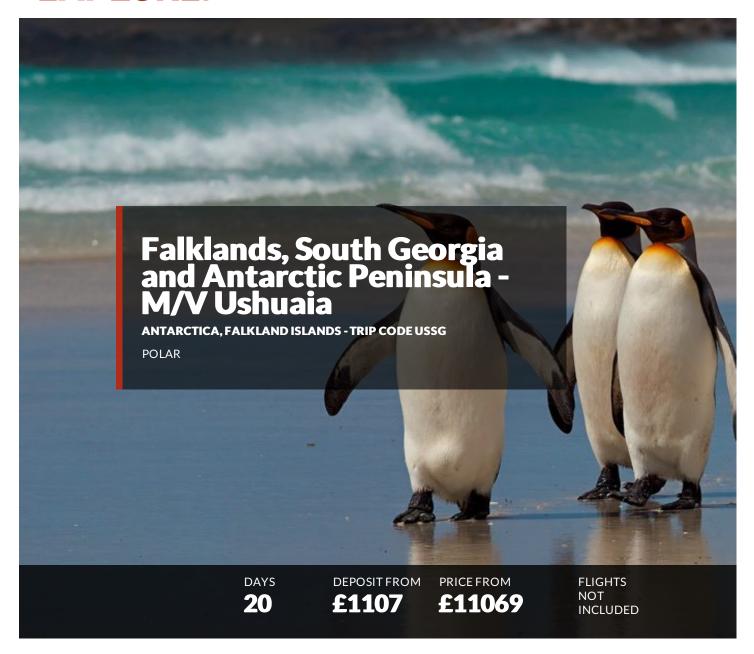
# **EXPLORE!**



## Why book this trip?

Falkland Islands, the magnificent South Georgia and into Antarctica... Experience the outstanding birdlife of the Falkland Islands. Marvel at the vast King penguin rookeries of South Georgia, before experiencing one of the most spectacular wilderness areas on earth. Antarctica has a remarkable collection of wildlife; snow-capped mountains and blue icebergs; penguins, whales and a rich diversity of birdlife - all of which await you on an exploratory journey of the Great White Continent. September and October are the months when the elephant seals give birth on the beaches in South Georgia. You will not only have the chance to witness such incredible moments, but will also have the opportunity to observe their nurturing

habits, vocalizing with, and caressing their new pups for the first time. Big elephant seal bulls will be most active at this time of year as they defend their harems with their bull-fighting antics. Breath-taking moments are almost certainly guaranteed on this early season voyage to South Georgia and Antarctica.



INCLUDED MEALS Breakfast: 19

Lunch: 18 Dinner: 19



TRIP STAFF
Expedition
Crew
Naturalist(s)



TRANSPORT M/V Ushuaia Zodiac



ACCOMMODATION



TRIP PACE: Relaxed

## **Itinerary**

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

## **Trip information**

### **Country information**

#### **Antarctica**

Climate

Polar Temperatures during Antarctic season: Min.: -15°C; Max. 12°C; Average 0°C.

Time difference to GMT Plugs

-3 2 Pin Round

#### **Falkland Islands**

#### **Budgeting and packing**

## **Clothing**

Dress on board is informal. Pack comfortable, casual clothing for all activities. Wind and waterproof outer layers are essential, and the most important piece of clothing you will bring is a parka. Beware of tight clothing that leaves no room for trapped air, which is an excellent insulator. Wool, silk and some of the new synthetic fibres, like polar fleece, retain heat better than cotton.

**Parkas** 

You should look for a lightweight, roomy, wind and water-resistant parka with some insulation. Bright colours are more visible - and thus safer - in polar environments.

Gloves

Keeping your hands warm and dry can be a challenge. Thin polypropylene gloves can be worn underneath warm outer gloves. This allows you some protection from the cold when removing your gloves to operate your camera etc. We strongly recommend that you bring more than one pair of gloves, in case one gets wet (or lost).

Hat/Cap

Warm, woollen hat/cap to protect your ears, as well as a scarf, neck gaiter or other face protection, such as a balaclava.

**Trousers** 

Water-resistant trousers of coated nylon or, even better, Gore-Tex® are essential for your comfort. They can be worn over your regular clothes to keep you warm and dry. We suggest that you purchase trousers a few sizes larger than you normally wear as you will be wearing them over other clothing. Gore-Tex® or similar fabrics are excellent for keeping out wind and water without trapping excess heat. Rain gear and Gore-Tex® products can be found in any outdoor sport clothing store. In addition to your waterproof trousers, warm ski pants are suggested if you have them. Warm trousers such as jeans, corduroys etc. are also good.

Socks

Warm wool socks worn over a thin pair of silk, polypropylene socks should provide enough warmth and insulation for your feet. Bring several pairs of socks, since you will inevitably get your feet wet.

**Outer Clothing** 

Woollen, knit or cotton sweaters/tops, polar fleece tops (medium weight), several cotton turtlenecks and T-shirts for layering on and off the ship.

Underclothing

Thermal underwear is highly recommended as it will keep you warm without adding bulk.

#### **Footwear**

Complimentary waterproof boots will be supplied on-board. However, if you have extra small or large feet, you are advised to bring your own.

Also ensure you take good walking boots and trainers for relaxing.

## Luggage

15Kg

### Luggage: On tour

One main piece of baggage and daypack. Remember you are expected to carry your own luggage so don't overload yourself.

Please note that a 15kgs luggage weight limit is sporadically enforced on the internal flight to Ushuaia, occasionally charges may be levied against passengers taking luggage in excess of 15kgs.

### **Equipment**

Sunglasses and sun cream

Personal toiletries

A refillable water bottle

Books/reading material

Camera and memory cards (and something to protect the camera when out in the elements)

Seasickness remedy

Walking poles

Personal First Aid

Some cabins are equipped with a hairdryer. Hairdryers can also be borrowed from the Hotel Manager on the ship.

The electrical supply on board the Ushuaia is 110 volts, 60 hertz. Cabins are fitted with multi-type sockets suitable for several international plugs (not British. It's advisable to take a multi-way international adaptor.

## **Tipping**

#### Local crew

Tipping is collected at the end of the voyage and is divided among the crew. You will receive detailed guidelines aboard. Tipping is a very personal matter and the amount you wish to give is at your discretion, but as a generally guideline, we suggest US\$15 per person per day.

#### **International Departure Taxes**

Airport Departure Tax - USD \$5.00 from Ushuaia, USD \$18.00 from Buenos Aires

#### **Antarctica**

#### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

#### Foreign Exchange

#### **Recommended Currency For Exchange**

A combination of US dollars cash and cards is best. It is advisable to take a minimum of US\$200-500 of your total spending money in cash, in mixed denominations (notes should be in good condition).

#### Where To Exchange

Banks or Forex offices in major cities.

#### **ATM Availability**

Cash can be drawn on credit or debit cards from ATMs in major cities

#### **Credit Card Acceptance**

Credit cards are useful and can be used in many places, but may be subject to a service charge. The ship accepts Visa and Mastercard.

#### **Travellers Cheques**

Travellers Cheques can be difficult to exchange and are not accepted aboard.

#### Falkland Islands

#### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

#### Foreign Exchange

#### **Transport, Accommodation & Meals**

### **Transport Information**

M/V Ushuaia, Zodiac

## Ship description

Built for the US agency NOAA (National Oceanographic & Atmospheric Administration), the MV Ushuaia has been constantly modernised and refurbished whilst operating in Antarctica. The MV Ushuaia is an ice-strengthened small ship, accommodating just 88 passengers; making it a comfortable and steadfast choice. Knowledgeable staff will ensure you get the most out of your visit and there's an open bridge policy plus ample deck space for wildlife-viewing.

#### **Cabins**

Prices are based on outside facing, triple cabins on the lower deck. Triple cabins have three lower berths,

with private facilities and have either a window or portholes. The MV Ushuaia has a number of different cabin categories, all with en-suite facilities, with two beds and a porthole (some suites have double beds.) Cabins are all outside facing and will either have portholes or windows. Most cabins are twin share, although there are two dedicated single cabins on board. We can also offer single occupancy on most cabin types, at a supplement cost. Call us for details on the cabin choice to fit your requirements.

## **Ship dining**

On-board the expedition ship all meals are included in the price of your expedition; an American-style and continental breakfast, buffet lunch and three-course dinner. The dining room accommodates all guests in one sitting and it's free seating. Vegetarians and some special dietary requirements can be accommodated with advance notice, please advise us at time of confirmation. Coffee and tea are provided free of charge. All other beverages, alcoholic and non-alcoholic, are not included and can be purchased in the bar.

#### **Essential Information**

#### **FCO Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

#### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

#### **Price Guarantee**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. Booking Conditions

## **Visa and Passport Information**

Although no visas are required for citizens of UK, CAN, USA, AUS and NZ visa waivers may apply. Other nationalities should consult the relevant consulate.

All visa information is subject to change. You should confirm all visa related issues with the relevant Embassy prior to departure.

Please note that flights on the tour may transit through the USA. According to US law, passengers will have to disembark, collect luggage and clear immigration before re-boarding for the onward flight.

Holders of the UK, AUS, NZ, CAN and several EU country passports can enter the United States without a visa under the Visa Waiver Program (VWP) if they hold a machine readable passport. They must also be

entering the country by sea or air on a carrier participating in the visa waiver scheme, holding a return/onward ticket. As well as being machine readable, if your passport was issued on or after 26 October 2005, it must contain both a digital photograph of the holder and also an integrated circuit chip that stores biographic information.

All passengers travelling to the USA under the Visa Waiver Programme must provide their details online no later than 72 hours prior to travel. British travellers who have not registered before their trip are likely to be detained and sent home. In addition to passport information, you must also supply the full address of your first night's accommodation in the USA. This information can be obtained from your joining instructions which are sent out approximately 3 weeks before travel.

Anyone applying for ESTA (Electronic Travel Authorisation) to travel under the Visa Waiver system will be charged a fee of 14USD (9GBP).

For more information, and to apply online, please visit the following website at https://esta.cbp.dhs.gov. Once obtained, the application will be valid for a period of two years, or for the validity of your passport (whichever is shorter).

For more information about who is eligible for the VWP, or any other questions you may have regarding your eligibility, or machine readable passports, please contact your local consular office, or visit www.usembassy.org.uk

Other nationalities should consult the relevant consulate.

Argentina: Although a visa is not required by Australian, American and Canadian passengers to enter Argentina there is a reciprocal payment to be made.

The fee must be paid online prior to entering the country. The receipt generated at the time of online payment must be printed and given to local migration authorities together with passport upon passengers arrival to Argentina.

These payments are as follows: Australian - US\$100; Canadian - US\$70; American US\$131. The fee can be paid at http://www.migraciones.gov.ar/accesibleingles

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

## **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

#### **Transfers**

Find out more about Trip Transfer Terms and Conditions before you book.

#### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you

have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

#### **Joining Tour Abroad**

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers. If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

#### Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

#### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

#### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

#### **Antarctica**

#### **Vaccinations**

Nothing compulsory, we recommend protection against typhoid, tetanus, diphtheria, polio and hepatitis A. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

#### **Falkland Islands**

#### **Polar information**

#### **Ship information**

Built for the US agency NOAA (National Oceanographic & Atmospheric Administration), the MV Ushuaia has been constantly modernised and refurbished whilst operating in Antarctica. The MV Ushuaia is an ice-strengthened small ship, accommodating just 88 passengers; making it a comfortable and steadfast choice. Knowledgeable staff will ensure you get the most out of your visit and there's an open bridge policy plus ample deck space for wildlife-viewing.