

# EXPLORE!

Book with confidence



## Greenland Odyssey - M/V Greg Mortimer

ARCTIC, CANADA, GREENLAND - TRIP CODE GMGO

POLAR

### Why book this trip?

Experience the enormity of Greenland where jagged peaks pierce azure skies and countless glaciers snake their way towards the coast. Hike across Arctic tundra in search of Arctic fox and reindeer and Zodiac-cruise along sounds filled with ice, observing ringed seal lazing on ice floes, calved from Greenland's enormous ice sheets. Encounter humpback and minke whale feeding in the nutrient-rich waters, sail through Prins Christian Sound and marvel at the UNESCO World Heritage-listed Ilulissat Icefjord.

- **Sail along Prince Christian Sound** - surrounded by towering mountains with glaciers that calve directly into the sea
- **Enjoy thrilling Zodiac cruises to glacier fronts** - watch for tail flukes in these whale-rich waters
- **Visit the National Museum in Nuuk** - see the fascinating exhibit of the Qilakitsoq mummies dating back

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<b>INCLUDED MEALS</b> Breakfast: 16 Lunch: 14 Dinner: 15	<b>TRIP STAFF</b> Expedition Crew Naturalist(s)	<b>TRANSPORT</b> M/V Greg Mortimer Zodiac	<b>ACCOMMODATION</b> 14 nights premium boat 1 nights premium hotel 1 nights comfortable hotel	<b>TRIP PACE:</b> Relaxed

## Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

### DAY 1 - Trip starts in Reykjavik

Arrive in Reykjavik Airport (REK) and transfer by Flybus to the group hotel. Upon check-in, reception staff will provide you with your cabin tags. Please fill out the luggage tags clearly, showing your name and cabin number to allow us to deliver your luggage to your cabin. Enjoy a welcome drink and meet fellow expeditioners at our voyage briefing this evening.



**ACCOMMODATION:**  
Hotel in Reykjavik to be confirmed (or similar)

**Grade: Premium Hotel**



**SINGLE ROOM AVAILABLE**



**MEALS PROVIDED: DINNER**

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## DAY 2 - Reykjavik, Golden Circle tour. Embark the MV Greg Mortimer

Check out and experience one of Reykjavik's most popular excursions - the Golden Circle, which includes visits to Gullfoss Falls, Geysers, and Thingvellir National Park, before transferring to the pier for embarkation. After boarding, there will be time to settle into your cabin before our important safety briefings. This evening, meet your expedition crew at the Captain's welcome dinner.



ACCOMMODATION:  
M/V Greg Mortimer (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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## DAY 3 - At sea

Crossing the Greenland Sea, we sail through the Polar Basin's nutrient-rich waters, searching for encroaching pack ice, fin whale and seabird. Our team of experts entertain us with informative talks about sea ice, glaciers, arctic flora and fauna and epic tales of early explorers such as Nansen, Andree and Scoresby.



ACCOMMODATION:  
M/V Greg Mortimer (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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## DAY 4 - Kangerlussuaq Fjord

Kangerlussuaq Fjord is home to some of the wildest coastal landscapes in all of Greenland. The peaks of Watkins Mountains featuring Gunnbjornsfjeld-the highest peak in the Arctic, tower in the horizon. Hike across tundra to viewpoints of surrounding fjords, mountains, and glaciers and enjoy gentle Zodiac cruises in icy bays offering unforgettable arctic scenery and wildlife encounters. We plan to land on the Skaergaard Peninsula near the mouth of Kangerlussuaq Fjord. Here, the rocks show an unusual layering, formed by crystals settling in a magma chamber below the earth's surface some 55 million years ago. Discovered in the 1930s, the Skaergaard Intrusion is known to geologists worldwide.



ACCOMMODATION:  
M/V Greg Mortimer (or similar)

**Grade: Premium Boat**



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### **DAY 5 - Tasiilaq, Sermilik Fjord**

Overlooking King Oscar's Harbour, Tasiilaq is east Greenland's largest town with a population of approximately 2,000 inhabitants. Here, green meadows contrast starkly with countless icebergs that often clog the waterways at nearby Sermilik Fjord, the largest in southeast Greenland, where we Zodiac-cruise and kayak to search for fin and humpback whale and photograph the spectacular scenery.



ACCOMMODATION:  
M/V Greg Mortimer (or similar)

**Grade: Premium Boat**



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### **DAY 6 - Skjoldungen Island**

Continue south along Greenland's King Frederik VI Coast, always on the lookout for whale, especially the rare sperm whale that is occasionally seen here. Weaving through the narrow channels of Skjoldungen Fjord we land at the end of the fjord for a walk along a glacial river, across a tundra valley covered in northern willow and blooming pink

wildflowers. Kayakers can paddle across the front of a tidewater glacier, search for harp seal, ivory gull and whale. Back on board, enjoy the stunning surrounds with a drink in hand basked in the soft light of the setting sun.



ACCOMMODATION:  
M/V Greg Mortimer (or similar)

**Grade: Premium Boat**



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 7 - Prince Christian Sound

Prince Christian Sound connects the Labrador Sea with the Irminger Sea. Approximately 100 km long and in parts, as narrow as 500-m wide, the fjord is flanked by jagged mountain peaks, some reaching over 2,200 m high, with countless glaciers coming all the way down to the sea. We slow-cruise through the sound to enjoy the spectacular scenery. Icebergs sculpted into fantastic shapes often block the entrance to the sound, a great spectacle for photography. At Kangarsuneq Qinnngorleq located at the northern end of the fjord, a glacier front is ideal for exploration by Zodiac or kayak. In the southern section of the sound, we pass a small settlement named Appilatoq, which means red in Greenlandic, after the red mountains rising above the town. Appilatoq is well-known in Greenland for the jagged mountain peaks that surround it—a delight for photographers.



ACCOMMODATION:

M/V Greg Mortimer (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 8 - Tasermit Fjord, Klosterdal, Nanortalik

The towering, jagged mountains that surround Tasermit Fjord is why it's often referred to as the Patagonia of the north. At Klosterdal, we are surrounded by three giant mountains - Napasorsuaq, Ketil and Nalumasortoq. Here we can walk to a Norse ruin or hike along the valley. Continue to Nanortalik, the southernmost town in Greenland, located on an island of the same name. Its name derives from the West Greenlandic word 'i Nanoq' meaning 'The Place Where Bears Pass Through', describing the polar bear that were once seen floating past on sea ice. Deep fjords, woodlands and grasslands, and rugged mountainside cliffs, some over 1,000 m attract enthusiastic climbers from around the world.

On arrival, you'll receive a warm welcome from the local community who have opened up their town for you to explore. Nanortalik is a town that's known for their love of singing and you'll be treated to a choir performance. Visit Nanortalik Church, a wooden, Danish Lutheran church built in 1916 and is currently the only church serving the Nanortalik congregation. The church is in the old colonial quarter of the town. Next to the church is a landmark boulder called the Knud Rasmussen Stone, named after Greenland's most famous citizen, Dr Knud Rasmussen, an explorer and ethnologist.



ACCOMMODATION:

M/V Greg Mortimer (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 9 - Hvalsey, Qaqortoq

Hvalsey Church is the best-preserved Norse ruin in Greenland. The word Hvalsey is old Norse for 'Whale Island'. Christianity arrived in Greenland around 1,000 AD and gradually churches began to be built. Late medieval documents indicate there were up to 14 parish churches in the Eastern Settlement. Hvalsey itself was built in the early 14th century, but it was not the first church built on this site. After exploring Hvalsey ruins, continue to Qaqortoq, where our Zodiacs shuttle us ashore. Qaqortoq is the capital of south Greenland. With a history dating back to 1775, the town offers various cultural activities and attractions including an outdoor art project called 'Man and Stone', which features stone carvings scattered throughout the town, created by local artists. Qaqortoq is Greenland's southernmost town and is the administrative centre of the south Greenland. Built from yellow stone, and dating back to 1804, the building that now houses the Qaqortoq Museum originally belonged to the town's blacksmith. Qaqortoq's landmark building is the Church of Our Saviour. This large wooden Lutheran church, known as the 'Red Church', is in the historic colonial part of town, near the harbour.



ACCOMMODATION:

M/V Greg Mortimer (or similar)

Grade: Premium Boat



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 10 - Paamiut

Located on a peninsula with impressive views of the surrounding mountains, the small settlement of Paamiut has existed since the mid-17th century, and the name of the town means 'the people who live at the mouth', referring to the nearby fjord. The town is home to a beautiful and ornate wooden church, which is remarkable when Greenland

completely lacks trees that can be used for construction. The local museum is worth a visit and features exhibits of local handicrafts and photos from the whaling period. The town and surrounding area are best known for the resident population of white-tailed eagles, while minke, fin, humpback and orca whale are common visitors to this stretch of coast. Arctic char is the most commonly caught fish in these waters and depending on the luck of the day's catch by local fisherman, we may enjoy a meal of freshly caught Arctic char for the evening meal.



ACCOMMODATION:  
M/V Greg Mortimer (or similar)

**Grade: Premium Boat**



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### **DAY 11 - Nuuk**

Greenland's capital, Nuuk, the world's northernmost capital, lies at the mouth of its very own fjord system on the country's mid-west coast. On a guided walking tour around town, you'll see charming old buildings including Greenland's colourfully painted houses, and the award-winning City Hall. The small but fascinating National Museum features a unique ethnographical collection of artefacts of Inuit life, including the famous 545-year-old Qilakitsoq mummies, accidentally discovered by hikers in 1972.



ACCOMMODATION:  
M/V Greg Mortimer (or similar)

**Grade: Premium Boat**



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### **DAY 12 - Sisimiut**

Approximately 4,500 years ago, the Saqqaq culture arrived from Canada and settled in the area. They lived here for approximately 2,000 years, but mysteriously disappeared. The Dorset culture arrived around 500 AD and remained until the 1200s until they were replaced by the Thule culture, and today, most of the population of Sisimiut are

descendants of the Thule culture. Located above the Arctic Circle, Sisimiut enjoys experiences 24 hours of daylight during the summer months. As Greenland's second largest town, Sisimiut is the only place in Greenland that has an open-air public swimming pool, and the town is famous for its old blue church featuring a whale jaw gate. The town's small museum features interesting exhibits explaining local history and life in Greenland. The local arts centre features concerts, plays, films and cultural performances. A few kilometres from downtown, Priest Mountain offers a challenging hike along a small river, and across tundra vegetation blooming with wildflowers, where you might encounter foxes, grouse, eagles soaring overhead, and perhaps musk ox. At the summit, you'll be rewarded with stunning views of town, the surrounding mountains, fjords

and the sea.



ACCOMMODATION:  
M/V Greg Mortimer (or similar)

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**Grade: Premium Boat**



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### **DAY 13 - Ilulissat**

Known as the birthplace of icebergs, this region boasts some of the most splendidly-shaped icebergs found anywhere on earth. Hike to the UNESCO World Heritage-listed Icefjord and stand in awe of its immensity. Sermeq Kujalleq, also known as Jakobshavn Glacier, is the most productive glacier, not only in Greenland, but in the Northern Hemisphere. It produces 20 million tonnes of ice each day, all floating into the Ilulissat Icefjord and Disko Bay. Conditions permitting, enjoy a Zodiac cruise at the mouth of the fjord and kayak through sea ice and icebergs.



ACCOMMODATION:  
M/V Greg Mortimer (or similar)

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**Grade: Premium Boat**



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### **DAY 14 - Eqip Sermia**

Located 80 kilometres north of Ilulissat, Eqi Glacier is accessible only by sea, and is one of Greenland's most active glaciers. Although smaller than Sermeq Kujalleq glacier in Ilulissat, Eqi Glacier is more accessible, and if sea-ice conditions permit, we'll Zodiac-cruise within safe distance of the glacier front where we see seal floating on bergy

bits in front of the glacier, while eagle can sometimes be seen soaring above. Several hikes are possible in the area, where you may encounter grouse, Arctic hare and small Arctic fox.



ACCOMMODATION:  
M/V Greg Mortimer (or similar)



**Grade: Premium Boat**



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### **DAY 15 - Eternity Fjord**

Evighedsfjorden, or Eternity Fjord, is one of the more spectacular fjord complexes in west Greenland due to its forested landscape. Hike through a forested valley, witness towering snow-capped mountains and countless glaciers that pour down from sheer cliff walls. Occasionally, the thunderous sound of a calving glacier breaks the silence in a place where you are unlikely to see another soul.



ACCOMMODATION:  
M/V Greg Mortimer (or similar)



**Grade: Premium Boat**



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### **DAY 16 - Disembark in Kangerlussuaq. Fly to Toronto**

Sondre Stromfjord or Kangerlussuaq is Greenland's biggest and busiest airport. Bid a fond farewell to the expedition team and transfer to the airport for your charter flight to Toronto, where you spend the night.



ACCOMMODATION:  
Hotel in Toronto to be confirmed (or similar)



**Grade: Comfortable Hotel**



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

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## DAY 17 - Trip ends in Toronto

Check-out will be after breakfast for onward travel.



MEALS PROVIDED: BREAKFAST

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## Trip information

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### Climate and country information

#### Arctic

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#### Canada

##### Climate

May-Sep is the best time to visit, when the weather is usually warm, dry and pleasant. Temperatures can be a little cooler on the coast and in the mountains; rain can be expected at any time. Early in the season, there can be snow in some areas which may limit walking possibilities.

Time difference to GMT	Plugs	Religion	Language
-7	2 Pin Flat	Roman Catholic, Protestant	English and French

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#### Greenland

##### Climate

Greenland has an Arctic climate with average temperatures in the North that do not exceed 10° C in the warmest summer months. In the southern part of the country and the innermost parts of the long fjords, the temperature can, however, rise to more than 20° C (68° F) in June, July and August.

Time difference to GMT	Religion
UTC±00:00 to UTC-04:00	Church of Denmark

##### Language

Greenlandic however, Danish and English are recognised languages.

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### Budgeting and packing

## Optional activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations. Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

Whilst landings are included in the cost of your trip as per the outline itinerary, some departures aboard the MV Greg Mortimer have additional optional excursions which can be pre-booked with the ship operator directly. These will be charged at an additional fee, depending on the excursion and we recommend booking these in advance to ensure availability. Please speak to a member of our Polar team who will advise you on the booking process.

## Clothing

### Parkas

A complimentary parka is provided for you on board the ship and is yours to keep after the voyage. It has a comfortable wind-resistant inner jacket, which is detachable from the waterproof outer shell, and is designed to be worn over your essential base layers.

### Gloves

Keeping your hands warm and dry can be a challenge. Thin polypropylene gloves can be worn underneath warm outergloves. This allows you some protection from the cold when removing your gloves to operate your camera etc. We strongly recommend that you bring more than one pair of gloves, in case one gets wet (or lost).

### Hat/Cap

Warm, woollen hat/cap to protect your ears, as well as a scarf, neck gaiter or other face protection, such as a balaclava.

### Trousers

Water-resistant trousers of coated nylon or, even better, Gore-Tex® are essential for your comfort. They can be worn over your regular clothes to keep you warm and dry. We suggest that you purchase trousers a few sizes larger than you normally wear as you will be wearing them over other clothing. Gore-Tex® or similar fabrics are excellent for keeping out wind and water without trapping excess heat. Rain gear and Gore-Tex® products can be found in any outdoor sport clothing store. In addition to your waterproof trousers, warm ski pants are suggested if you have them. Warm trousers such as jeans, corduroys etc are also good.

### Socks

Warm wool socks worn over a thin pair of silk, polypropylene socks should provide enough warmth and insulation for your feet. Bring several pairs of socks, since you will inevitably get your feet wet.

Outer Clothing Woollen, knit or cotton sweaters/tops, polar fleece tops (medium weight), several cotton turtlenecks and T-shirts for layering on and off the ship.

### Underclothing

Thermal underwear is highly recommended as it will keep you warm without adding bulk. Most polar travellers prefer a lightweight version.

## Footwear

Complimentary waterproof boots will be supplied on-board. However, if you have extra small or large feet, you are advised to bring your own. Also ensure you take good walking boots and trainers for relaxing.

## Luggage

20kg

## Luggage: On tour

One main piece of baggage and daypack. Remember you are expected to carry your own luggage so don't overload yourself.

## Equipment

Sunglasses and sun cream

Insect repellent

Personal toiletries

A refillable water bottle

Books/reading material

Camera and memory cards

Seasickness remedy

## Tipping

### Local crew

Gratuities are included in the cost of your voyage.

## Arctic

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

### Foreign Exchange

## Canada

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

<b>Lunch price</b>	<b>Dinner price</b>	<b>Beer price</b>	<b>Water price</b>
£13.00	£20.00	£3.00	£1.10

## Foreign Exchange

### Local currency

Canadian Dollars.

### Recommended Currency For Exchange

Bring your money in Canadian Dollars or US Dollars cash which can be used almost everywhere, although local stores are not keen to change anything over \$50.

### Where To Exchange

Banks or 'Forex' offices in main towns/cities. Your tour leader will advise you on arrival.

### ATM Availability

There are ATMs in the towns.

### Credit Card Acceptance

Widely accepted just about everywhere.

## Greenland

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

### Foreign Exchange

#### Local currency

Danish krone (DKK)

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## Transport, Accommodation & Meals

### Transport Information

M/V Greg Mortimer, Zodiac

### Ship description

The MV Greg Mortimer is a 104-metre ship, purpose-built in 2019 for expedition travel. Capable of negotiating the strongest winds and waves, the vessel is being built to world-class polar standards and has been designed in close consultation with expedition specialists. The MV Greg Mortimer is limited to just 138 passengers and guests can enjoy some added comforts such as spacious stateroom cabins, a large

mud room with easy boarding access and a hydraulic viewing platform, offering unobstructed views of the wildlife. Other features include a library, Wellness Centre with a gym, sauna and spa and a multimedia room for keen photographers wishing to edit their photos after a day of exploration. As a modern and custom-designed ship, this vessel is at the cutting edge of nautical technology and will ensure a comfortable and safe passage through polar waters.

## Cabins

The lead-in prices on our website are based on triple outward facing, Stateroom cabins. All staterooms have private bathrooms, ample storage, with twin beds. Many of the stateroom categories, have floor to ceiling windows that offer prime observation opportunities around the clock. Additionally, there are private balconies in most of the staterooms, allowing you to watch the world float past and take in the salty air of the open ocean. A full layout of the deck plan can be found under the Polar Ships section on our website. Your confirmed cabin type will appear on your Booking Confirmation, which will be sent on receipt of your deposit payment.

## Ship dining

Meals are served in the large, spacious dining room with an open seating arrangement, perfect for swapping stories with your extended expedition family. A range of courses is offered at each meal time and you can enjoy a variety of house wines, beers and soft drinks which are included with your evening meal. Complimentary coffee, tea and snacks are available throughout the day and any additional drinks can be purchased at the fully-stocked bar.

On the last day of your trip, the team on the MV Greg Mortimer will provide a special farewell four-course

## Food and drink

Here are the average costs of drinks, in USD, on board - please bear in mind, they are subject to change:

Bottle of wine - from \$12

Bottle of beer - from \$3

Spirits (gin, whisky, vodka, port, rum) - from \$5

Cocktails - from \$5.50

Soft drinks (fizzy, fruit juice and water) - from \$2.50

There is no internet access on board our ships, however you can pay to send and receive emails (no attachments). On the Polar Pioneer, the prices start from approximately 20 US cents per one kilobyte.

Wi-fi access is available for laptops, with an email account set up for US\$5, with the same downloadending fees.

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## Essential Information

### Government Travel Safety Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign, Commonwealth & Development Office advice [click here](#).

For more information from Explore about travel advice, [click here](#)

### **Under 18 immigration guidance**

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### **Price Guarantee**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. [Booking Conditions](#)

### **Visa and Passport Information**

Norway: Entry visas NOT required by UK, AUS, NZ, USA, CAN Citizens. Other nationalities should consult the relevant consulate.

All visa information is subject to change. You should confirm all visa related issues with the relevant Embassy prior to departure.

If you do require assistance in obtaining a visa then you may be able to apply through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

### **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

### **Transfers**

Find out more about [Trip Transfer Terms and Conditions](#) before you book.

### **Booking a land only package with Explore**

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### **Joining Tour Abroad**

Customers booked on the 'Land Only' arrangements will receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have

selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer [click here](#)

## **Insurance**

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## **Flight information**

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them [here](#).

### **Flight Information**

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### **Booking a flight inclusive package with Explore**

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## **Arctic**

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### **Canada**

### **Vaccinations**



Nothing compulsory, but we recommend protection against tetanus, typhoid, infectious hepatitis and polio. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

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## Greenland

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### Polar information

#### Ship information

The MV Greg Mortimer is a 104-metre ship, purpose-built in 2019 for expedition travel. Capable of negotiating the strongest winds and waves, the vessel is being built to world-class polar standards and has been designed in close consultation with expedition specialists. The MV Greg Mortimer is limited to just 138 passengers and guests can enjoy some added comforts such as spacious stateroom cabins, a large mud room with easy boarding access and a hydraulic viewing platform, offering unobstructed views of the wildlife. Other features include a library, Wellness Centre with a gym, sauna and spa and a multimedia room for keen photographers wishing to edit their photos after a day of exploration. As a modern and custom-designed ship, this vessel is at the cutting edge of nautical technology and will ensure a comfortable and safe passage through polar waters.

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## Reviews

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