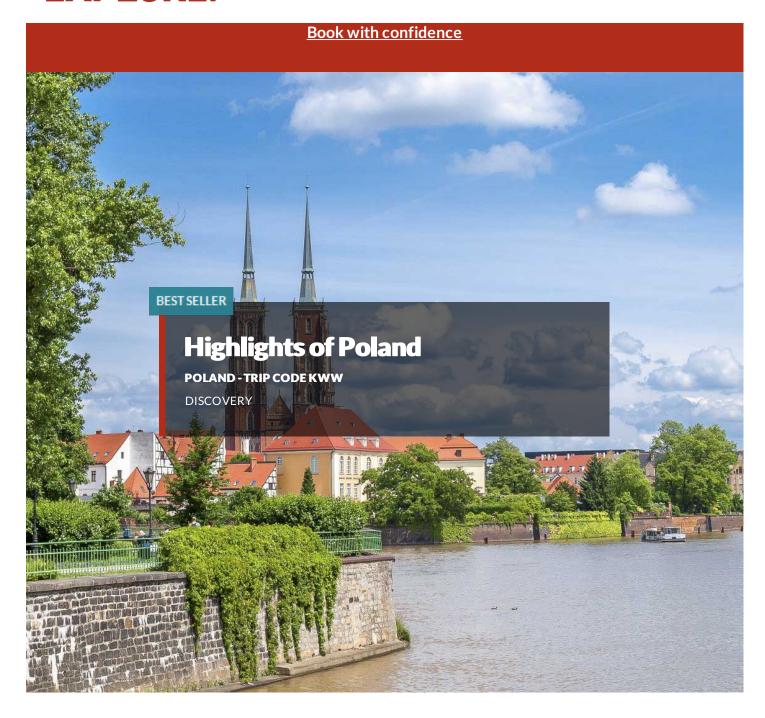
EXPLORE!



Why book this trip?

Explore the historical highlights of Poland in the country's greatest cities - Warsaw, Wroclaw and Krakow. Visit the impressive Wieliczka Salt Mines with its elaborate salt carved chambers and there's the opportunity to learn more about Poland's troubled past at Auschwitz.

- Warsaw Discover the colourful Old Town and the attractive Lazienki Palace and Royal Castle
- Wroclaw Explore one of the oldest and most beautiful cities that is known as the 'Venice of Poland'
- Krakow See Europe's best-preserved medieval market square and have the chance to visit Schindler's Factory



MEALS
Breakfast: 7
Dinner: 1



TRIP STAFF
Explore Tour
Leader
Driver(s)
Local Guide(s)



TRANSPORT
Bus
Train



ACCOMMODATION 7 nights comfortable hotel



TRIP PACE: Moderate



GROUP SIZE 12 - 18

Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

DAY 1 - Join trip Warsaw

Arrive in Warsaw. Poland's capital is a wonderfully dynamic and modern city, but reminders of its turbulent history are easy to uncover. After World War II around 85% of its buildings were left in ruins; however, the city has been impressively rebuilt and restored to its former glory with the Old Town 'Stare Miasto' as its centrepiece. Buskers, street artists and open-air cafes give the area a unique energy and atmosphere, making a visit that little bit more special.

For those arriving on time our Leader plans to meet you in the hotel reception at 7pm for the welcome meeting and for those that wish, there is the chance to go out for dinner. There are no other activities planned today, so you are free to arrive in Warsaw at any time. If you would like to receive a complimentary airport transfer today, you'll need to arrive into Warsaw Chopin Airport (WAW), which is 30 minutes' drive. Should you miss the welcome meeting, your Leader will inform you of any essential information as soon as you catch up.

If you are arriving into Modlin Mazovia Airport (WMI) then please speak to our Sales team, as we can arrange a private transfer for you at an additional cost. The drive from this airport to our hotel takes around an hour.

If your flight arrives earlier in the day, perhaps you might choose to visit Lazienki Park including the botanical gardens, which are about 15 minutes' walk from our hotel.



ACCOMMODATION: Hotel MDM (or similar)

Grade: Comfortable Hotel





MEALS PROVIDED: NONE

DAY 2 - Explore Warsaw Old Town; chance to visit Wilanow Palace

This morning we head out on foot to explore the Old Town district. With cobblestone streets, historic squares and Gothic churches, it's easy to understand why the Old Town is top of every visitor's 'must see' list. We take in all the main sites including the 17th century rust red Royal Castle and the Lazienki Palace or 'palace on the water' with its attractive architecture and lush gardens.

There are several options for your free afternoon; Warsaw has plenty to keep you occupied if you wish to continue exploring the city centre independently. Alternatively, you can visit the splendid 17th century Wilanow Palace, often referred to as the 'Polish Versailles', or the fascinating Museum of the History of Polish Jews, which was voted as the European Museum of the Year in 2016. Another popular choice is the Warsaw 1944 Rising Museum, which is a tribute to the local residents who fought for their independence against German occupation. One of the exhibits here features a replica of a Liberator B-24J bomber aircraft.



ACCOMMODATION:
Hotel MDM (or similar)

Grade: Comfortable Hotel



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 3 - Train to Wroclaw; afternoon city tour and gnome spotting

The morning train takes us to the 'Venice of Poland', Wroclaw, a charming old city built on 12 islands surrounded by canals and rivers. More than 120 bridges link the islands which are adorned with delightful buildings reflecting the city's past. You'll see Bohemian, Hungarian, Austrian, Prussian and German influences as the city has been coveted by all of these empires throughout its long history. Keep your eyes peeled and after a while you'll start to notice something popping up in doorways, alleyways and on street corners; perhaps Wroclaw's most famous inhabitants, Gnomes! An important part of Polish folk law they also became associated with the protest movements of the 1980's and a symbol of resistance to

communist control.



ACCOMMODATION: B&B Hotel Wroclaw Centrum (or similar)

Grade: Comfortable Hotel



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 4 - Free time in Wroclaw; option to visit the Panorama of Raclawice

Today you'll have free time in Wroclaw or you may choose to visit the Panorama of Raclawice, an enormous circular painting (more than 100 metre long) depicting the battle of Raclawice. Wroclaw is home to many small and quirky bars and micro-breweries so there are plenty of options available to quench your thirst after a day spent exploring.

Further afield you might like to join an excursion to the historic city of Zagan, which was formerly the German city of Sagan and home to the prisoner of war camp for captured allied airmen, which is famous as the location of 'The Great Escape'. It will take either 2 hours by minibus or 2.5 hours by train per way to get there. Whilst here you might like to visit the 13th century Augustine monastery and library which houses many old books and globes and is known for its whispering gallery and unusual acoustics. Alternatively you could visit the castle which was previously owned by the wealth Bohemian Lobkowitz family or spend time discovering the charming Old Town and climb to the top of the Post-Evangelical Church Tower to get the best views over the streets below.

Instead you might like to visit Ksiaz Castle and Landscape Park, which is best known for its stunning Rococo architecture. It will take either 1 hour by minibus or by train per way to reach here. If we travel by train then we will pass near to the location of the reputed 'gold train' site where many people believe a train packed with Nazi gold from World War II was hidden in a secret tunnel that has yet to be found. At the castle you can either visit just the main fort or also the World War II tunnels which formed part of the Nazi 'Riese' complex. This 13th century castle was home to the powerful Hochbergs family, but in 1941 it was confiscated by the Nazi's and received significant damage during this time, but they also created a network of mysterious tunnel under the castle. The castle was fully restored in the 1950's to its former grandeur and today you can explore many of the rooms, terraces and gardens.



ACCOMMODATION: B&B Hotel Wroclaw Centrum (or similar)

Grade: Comfortable Hotel



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 5 - Train to Krakow; explore the beautiful Old Town square

This morning's train journey sees us arriving in Krakow, Poland's capital until 1596 and still its most charming city. Dating from the 13th century, Krakow is a picture-postcard city of narrow streets, grand buildings and al-fresco cafes just begging to be explored. In the afternoon we begin to uncover the city's delights with a visit to the fabulous Rynek Glowny, Europe's largest medieval square. The square is still now very much at the heart of Krakow local life. Quirky town houses and historic buildings adorn the square with the most famous being the Sukiennice, a vast cloth hall where goods would have been sold in Medieval times, which is still in use now as a covered market. Inside you'll find vendors peddling a multitude of local wares from wooden toys to beautiful amber jewellery.



ACCOMMODATION: Hotel Maximum (or similar)

Grade: Comfortable Hotel



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 6 - Discover the Wieliczka Salt Mines and Krakow Old Town

We start today by visiting the Wieliczka Salt Mines, a UNESCO World Heritage Site, by local train (the journey takes us around 20 minutes each way). At up to 300 metres underground we'll see a 400 year old chapel, a subterranean salt lake and chambers large enough to take the Eiffel Tower! The Chapel of Saint Kinga is the mines most spectacular feature and we will no doubt be amazed by what can be sculpted from salt. Please note that there are 350 steps down into the mine at the beginning of the tour and then a further 450 on the route through the various corridors and 20 chambers visited. The temperature underground can be much cooler than on the surface, so be sure to bring a jumper.

Back in Krakow later this afternoon we head out on foot with a local guide to explore the delightful Old Town; another UNESCO World Heritage Site! and the only major Polish city to escape the war

unscathed. Many of the streets are still very much as they were hundreds of years ago with historic buildings and elegant frontages. Overlooking all this is the fairy-tale Wawel Castle and Wawel Cathedral, where past kings and queens rest in peace. We will go inside the castle which houses exquisite treasures collected by the monarchy of Poland over the years.

This evening you will have the opportunity to join a cooking class at a local restaurant where the chef will show you how to create a tantilising polish speciality.



ACCOMMODATION: Hotel Maximum (or similar)

Grade: Comfortable Hotel



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 7 - Chance to go to Auschwitz; visit the Kazimierz District and try traditional Jewish food

This morning is free for you to discover more of Krakow or you may choose to join an optional excursion to Oswiecim, the site of the Auschwitz-Birkenau Concentration Camp; an eerie and haunting place that drives home the terrible atrocities which took place here during World War II.

This afternoon we visit the UNESCO listed Jewish Podgorze District, the location of the Jewish Ghetto in World War II and the setting for the film 'Schindler's List'. Along the way we will grab a 'zapiekanka', an open faced toasted baguette sandwich, which is a popular local fast food option. Whilst in this area you'll have the opportunity to visit the Old Synagogue, Schindler's Factory and the Museum of Jewish Life, which provide fascinating insights into the life of Krakow Jews and the war years.

In the evening we commiserate the end of a great tour with a traditional Jewish dinner accompanied by Klezmer music with its expressive melodies, said to be reminiscent of the human voice. Following dinner, if you wish to join them, your Leader will take you to a few local bars and pubs to give you the chance to try the typical Polish beers and the extensive local vodka varieties.



ACCOMMODATION: Hotel Maximum (or similar)

Grade: Comfortable Hotel







MEALS PROVIDED: BREAKFAST & DINNER

DAY 8 - Trip ends in Krakow

The trip ends after breakfast at our hotel in Krakow.

There are no activities planned today, so you are free to depart from Krakow at any time. If your flight is departing later in the day luggage storage facilities are available at our hotel. If you would like to receive a complimentary airport transfer today, you need to depart from John Paul II Krakow-Balice International Airport (KRK), which is about 30 minutes' drive.



MEALS PROVIDED: BREAKFAST

Trip information

Country information

Poland

Climate

Poland has a temperate, changeable climate. September and October are cooler and gradually become damper until late November when temperatures fall below freezing with snowfall, particularly in mountainous areas. Cold temperatures last through to March, but are tolerable. Snow can lie for up to three months in the mountains.

Time difference to GMT	Plugs	Religion	Language
+1	2 Pin Round	Roman Catholic	Polish

Budgeting and packing

Optional activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were

originally issued but may change at any time due to currency fluctuations. Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

A selection of optional activities are listed below to help you budget for your holiday. Whilst the trip price you pay before you travel includes a great selection of highlights, we have also built in free time to allow you the flexibility to choose from a carefully selected range of additional excursions and activities or take time to relax, the choice is yours. At certain destinations along the way there may be several options to choose from and it may not be possible to fit all the activities in; your Explore Leader will be able to give advice on which are the most suitable for you.

Warsaw:

Wilanow Palace visit operates on day 2 and entry is PLN 25.00 per person.

Museum of History of Polish Jews visit operates on day 2 and entry is PLN 25.00 per person.

Warsaw 1944 Rising Museum visit operates on day 2 and entry is PLN 18.00 per person.

Wroclaw:

Panorama of Raclawice visit operates on day 4 and entry is PLN 30.00.

Zagan excursion operates on day 4 and return transport by train is PLN 80-100.00 per person, which takes around 2.5 hours or alternatively transport by road takes around 2 hours and an 18 seater minibus is €295.00 per group or a 12 seater minibus is €210.00 per group. Entrance to the Augustine Monastery is PLN 18.00 per person. Lobkowitz Castle entrance is PLN 7.00 per person and if you would like a guided tour this can be arranged for PLN 100.00 per group and to climb the tower to the viewing platform is an additional PLN 5.00 per person.

Ksiaz Castle and Landscape Park excursion operates on day 4 and return transport by train is PLN 45 per person, which takes around 1 hour or alternatively transport by road also takes around 1 hour and an 18 seater minibus is €165.00 per group or a 12 seater minibus is €140.00 per group. Ksiaz Castle entrance is PLN 30.00 per person or it's PLN 50.00 per person if you'd like to visit the Nazi tunnel complex as well.

Krakow:

Cooking lesson on day 6 at a local restaurant or in our hotel restaurant where an English speaking chef will instruct us on how to make a Polish speciality is €35.00 per person (duration 2.5 hours).

Excursion to Auschwitz by bus operates on day 7 and includes entrance and guiding in English for PLN 155.00 per person.

On day 7 whilst in the Podgorze District you can visit the Old Jewish Synagogue for PLN 10.00 per person, Schindler's Factory for PLN 24.00 per person or the Museum of Jewish Life for PLN 16.00 per person.

Please note that all optional excursions listed above are subject to change and availability and they may not all be possible to offer on every departure date.

Clothing

Summers can be hot so pack cottons and light weight clothing with warmer layers for the evenings and a

rain jacket, just in case. Medium weights in spring and autumn are recommended along with a windproof and waterproof jacket. Ladies should take a headscarf and ensure their shoulders are covered when entering churches.

If you're travelling to Poland in winter then weather conditions can change rapidly - sunshine, drizzle, rain and snow may all occur in the same day. In winter temperatures can drop to -10 degrees centigrade. You'll need to take warm clothing, so pack layers of breathable fabrics. A good quality heavy duty wind and waterproof jacket is essential.

We'd also strongly recommend packing thermal underwear, a fleece jumper, woolly hat, thick socks, scarf or snood and gloves (and glove liners for when you're taking photos).

Footwear

Comfortable shoes are recommended for walking around city streets.

If travelling in winter then bring warm waterproof walking boots or shoes that have sufficient grip and ankle support for use in icy and snowy conditions.

Luggage

20kg

Luggage: On tour

One main piece of baggage and a day pack. Remember you are expected to carry your own luggage so don't overload yourself.

Equipment

We recommend taking sunglasses, a sun hat and sunscreen. Please bring your own reusable water bottle to reduce plastic consumption. In case of emergency we recommend that you carry a torch and a first aid kit. You may find an umbrella useful and if travelling in winter you may also want to bring a walking pole in case of icy conditions.

Don't forget your camera. If you are travelling in winter then take spare camera batteries, as these don't usually last as long in cold weather.

Please note that in many of the museums in Poland larger bags will need to be placed in a locker and there may be an additional charge for taking photographs whilst inside.

Tipping

Explore leader

Tipping isn't compulsory, and we work hard to ensure that our leaders all receive a fair wage. You may however, want to recognise a leader that has done a great job or really added to your trip by giving them a tip. We're often asked about the recommended amount. It is a tricky one, and down to personal preference, but we would recommend £15 to £20 per person per week as a guideline.

Local crew

Although voluntary, tipping is a recognised part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. Accordingly, you should allow approximately £15 of local currency for tipping.

In order to make things easier for you, the Explore Leader may organise a group's tips kitty and if this is the case, they will account for it throughout the trip.

Poland

Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price	Dinner price	Beer price	Water price
£8	£18.00 - 22.00	£1.50 - 3.00	£0.8

Foreign Exchange

Local currency

Polish Zloty

Recommended Currency For Exchange

British Pounds Sterling, US Dollars and Euros are all accepted at exchange offices and banks

Where To Exchange ATM Availability

Most major towns - your Tour Leader will advise you on arrival Available in all major cities

Credit Card Acceptance Travellers Cheques

Transport, Accommodation & Meals

Transport Information

Bus, Train

Accommodation notes

Please note that the majority of hotels in Poland don't have air-conditioning.

Essential Information

Government Travel Safety Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

Price Guarantee

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. Booking Conditions

Visa and Passport Information

Poland: Visas not required by citizens of the UK, Australian, New Zealand, US and Canadian. Other nationalities should consult the relevant consulate.

If you do require assistance in obtaining a visa then you may be able to apply through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

Booking conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

Transfers

Find out more about Trip Transfer Terms and Conditions before you book.

Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will receive a Free Transfer, provided you arrive and

depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers. If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport. On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

Included activities

This trip is designed to acquaint you with the highlights of Poland in just 8 days. We make the most of our

time by using trains between the cities and in order to experience travelling like the locals do. Once we're in the cities our explorations are mostly done on foot, so please bring sensible footwear and be prepared for the busy nature of this enthralling holiday.

Ability to swim

No

Poland

Vaccinations

Nothing compulsory, but we recommend protection against tetanus, polio and hepatitis A. Tickborne encephalitis is recommended by some medical sources if travelling in certain areas of Europe, at specific times of the year. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

Additional Information











AIRPORT TRANSFERS