

# EXPLORE!

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BEST SELLER

## Hiking Turkey's Lycian Way

TURKEY - TRIP CODE LW

WALKING AND TREKKING

### Why book this trip?

This trip follows Turkey's spectacular Lycian Way, walking along scenic coastal trails between little-visited ancient ruins & time-forgotten villages. Enjoy traditional hospitality and home cooked meals staying in rural village guesthouses.

- **Kayakoy** - Walk around this ghostly abandoned Greek village
- **Patara** - Explore Roman ruins and the stunning golden sand beach
- **Turquoise Coast** - Take a boat trip over sunken ruins and swim in secluded bays

**INCLUDED MEALS**

Breakfast: 7  
Lunch: 3  
Dinner: 3

**TRIP STAFF**

Explore Tour  
Leader  
Driver(s)

**TRANSPORT**

Bus  
Boat

**ACCOMMODATION**

1 nights simple  
guesthouse  
5 nights  
comfortable hotel  
1 nights simple  
village house

**WALKING GRADE:**

Moderate

**GROUP SIZE:**

10 - 16

## Itinerary

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Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

### DAY 1 - Join trip Kayakoy, site of the deserted Greek village

Arrive in Kayakoy; a peaceful farming community close to Fethiye and around 1 hours' drive from Dalaman Airport. Tonight's hotel is set a quiet rural area.

For those arriving on time our leader will meet you in the hotel reception at 7pm for the initial tour briefing. After this we have dinner included at our hotel where you can sample hearty Turkish food such as slow cooked lamb, a barbecued meat selection or pide - it's similar to a pizza.

There are no other activities planned today, so you are free to arrive in Dalaman at any time. If you would like to receive a complimentary airport transfer today, you'll need to arrive into Dalaman Airport (DLM). Should you miss the welcome meeting, your Leader will inform you of any essential information as soon as you catch up. The main trip briefing will take place on the morning of day two.

Please note that a full dinner is served up until 10pm; if you are arriving later than this a simpler supper of soup and meze is served up until midnight. After midnight it isn't possible for dinner to be provided.

If your flight arrives earlier in the day, perhaps you might choose to relax beside our hotel's outdoor swimming pool, have a drink in the terrace bar or to take a stroll in the garden. There will be the opportunity of taking a walk around the deserted Greek village of Kayakoy right by our hotel. Dominating the mountainside that overlooks the village, Kayakoy has fallen into ruin since the exodus of the Greeks in 1923, forced out by the Treaty of Lausanne. Today its ghostly buildings cast a strange profile against the sky, giving the impression of a town cursed by its turbulent past.

**ACCOMMODATION:**

Muzzy's Place (or similar)



## Grade: Comfortable Hotel



SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: DINNER

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## DAY 2 - Enjoy views to Oludeniz Beach as walk to Faralya village

There is a second opportunity to have a short walk around Kayakoy before breakfast. After breakfast we hike from Ovacik village, nestling on the hillside overlooking Oludeniz, and head south up onto the outflung shoulders of Baba Dagi (1989 m). Along the way we are rewarded with fine views back over Turkey's most photographed beach, Oludeniz. Passing through pine forests and remote villages we descend to the village of Faralya which lies on a small plateau above the fjord-like Butterfly Valley, where steep limestone cliffs drop to the sea. Butterfly Valley is a lepidopterist's delight, deriving its name from the abundance of creatures that flutter about its lush canyon walls.

Today's 13 kilometre walk is expected to take around five hours with 600 metres of ascent, the morning is mostly uphill but gradient is never severe.



ACCOMMODATION:  
George House (or similar)



## Grade: Simple Guesthouse



SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST & DINNER

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### DAY 3 - Hike through forest and farmland to village of Gey; stay in village house

Starting gently uphill through pine forest, we reach farmland with open fields that soon give way to spectacular terraces with views to the villages far below, as well as across the sea to distant islands. We descend for a while, towards the distant beach and village of Kabak. Skirting the higher slopes of the village we follow an ancient path into a blind valley before climbing up through pine forest again to the tiny village of Alınca. Perched high over the sea we may take a well earned tea break with the villagers before continuing. In the afternoon we pass high above beautiful bays of this spectacular coastline as we continue towards the village of Gey, our destination for the night.

Tonight we stay in a traditional village house. Accommodation will be in single sex rooms of up to four people, depending on the size of our group, sleeping on thick mattresses on the floor, with shared showers and toilets. Gey is a very typical rural Turkish village and the food and hospitality you will receive is wonderful after a long day walking.

Today's 18 kilometre walk is expected to take around seven with 850 metres of ascent, relatively steep for about an hour and a half before lunch.



ACCOMMODATION:  
Gey Village House (or similar)



Grade: Simple Village House



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 4 - Discover dramatic coastal views as hike to ancient city of Sidyma.

From Gey, the Lycian Way continues through stunning coastal scenery staying high as far as Bel, then climbs more via some large plains and pine forests, before descending steadily to Sidyma Ancient City (Dodurga Village) The site has some very well preserved and unusual tombs from the Roman and Byzantine period - the village is amongst, and indeed part of the site. A tea stop can be made at the house opposite the mosque. From the site we make a transfer (approx 30 minutes) to the village of Patara where we spend two nights.

Today's 12 kilometre walk is expected to take around five hours with 260 metres of ascent and 640 metres of descent.



ACCOMMODATION:  
Patara Delfin Hotel (or similar)



Grade: Comfortable Hotel





SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST & LUNCH

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### **DAY 5 - Follow the route of the aqueduct to Patara Beach**

Following the route of the of aqueduct from Delikkemer to Patara we hike across fertile rolling fields and through pine forest, enjoying beautiful coastal views before descending to the southern end of Patara Beach. Here we have an opportunity to swim and explore the extensive ruins of ancient Patara, the birthplace of Saint Nicholas.

Today's eight kilometre walk is expected to take around three-and-a-half hours with 400 metres, with additional time for exploration of the ruins and on the beach.



ACCOMMODATION:  
Patara Delfin Hotel (or similar)



**Grade: Comfortable Hotel**



SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

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### **DAY 6 - Ascend to Mount Felen; drive to the harbour town of Kas**

Taking a route across streams and through villages, almost untouched by modern life, our path climbs to a ridge, Mount Felen, with views of the higher mountains inland and the coast below that are almost unsurpassed. We descend by vehicle to Kas, one of the most beautiful ports on the Turkish Riviera, with a dramatic backdrop of limestone cliffs. Kas is a great place to relax, with cafes and restaurants spilling out

onto cobbled streets and a network of tiny back-alleys to explore.

Today's 16 kilometre walk is expected to take around six hours with 400 metres of ascent.



ACCOMMODATION:  
Club Phellos Hotel (or similar)



**Grade: Comfortable Hotel**



SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

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### **DAY 7 - Walk to ancient port of Aperlae; Kekova Bay boat trip**

This morning we hike to the hamlet and ancient port of Aperlae and from there by boat to the castle-topped village of Simena, possibly one of the most beautiful settings on the Mediterranean. A tiny village accessible only on foot or by boat (it has no roads), its harbour is dotted with ancient sarcophagi (tombs), Roman baths and houses that cling to a hillside beneath a medieval castle. Hiking up to the castle we find within its walls a tiny ancient theatre (the smallest in Lycia, with a seating capacity for about 300 people). Carved from the solid rock it is a wonderful place to sit and soak up the beautiful surroundings and layers of history. En-route to Simena we visit the sunken city of Kekova by boat where you can enjoy a BBQ lunch on board. The results of various earthquakes, the partly submerged streets and buildings are visible in the crystal clear waters and there are visible mosaic pavements, terracotta amphorae, walls and staircases that once formed part of this remote island community. Then we return to Kas for our final evening.

Today's 10 kilometre walk is expected to take around three hours with 100 metres of ascent.



ACCOMMODATION:  
Club Phellos Hotel (or similar)



**Grade: Comfortable Hotel**



SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST & LUNCH

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### **DAY 8 - Transfer to Dalaman airport where our trip ends**

The trip ends at Dalaman Airport.

There will be two transfers provided to Dalman Airport (DLM) today, which is around a two-and-a-half hour drive from the hotel. The morning transfer will be at 7am to arrive at the airport by 9.45am and another later in the day departing at 4.30pm to arrive at the Airport for around 7pm. The earliest your flight can depart is 11:15am.



MEALS PROVIDED: BREAKFAST

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## **Trip information**

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### **Climate and country information**

#### **Turkey**

##### **Climate**

Summers are hot and dry with refreshing sea breezes and clear waters, great for boat trips. It is often cooler on higher ground and in the mountains and can be cold at night, even in the summer. During the shoulder seasons (loosely speaking, before mid-May and after early October), temperatures and rainfall can be erratic, with some temperatures dropping to 8-12 degrees, and other days being bright and sunny up to 25 degrees. Mountain locations will be cooler than on the coast, of course. In the winter, temperatures usually hover between 0 and 10 degrees, but are usually wet, particularly around the coast. The best time for walking in Turkey is mid-May, June and September, with pleasant temperatures and clear blue skies.

<b>Time difference to GMT</b>	<b>Plugs</b>	<b>Religion</b>	<b>Language</b>
+3	2 Pin Round	Islam, Christian	Turkish

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## **Budgeting and packing**

### **Clothing**

Bring light and comfortable clothing that can be layered according to the temperature. It can become cool, especially at night, so bring warmer layers. Tops made from wicking materials which keep you drier, a warmer fleece is recommended as a mid layer, and walking trousers are preferable to trousers of heavier material such as jeans.

- Breathable wind and waterproof jacket
- T-shirts
- Long sleeved tops
- Sunhat
- Long trousers
- Shorts (if you prefer to walk in them)
- Swimwear and towel
- Midlayer Fleece/pullover
- Socks (liner and thicker pair)

### **Footwear**

We recommend you bring walking boots with ankle support- leather or fabric are both fine. Make sure that your boots are worn-in and comfortable before the start of the trip. Also trainers or sandals for relaxing and general wear.

We suggest that on international flights you either carry your walking boots in your hand luggage or wear them - should your luggage be lost or delayed, your own boots are the one thing that will be irreplaceable.

### **Luggage**

20kg

### **Luggage: On tour**

Bring one main piece of luggage and a 20-30 litre day sack is recommended. You will need to carry what you need for the day which may include a raincoat, jumper, camera, sun-cream, water and picnic lunch. On hot days you will carry fewer clothes but more drinking water.

### **Equipment**

The village house can provide blankets for sleeping. However, your own sleeping bag and liner may be preferable. If you want to sleep outdoors, please also bring a roll-mat. Note sleeping bags, mats and liner can also be hired locally for £20.

- Sunglasses
- Sun cream
- Small Torch (with spare batteries and bulb)
- Camera
- Walking poles (if you usually use them)



- Personal toiletries
- Personal first aid kit - On each walk a first aid kit is carried but you should have your own blister kit, supply of plasters, aspirin and other essentials.
- Insect repellent
- Small waterproof dry bag (for items such as your mobile phone)
- Reusable water bottle (minimum 1 litre) - Get 15% discount on a Water-to-Go bottle [www.explore.co.uk/about-us/responsible-travel/water-to-go-discount-with-explore](http://www.explore.co.uk/about-us/responsible-travel/water-to-go-discount-with-explore)

## Tipping

### Explore leader

Tipping isn't compulsory, and we work hard to ensure that our leaders all receive a fair wage. You may however, want to recognise a leader that has done a great job or really added to your trip by giving them a tip. We're often asked about the recommended amount. It is a tricky one, and down to personal preference, but we would recommend £15 to £20 per person per week as a guideline.

### Local crew

Although voluntary, tipping is a recognised part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. Accordingly, you should allow approximately £15 of local currency for tipping.

In order to make things easier for you, the Explore Leader may organise a group's tips kitty and if this is the case, they will account for it throughout the trip.

## Turkey

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price	Dinner price	Beer price	Water price
£7	£13	£2.7	£1

### Foreign Exchange

#### Local currency

Turkish Lira.

#### Recommended Currency For Exchange

Major foreign currencies such as US Dollars, £Sterling and Euros can easily be changed. We advise against travelling with Travellers Cheques as commission rates are high. Other currencies can be exchanged in larger cities. We advise you to change money in Turkey as rates tend to be better.

#### Where To Exchange

Most major towns - your Tour Leader will advise you on arrival.

### **ATM Availability**

ATMs are widely available throughout Turkey. To avoid large queues at the airport exchanges, you may wish to xchange some lira before arriving.

### **Credit Card Acceptance**

In major restaurants.

### **Travellers Cheques**

Not recommended.

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## **Transport, Accommodation & Meals**

### **Transport Information**

Bus, Boat

### **Accommodation notes**

On the third night of this trip in Gey village we stay in a local village house, a fantastic way to experience a beautiful location, to try amazing locally produced and traditional food and to meet the local families that live in this region. We sleep on mattresses in different rooms with 2, 3 or 4 people to a room depending on the size of the group. There are shared shower and toilet facilities. Gey is a very typical rural Turkish village and the food and hospitality you will receive is just wonderful after a long days' walk.

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## **Essential Information**

### **Government Travel Safety Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign, Commonwealth & Development Office advice [click here](#).

For more information from Explore about travel advice, [click here](#)

### **Under 18 immigration guidance**

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### **Price Guarantee**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information.[Booking Conditions](#)

### **Visa and Passport Information**

Turkey: British nationals travelling to Turkey for tourism or business purposes do not require a visa for

visits of up to 90 days. Other nationalities should check with your local embassy or online at <https://www.evisa.gov.tr> for up to date information.

If you do require assistance in obtaining a visa then you may be able to apply through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

## Booking conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

## Transfers

Find out more about [Trip Transfer Terms and Conditions](#) before you book.

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer [click here](#)

## Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully

cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## **Flight information**

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

### **Flight Information**

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### **Booking a flight inclusive package with Explore**

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## **Maximum altitude (m)**

925

## **Ability to swim**

No ability to swim is necessary for the included activities on this trip, however there will be opportunities to swim in the sea and hotel pool for those who are able to participate in this.

## **Turkey**

### **Vaccinations**

Nothing compulsory, but we recommend protection against tetanus, typhoid, infectious hepatitis and polio. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed before departure.

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## **Walking and Trekking information**

## DAILY DISTANCES

Day 2	13km	5hrs
Day 3	18km	7hrs
Day 4	12km	5hrs
Day 5	8km	3.5hrs
Day 6	16km	6hrs
Day 7	10km	3hrs

### Walking grade

Moderate

### Trek details

Walks on 6 days for between 3 to 7 hours, along marked trails, mule tracks and old Roman roads often stony underfoot. The Lycian Way is a 509km footpath around the coast of southern Turkey and one of the most beautiful long distance walks in the world.

### Max walking altitude (m)

925

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### Ramadan



In 2021, Ramadan runs from 12 April - 13 May. Read more about travelling during Ramadan.

The following 2021 departures will coincide with Ramadan:

17 April 2021

24 April 2021

01 May 2021

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## Reviews

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**AWARD WINNING  
EXPLORE LEADERS**



**PRICE GUARANTEE  
PROMISE**



**AIRPORT  
TRANSFERS**