EXPLORE!





Why book this trip?

An all-encompassing family holiday through towering fairy-tale chimneys, mountains and underground cities. Whitewater raft through the Koprulu canyon, camp under the stars and relax on a secluded beach lagoon on the Turkish Riviera.

- Cappadocia Explore the fairy-tale chimneys and rock carved cave dwellings.
- Taurus Mountains Two day guided trek in the beautiful mountains, enjoy a traditional village lunch.
- Istanbul Bosphorus cruise. Visit the Blue Mosque and Topkapi Palace.







TRIP STAFF Explore Tour Leader Activity Guide(s) Boat Crew Camp Crew Driver(s) Local Guide(s)



TRANSPORT

Rus

Boat

On Foot



ACCOMMODATION

2 nights simple

camping

12 nights

comfortable hotel



TRIP PACE: Moderate



GROUP SIZE: 10 - 16

Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

DAY 1 - Trip starts in Istanbul

Arrive in Istanbul. As Constantinople, the city was the capital of both the Byzantine and Ottoman Empires, so today it is steeped in history and fascinating architecture. Modern day Istanbul has much to offer - not least its mouth-watering cuisine and budding cafe culture. The city straddles between Europe and Asia and because of this, it was an important stop on the old Silk Road. It is a melting pot of different cultures and this is demonstrated in its gastronomy. Turkish food is a hearty mix of Middle Eastern, Asian and Balkan style dishes that range from barbecued meat kebabs to vine leaf wrapped vegetable and rice parcels.

For those arriving on time our Leader plans to meet you in the hotel reception at 7pm for the welcome meeting and for those that wish, there is the chance to go out for dinner. There are no other activities planned today, so you are free to arrive in Istanbul at any time. If you would like to receive a complimentary airport transfer today, you'll need to fly into Istanbul Airport (airport code IST), which is about one hour and 30 minutes' drive or Sabiha Gokcen International Airport (airport code SAW), which is around two hours' drive from the city centre, depending on traffic, which can be heavy at times. Should you miss the welcome meeting, your Leader will inform you of any essential information as soon as you catch up.

If you're extending your stay by a night it is well worth visiting Istanbul's Grand Bazaar, as it is closed on a Sunday our arrival day. Located within the walls of Istanbul, there are around 60 streets and over 3,000 shops selling everything from jewellery to carpets and textiles and furniture to local arts and crafts. It's one of the oldest and largest covered markets in the world. The labyrinth of streets also house two mosques, two hamams (Turkish baths) and an array of restaurants and cafes, so there is plenty to experience in this historic landmark of Istanbul.

Grade: Comfortable Hotel



MEALS PROVIDED: NONE

DAY 2 - Early morning Bosphorus cruise. Walking tour of the Blue Mosque and Topkapi Palace. Fly to Cappadocia mid afternoon.

Rising early, head to the beating heart of Istanbul on a one hour Bosphorous river cruise, an ideal way to take a waterborne view of the city, where the city skyline is presented in all its glory.

Much of the city's main architectural sites lie within the area of Sultanahmet, where we can find the Hippodrome, the old heart of the Byzantine city. Taking in some of the magnificent architectural gems of its Byzantine churches and Ottoman mosques, testaments to the two great empires that once ruled this city, we'll visit the remarkable Blue Mosque and the Topkapi Palace, cultural centres of the Ottoman Empire for centuries.

Heading back to Istanbul airport after lunch, fly to Kayseri and drive a short distance to Goreme, our base for the first few days.



ACCOMMODATION: Sobek Stone House (or similar)

Grade: Comfortable Hotel



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 3 - Head to the remote Ihlara Canyon; walk through 16km of beautiful scenery dotted with ancient rock churches.

A short drive this morning brings us to the beautiful and fertile landscapes of the Ihlara Valley, occupying the basalt plains of Central Anatolia. The narrow and steep-sided canyon is dotted with rock cut churches, once the favourite retreat of Byzantine monks.

Formed by primeval earthquakes, the valley's once rushing river is now just a quiet stream. We take a gentle walk along the winding valley, with its towering cliffs reaching up to 170 m in some places.

The numerous rock-cut churches that pepper the valley are home to some stunningly well preserved frescoes that date from the 9th century. Ihlara's relative isolation from the more popular attractions of Cappadocia makes the valley a delight to explore.

Total walking: approximately 6 km, 2 hours.



ACCOMMODATION: Sobek Stone House (or similar)

Grade: Comfortable Hotel



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST & LUNCH

DAY 4 - Full day in Cappadocia exploring the Pigeon Valley. Pottery making workshop.

This morning we explore the landscapes of the aptly named 'Pigeon Valley', so called because of the numerous 18th century dove cotes, or 'pigeon houses', in the valley walls.

This afternoon visit a pottery foundry to learn about the traditions and techniques of an industry that is renowned throughout this region. Try our hand at producing some pottery before moving on to hike through the dramatic and magical setting of this picturesque valley, back towards Goreme.

Total walking: approximately 7 km, 3 hours.



ACCOMMODATION: Sobek Stone House (or similar)

Grade: Comfortable Hotel



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 5 - Walking in the Pancarlik Valley to view the extraordinary landscapes. Visit Kizilcukur Valley and the Fairy Chimneys.

The little visited Pancarlik Valley lies close to our hotel. Spend this morning walking through it on route to the highlight of the day, the Kizilcukur Valley.

Known as the 'red valley', Kizilcukur hosts an array of fairy chimneys sites. We have ample time to explore the valley and take photos. The Kizilcukur Valley has some of the best locations in Cappadocia to view the sunset.

Total walking: approximately 13 km, 4 to 5 hours.

ACCOMMODATION: Sobek Stone House (or similar)

Grade: Comfortable Hotel



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 6 - Explore the underground city of Kaymakli . Drive to the Taurus Mountains. Afternoon hike in the Sokullupinar valley

Departing Goreme this morning travel through extraordinary landscapes of fairy chimneys that over the years have been carved out by monks as solitary refuges.

After two hours make a stop at the village of Cukurbag to visit the underground city of Kaymakli, just one of a number of underground settlements that have been unearthed that can date their origins between 1900-1200 BC. Believed to have been constructed to protect the population against invading armies, these extensive 'cities' are riddled with caverns and chambers that in some cases could hold thousands of people. Their unique design allowed everyday living to go on beneath ground whilst those above were oblivious to their existence.

After lunch in the nearby village of Demirkazik we begin to hike along the Trans-Taurus Trek, spending the next two hours walking towards our campsite in the Sokullupinar Valley.

Total walking: approximately 3 km, 1.5 hours. Ascent 350 m.



ACCOMMODATION: Tented Camp - Taurus Mountains (or similar)

Grade: Simple Camping



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

DAY 7 - Full day in the Taurus Mountains. Explore the Cimbar Canyon with its soaring limestone walls.

After breakfast head off to explore the spectacular scenery along the northern face of Mount Demirkazik, which at 3,756 m is the highest of the towering mountain peaks of the Aladaglar Mountains. We walk above the impressive Cimber Canyon and head down towards the village of Demirkazik.

Break for lunch at a local house, a great opportunity to meet with the locals and gain a little understanding of a lifestyle that remained relatively unchanged for generations. From here we begin the journey back to our camp for our second night amongst the limestone vistas of the central Taurus Mountains.

Total walking: approximately 6 to 7 km, 2.5 hours. Ascent 350 m/descent 350 m.

ACCOMMODATION: Tented Camp - Taurus Mountains (or similar)

Grade: Simple Camping



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

DAY 8 - Taurus Mountains. Walking in the Yallak Valley. Drive to Konya.

Breaking camp this morning we walk down to the Yallak Valley, following the sloping path that leads down to the Taurus River and the village of Hanininu (1450 m). After a rest stop in a local tea house drive to Konya. We take a scenic road that leads us through the Pozanti Forest towards the traditional heartland of the mystical Sufi sect and their famous Whirling Dervishes.

Konya is a major place of pilgrimage for the followers of the Sufi religion. Once a medieval Selcuk capital, the city can boast a history that stretches back to the 7th millenium BC, but it is its Sufi connections and the remarkable spinning dances of its adherents that has brought it fame throughout both the Christian and Muslim worlds.

The whirling ceremony is meant to free the soul from its earthly bonds and bring its subject closer to God. We will visit the Museum this afternoon, taking in its turquoise tiled dome and the revered mausoleum of its founder and learning something of the traditions and beliefs of the Sufi teachings amidst its sumptuous 15th century architecture.

Total walking: approximately 4 km, 3 hours. Descent 550 m.



ACCOMMODATION: Derga Hotel (or similar)

Grade: Comfortable Hotel



MEALS PROVIDED: BREAKFAST & LUNCH

DAY 9 - Visit Koprulu National Park; afternoon rafting on the Koprulu River.

Crossing the Taurus ranges and heading southwest towards the Mediterranean coast, our journey takes us into the forested highlands of Koprulu Canyon National Park.

Rich in flora and fauna, this stunning canyon stretches for some 14 km along the Kopru River, centred around two ancient Roman bridges that span a canyon that plunges some 400 m in places.

Staggering feats of ancient engineering, the Oluk Bridge spans the portion of the canyon carved out by the torrents of the Koprulu Cayi, whilst the Bogrum Bridge crosses the Kocadere Stream.

After lunch meet up with our rafting team on a two to three hour adventure along the canyon floor, rafting some 14 km from Beskonak Village to the Oluk Bridge. No previous experience is necessary for the rafting and all instruction and safety equipment will be provided.

Once we have finished rafting head towards the coast driving to the town of Antalya, nestling beneath the peaks of the Beydaglari Mountains, where we will spend the night - a long day but well worth it.



ACCOMMODATION: Hotel Ant Royal (or similar)

Grade: Comfortable Hotel



MEALS PROVIDED: BREAKFAST

DAY 10 - Drive to Olympus via the Aspendos Roman theatres.

This morning our journey takes us via the magnificent setting of ancient Aspendos, one of the finest and best-preserved Roman theatres. Built into the side of a hill the temple reflects the classic Greek tradition and its entrance opens out onto a horseshoe shaped auditorium capable of holding some 20,000 people. Its colonnaded arcades and richly worked marble pillars retain much of the theatre's original magnificence and its acoustics are such that the theatre still plays host to numerous modern productions and events.

Our overnight destination is Olympus, whose picturesque ruins lie strewn amongst the valley either side of the Goksu River. From the car park we take a short walk towards the natural phenomenon of Chimaera, the Burning Rocks. Once an important centre for the worship of Hephaistos, the god of fire, legend has it that this was also the lair of the fire-breathing Chimaera, the mythical monster killed by Bellerophon, whose only remains are its fiery breathe that continues to belch from the mountain to this day.

Later this afternoon there will be a chance to enjoy some well earned rest and relaxation on the beach.



ACCOMMODATION: Ada Arasi Hotel (or similar)

Grade: Comfortable Hotel



MEALS PROVIDED: BREAKFAST

DAY 11 - Travel to Kekova. Boat trip to see the submerged citadel of Simena. Continue to Kas.

Transferring to the traditional fishing village of Kekova this morning we board a boat to explore the calm, protected waters of the bay of Kekova, one of the most scenic areas in Lycia; a set of picturesque islands, bays and small ancient cities. Here we find the so-called 'Sunken City' of Kekova. The results of various earthquakes, the partly submerged streets and buildings are visible in the crystal clear waters, there are even steps leading down into the depths of the bay.

Later we sail to the picturesque whitewashed village of Simena, whose harbour is dotted with ancient sarcophagi (tombs), Roman baths and houses clinging to a hillside beneath a medieval castle. Hiking up to the castle we find within its walls an ancient theatre. Carved out of solid rock it is a wonderful place to sit and soak up the beautiful surroundings and layers of history.

Continue by road to the port of Kas, one of the most beautiful on the Turkish Riviera. Backed by steep cliffs, its a perfect place to end our day as we soak up the atmosphere at one of the many lively cafes near the harbour.



ACCOMMODATION: Kekova Hotel (or similar)

Grade: Comfortable Hotel



MEALS PROVIDED: BREAKFAST

DAY 12 - Free day in Kas on the Mediterranean.

Today is left free for you to do some exploring of your own. For those with a hankering for culture, Kas is built around the remains of a number of ancient sites including; Kas Theatre which was built during the third century BC and is now used for theatrical performances and music concerts, the monumental Lion Tomb and a number of hillside rock tombs.

Alternatively you may like to visit the isolated and ruggedly beautiful Greek island of Meis (optional), to give its Turkish name, Kastellorizo. The island is just one mile from the Turkish coast and yet more than 100km from Rhodes, its nearest Greek neighbour.

ACCOMMODATION: Kekova Hotel (or similar)

Grade: Comfortable Hotel

MEALS PROVIDED: BREAKFAST

DAY 13 - Travel to Fethiye, head to a quiet beach in a lagoon for swimming.

Head up the coast to Fethiye this morning, a journey of a couple of hours. Lying along the glittering waters of Turkey's Turquoise Coast, we make a short detour to Oludeniz where we continue on foot to a beautiful beach and tranquil turquiose lagoon set against the backdrop of wild mountains and dense forest. We have the option to spend the rest of the afternoon here, or to transfer to quieter Gemiler Beach.

Total walking: approximately 4 km, 2 hours.



ACCOMMODATION: Pelin Hotel (or similar)

Grade: Comfortable Hotel



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 14 - Full day boat trip

Today has been set aside to enjoy the azure waters off the coast, spending the day exploring the isolated bays and islands off Fethiye's coastline and sailing amongst some of the best waters in the Mediterranean.

There will be plenty of opportunities for swimming and relaxing and we will take lunch on board the boat, allowing even more time to truly experience this most captivating of settings. We spend our last night in Fethiye.



ACCOMMODATION: Pelin Hotel (or similar)

Grade: Comfortable Hotel



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 15 - Trip ends in Fethiye

The trip ends after breakfast at our hotel in Fethiye.

There are no activities planned today, so you are free to depart from Fethiye at any time. If your flight is departing later in the day luggage storage facilities are available at our hotel.

If you would like to receive a complimentary airport transfer today, you need to depart from Dalaman International Airport (airport code DLM), which is 50km, around 90 minutes from the hotel.



MEALS PROVIDED: BREAKFAST

Trip information

Country information

Turkey

Climate

Evenings and early mornings can be cool in the early and late season (before mid May and after early October). During the winter, temperatures usually hover between 0 and 10 degrees, but are usually wet, particularly around the coast. Summers are hot and dry with refreshing sea breezes and clear waters, great for boat trips. It is often cooler on higher ground and in the mountains and can be cold at night, even in the summer. The best time for walking in Turkey is Mid May, June and September, with pleasant temperatures and clear blue skies.

Time difference to GMT	Plugs	Religion	Language
+3	2 Pin Round	Islam, Christian	Turkish

Budgeting and packing

Optional activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations. Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

Clothing

It is essential to bring some warm clothing including a wind and waterproof outer layer even though you will be travelling in summer, as well as warm weather clothes, as overnight temperatures can be cold in the mountains. Please note: Moslem people can be offended by brief clothing or shorts.

Footwear

Walking boots and comfortable trainersandals. We suggest that on international flights you either carry your walking boots in your hand luggage or wear them - should your luggage be lost or delayed, your well broken in boots are the one thing that will be irreplaceable.

Luggage

20kg

Luggage: On tour

One main piece of baggage and daypack. Remember you are expected to carry your own luggage so don't overload yourself.

Equipment

You need to bring your own sleeping bags (3-season, temperature -5°C to 0°C). A torch, water bottle, insect repellent, suncream (at least factor 30), good quality sunglasses and a lip salve with sun protection are all also essential. You will also need to bring a towel for camping and you may wish to bring a camping pillow if desired. The temperatures in the morning in the mountains can be cold so it is advised that a fleece is brought along with walking sticks which can be useful, good walking shoes/trainers.

Tipping

Explore leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

Local crew

Although entirely voluntary, tipping is a recognised part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. Accordingly you should allow approx. £15 for gratuities for local staff. In order to make things easier for you, the Tour Leaders may organise a group's tips kitty and if this is the case, they will account for it throughout the tour.

Turkey

Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price	Dinner price	Beer price	Water price
£7	£13	£2.7	£1

Foreign Exchange

Local currency

Turkish Lira.

Recommended Currency For Exchange

Major foreign currencies such as US Dollars, £Sterling and Euros can easily be changed. We advise against travelling with Travellers Cheques as commission rates are high. Other currencies can be exchanged in larger cities. We advise you to change money in Turkey as rates tend to be better.

Where To Exchange

Most major towns - your Tour Leader will advise you on arrival.

ATM Availability

ATMs are widely available throughout Turkey. To avoid large queues at the airport exchanges, you may wish to xchange some lira before arriving.

Credit Card Acceptance	Travellers Cheques
In major restaurants.	Not recommended.

Transport, Accommodation & Meals

Transport Information

Bus, Boat, On Foot

Accommodation notes

Our starting hotel in Istanbul has been chosen due to its close walking distance location to many of the cities iconic sights including the Grand Bazaar, Suleymaniye Mosque and the Basilica Cistern. The hotel features a restaurant and bar, offers free Wi-Fi and all rooms have air conditioning.

We use a fixed campsite in the Taurus Mountains, which is the permanent base running throughout the summer trekking season. The campsite is situated in an open valley with two person done or tepee style tents surrounding a communal 'mess' tent where wholesome meals are prepared and served by our dedicated trek support team, toilet tents are located away from the main camping area. The site is enclosed with a stone wall and there is a large grass central area to relax and take in the views or play a game of football.

In Kas we base ourselves at the Kekova Hotel, a small friendly locally owned and run property of just 24 rooms offering spacious air conditioned rooms. Its location is perfect to explore the streets of Kas being situated just five minutes' walk from Kas harbour yet located on a quiet street tucked away from the main avenue where all the bars and restaurants are located. The hotel does not feature a swimming pool, however the new marina and small beach is just 250m away. Breakfast is served on the extensive terrace looking out to sea and there is table tennis available for the kids. Free Wi-fi is also available.

Family swimming

Some hotels have pools and there is the opportunity to swim in the sea

Essential Information

Government Travel Safety Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

Price Guarantee

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information.Booking Conditions

Visa and Passport Information

Turkey: Visas are required by UK citizens. We recommend that you obtain your visa online, prior to arrival at https://www.evisa.gov.tr/en/ This will cost US\$20 and you will need a blank page in your passport for the stamp.

Other nationalities should consult their local embassy or consular office.

All visa information is subject to change. You should confirm all visa related questions with the relevant Embassy prior to departure

If you do require assistance in obtaining a visa then you may be able to apply through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

Booking conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

Transfers

Find out more about Trip Transfer Terms and Conditions before you book.

Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport. On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

Ability to swim

An ability to swim is essential for your safe enjoyment of the water based activities on this trip. If you wish to participate in these activities then we insist that you are able to swim.

Turkey

Vaccinations

Nothing compulsory, but we recommend protection against tetanus, typhoid, infectious hepatitis and polio. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at

http://www.explore.co.uk/Travelhealth/ and from your local healthcare provider. Visa and vaccination

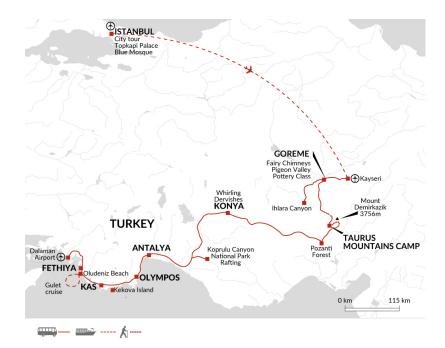
requirements are subject to change and should be confirmed before departure.

Family information

Projected average age: As a guide we have estimated the average age of the children on this trip based on historical data, to help you decide whether it's the right one for your family. The average age on this trip was 13 years old.

Minimum age: This trip is suitable for children of all ages from 7 upwards. On certain trips there may be some flexibility to accept children from the age of 5 if travelling with older siblings, please speak to our reservations team for details.

Additional Information



Why book this trip

If you are looking for a holiday that offers a two week European adventure at a competitive price with included activities then we believe this is it ! This adventure combines relaxation (golden beaches and snorkelling), adventure (walking in cave dwellings and mountain valleys which needs a reasonable level of fitness, white water rafting and mud baths) and culture (pottery lesson, tour of Istanbul, discovering underground cities and boat cruises over sunken cities). An epic journey around Turkey which is only a few hours flight away...



