

# EXPLORE!

Book with confidence



## Peru Amazon Extension

PERU - TRIP CODE AMZ

DISCOVERY

### Why book this trip?

Spend four days in the Tambopata Reserve area of Peru's Amazon, learning more about its unique flora and fauna. The area is home to over 1,000 species of butterfly, 100 mammal species and 600 types of bird, making it one of the most biodiverse places on the planet. Immerse yourself in the rainforest as you explore on foot, by canoe and from treetop canopies, returning to your lodge for a comfortable night's sleep.

- **Canopy Walkway** - Get a bird's-eye view of the forest on these hanging bridges
- **Sandoval Lake** - Take a boat ride to this lake, home to kingfisher, squirrel monkey, caiman and more
- **Forest trails** - Explore on foot by day and night, learning about the survival mechanisms of the rainforest

- **Upgraded lodge available** - With options to stay in either a comfortable or a premium lodge, get the experience to suit you. Read on for more information on itinerary and prices

**INCLUDED MEALS**

Breakfast: 4  
Lunch: 3  
Dinner: 3

**TRIP STAFF**

Activity Guide(s)  
Naturalist(s)

**TRANSPORT**

Boat

**ACCOMMODATION**

3 nights  
comfortable lodge

**TRIP PACE:**

Moderate

## Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

### **DAY 1 - Join trip in Puerto Maldonado, transfer to Amazon lodge**

This extension trip starts at the airport in Puerto Maldonado. If you are joining the extension from another Explore trip, and we are booking these international flights for you, we will book the internal flight from the end point of your trip to Puerto Maldonado. Even if you are booking your own international flights, we can still book this connecting flight to Puerto Maldonado for you if you wish - please enquire. Otherwise, we ask that you arrive at the airport no later than approximately 3pm in order to avoid taking your boat journey by night.

The Amazon Basin sprawls over two-fifths of South America, including a massive 60% of Peru, and is the most bio-diverse environment in the world. After Brazil, Peru has the largest section of the Amazon Rainforest, of which only a fraction is easily accessible.

From the port in Puerto Maldonado, we will travel along the Tambopata River by motorised canoe (approximately 40 minutes) and check into our Amazon lodge. Depending on the arrival time, this afternoon our local guide takes us on an exploration of the jungle trails surrounding the Field Station, discovering the tropical trees, medicinal plants, insects, butterflies and other animals we see en route. In the evening, we have a night float along the Madre De Dios River in search of the wildlife that surface during night time such as capybaras, white caimans and nightjars.

The lodge is comfortable but as it is in a remote location, the electricity is provided by a generator and is only available for certain hours of the day.





ACCOMMODATION:  
Inkaterra Field Station (or similar)



Grade: Comfortable Lodge



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

## DAY 2 - In Amazon Jungle; Canopy walk and Sandoval Lake

We spend the morning on the Inkaterra Canopy Walkway, which is a 1129ft system of 2 observation towers, 8 platforms and 7 hanging bridges 100ft above the ground. The walkway is designed to perform scientific research of the ecosystems inhabiting the rainforest canopy, and gives us an unobstructed view of the wildlife and birds.

The activities and tours at the Inketerra are planned for the morning and afternoon when it is cooler. Each day there will be a few hours of down time after lunch to relax or read in the heart of the rainforest.

During the afternoon, we take a 30 minute boat ride, entering the territory of the Tambopata Reserve. We will trek 5km through the dense vegetation of the tropical rainforest looking out for snakes, monkeys and birds. Our destination is Sandoval Lake. Numerous species of animals live near the lake, keep your eyes out for kingfishers, cormorants, squirrel monkeys, and capuchin monkeys. At the lake itself we may see giant river otters, black caimans and piranhas. This is also the habitat of the giant arapaima, a fish of more than 2.5m, weighing in at more than 200kg.



ACCOMMODATION:  
Inkaterra Field Station (or similar)



Grade: Comfortable Lodge



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 3 - In Amazon Jungle; boat ride and Inkaterra experience

This morning, we take a 20 minute boat ride to the river island near our lodge, a large sandbank at the shores of the Madre De Dios River. With our Local Guide, we will walk across the island to explore the floodplains that provides the island an ecosystem with a great diversity of birds such as the Amazonian umbrella bird, one of the Amazon's most sought after species by birdwatchers.

We continue on to visit the Inkaterra Association's Bio Orchard, where organic native goods are cultivated such as palms, vegetables and fruit. We learn the diverse phases of sustainable horticulture, the preparation of recycled compost, sowing and harvesting vegetables, fine herbs and tropical plants, using natural fertilizers, pesticides and herbicides. The lodge is working as sustainably as possible, to help local communities protect their surroundings, and using the forest for good.

During the afternoon, our Local Guide will show us the permanent plot area for rainforest restoration and conservation, and we'll learn about the survival mechanisms of the rainforest, exploring the meanings of the 19 native palm species. We'll take a night walk through the jungle, listening to the sounds of the birds, mammals, insects and amphibians that wander the forest at night, using the expertise of our local guide to try and spot them.



ACCOMMODATION:  
Inkaterra Field Station (or similar)



Grade: Comfortable Lodge



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 4 - Early morning boat to Puerto Maldonado and end trip at airport

Our Amazon adventure comes to an end today after breakfast and we will travel by motorised canoe back to Puerto Maldonado, before transferring to the airport. If you prefer you can end your trip at the office in Puerto Maldonado and arrange a taxi transfer to the airport yourself at a time that better suits your own itinerary. The office is a short taxi ride from the town, and about 20 minutes by taxi from the airport.

If you are booking your own flights, you should ensure that they depart from Puerto Maldonado in the afternoon, approximately 12pm or later.



MEALS PROVIDED: BREAKFAST

# Trip information

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## Climate and country information

### Peru

#### Climate

There is a rainy season from Dec - Mar however on the coast it rarely rains. Jun-Oct is damp and misty, but temperatures never drop below 50°F. At high altitudes although there are sunny days temperatures can drop dramatically, and conditions can change suddenly.

Time difference to GMT	Plugs	Religion	Language
+2 (PST)	2 Pin Flat	Catholicism	Spanish

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## Budgeting and packing

### Clothing

Expect warm and humid conditions. However there may also be heavy rain showers. (It tends to be cooler and drier between May and October, the winter)

Bring light clothing (cotton or wicking material) - Long sleeve shirts and long trousers are best when walking through jungle, and a light weight rainjacket. It is worth also bringing some warmer clothes, particularly between May and September, in case of cool weather.

### Footwear

Walking shoes or boots are useful. Trainers are fine, but they should be something that you won't mind getting muddy.

### Luggage

20kg

### Luggage: On tour

Due to limited space on the boats your luggage will be limited to 10 kilos - your main bag will be left locked up in Puerto Maldonado while you stay at your Amazon Lodge. If you are coming from one of our trekking trips you can re-pack your red Explore trek bag that will be provided to you before departing Cusco. Joining from our other trips you will have time to re-pack before departing on the boat. You will need to pack enough for four days including clothes, toiletries, shoes, torch, sun cream and insect repellent. It is recommended you bring lockable bags.

## Equipment

For your jungle experience bring:

Sun cream, sunhat and sunglasses

Jungle formula insect repellent

Good torch and spare batteries for night walks and when the generator is not on

Small backpack for walks and boat trips

Good camera with zoom, spare battery and memory cards

Binoculars (optional)

## Tipping

### Local crew

Although entirely voluntary, tipping is a recognized part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided.

Accordingly, you should allow US\$ 15, approx. 50 Soles for group tipping

## Peru

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price	Dinner price	Beer price	Water price
£5.00-8.00	£15.00	£2.00 - 4.00	£1

### Foreign Exchange

#### Local currency

Peruvian Sol (PEN)

#### Recommended Currency For Exchange

You can choose to either change your money in advance or on arrival at the airport. Here you will find both ATMs and Bureau de Change. The exchange rate with the PEN is approximately PEN 4.3 to the British Pound. We recommend you take some emergency cash in USD as the GBP exchange rate isn't very good. Notes should be in good condition otherwise they might be difficult to exchange. Please check on line for up to date information

#### Where To Exchange

Your Tour Leader will advise you on arrival.

#### ATM Availability

ATMs can be found in the major towns and cities for cash withdrawals in Nuevos Soles. Always have some cash back up as they are not always reliable

### **Credit Card Acceptance**

Credit cards are widely accepted in many shops and restaurants but some may be subject to a service charge

### **Travellers Cheques**

We do not recommend Travelers Checks

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## **Transport, Accommodation & Meals**

### **Transport Information**

Boat

### **Accommodation notes**

We have two different accommodation options available - our comfortable lodge is the Inkaterra Field Station, and the premium lodge is the Inkaterra Hacienda Concepcion. Both lodges are built within the Tambopata National Reserve of virgin tropical rainforest.

The Field Station was originally set up as a research centre for scientists and has now opened its doors for travellers to experience the Amazon rainforest. The Field Station is run by, and is the headquarters for, the Inkaterra Association, an NGO funded by Inkaterra's ecotourism activities which is dedicated to supporting, fieldwork, biodiversity research and conservation. In contrast, the Hacienda Concepcion is built in a former cacao and rubber plantation, on the grounds of what once was an Amazon Catholic medical mission centre. The lodge is located in an enchanting setting within 819 hectares of natural rainforest on the shore of the vast Madre de Dios River.

Each lodge has communal and dining areas thatched in traditional style, with views into the forest. The rooms and cabanas are a short walk from here, also built in local wood and thatch, blending in with the surrounding forest. Each has an outdoor terrace with seating, furnished with crafted wooden furniture and en-suite bathrooms with running water, showers and flushing toilets. There is also a safety box for storing valuables and food, good mosquito nets cover the beds (which are well off the floor) and there are ceiling fans. Electricity is provided by a generator twice a day so Wi-Fi and room lights can be used, batteries charged, etc. but a strong torch is also required.

The main difference in the lodges is in the standard of the furnishings, being to a much higher specification in the Hacienda Concepcion. In addition, the hot water at the Field Station is sporadic - showers are occasionally lukewarm; perfectly suited to the humid environment.

Meals are all included during your stay and combine delicious local produce; lunch and dinner are served in the communal area self-serve style. Boiled, filtered drinking water is also available at all times, as is tea and coffee. Fruit juices are provided with breakfast, and beers, Pisco and soft drinks are also available to buy at the bar.

The Inkaterra Explorer guides all have a recognised national guiding qualification and most are from the local area. During your stay they will help you explore the primary forest around the lodge, identify

animals and plants, and learn about the biodiversity and local way of life. Keep your eyes open as you travel around by boat or walk through the forest as there is abundant wildlife in the area around the lodge.

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## **Essential Information**

### **Government Travel Safety Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign, Commonwealth & Development Office advice [click here](#).

For more information from Explore about travel advice, [click here](#)

### **Under 18 immigration guidance**

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### **Price Guarantee**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. [Booking Conditions](#)

### **Visa and Passport Information**

Peru: Visas are not required for UK, New Zealand, Australian, US and Canadian citizens. Other nationalities should consult the relevant consulate.

USA: (including those in transit) Citizens of the UK, New Zealand, Australia, Canada and passport holders from several EU countries can enter the United States without a visa under the Visa Waiver Program (VWP) - where you apply for an ESTA (Electronic System for Travel Authorisation), which applies if you enter the country by sea or by air. This must be done on line - <https://esta.cbp.dhs.gov> no later than 72 hours prior to travel. Travellers who have not registered before their trip are likely be refused boarding.

You must have an electronic passport with a digital chip containing biometric information about the passport owner. UK passports which are biometric feature a small gold symbol (camera) at the bottom of the front cover.

If you have visited Iraq, Syria, Iran or Sudan since 2011 or are dual nationals of these countries, you cannot travel with an ESTA and instead you will need to apply for a visa from the nearest US Embassy or Consulate. If you are unable to provide a valid visa before boarding flights to the US, or entering via another method, you may not be permitted to travel.

Please note for your ESTA application you will be required to supply Point of Contact information. Explore's USA contact information will be listed on your final documentation which you will receive



approximately 3-4 weeks before departure. If you are leaving for the USA before this, please call the Explore team to get this information.(Not necessary if in transit)

For further information please check out the US embassy website. Visa applications - <http://london.usembassy.gov/niv/apply.html>

Canada: An electronic travel authorisation (ETA) is required by British citizens transiting via Canada. For more information see the official Canadian government website:

<http://www.cic.gc.ca/english/visit/eta.asp>

Other nationalities should consult their local embassy or consular office.

If you do require assistance in obtaining a visa then you may be able to apply through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

## Booking conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

## Transfers

Find out more about [Trip Transfer Terms and Conditions](#) before you book.

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers. If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer [click here](#)

## **Insurance**

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## **Flight information**

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them [here](#).

### **Flight Information**

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### **Booking a flight inclusive package with Explore**

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport. On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## **Peru**

### **Vaccinations**

Nothing compulsory, we recommend protection against typhoid, tetanus, polio and hepatitis A. Please consult your travel clinic for the latest advice on Malaria, Dengue and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. Please note many countries in Central America, South America and the Caribbean require a yellow fever vaccination certificates if traveling from infected areas. A detailed list of these countries can be found on the NaTHNaC website - <http://travelhealthpro.org.uk/countries>. Also on the NaTHNaC site there is a list of Countries (and specific areas within a country) which are at risk of infection and a vaccination is therefore recommended. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed

by you before traveling.

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### Additional Information



## Why book this trip

This jungle extension is a perfect complement to a longer trip in Peru. The Peruvian Amazon is very accessible, with easy connections from Cusco and Lima, and the lodges are spread out enough to give you a real sense of privacy in the rainforest environment.

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## Reviews



AWARD WINNING  
EXPLORE LEADERS



PRICE GUARANTEE  
PROMISE



AIRPORT  
TRANSFERS