



Explore Eastern Greenland - Expedition

ARCTIC, GREENLAND, ICELAND - TRIP CODE EEG

POLAR

Why book this trip?

Embark on a true polar adventure on this 14-day journey through Greenland's remote eastern coast. Explore deep into the fjords and glacial scenery of Northeast Greenland National Park, the world's largest protected national park, keeping your eyes peeled for wildlife and the spectacular northern lights. Enjoy getting off on land in storied local communities along the way, you'll also learn about the indigenous history and culture from those who call this region their home.

- Spend several days exploring the world's largest National Park - Northeast Greenland
- Marvel at the surrounding mountains - immerse yourself in massive fjord systems
- Look out for Arctic wildlife - see the northern lights

- Experience indigenous culture - in the remote community of Ittoqqortoormiit

				
INCLUDED MEALS Breakfast: 13 Lunch: 12 Dinner: 13	TRIP STAFF Expedition Crew Naturalist(s)	TRANSPORT Expedition Zodiac	ACCOMMODATION 13 nights premium boat	TRIP PACE: Relaxed

Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

DAY 1 - Join trip in Reykjavik

Arrive in Reykjavik, Iceland - the Land of Fire and Ice. We recommend planning an extra night in Reykjavik before the start of the tour to allow extra time to explore the city and to reach the meeting point at the desired time. You will need to make your own way to the start hotel in Reykjavik between 9 am and 1 pm, where you will be able to leave your luggage and explore the town until approximately 3:30pm, when you will be transferred to the ship for embarkation.

There are no activities planned today so you will have time to visit the town before embarkation commences, though we do recommend extra time in Reykjavik as there is alot to explore!



ACCOMMODATION:
Expedition (or similar)

Grade: Premium Boat



MEALS PROVIDED: DINNER

DAY 2 - Denmark Strait

On our first day at sea, get to know the ship and meet the Expedition team. Enjoy an opportunity to see whale and many different bird species, including soaring fulmar, kittiwake, gannet, guillemot and razorbill.



ACCOMMODATION:
Expedition (or similar)



Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

DAY 3 - Tasiilaq

Discover Tasiilaq, East Greenland's gateway to adventure located on the southeastern coast of Ammassalik Island. With stunning views across the Tasiilaq Fjord's natural harbour, the mountains and the sea beckon travellers to explore. Attend a talk at a local museum and learn about the area's history and culture.



ACCOMMODATION:
Expedition (or similar)



Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

DAY 4 - Nansen Fjord

Taking advantage of local ice and weather conditions, board a zodiac and explore the majestic Nansen Fjord, a broad inlet with rocky headlands distantly framed by the highest point in Greenland. With its primary tidewater glacier that spans a 14km width, copious quantities of icebergs have been known to disgorge into the fjord. Explore one of those rare places on Earth blessed with both awe-inspiring landscape and a compelling natural history.



ACCOMMODATION:
Expedition (or similar)



Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

DAY 5 - Greenland Sea

Enjoy a day of Arctic lectures, relaxing on board the ship, and an opportunity to see whales as we cruise further north.



ACCOMMODATION:
Expedition (or similar)



Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

DAY 6 - Kaiser Frans Joseph Fjord

Take two days to explore the stunning Kaiser Franz Joseph Fjord, located in the heart of the Northeast Greenland National Park – the largest national park in the world (and on the world's largest island).



ACCOMMODATION:
Expedition (or similar)



Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

DAY 7 - Kaiser Frans Joseph Fjord

See towering icebergs up close as the ship navigates the fjords. Weather and ice conditions permitting,

enjoy great opportunities for zodiac cruising and landings in the area. Lectures by our on board Expedition Staff will increase your appreciation of the local wildlife and the wild coast of Greenland.



ACCOMMODATION:
Expedition (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

DAY 8 - Scoresbysund

Spend four full days exploring the Scoresbysund area of the Northeast Greenland National Park. Weather and ice conditions permitting, this is a great opportunity to explore fjords that are deep in the heart of Greenland. Sail through and land in some of the world's most spectacular areas, with rarely visited glaciers, bays and inlets. Visit the tiny settlement of Ittoqqortoormiit for a look at how these most northerly people live.



ACCOMMODATION:
Expedition (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

DAY 9 - Scoresbysund

We hope to sail through and land in some of the most spectacular fjord country in the world along the coast of Greenland. We will explore rarely visited glaciers, bays and inlets. The Northeast Greenland National Park is the largest National Park in the world, nearly impossible to reach except on Expedition ships of this size. Spectacular geology combined with glacial features, create steep mountains raising directly from the sea. Enjoy the picturesque scenery, wildlife and other interesting landing sites in this unspoiled wilderness.



ACCOMMODATION:

Expedition (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

DAY 10 - Scoresbysund

Visit Ittoqqortoormiit for an up close look into life in the most remote town in Greenland. This small settlement is home to only 450 individuals and one grocery store. The people of Ittoqqortoormiit rely heavily on hunting and fishing and have honed these skillsets for many generations. They enjoy spending warmer weather on dog sleds, snowmobile trips, or camping excursions. With the closest inhabited settlement hundreds of miles away across some of the most unforgivable terrain in the world, the warmth and sense of community fostered by the people of Ittoqqortoormiit act as a beacon in the Arctic.



ACCOMMODATION:
Expedition (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

DAY 11 - Scoresbysund

The distance from the mouth of the sound to the head of its innermost fjord is 350 km. It is a favoured hunting ground of the Inuit and is home to a variety of wildlife including;- walrus, seal, narwhal, polar bear and muskoxen. You will also find wolves, fox, ermine and arctic hare, as well as lemming and a variety of birdlife. Walking over lush stands of colourful autumn tundra may lead to opportunities to see muskox grazing nearby.



ACCOMMODATION:
Expedition (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

DAY 12 - Denmark Strait

Enjoy the lecture series while watching the seas for whale. The viewout on deck is often complemented by soaring fulmar, kittiwake and guillemot.



ACCOMMODATION:
Expedition (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

DAY 13 - Denmark Strait

We continue our lecture series, as we head towards Iceland and to the steaming hot springs of Reykjavik.



ACCOMMODATION:
Expedition (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

DAY 14 - Depart Reykjavik

You will disembark at the Midbakki Pier in the Port of Reykjavik, after breakfast. The port is a short walking distance from downtown. A complimentary airport transfer will take you to the airport in time for your scheduled flight.



MEALS PROVIDED: BREAKFAST

Trip information

Climate and country information

Arctic

Greenland

Climate

Greenland has an Arctic climate with average temperatures in the North that do not exceed 10° C in the warmest summer months. In the southern part of the country and the innermost parts of the long fjords, the temperature can, however, rise to more than 20° C (68° F) in June, July and August.

Time difference to GMT

UTC±00:00 to UTC-04:00

Religion

Church of Denmark

Language

Greenlandic however, Danish and English are recognised languages.

Iceland

Climate

Iceland has a cool and temperate climate and, despite its location just south of the Arctic Circle, its northerly latitude is counteracted by the warm waters of the North Atlantic Drift which encircles the island. Temperatures in winter can fluctuate between about 10°C and -10°C and precipitation in the form of rain, sleet or snow is to be expected at any time. Days will be short, with daylight often only guaranteed between about 11 am and 4 pm in December. The best time for seeing the Aurora Borealis is October to March. Summer is generally cool with average temperatures for June and July around 12 - 15 degree centigrade in Reykjavik, although is known to be warmer in other parts of the country. In June and July you can enjoy continuous daylight and see the Midnight Sun, whilst late spring and early autumn offer long twilights.

Time difference to GMT

0

Plugs

2 Pin Round

Religion

National Church of iceland

Language

Icelandic

Budgeting and packing

Clothing

Parkas

This will be provided by the ship operator. Please register your size with us before travel and we will

arrange for your parka to be available in your cabin on arrival.

Gloves

Keeping your hands warm and dry can be a challenge. Thin polypropylene gloves can be worn underneath warm outergloves. This allows you some protection from the cold when removing your gloves to operate your camera etc. We strongly recommend that you bring more than one pair of gloves, in case one gets wet (or lost).

Hat/Cap

Warm, woollen hat/cap to protect your ears, as well as a scarf, neck gaiter or other face protection, such as a balaclava.

Trousers

Water-resistant trousers of coated nylon or, even better Gore-Tex®, are essential for your comfort. They can be worn over your regular clothes to keep you warm and dry. We suggest that you purchase trousers a few sizes larger than you normally wear as you will be wearing them over other clothing. Gore-Tex® or similar fabrics are excellent for keeping out wind and water without trapping excess heat. In addition to your waterproof trousers, warm ski pants are suggested if you have them. Warm trousers such as jeans, corduroys etc. are also good.

Socks

Warm wool socks worn over a thin pair of silk, polypropylene socks should provide enough warmth and insulation for your feet. Bring several pairs of socks, since you will inevitably get your feet wet.

Outer Clothing

Woollen, knit or cotton jumpers/tops, polar fleece tops (medium weight), several cotton turtlenecks and T-shirts for layering on and off the ship.

Underclothing

Thermal underwear is highly recommended as it will keep you warm without adding bulk. Most polar travellers prefer a lightweight version.

Footwear

Complimentary, used, waterproof boots will be supplied onboard. However, guests might want to bring their own if they are the following sizes due to the limited quantities onboard:

- men's UK size 12 & 13 1/2
- women's UK size below three & seven and above

Guests must bring their own if they are:

- men's UK size six 1/2 or smaller
- men's UK size 13 1/2 or larger
- women's UK size two or smaller
- women's UK size nine 1/2 or larger

These are rubber, waterproof boots that are just below your knees with a strong, ridged non-skid sole. You usually have to step from the Zodiac into icy water up to 30 cm high on most landings. Do not bring heavy, cumbersome boots that make it difficult to walk or boots with metal cleats, as they cannot be used for landings. For maximum warmth, wear loose-fitting boots and two pairs of socks. Try out your boots before the voyage.

Luggage

20kg

Luggage: On tour

One main piece of baggage and daypack. Remember you are expected to carry your own luggage so don't overload yourself.

Equipment

Sunglasses and sun cream

Personal toiletries

A refillable water bottle

Books/reading material

Camera and extra memory cards (and something to protect the camera when out in the elements - dry bags are very useful for protecting camera gear)

Seasickness remedy

Walking poles

Personal First Aid

Tipping

Local crew

Tipping is of considerable significance to the people who will take care of you during your travels. It is an expression of satisfaction. The suggested amount is USD \$10 - 15 per person per day spent on board. Of course, tipping is a personal choice and the suggested amount is set only as a guideline. The money is collected by the Hotel Manager at the end of the voyage and distributed among the crew and Expedition Staff. The Officers choose not to participate in the tipping pool.

Arctic

Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Foreign Exchange

Greenland

Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Foreign Exchange

Local currency
Danish krone (DKK)

Iceland

Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price	Dinner price	Beer price	Water price
£12.00-16.00	£18.00 - 24.00	£4.00 - 6.00	£2

Foreign Exchange

Local currency	Recommended Currency For Exchange
Icelandic Krona (ISK).	Both GBP and USD are readily exchanged at banks and post offices.

Where To Exchange

Both GBP and USD are readily exchanged at banks and post offices

ATM Availability

Cash can be drawn on credit cards from ATM's in Reykjavik and at the airport.

Credit Card Acceptance

Most shops and restaurants take credit cards.

Travellers Cheques

Can be exchanged at banks and post offices.

Transport, Accommodation & Meals

Transport Information

Expedition, Zodiac

Ship description

At a nimble 105 metres (345 ft) in length, with a capacity to hold 132 guests, the Expedition is an ideal vessel to ply polar waters. The ship is large enough to provide stability, speed, spacious cabins and ample public space. Yet she is small enough to manoeuvre in remote areas and get you close to the action. Ship stabilizers ensure a smooth ride in rough waters, allowing you to enjoy more of your time at sea. A fleet of ten Zodiacs allows passengers to get out and actively explore remote shores. The Expedition is a speedy vessel. A top speed of 16 knots means you'll spend less time getting from A to B, and more time exploring your surroundings.

Cabins

The lead-in prices on our website are based on outward facing, category one cabins on the lower deck. Category one cabins are triple or quad share. They are comfortable with a private toilet and shower, and porthole. The Expedition has a number of different cabin categories, ranging from quads, twins and suites - all are outside facing, with two beds (apart from the suites which have queen size beds). Some cabins have larger windows, depending on your cabin grade. We can also offer single occupancy at a supplement which will be subject to availability at the time of booking. A full layout of the deck plan can be found under the Polar Ships section on our website. Your confirmed cabin type will appear on your Booking Confirmation which will be sent on receipt of your deposit payment.

Ship dining

Onboard our expedition ship you'll find a diversity of gourmet international cuisines prepared and catered by professional chefs; all meals are included in the price of your expedition. Dining is casual, tables are unassigned and the dining room is capable of seating the entire passenger complement at one time. There is always a selection of different meals available, and vegetarians will find plenty of options. Special dietary requirements can be accommodated with advance notice; please advise us at time of confirmation. Coffee, tea and water are all provided free of charge. All other beverages, alcoholic and non-alcoholic, are not included and can be purchased in the dining room, pub or in the lounge.

Food and drink

Approximate prices of drinks, in USD, that aren't included are as follows:

Bottle of wine - \$22

Glass of wine - \$6 (half price during happy hour)

Beer - \$4

Guinness - \$6

Soft Drinks - \$2

A combination of US dollars cash and cards is best. It is also advisable to take some NOK for your time in Norway pre-cruise.

Credit Card Acceptance: Credit cards are useful and can be used in many places, but may be subject to a service charge. The ship accepts Visa and Mastercard.

Additional information: There is a chit system on board the ship, with bills settled on the final night of the voyage. Please note that only US Dollars and credit cards are accepted on board.

Essential Information

Government Travel Safety Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK citizens, check the latest Foreign, Commonwealth & Development Office advice.

Please refer to our COVID-19 entry requirements page for any country-specific conditions of entry. Whilst we strive to update this on a regular basis we recommend you also check the FCDO website for the latest advice on entry requirements in this fast-evolving situation. Information can change at any time.

Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

Price Guarantee

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. [Booking Conditions](#)

Visa and Passport Information

Norway: Entry visas NOT required by UK, AUS, NZ, USA, CAN Citizens. Other nationalities should consult the relevant consulate.

All visa information is subject to change. You should confirm all visa related issues with the relevant Embassy prior to departure.

If you do require assistance in obtaining a visa then you may be able to apply through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

Booking conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and [Booking Conditions](#).

Transfers

Find out more about [Trip Transfer Terms and Conditions](#) before you book.

Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the

joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer [click here](#)

Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them [here](#).

Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

Arctic

Greenland

Iceland

Vaccinations

Nothing compulsory; tetanus recommended. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

Polar information

Ship information

At a nimble 105 metres (345 ft) in length, with a capacity to hold 132 guests, the Expedition is an ideal vessel to ply polar waters. The ship is large enough to provide stability, speed, spacious cabins and ample public space. Yet she is small enough to manoeuvre in remote areas and get you close to the action. Ship stabilizers ensure a smooth ride in rough waters, allowing you to enjoy more of your time at sea. A fleet of ten Zodiacs allows passengers to get out and actively explore remote shores. The Expedition is a speedy vessel. A top speed of 16 knots means you'll spend less time getting from A to B, and more time exploring your surroundings.

Reviews



AWARD WINNING
EXPLORE LEADERS



PRICE GUARANTEE
PROMISE



AIRPORT
TRANSFERS