

Family Croatian Active Adventure

Based on an island just off Croatia's second largest city, Split and surrounded by the beautiful Dalmatian coast, enjoy a week of activity as we experience the thrills of whitewater rafting, sea kayaking and take the challenge of canyoning through caves and waterfalls. There is also time to discover Croatia's historic sites or relax, making this an ideal family holiday to Croatia.

Trip highlights

- ★ Island of Ciovo Charming family-run hotel on an island close to Trogir
- ★ Cetina Gorge Scramble and clamber over rocks as you canyon down the river
- ★ Cetina River Whitewater rafting down an impressive gorge with grade three rapids
- ★ Historic Croatia Optional visits to the fascinating towns of Split, Trogir and Omis
- The Dalmatian Coast Discover the beautiful bay and picturesque inlets while sea-kayaking along the coast

ACCOMMODATION GRADE:

Standard

Our standard, mid-range accommodation offers a good level of service, often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en suite facilities.

TRIP PACE:

Moderate

Moderate pace tours are ideal if you want a holiday which combines exciting activities and experiences with plenty of time to relax and unwind. Typically you'll be active and busy for part of the day but then also have time to rest and recharge your batteries.

GROUP SIZE:

12 - 18

Maximum group size ranges from between 6 to 20 people, depending on the type of trip, the transport and accommodation used and activities included. We rarely have groups that are smaller than five or six people and the average is 12 people plus an Explore leader.

Itinerary

It ineraries on some departure dates may differ, please select the it inerary that you wish to explore.

DAY 1 - Join trip Split and transfer to Ciovo Island

Arriving into Split airport, transfer to Ciovo Island, situated just off Trogir. The hotel will be our base for the coming week and is ideally situated on the coast for exploring the scenery around the island and to enjoy the Croatia's lifestyle. The hotels facilities include a swimming pool and bars to make your stay as comfortable as possible. We enjoy a traditional Croatian home-cooked meal which affords us the perfect opportunity to become acquainted with our surroundings and our travelling companions for the coming few days.

Accommodation: Hotel sv Kriz, Ciovo (or similar)

Premium Hotel

Swimming pool available

Meals Provided: Dinner

DAY 2 - Scenic walking through rural Dalmatia

Our first full day in this beautiful region sees us exploring something of Croatia's idyllic rural landscape. Beginning our walk from our accommodation, we head to the monastery Gospa od Prizidnice. The monastery which includes a convent and small church enriched with ships was constructed in the 16th century by hermits and is situated in beautiful natural surroundings on stone cliffs beside the sea. The route provides the perfect introduction to a part of the world that still retains a sense of being less developed than many other regions of Europe. After walking back to our hotel, we can enjoy the remainder of the afternoon relaxing by the pool.



Accommodation: Hotel sv Kriz, Ciovo (or similar)



Meals Provided: Breakfast & Dinner

DAY 3 - Whitewater rafting on the Cetina River

One of the best ways to appreciate the Cetina River and its impressive gorge is from the water, and today we splash and crash through the rapids along part of its rugged course, taking in the rich vistas of lush vegetation, glorious lakes, mysterious caves and towering cliffs as we follow the river's path. The river's source lies somewhere deep within the depths of the Dinara and Gnjat Mountains, where a series of wells feed into the river at the northern town of Vrlilka, continuing down a course some 100km in length towards the Adriatic, making it the longest river in Dalmatia. Our guides are very experienced in the currents of the river and are used to dealing with family groups, ensuring a happy experience for all.

All equipment and instruction will be provided, with wetsuits, life jackets and helmets supplied - a change of clothes for the postrafting journey back to our hotel is recommended and remember to wear shoes that you do not mind getting wet. The rapids themselves are classed as grade 2-3, which makes them easy to medium in terms of difficulty, allowing you plenty of chance to take in the stunning scenery as you flow past, yet enjoying the adrenalin rush of this exciting sport.



Premium Hotel

Swimming pool available

Meals Provided: Breakfast & Dinner

DAY 4 - Free day with optionals; half-day climbing excursion or visit to Omis

Today has been left free for you to enjoy as you wish. You may like to try a half-day climbing excursion in the surrounding mountains with a local guide near Omis. Alternatively a visit to nearby Omis town should prove to be an interesting diversion or Krka National Park. The park is an unaltered area of exceptional natural beauty. Although the main purpose of the park is primarily to serve science, culture, education there are also a number of visitor attractions including the Krka River and its seven waterfalls. There are also walkways through the park and over its lakes which gives a unique perspective to the visit plus some areas of the park are connected via boats which can be used by visitors.



DAY 5 - Canyoning excursion in Cetina Gorge or cycle tour of Split (depending on the weather)

Depending on the weather conditions, that can be variable in October we will either go canyoning or mountain biking. Your Explore leader will advise you which activity is suitable.

Canyoning: Transferring to Zadvarje this morning we return again to the Cetina River for an exciting canyoning excursion in the gorge, which will include the spectacular 60 metre high Gubavica Waterfall. High cliffs, plunging waterfalls, crystal clear pools and underground tunnels all await our intrepid explorers for what is a unique way to explore the gorge and to discover more of a region that has been thousands of years in the making.

Canyoning involves a guided walk, scramble and clamber over rocks, past waterfalls and pools and paddling down a river gorge. The route is not suitable for children aged under 8 years old. Full instruction and equipment will be provided (helmet, full wetsuit, life jacket). Anyone suffering a fear of heights may wish to opt out of this excursion due to the entry point into the gorge and the cliff jumps into rock pools, as will children aged under 8. This afternoon has been left free to relax by the pool after what is bound to be an exciting morning out.

Biking: The cycling activity is around 20km; helmets will be provided and we will use modern Cube Aim 26, 27.5 and 29 bicycles. Starting in Split city center, we head out to explore Splits bays, beaches and harbors as well as Diocletian's palace (an ancient palace built for the Roman Emperor Diocletian at the turn of the fourth century AD, that today forms about half the old town of Split, don't expect a palace though, nor a museum - this is the city's living heart, its labyrinthine streets packed with people, bars and stores) and Marjan forest park. The cycle tour lasts for around 3 hours.

Accommodation: Hotel sv Kriz, Ciovo (or similar)

Premium Hotel

Swimming pool available

Meals Provided: Breakfast & Dinner

DAY 6 - Free Day; optional trip to Split and Trogir

A further free day allows for more personal exploration, or sheer lazy indulgence. You might like to join your local guide on an optional visit to the ancient and captivating town of Split which is situated on a peninsula and surrounded by historical towns and settlements. We take a walk through the 4th-century Diocletian's Palace to visit its ancient cellars, Roman temples (today Christian ones), cathedral and the famous Golden Gate. We would then continue with a bus ride towards Trogir which is a UNESCO World Heritage Site. Without doubt, the town is one of the most picturesque settings along this part of the coast. With a rich history that dates back to the 3rd century BC, Trogir is a delightful collection of cobble stoned squares and medieval architecture, whilst its Romanesque cathedral is considered to be one of the most exquisite in the entire Adriatic. Spanning some three centuries, it boasts a superb entranceway in its west portal, carved in the 13th century by the master mason Radovan. The town also boasts Venetian Gothic mansions, an impressive clock tower and a comprehensive collection of church artwork displayed in the 13th century Church of St John. What makes Trogir such a delight to wander around though are its meandering alleyways, filled with cafes and restaurants and its elegant riverfront promenade, which leads up to the Kamerlengo Fortress, a 15th century edifice with imposing battlements and a huge octagonal tower. You may like to visit one of the town's many excellent eating establishments before returning to our hotel for the evening.





2. Swimming pool available

Meals Provided: Breakfast & Dinner

DAY 7 - Sea Kayaking excursion along the River Pantana and around Trogir

Today we head to the Pantana Old Watermill near the town of Trogir for a morning of sea kayaking adventure. The route takes us along the River Pantana, through the reed canals and on to the sand lagoon which feeds into the sea. We continue our journey travelling in the direction of Trogir with the old town being completely surrounded by the sea. We make a full circle around the island with great views of the town from the kayak. On the way back to Pantana, there is the chance for a swimming break at the beach. Full instruction and lifejackets will be provided and guides will accompany us during the day ensuring that even first-time paddlers enjoy the kayaking. Then it is back to the hotel for our final opportunity to sample the delicious home cooked Croatian fare that has been such a part of the whole experience.



Accommodation: Hotel sv Kriz, Ciovo (or similar)

Premium Hotel



Swimming pool available

Meals Provided: Breakfast & Dinner

DAY 8 - Trip ends in Ciovo Island

The trip ends after breakfast at the hotel.

Meals Provided: Breakfast

Family information



Get active or relax, the choice is yours: Known in some quarters as 'Europe in miniature' for its combination of coastline, mountains, historic cities and easy going lifestyle it's possible to combine Croatia's stunning natural beauty spots with its pristine bays and sapphire waters with a fun filled week of activities on a family holiday to Croatia. There is so much to keep the kids occupied from White water rafting, sea kayaking, climbing and canyoning, all included in the price. It's no wonder this week long active adventure is one of our bestselling family adventure holidays.

Triple rooms: We use a family run hotel overlooking the sea, with a large outdoor pool. The hotel offers triple rooms to be included within the booking, if you would like this option please ask our Sales team for further information.

Average Age: As a guide we have identified the actual average age of the children who have travelled on this trip over the the last 5 years, to help you decide whether it's the right one for your family. The average age on this trip is 13 years old, this trip is suitable for children of all ages from 7 upwards, however the minimum age for canyoning is 8 years old.



Why book this trip

This trip is wet and active ! A range of adventures await from whitewater rafting, canyoning and sea kayaking to a great walk along the island where we stay plus optional trips to discover the coastal towns of Omis, Trogir and Split.

Our base is on the picturesque island of Ciovo a short distance from Split. Ciovo is an ideal base, less crowded than the mainland, more laid back, with fantastic views back the mainland as an added bonus. Our hotel has been chosen for its large pool and beach front location which is a great place to return to after your pursuits. Active families will love this great value adventure with a number of included activities and meals within the price.

What's included?



Included meals Breakfast: 7 Dinner: 7



Transport Bus



Trip staff Explore Tour Leader Activity Guide(s) Driver(s)



Accommodation

7 nights premium hotel

Trip information

Country information

Croatia

Climate

The Croatian Adriatic has a Mediterranean climate with mild winters and warm, dry, sunny summers. There is a chance of sporadic rain in spring and autumn, though generally it is in the form of short showers. Thunderstorms can occur in summer, generally helping to cool the air. Hvar Island gets the most sunshine in summer with 10-12 hours each day, followed by Split, Korcula Island and Dubrovnik with around 7-8 hours. Temperatures from May to October are generally in the low to mid 20's (in °C), but can reach into the 30's (in °C) in July and August. Trip itineraries with boat cruises can occasionally be disrupted due to bad weather.

Time difference to GMT

+1

Plugs 2 Pin Round

Religion

Roman Catholic

Language

Croatian

Budgeting and packing

Optional activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations. Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

A selection of optional activities are listed below to help you budget for your Family adventure. Whilst the basic tour price you pay before you travel includes a great selection of highlights, we have also built in free time to allow you the flexibility to choose from a carefully selected range of additional excursions and activities or take time to relax, the choice is yours. At certain destinations along the way there may be several options to choose from and it may not be possible to fit all the activities in; your Explore Leader will be able to give advice on which are the most suitable for your family.

Day 4: Split and Trogir - Visit to Old Town €35 per person (minimum of 5 people, for less than 5 people a higher price may apply) Day 4: Krka and Sibenik National Park, full day visiting regions best national parks €62 per person

Clothing

July and August are the hottest months, but early and late in the season go prepared with clothing to suit drops in temperature and the showers. You'll need your swimming gear and a beach towel. Light rainwear may be needed at any time of year, and a warm fleece/jacket is recommended for cooler evenings and nights.

Footwear

Comfortable walking shoes, trainers and sandals; some strong footwear that you don't mind getting wet - a pair of old trainers would be ideal.

Luggage

20kg

Luggage: On tour

One main piece and a daypack.

Equipment

Wetsuits, lifejackets and helmets for the canyoning, canoeing and kayaking excursions will be provided locally. A water bottle, sunhat and high factor sunscreen are all essential though and you may also wish to bring your own mask, snorkel and shows suitable to wear in the water to protect from rocks and sea urchins.

Tipping

Explore leader

At your discretion you might also consider tipping your Explore Leader in appreciation of the efficiency and service you receive.

Local crew

In this region, tipping is a recognised part of life across the service industry. Local staff will look to members of the group for personal recognition of particular services provided.

To assist with this your Explore Leader may organise a group tips kitty for included activities and meals, they will then account for kitty use throughout the tour.

For this we suggest 150 Kuna per family member.

For all non-included services and meals on your trip please tip independently at your discretion.

Country Information

Croatia

Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Dinner price £18

Beer price £2

Water price £1.5

Foreign Exchange

Local currency Croatian Kuna.

Recommended Currency For Exchange

Pound Sterling, US Dollars and Euro cash can all be exchanged for the local currency.

Where To Exchange

Most major towns and cities - your Explore Leader will advise you on arrival. Only exchange money at reputable places like banks, ATM's and official Forex Offices.

ATM Availability

Most towns and cities have ATM's for cash withdrawal.

Credit Card Acceptance

Generally accepted throughout including most restaurants and hotels.

Travellers Cheques

Travellers Cheques can only be exchanged in banks.

Transport, Accommodation & Meals

Transport Information

Bus

Accommodation notes

Booking a Single Room

All of our group tours are planned and operated on a twin-share basis, meaning that the standard cost is based either on individual travellers sharing accommodation with another group member of the same sex, or people who book together sharing accommodation. Please refer to the tour notes where the single room option availability is detailed on a night by night basis for this tour, and the price for the available nights is detailed on the dates & prices tab by departure date. For Self-Guided trips the Single Room supplement offers the option of a single room each and is charged per person. The Single Room supplement also applies to the third person in a party of three that will be accommodated in a single room.

Your family run hotel for the week is located on the Island of Ciovo which is 4 km from the historic town of Trogir. The hotel overlooks the beach and the clear blue waters of the Adriatic and is surrounded by pine forests. Facilities include; a restaurant offering traditional and western cuisine, a large pool, a bar and a terrace area with views over the coastline. All en-suite rooms have air conditioning, satellite TV and a mini bar. Wi-Fi is available in the lobby of the hotel.

Family swimming

Available every day at the hotel and in the sea

Essential Information

FCO Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

Price Guarantee

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. Booking Conditions

Visa and Passport Information

Croatia: Visas are not required by UK, Australian, New Zealand, US or Canadian citizens. Other nationalities should consult their local embassy or consular office.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

Booking conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

Transfers

Find out more about Trip Transfer Terms and Conditions before you book.

Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station. Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom. Read more information about what travel insurance is required.

Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

Non refundable permits

Croatia

Vaccinations

Nothing compulsory, but we recommend being up-to-date with your routine vaccination courses and boosters as recommended in the UK including protection against measles, mumps, rubella, tetanus, diphtheria, hepatitis A, typhoid and polio. Tick-borne encephalitis protection is recommended by some medical sources at certain times of the year. Ticks are most active between spring and late autumn. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at **Explore Travel Health** and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.