bus and travel in the afternoon on to Guayaquil. The largest city in Ecuador and its principal port, Guayaquil is a bustling and lively city where you can wander through the old district of Las Penas, an area of cobbled streets, painted houses and cafes where you can sit and watch the world go by.



ACCOMMODATION: Unipark Hotel (or similar)

**Grade: Standard Hotel** 



**MEALS PROVIDED: BREAKFAST** 

#### DAY 9 - Fly to the Galapagos. Stay at Puerto Ayora on Santa Cruz Island

Today we fly to the Galapagos island of Santa Cruz, our gateway to the wonders of the Galapagos, an isolated chain of volcanic islands supporting a distinct and unique flora and fauna, including prehistoric creatures found nowhere else on earth. There are also several species of turtle, which come ashore to mate as well as up to three quarters of a million seabirds that flock to the islands, including blue footed boobies, frigate birds, pelicans, cormorants, albatross and petrels. Most out of place of all the animals on the equator though is perhaps the penguin. Only 35cm tall, the Galapagos penguin can be seen swimming among tropical mangroves, whilst offshore it is common to see dolphins, sea lions and fur seals playing in the water. With our hotel base on the highlands, we travel through this area where we stop at Los Gemelos (The Twins), which are two pit craters of empty magma chambers that have collapsed in on themselves due to the weight of the overlying rocks. We also visit a ranch which is home to some Giant Tortoises that roam around the area before heading down to Puerto Ayora harbour where we have time to relax, have lunch and explore the town.



ACCOMMODATION:
Casa Natura Galapagos Lodge (or similar)

## **Grade: Standard Lodge**



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST & LUNCH

#### DAY 10 - Full day excursion to Bartolome Island

The plan for today is to take a full day boat from Santa Cruz to Bartolome Island, one of the most beautiful and photographed landscapes of the Galapagos with great snorkelling opportunities. Just off shore you can often witness Sea Lions riding the crashing waves all the way into shore. We will take a stroll on the island in search of Galapagos penguins, marine turtles swimming in shallow waters and flocks of herons and other endemic bird species.

With a total land area of just 1.2 square kilometres, Bartolome Island is small enough to explore in one day and offers spectacular landscapes of orange, black and red volcanic formations including the dramatic Pinnacle Rock.



ACCOMMODATION: Hostel Gran Tintorera (or similar)

**Grade: Standard Hotel** 



MEALS PROVIDED: BREAKFAST & LUNCH

## DAY 11 - Speedboat to Isabela Island with a visit to the Wetlands and Tortoise Breeding Centre

This morning we leave Santa Cruz and journey west by speedboat, crossing the open waters to nearby Isabela Island where we will spend the night. The largest of the Galapagos Islands, Isabela is formed from five volcanoes, of which two are still active. An idyllic paradise of white sand beaches and swaying palms, it is home to the second largest caldera on earth and the highest point in the archipelago. We base ourselves in the small town of Puerto Villamil on the southern coast.

On arrival we intend to visit the Arnaldo Tupiza breeding centre, approximately a 1.5km walk from Puerto Villamil. The walk itself is a nature experience through the wetlands, where you may see heron, flamingos and many other bird species as well as iguanas, lizards, crabs and other creatures. Once in the centre you will learn an impressive amount about the background of the famous Galapagos turtle, and the centre's aims to restore their numbers and release them back onto the islands.



ACCOMMODATION:

Casa Natura Galapagos Lodge (or similar)

**Grade: Standard Lodge** 



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST & LUNCH

# DAY 12 - Walking and snorkelling excursion before taking the speedboat back to Santa Cruz, visit the Charles Darwin Station

This morning we take a small boat to the nearby Tintoreras Islands - these are formed from the lava flows from volcanoes and are fantastic for viewing wildlife. As we walk around we may see a vast array of bird life and an abundance of famous marine iguanas (only found in the Galapagos) whilst in the water, giant turtles, Galapagos penguins and sea lions may be swimming around. We snorkel around the area giving a great opportunity to view the wildlife up close (snorkelling equipment is provided). An asset to the incredible diversity and unique qualities of the wildlife on these islands is their complete acceptance of our presence, making it possible to view birds, reptiles and mammals from as close as a few feet away. We may also have the chance to visit a tortoise breeding centre before taking the boat back to Puerto Ayora on Santa Cruz Island.

On arrival head directly to visit the nearby Charles Darwin Research Station which has been responsible for conservation projects within the islands since 1959 (the centenary of the publication of Origin of the Species). During our time here we can learn more about the unique collection of animal and plant life that resides here.



ACCOMMODATION:

Casa Natura Galapagos Lodge (or similar)

**Grade: Standard Lodge** 



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

### DAY 13 - Bus and ferry back to Baltra Island and fly to Guayaquil

We travel across the roof of the island by bus back to Itabaca Channel and catch the ferry to Baltra Island. We leave the Galapagos behind and fly back to Guayaquil where we stay overnight.



ACCOMMODATION: Unipark Hotel (or similar)

**Grade: Standard Hotel** 



**MEALS PROVIDED: BREAKFAST** 

### **DAY 14 - Free day in Guayaquil**

The day is free in Guayaquil with a number of options to chose from, please refer to the optional excursions section of the trip notes for full details. Transfer to the airport where the tour ends.



**MEALS PROVIDED: BREAKFAST** 

## **Trip information**

**Country information** 

**Ecuador** 

#### Climate

Temperature ranges are similar all year round. In the highlands: the dry season lasts from June to mid-September. November and December are partially dry. The rainy months are October and from January to May, but showers are short and mostly in the afternoons. Temperatures range from 12°C to 24°C. Nights are cold at altitude (4°C - 10°C). The Coastal Region: from December to May it is hot and wet. From June to November it is generally cool and misty with sudden light showers. Temperatures range from 16°C to 32°C. The Amazon Area: it is humid all year round. Temperatures range from 16°C to 32°C. From April to August the rainfall is heavier. The Galapagos: On the Galapagos, the hot season is January to April with largely sunny days and the possibility of heavy showers; the cool season runs from May to December and is generally more cloudy with much cooler seas. Please note that although it is windier from July to November the sea can be rough at any time of the year. On the mainland the dry season lasts from June to October, though September can be wet.

Time difference to GMT	Plugs	Religion	Language
-5	2 Pin Flat	Roman Catholic	Spanish

#### **Budgeting and packing**

## **Optional activities**

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations. Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

A selection of optional activities are listed below to help you budget for your Family adventure. Whilst the basic tour price you pay before you travel includes a great selection of highlights, we have also built in free time to allow you the flexibility to choose from a carefully selected range of additional excursions and activities or take time to relax, the choice is yours. At certain destinations along the way there may be several options to choose from and it may not be possible to fit all the activities in; your Explore Leader will be able to give advice on which are the most suitable for your family.

#### Cotopaxi National Park:

Day 4: High ropes experience - USD \$23 per adult, USD \$19 per child. Minimum 2 people. Please note that bookings are required 24 hours in advance and many of the guides are Spanish speaking only. Day 4: Mountain Biking USD \$30 per person for 2 hours; Horseback riding US\$29 per person 1-2 hours

#### Banos:

Day 7: Mountain Bike Hire US\$40 per person for 4-5 hours

## Guayaquil:

Day 14: City tour USD \$49 per person for a minimum of 2 passengers. Please note that bookings are required 24 hours in advance

Day 14: Ecuadorian cocoa plantation. Get picked up from our hotel and transferred to a local cocoa farm. See the nursery of cocoa trees and established cocoa plantation and end up making chocolate from the scratch. USD 145 per person for a minimum of 2 passengers.

Day 14: Bird Island tour. Full-day trip starting with a hotel pick up in Guayaquil and taking you to visit

the Manglares Isla de los Pajaros (Bird Island) famed for its prolific variety migratory birds. USD \$179 per person for a minimum of 2 passengers.

## **Clothing**

Daytime clothing should be lightweight and loose fitting, but warmer clothing is needed at altitude and at sea, particularly at night, so bring something to wrap up in, including a pair of gloves, hat and scarf. Long-sleeved lightweight clothes are useful for protection against sunburn. Bring a swimsuit, sunhat and a thick sweater or fleece. Lightweight waterproofs are essential.

#### **Footwear**

Comfortable walking boots or shoes and trainers or sandals with a good grip. Plastic sandals (not flip flops) are useful for wet landings.

## Luggage

20kg

## Luggage: On tour

One main piece of luggage and a daypack. Please note, you will need an overnight bag for the two nights on Isabella Island as your main luggage will be stored in your hotel in Santa Cruz.

## **Equipment**

A torch, water bottle, sunglasses, insect repellent, high factor sunscreen, beach towel, waterproof bag for camera, and motion sickness tablets/patches for the boat. Snorkel equipment is available for rent, but you may wish to take your own if you're a keen snorkeler. Costs of rental is approx US\$10 for mask, snorkel and fins.

## **Tipping**

#### Explore leader

Tipping isn't compulsory, and we work hard to ensure that our leaders all receive a fair wage. However, you might want to recognise a leader that's done a great job or really added to your trip by giving them a tip. We're often asked about the recommended amount. It's a tricky one, and down to personal preference, but we'd recommend between £15 to £20 per person per week as a guideline

#### Local crew

In this region, tipping is a recognised part of life across the service industry. Local staff will look to members of the group for personal recognition of particular services provided.

To assist with this your Explore Leader may organise a group tips kitty for included activities and meals, they will then account for kitty use throughout the tour.

For this we suggest US\$80 per family member.

For all non-included services and meals on your trip please tip independently at your discretion.

#### Local fees

The Galapagos Authorities have introduced the Galapagos Transit Control Card, which each person visiting the Galapagos must have. It costs \$20 and it will be payable before entrance is permitted. Please also note that there is an entrance fee to the Galapagos of US\$100 per person which must be paid individually on arrival in the Galapagos. There is an additional entry fee of US\$10 per person to visit Isabela Island. All these local fees to visit Galapagos are subject to change.

#### **Ecuador**

#### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price	Dinner price	Beer price	Water price
£10	£13	£1.7	£1.3

#### Foreign Exchange

#### Local currency

US Dollar.

## **Recommended Currency For Exchange**

US Dollars are used in Ecuador. You can choose to either change your money in advance or on arrival at the airport. Here you will find both ATMs and Bureau de Change. The exchange rate with the USD is approximately USD 1.28 to the British Pound. We recommend you take small denominations as 100US\$ bills are very difficult to use. Please check on line for up to date information

#### Where To Exchange

Your Tour Leader will advise you on arrival.

#### **ATM Availability**

ATMs can be found in the major towns and cities for cash withdrawals in USD. Always have some cash back up as they are not always reliable

#### **Credit Card Acceptance**

Credit card are widely accepted in many shops and restaurants but some may be subject to a service charge

#### **Travellers Cheques**

We do not recommend Travellers Cheques

#### **Transport, Accommodation & Meals**

## **Transport Information**

Bus, Boat, Flight, On Foot

#### **Essential Information**

#### **FCO Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

#### **Price Guarantee**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. Booking Conditions

## **Visa and Passport Information**

Ecuador: Visas are not required by UK, Australian, New Zealand, US and Canadian citizens. In order for your visa to be granted on arrival, you will be required to show proof of travel insurance valid for the duration of your trip. Please also ensure your passport is stamped with the T3 permit (for 30 or 90 days) on arrival in Ecuador. Other nationalities should consult the relevant consulate. Your passport should be valid for a minimum period of 6 months from the date of entry; this is a strict legal requirement from the Ecuadorean government. Without this minimum validity entry to the country will be denied.

Galapagos Islands: Visas are not required by UK, Australian, New Zealand, US and Canadian citizens. Other nationalities should consult the relevant consulate.

USA: (including those in transit) Citizens of the UK, New Zealand, Australia, Canada and passport holders from several EU countries can enter the United States without a visa under the Visa Waiver Program (VWP) - where you apply for an ESTA (Electronic System for Travel Authorisation), which applies if you enter the country by sea or by air. This must be done on line - https://esta.cbp.dhs.gov no later than 72 hours prior to travel. Travellers who have not registered before their trip are likely be refused boarding.

You must have an electronic passport with a digital chip containing biometric information about the passport owner. UK passports which are biometric feature a small gold symbol (camera) at the bottom of the front cover.

If you have visited Iraq, Syria, Iran or Sudan since 2011 or are dual nationals of these countries, you cannot travel with an ESTA and instead you will need to apply for a visa from the nearest US Embassy or Consulate. If you are unable to provide a valid visa before boarding flights to the US, or entering via another method, you may not be permitted to travel.

Please note for your ESTA application you will be required to supply Point of Contact information. Explore's USA contact information will be listed on your final documentation which you will receive approximately 3-4 weeks before departure. If you are leaving for the USA before this, please call the Explore team to get this information.(Not necessary if in transit)

For further information please check out the US embassy website. Visa applications - http://london.usembassy.gov/niv/apply.html

Canada: An electronic travel authorisation (ETA) is required by British citizens transiting via Canada. For more information see the official Canadian government website:

http://www.cic.gc.ca/english/visit/eta.asp

Other nationalities should consult their local embassy or consular office.

If you do require assistance in obtaining a visa then you may be able to apply through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

## **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

#### **Transfers**

Find out more about Trip Transfer Terms and Conditions before you book.

#### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

#### **Joining Tour Abroad**

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers. If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

#### Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

#### **Flight Information**

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

#### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## Ability to swim

An ability to swim is essential for your safe enjoyment of the water based activities on this trip. If you wish to participate in these activities then we insist that you are able to swim.

#### **Ecuador**

#### **Vaccinations**

We recommend protection against malaria, Tetanus, Infectious Hepatitis, Typhoid and Polio. Please consult your travel clinic for the latest advice on Malaria, Dengue and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers

and long sleeve shirts to cover up when necessary. Please note many countries in Central America, South America and the Caribbean require a yellow fever vaccination certificates if travelling from infected areas. A detailed list of these countries can be found on the NaTHNaC website - http://travelhealthpro.org.uk/countries. Also on the NaTHNaC site there is a list of Countries (and specific areas within a country) which are at risk of infection and a vaccination is therefore recommended. Yellow fever in only recommended for those travelling east of the Andes (Amazon Extension). Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

#### **Family information**

**Triple Rooms:** This trip allows the option for triple rooms to be included within the booking on all nights of this trip except for the hotel in Guayaquil on days 8 and 14. If you would like this option, please ask our Sales team for further information.

**Average Age:** As a guide we have identified the actual average age of the children who have travelled on this trip over the last 5 years, to help you decide whether it's the right one for your family. The average age on this trip is 15 years old; this trip is suitable for children of all ages.

#### **Additional Information**



# Why book this trip

This adventure is designed for families who want to explore one of the most unique wildlife concentrations in the world. Ecuador allows for a unique country of discovery for any family that is interested in the South American culture and its traditions in a country that has been more protected by commercialisation that a number of its neighbours. A cultural and nature exploration that the whole family will remember.

