

#### **Coronavirus updates**



# Why book this trip?

This action-packed grand tour across Vietnam, Cambodia and Thailand journeys through fast moving cities, dense jungles and tranquil tropical beaches. Explore the floating markets of the Mekong Delta, discover impressive temples of ancient Angkor and relax on golden sand beaches on the Gulf of Thailand.

- Ho Chi Minh City Learn about the resourcefulness of the Viet Cong at the Cu Chi Tunnels, visit an underground weapons bunker and explore old Saigon's bustling back alleys
- Mekong Delta Navigate the delta by bike and boat. Stay in a traditional homestay and take part in a Vietnamese cooking lesson.
- **Bangkok** Explore the glittering Grand Palace complex and the beautiful temple of the Reclining Buddha (Wat Po) (Optional)







**TRIP STAFF** Explore Tour Leader Driver(s) Local Guide(s)



TRANSPORT

Bicycle

Boat

Minibus

Public Bus Taxi



ACCOMMODATION





**TRIP PACE:** Full on

**GROUP SIZE:** 14 - 20

# Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

# **Trip information**

#### **Country information**

### Cambodia

#### Climate

Cambodia is a hot and tropical country, being hottest in April and coolest in January (still high 20s). Although rainfall is at its maximum in October, Phnom Penh and Siem Reap receive very little rain compared to the coastal areas, and when it does rain it tends to be in the form of sporadic mid afternoon downpours. There is normally very little rain between December and March.

Time difference to GMT	Plugs	Religion	Language
+7	2 Pin Round	Buddhism	Khmer

# Thailand

#### Climate

Generally hot with high humidity. There is some rainfall from April to September with most days being hot (around 33 Degrees) and a light breeze on the islands. If it does rain, it will be more of a heavy tropical downpour that lasts a few hours. Additional information and climate charts can be accessed at http://www.explore.co.uk/weather.

Time difference to GMT	Plugs	Religion	Language
+7	2 Pin Round	Buddhism	Thai

# Vietnam

#### Climate

As Vietnam is a long, narrow country from north to south climate conditions vary considerably. The climate can be divided into three distinct patterns between the north, central and south regions. The climate in the north is generally humid and subtropical, although the winter months from November to March can be colder with temperatures from 10 - 15 degrees. Summer months, May to September can be quite hot with temperatures from 30 - 35 degrees. Meanwhile south Vietnam enjoys a tropical climate all year round, with little variation throughout the year (around 27 - 32 degrees), however May to November is the rainy season when short, heavy downpours are quite frequent. Central Vietnam lies somewhere in between. The coastal strip is usually dry and hotter from April to October while November to March is wetter and cooler. A light rain jacket and small umbrella are recommended year round.

Time difference to GMT	Plugs	Religion
+7	2 Pin Round	Mahayana Buddhism, Taoism and Confucianism
Language		

Vietnamese

#### **Budgeting and packing**

### **Optional activities**

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations. Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

Vietnam:

Day 2: Ho Chi Minh City - War Remnants Museum US\$2 per person

Day 2: Ho Chi Minh City - Reunification Palace US\$2 per person

Cambodia:

Day 9: Siem Reap - One day Angkor Wat temples pass US\$37 per person, under 12's are free

Day 9: Siem Reap - Tonle Sap boat trip US\$14 per person

Day 9: Siem Reap - Bicycle/rickshaw hire approximately US\$15-20 per day

Day 9: Siem Reap - Land Mines Museum US\$5 per person

Thailand (Bangkok):

Day 10: Bangkok - Evening street eats by Tuk Tuk. Visit the iconic Wat Pho under cover of night to witness its sparkling golden spires. Stroll through Thailand's largest flower market, which only operates at night and Sample delicious street food under the guidance of your local expert. THB 1445 per person, based on 4 people

Day 11: Bangkok - Half day Grand Palace and Wat Pho by tuk tuk. THB 1035 per person, based on 4 people.

Day 11: Bangkok - Thonburi Canals Tour by Tuk Tuk (Including Wat Pho, Arun Temple & Royal Barge Museum). THB 730 per person, based on 4 people

The prices stated are based on a minimum number of participants (usually 4). Please be aware that the optional excursions can run with fewer people but the price may be higher. Likewise, a slightly reduced price may be applicable where the participation greater. The prices listed are generally only entrance fees and do not include the price of transport to and from the excursion, Your Explore Leader will quote this when you are on tour, as the price for transport will depend on the number of participants.

Optional excursions offered in Vietnam are generally run via our local partners. Other operators have been known to offer similar excursions at a cheaper price. Should you want to use these companies please be aware that a lower price may mean that not all costs are included (in particular entrance fees) or services will not operate at the same safety and quality standards.

# Clothing

Pack essentially for hot weather. Bear in mind that the region is tropical (humid) and that days can be very hot. Lightweight rainwear or an umbrella is advisable at any time of the year, but especially between May and October. Casual clothes are the most practical (something with long sleeves, and long trousers for evenings) bear in mind that very short shorts are generally unacceptable and a sunhat is essential. Shorts, vests, revealing or casual clothes and open backed sandals are not permitted in the Grand Palace in Bangkok.

# Footwear

Comfortable shoes and sandals/trainers for relaxing.

### Luggage

20kg

# Luggage: On tour

One main piece of baggage and daypack. Remember you are expected to carry your own luggage so don't overload yourself.

# Equipment

A torch, water bottle, insect repellent and high factor suncream are all essential, as are good quality sunglasses and a lip salve with sun protection. Don't forget your swim wear.

# Tipping

### Explore leader

Tipping isn't compulsory, and we work hard to ensure that our leaders all receive a fair wage. You may however, want to recognise a leader that's done a great job or really added to your trip by giving them a tip. We're often asked about the recommended amount. It's a tricky one, and down to personal preference, but we'd recommend between £15 to £20 per person per week as a guideline.

#### Local crew

In this region, tipping is a recognised part of life across the service industry. Local staff will look to members of the group for personal recognition of particular services provided.

To assist with this your Explore Leader may organise a group tips kitty for included activities and meals, they will then account for kitty use throughout the tour.

For this we suggest \$30 per family member.

For all non-included services and meals on your trip please tip independently at your discretion.

# Cambodia

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price	Dinner price	Beer price	Water price
£6	£10.00 - 12.00	£1.3	£0.6

### **Foreign Exchange**

Local currency Riel.

#### **Recommended Currency For Exchange**

In Cambodia, US\$ is the most commonly used currency (small denomination notes are easier to use).

Where To Exchange	ATM Availability
Large towns.	There are ATMs in most towns and cities.

### **Credit Card Acceptance**

Credit cards are accepted in some large shops and restaurants in Phnom Penh and Siem Reap.

### **Travellers Cheques**

They can be hard to change outside of Siem Reap and Phnom Penh; we recommend them for emergencies only.

# Thailand

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Dinner price	Beer price	Water price
£4.00 - 8.00	£1.5	£0.5

### Foreign Exchange

Local currencyRecommended Currency For ExchangeThai BahtWe recommend that you bring your money in GBP or US\$.

#### Where To Exchange

Most major towns and on the islands - your Tour Leader will advise you on arrival.

#### **ATM Availability**

Credit Card Acceptance

ATMs are available in Bangkok but are limited on the islands. Maj

Major stores and restaurants.

#### **Travellers Cheques**

Can be exchanged at banks and exchange offices throughout the tour although rates may not be as favourable.

# Vietnam

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Dinner price	Beer price	Water price
£9	£2.00 - 4.00	£0.5

# Foreign Exchange

Local currency Dong.

### **Recommended Currency For Exchange**

Carry your money in US\$ Dollars cash. You can also take GBP but US\$ are easier to exchange. (Dollar bills can be used in some hotels and shops; change is often given in local currency).

#### Where To Exchange

Most towns.

#### **ATM Availability**

There are ATMs virtually everywhere in Vietnam and in Cambodia, though we also recommend bringing cash.

#### **Credit Card Acceptance** Credit card's are widely accepted throughout Vietnam

#### **Travellers Cheques**

Travellers cheques are not recommended as they can be difficult to exchange

#### **Transport, Accommodation & Meals**

### **Transport Information**

Bicycle, Boat, Minibus, Public Bus, Taxi

### Accommodation notes

We start our adventure in Ho Chi Minh City where we stay in a centrally located hotel with the Ben Thanh market close by. Rooms have air conditioning, hairdryer, Wi Fi, safe and TV along with a facilities that include four restaurants, fitness and health centre with massage and spa treatment. The hotel in Can Tho is a four star hotel located next to the Hau River. There are four restaurants offering Asian, European and local specialities plus a swimming pool and fitness centre with massage treatments. All rooms are equipped with TVs, minibar, safe and Wi-Fi. The accommodation in Phnom Penh is located in the downtown area of the city, close to the tourist attractions such as the National Museum, the Royal Palace, Wat Phnom and the Independence Monument. Rooms are well deigned and have air-conditioning, TV, mini bar, private bathhower and Wi-Fi access. Moving onto Siem Reap, the small and friendly hotel embodies Cambodia's tranquil pace of life with a casual lounge and restaurant terrace. The location is close to the main tourist spots and is a 10 minute drive to the Angkor Wat complexes. Free Wi Fi, airconditioning, mini-bar, TV, hair dryer, safe and bathroom are all provided in the rooms along with a poolside bar, restaurant and pool.

# **Family swimming**

The hotels in Siem Reap, Can Tho, Bangkok and Koh Chang all have pools plus you can swim when staying on the island, when we are next to the beaches.

#### **Essential Information**

# **Government Travel Safety Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here. For more information from Explore about travel advice, click here

#### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### **Price Guarantee**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information.Booking Conditions

# Visa and Passport Information

Vietnam: Until 30th June 2021 'British Citizen' passport holders can visit Vietnam for up to 15 days without a visa. A visa will be required if you enter after this date or if you wish to re-enter within 30 days of your departure.

For visits of up to 30 days, you can get an e-visa before you travel from https://evisa.xuatnhapcanh.gov.vn

For visits of longer than 30 days you must get a visa from the nearest Vietnamese embassy before travelling to Vietnam. If you want to make a second visit within 30 days of leaving Vietnam, you'll need to get a multiple entry visa to re-enter.

Visa's are required for citizens of the USA, Canada, Australia and New Zealand. eVisa's can be applied for via https://evisa.xuatnhapcanh.gov.vn

Please note that it is a pre-requisite for entry into Vietnam that your passport is valid for a minimum of 6 months from your date of entry

All visa related issues including information for other nationalities should be confirmed with the relevant Embassy prior to departure.

Cambodia: A single visa is required by UK, New Zealand, Australian, USA & Canadian citizens. We enter Cambodia at the Kaam Samnor Border Crossing where eVisa's currently aren't valid for entry. Visa's can be obtained on arrival and a passport sized photograph for immigration will be required.

Thailand: Visas are not required by UK, Australian, New Zealand, US and Canadian citizens for a stay of less than 30 days. All passports must have at least 6 months validity remaining on entry to Thailand. Other nationalities should consult their local embassy or consular office.

All visa related issues including information for other nationalities should be confirmed with the relevant Embassy prior to departure.

If you do require assistance in obtaining a visa then you may be able to apply through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

# **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

# Transfers

Find out more about Trip Transfer Terms and Conditions before you book.

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers. If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

# Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the

United Kingdom. Read more information about what travel insurance is required.

# **Flight information**

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

### **Flight Information**

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport. On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

# Ability to swim

An ability to swim is essential for your safe enjoyment of the water based activities on this trip. If you wish to participate in these activities then we insist that you are able to swim.

# Cambodia

### Vaccinations

Nothing compulsory, but we recommend protection against malaria, infectious hepatitis, tetanus, typhoid, diphtheria and polio. Consult your GP regarding tablets advised for malaria. Though not compulsory, travellers may wish to immunise themselves against japanese encephalitis. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

# Thailand

### Vaccinations

Nothing compulsory, we recommend protection against malaria, typhoid, tetanus, diphtheria, polio and infectious hepatitis. Although not compulsory, travellers may also wish to immunise themselves against Japanese encephalitis. Consult your travel clinic for latest advice on Dengue, Malaria and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

# Vietnam

#### Vaccinations

Nothing compulsory, we recommend protection against malaria, typhoid, tetanus, diphtheria, polio and hepatitis A. Consult your travel clinic for latest advice on Malaria and Zika Virus. Although not compulsory travellers may also wish to immunise themselves against Japanese encephalitis. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

#### **Family information**



Ta Phrom Temple, Angkor Wat

**Triple Rooms:** This trip allows the option for triple rooms to be included within the booking on all nights of this trip. If you would like this option, please ask our Sales team for further information.

**Average Age:** As a guide we have identified the actual average age of the children who have travelled on this trip over the last 5 years, to help you decide whether it's the right one for your family. The average age on this trip is 14 years old.

**Minimum age:** This trip is suitable for children of all ages from 7 upwards. On certain trips there may be some flexibility to accept children from the age of 5 if travelling with older siblings, please speak to our reservations team for details.

#### **Additional Information**



# Why book this trip

This trip is for families that want the maximum coverage from their holidays. With visits to Vietnam, Cambodia and Thailand, you will be able to see the highlights of each country including Angkor Wat, Cu Chi Tunnels, the Killing Fields and the Mekong Delta as well as visiting famous cities such as Bangkok and Ho Chi Minh City, all within 14 days and at a great price as well.

