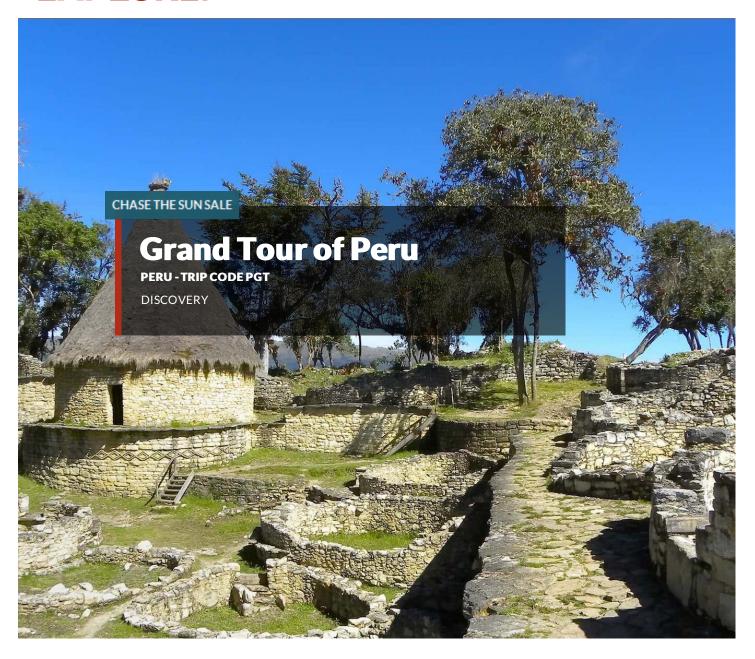
# **EXPLORE!**



## Why book this trip?

This adventurous trip around Peru takes us to fascinating sights beyond the classic highlights. We travel up to the archaeological paradise in the north, exploring the pre-Inca ruins near the desert of Chiclayo, before traversing the Andes to the ancient city of Kuelap, the 'Land of the Cloud People'. After relaxing in our jungle lodge at Tarapoto, we journey to the south, where we marvel at the ancient Inca site of Machu Picchu, explore the Sacred Valley and admire the sunset over Lake Titicaca, staying overnight with an indigenous family on one of the lake's islands.

























**INCLUDED** 

TRIP STAFF Explore Tour Leader **Boat Crew** Driver(s) Local Guide(s) **TRANSPORT** Bus Boat Flight

**ACCOMMODATION** 

TRIP PACE: Moderate

**GROUP SIZE:** 12 - 18

## **Itinerary**

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

## **Trip information**

#### **Country information**

#### Peru

#### Climate

There is a rainy season from Dec - Mar however on the coast it rarely rains. Jun-Oct is damp and misty, but temperatures never drop below 10°C. At high altitudes although there are sunny days temperatures can drop dramatically, and conditions can change suddenly.

Time difference to GMT **Plugs** Religion Language -5 2 Pin Flat Catholicism Spanish

#### **Budgeting and packing**

## **Optional activities**

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations. Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

Lima - Pachacamac - US\$46 (min 3 pers.); Bike tour of Lima US\$52 (min 2 pers.); Surf lesson US\$97 (min 2

pers.); Culinary Tour - US\$100 pp (Includes lunch)

Chiclayo - Half day Beaches and Monsefu Town - US\$67 (1-2 pers), US\$37 (3-6 pers), US\$27 (7+ pers); Half day City Tour + Witches Market - US\$43 (1-2pers), US\$24 (3-6 pers), US\$22 (7+ pers) Chachapoyas - Gocta Falls US\$32 (4-6 pers.) or US\$50 (2-3 pers.); Karajia Site US\$63 (4-6 pers.) US\$94 (2-3 pers.)

Tarapoto - River Huallanga boat trip US\$44 (4-6 pers.) US\$50 (2-3 pers.)

Aguas Calientes - Visit hot baths US\$5; 2nd entry to Machu Picchu US\$ 80.00 - Includes Return bus + entrance; Machu Picchu + Huayna Picchu or Machu Picchu + Machu Picchu Mountain: £80 Includes transport and entrance. Subject to availability - these must be pre-paid at time of booking and are non-refundable. If you change your passport between your time of booking and prior to travel please take your original passport with you to avoid being fined

Cusco - White water rafting US\$65; Half day Maras & Moray: US\$ 45.00 (min. 4 pers.); half day Pisac Market: US\$ 40.00 (min. 3 pers.); half day Pisac Ruins: US\$ 45.00 (min. 3 pers.); Ollantaytambo: US\$ 60 (min. 4 pers.);

Titicaca Train - £280 Subject to availability - this must be pre-paid at time of booking and is non refundable. If you change your passport between your time of booking and prior to travel please take your original passport with you to avoid being fined.

Taquile - Reed boat trip - US\$8; Folkloric night US\$30

## **Clothing**

The highlands enjoy dry sunny days but extremely cold nights so thermal underwear, a well-insulated fleece/jacket and a thick jumper are essential. Bring something warm to sleep in. A light raincoat is recommended, as well as walking boots or shoes if you wish to do the optional jungle hike to Gocta Falls. A sun hat and sunglasses are advisable as is high factor sunscreen, due to the thinness of the atmosphere. Bring a swimming costume.

#### **Footwear**

Comfortable shoes and lightweight walking shoes and sandals. If participating in the rafting, old trainers or river shoes (as they will get wet).

#### Luggage

20kg

## Luggage: On tour

One main piece and a daypack and an extra bag for the overnight in Aguas Calientes - The main bags will be left in storage in your hotel in the Sacred Valley. Remember, you are expected to carry your own luggage (i.e. on and off transport etc.) so don't overload yourself. It is recommended you bring lockable bags.

## **Equipment**

Binoculars, torch, water bottle, insect repellent, high factor suncream, good quality sunglasses and a lipsalve with sun protection. Mosquito nets may not be available, so you may wish to bring your own, and for your time in Tarapoto we recommend long sleeved shirts and full length trousers to avoid insect bites. You will also want to take a small backpack for walks and day trips.

### **Tipping**

#### **Explore leader**

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

#### Local crew

Although entirely voluntary, tipping is a recognized part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. In order to make things easier for you, the Tour Leaders may organise a group's tips kitty and if this is the case, they will account for it throughout the tour.

Accordingly, you should allow at least US\$ 40 for tipping.

#### Peru

#### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

| Breakfast price | Dinner price | Beer price   | Water price |
|-----------------|--------------|--------------|-------------|
| £4.00 - 7.00    | £6.00 - 8.00 | £2.00 - 4.00 | £1          |

#### Foreign Exchange

#### Local currency

Nuevo Sol

#### **Recommended Currency For Exchange**

Local currency in Peru is the Nuevo Sol. You can choose to either change your money in advance or on arrival at the airport. Here you will find both ATMs and Bureau de Change. ATMs can also be found in the major towns and cities for cash withdrawals in Nuevo Soles. We recommend you take some emergency cash in USD as the GBP exchange rate isn't very good. Notes should be in good condition otherwise they might be difficult to exchange.

#### Where To Exchange

Your Tour Leader will advise you on arrival.

#### **ATM Availability**

ATMs can be found in the major towns and cities for cash withdrawals in Nuevos Soles. Always have some cash back up as they are not always reliable

#### **Credit Card Acceptance**

Credit card are widely accepted in many shops and restaurants but some may be subject to a service charge

#### **Travellers Cheques**

We do not recommend Travellers Cheques

#### **Transport, Accommodation & Meals**

### **Transport Information**

Bus, Boat, Flight

#### **Essential Information**

#### **FCO** Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

#### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

#### **Price Guarantee**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. Booking Conditions

### **Visa and Passport Information**

Peru: Visas are not required for UK, New Zealand, Australian, US and Canadian citizens. Other nationalities should consult the relevant consulate. You should confirm all visa related issues with the relevant Embassy prior to departure.

USA: (including those in transit) Citizens of the UK, New Zealand, Australia, Canada and passport holders from several EU countries can enter the United States without a visa under the Visa Waiver Program (VWP) - where you apply for an ESTA (Electronic System for Travel Authorisation), which applies if you enter the country by sea or by air. This must be done on line - https://esta.cbp.dhs.gov no later than 72 hours prior to travel. Travellers who have not registered before their trip are likely be refused boarding.

You must have an electronic passport with a digital chip containing biometric information about the passport owner. UK passports which are biometric feature a small gold symbol (camera) at the bottom of the front cover.

If you have visited Iraq, Syria, Iran or Sudan since 2011 or are dual nationals of these countries, you cannot travel with an ESTA and instead you will need to apply for a visa from the nearest US Embassy or Consulate. If you are unable to provide a valid visa before boarding flights to the US, or entering via

another method, you may not be permitted to travel.

Please note for your ESTA application you will be required to supply Point of Contact information. Explore's USA contact information will be listed on your final documentation which you will receive approximately 3-4 weeks before departure. If you are leaving for the USA before this, please call the Explore team to get this information.(Not necessary if in transit)

For further information please check out the US embassy website. Visa applications - http://london.usembassy.gov/niv/apply.html

Canada: An electronic travel authorisation (ETA) is required by British citizens transiting via Canada. For more information see the official Canadian government website:

http://www.cic.gc.ca/english/visit/eta.asp

Other nationalities should consult their local embassy or consular office.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

## **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

#### **Transfers**

Find out more about Trip Transfer Terms and Conditions before you book.

#### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

#### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at

the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers. If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

#### Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

#### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

#### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport. On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

#### Altitude information

As this tour reaches altitudes of over 3800 meters, we strongly recommend that travellers with heart or lung conditions, anaemia, asthma, high blood pressure or on the pill should seek the advice of their GP. You must have adequate travel insurance for your trip. Please ensure that your insurance policy covers you to the maximum altitude indicated above. If you have Explore insurance you will be covered to this altitude.

## Ability to swim

An ability to swim is essential for your safe enjoyment of the water based activities on this trip. If you

wish to participate in these activities then we insist that you are able to swim.

#### Peru

#### **Vaccinations**

Nothing compulsory, we recommend protection against typhoid, tetanus, polio and hepatitis A. Please consult your travel clinic for the latest advice on Malaria, Dengue and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. Please note many countries in Central America, South America and the Caribbean require a yellow fever vaccination certificates if travelling from infected areas. A detailed list of these countries can be found on the NaTHNaC website - http://travelhealthpro.org.uk/countries. Also on the NaTHNaC site there is a list of Countries (and specific areas within a country) which are at risk of infection and a vaccination is therefore recommended. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.





**PROMISE** 





AIRPORT TRANSFERS