

# EXPLORE!



## Why book this trip?

Starting in the world-renowned jungle temples of Angkor, explore the famous temple complex before spending a night at a traditional Khmer homestay set amongst the jungle and ancient temples on the Thai border. Journey to the colonial town of Battambang, the floating villages at Kampong and the capital, Phnom Penh. The tour ends on the sandy beaches of Koh Rong island in the Gulf of Thailand.

- **Siem Reap** - Visit the spectacular 'Tomb Raider' temples of Angkor, a world heritage site.
- **Phnom Penh** - Explore the capital's cultural highlights; take an evening cruise down the Mekong River.
- **Koh Rong Island** - Relax on the golden beaches and warm waters of the Gulf of Thailand.



**INCLUDED MEALS**  
Breakfast: 12  
Lunch: 3  
Dinner: 3



**TRIP STAFF**  
Explore Tour  
Leader  
Boat Crew  
Driver(s)  
Local Guide(s)



**TRANSPORT**  
Bus  
Boat



**ACCOMMODATION**



**TRIP PACE:**  
Moderate



**GROUP SIZE:**  
10 - 16

## Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

## Trip information

### Country information

#### Cambodia

##### Climate

Cambodia is a hot and tropical country, being hottest in April and coolest in January (still high 20s). Although rainfall is at its maximum in October, Phnom Penh and Siem Reap receive very little rain compared to the coastal areas, and when it does rain it tends to be in the form of sporadic mid afternoon downpours. There is normally very little rain between December and March.

Time difference to GMT	Plugs	Religion	Language
+7	2 Pin Round	Buddhism	Khmer

### Budgeting and packing

#### Optional activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations. Please note: These activities

are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

A selection of optional activities are listed below to help you budget for your Family adventure. Whilst the basic tour price you pay before you travel includes a great selection of highlights, we have also built in free time to allow you the flexibility to choose from a carefully selected range of additional excursions and activities or take time to relax, the choice is yours. At certain destinations along the way there may be several options to choose from and it may not be possible to fit all the activities in; your Explore Leader will be able to give advice on which are the most suitable for your family.

Phnom Penh:

Sunset cruise US\$ 8

Siem Reap - Scenic helicopter flight over Angkor temples prices range from US \$100 to US \$542. Flights are subject to availability.

Zip-wire through Angkor Archaeological Park US\$99

Luang Prabang - Traditional Laos stencil class US\$ 12

## Clothing

Pack essentially for hot weather. Bear in mind that the region is tropical (humid) and that days can be very hot. Lightweight rainwear or an umbrella is advisable at any time of the year, but especially between May and October. Casual clothes are the most practical (something with long sleeves, and long trousers for evenings) bear in mind that very short shorts are generally unacceptable and a sunhat is essential. Shorts and bare arms are not permitted in certain temples. A waterproof jacket is a must. Please carry a towel with you.

## Footwear

Comfy shoes or trainers with a good grip. Trekking sandals are a good compromise.

## Luggage

20kg

### Luggage: On tour

Should consist of a main piece of baggage and a daypack. You may have to carry your baggage on and off boats so don't overload yourself. We recommend a soft bag or rucksack as there are some journeys where hard cases are impractical.

## Equipment

A torch, water bottle, insect repellent and high factor sunscreen are all essential, as are good quality sunglasses and a lip salve with sun protection. Don't forget your swim wear.

## Tipping

### Explore leader

Tour Leader: At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

## Local crew

In this region, tipping is a recognised part of life across the service industry. Local staff will look to members of the group for personal recognition of particular services provided.

To assist with this your Explore Leader may organise a group tips kitty for included activities and meals, they will then account for kitty use throughout the tour.

For this we suggest \$35 per family member.

For all non-included services and meals on your trip please tip independently at your discretion.

## Cambodia

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price	Dinner price	Beer price	Water price
£6	£10.00 - 12.00	£1.3	£0.6

### Foreign Exchange

#### Local currency

Riel.

#### Recommended Currency For Exchange

In Cambodia, US\$ is the most commonly used currency (small denomination notes are easier to use).

#### Where To Exchange

Large towns.

#### ATM Availability

There are ATMs in most towns and cities.

#### Credit Card Acceptance

Credit cards are accepted in some large shops and restaurants in Phnom Penh and Siem Reap.

#### Travellers Cheques

They can be hard to change outside of Siem Reap and Phnom Penh; we recommend them for emergencies only.

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## Transport, Accommodation & Meals

### Transport Information

Bus, Boat

### Accommodation notes

Our hotel in Siem Reap is perfectly situated in the city and close to the markets and Angkor Wat Temple complex. Rooms have a traditional design with TV, minibar, safe, and shower/toilet room. There is also free wireless internet connection, swimming pool, pool bar, lobby area, restaurant serving international and traditional Khmer cuisine.

We then have a highlight of the tour with a homestay at Banteay Chhmar. The accommodation is based in traditional stilt houses elevated from the ground or in comfortable tents. Mosquito nets, mattresses with cotton sheets and towels are all provided. The homestay has shared bathroom facilities with western style WC's. This is a great way to experience the local Khmer life of the villagers.

The hotel in Battambang is located near the city centre and has a swimming pool, restaurant, lounge area, fitness centre, spa and massage area. Our hotel in the beach resort of Long Set beach, Koh Rong is located right on the beach. Facilities include a restaurant which serve sea food, local and international dishes, a bar/lounge area, outdoor pool, modern fitness center, complimentary wi-fi and a mini mart. Rooms have a private balcony, air conditioning, minibar and coffee/tea makers.

Our hotel in Phnom which is our base for a number of evenings throughout the tour is conveniently located in the centre close to the main points of interest such as the National Museum, the Royal Palace, Wat Phnom, Riverside and the Independence Monument. Rooms have air-conditioning, TV, mini bar and bathroom facilities. There is internet access in the business centre of the hotel and the hotel has a swimming pool.

## **Family swimming**

There is a pool at the hotel in Siem Reap, Battambang, Phnom Penh and there are opportunities to swim in the sea and the hotel pool when staying on the island of Koh Rong

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## **Essential Information**

### **FCO Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice [click here](#).

For more information from Explore about travel advice, [click here](#)

### **Under 18 immigration guidance**

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### **Price Guarantee**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. [Booking Conditions](#)

## **Visa and Passport Information**

Cambodia: A single visa is required by UK, New Zealand, Australian, USA & Canadian citizens and can be obtained on arrival. A passport sized photograph for immigration will also be required. Alternatively you can now obtain an e-visa prior to departure from [www.mfaic.gov.kh](http://www.mfaic.gov.kh)

All visa information should be confirmed with the relevant consulate.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

## Booking conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

## Transfers

[Find out more about Trip Transfer Terms and Conditions before you book.](#)

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer [click here](#)

## Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your

responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## **Flight information**

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

### **Flight Information**

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### **Booking a flight inclusive package with Explore**

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport. On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## **Ability to swim**

An ability to swim is essential for your safe enjoyment of the water based activities on this trip. If you wish to participate in these activities then we insist that you are able to swim.

## **Cambodia**

### **Vaccinations**

Nothing compulsory, but we recommend protection against malaria, infectious hepatitis, tetanus, typhoid, diphtheria and polio. Consult your GP regarding tablets advised for malaria. Though not compulsory, travellers may wish to immunise themselves against Japanese encephalitis. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

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## **Family information**

## Additional Information



## Why book this trip

This adventure is perfect for families who want to spend time in Cambodia as part of their travelling plans to discover South East Asia. The itinerary has been designed to include the major highlights of the country such as Phnom Penh and the temples of Angkor and combine this with time spent to discover the country in more detail with the opportunity to experience a traditional cookery class, stay in a local village as part of a homestay amongst the temple complex at Banteay Chhmar. Enjoy a boat tour of the floating village of Kompng Luong and end the trip in Koh Rong where we enjoy the golden beaches and warm waters of the Gulf of Thailand.





**AWARD WINNING  
EXPLORE LEADERS**



**PRICE GUARANTEE  
PROMISE**



**AIRPORT  
TRANSFERS**