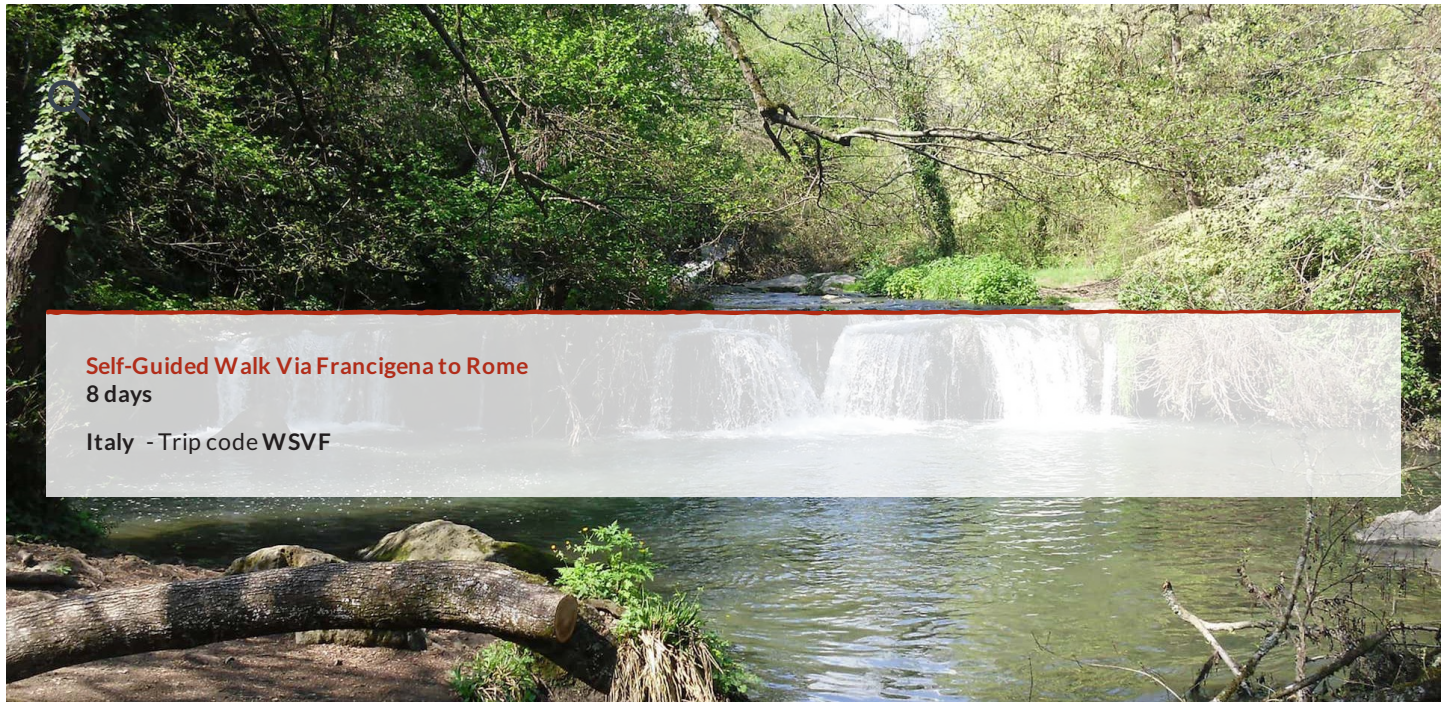


# EXPLORE!



## Self-Guided Walk Via Francigena to Rome

8 days

Italy - Trip code WSVF

## Self-Guided Walk Via Francigena to Rome

The Via Francigena is a medieval pilgrimage route from Canterbury to Rome. This holiday walks the final 126 kilometres, passing through a landscape of shady forests and gently rolling hills, sometimes walking on sections of ancient Roman road and stopping at several typical Italian towns until finally entering the heart of the fabulous 'Eternal City' Rome, where you claim your pilgrims' certificate.

### Trip highlights

- ★ **Pilgrimage trail** - Hike the final section of the Canterbury to Rome Via Francigena to obtain your Testimonium certificate
- ★ **Fascinating countryside** - Bolsena lake and tuff stone gorges
- ★ **Ancient Etruscans** - Pass through ancient villages and along 'hollow roads'
- ★ **Sutri** - Walk in the Regional Park of Sutri and see its Roman amphitheatre
- ★ **Family - run hotels** - Small and friendly family-run with delicious culinary specialities

#### ACCOMMODATION GRADE:

##### Standard

Our standard, mid-range accommodation offers a good level of service, often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en suite facilities.

## WALKING GRADE:

### Moderate

For those who are fit and active, these moderate walks are normally on good paths and tracks at low altitude. Days may include some fairly demanding ascents and descents, so previous experience is preferable but not essential.

# Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

## Walking and Trekking information

### DAILY DISTANCE



Optional Walks

### Walking grade

Moderate

### Trek details

On this holiday you can walk 126 km over 6 days (an average of 21 km per day). On the 2 longest days it is possible to shorten your route (your hotelier can drop you part way along the route) and on the final day, walking into Rome, you can opt to take public transport part of the way. The terrain is easy and well marked by the official signs of the Via Francigena.

Your route follows well marked footpaths and mule tracks. Many of the footpaths along the coast involve negotiating stone staircases. On some of the days you will catch the local bus to the start/end of the walk.



## What's included?



Included meals

Breakfast: 7

## Trip information

### Country information

#### Italy

##### Climate

April/May and October/November are pleasantly warm. June/September are the hottest months. Showers are common in Autumn.

##### Time difference to GMT

+1

##### Plugs

2 Pin Round

##### Religion

Roman Catholic

## Budgeting and packing

### Clothing

Take light and comfortable clothing that can be layered according to the temperature. July and August are the hottest months whilst early and late in the season go prepared with clothing to suit drops in temperature and possible showers. Light rainwear may be needed at any time of year, and a warm fleece/jacket is recommended for cooler evenings and nights.

### Footwear

Walking boots or shoes and comfortable trainers and/or sandals for sightseeing and relaxing.

### Luggage: On tour

You will need one main piece of baggage and a daypack sufficiently large to take everything needed for your walking day, such as your water bottle, snacks, spare clothing and camera. Your main luggage will be transferred to your next accommodation each day. Please clearly mark all your belongings with your name and the name of the next accommodation and have your bags ready and at the reception by 09:00 on the morning of your departure.

### Luggage transfer

Included between each hotel

### Equipment

Insect repellent, sunglasses, walking poles, sunscreen and a water bottle are all recommended.

Maps - Along with the destination manual and route notes you will be sent a set of maps that have been created specifically for this trip to help you navigate. The route is marked on each map together with a series of numbered waypoints which correspond with instructions in the route notes. Should you wish to purchase a more detailed commercially produced map we recommend the following:-

General maps

Lazio 1:200.000 TCI Touring Club Italiano, ISBN: 8836548245

Topographic maps

Lazio 1:20.000 Michelin ISBN-13: 978-2067126695

### Tipping

#### Local fees

A local city tax is required to be paid in cash upon check in to the accommodation. The amount varies from 1 to 3 Euros per person per night, with the higher amount relating to higher category hotels.

### Country Information

#### Italy

#### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

##### Lunch price

£5.00 - 10.00

##### Dinner price

£15.00 - 20.00

##### Beer price

£2.00 - 4.00

**Water price**  
£1.00 - 2.00

## Foreign Exchange

**Local currency**  
Euro.

**Recommended Currency For Exchange**  
GBP.

**Where To Exchange**

We recommend that you change any currency into Euros prior to arrival. Bureau de Change are generally only found in major cities and large airports.

**ATM Availability**  
Major towns.

**Credit Card Acceptance**  
Larger hotels and restaurants.

**Travellers Cheques**

Only in major towns. Please note, the exchange rate for cash and Travellers Cheques is poor.

## Transport, Accommodation & Meals

### Recommended airport

Rome

### Flying to your destination

We recommend flights into Rome's Fiumicino airport which is served by both budget (including Easyjet) and non-budget airlines (including British Airways) from multiple airports in the UK. You could also fly into Rome Ciampino airport but it is not served by as many airlines.

### Arrival and departure information

For this trip you can fly into and back from Rome Fiumicino airport. From here you can catch a train to Viterbo where you change trains and continue on to Montefiascone. For up-to-date train schedules check the Trenitalia website ([www.trenitalia.com](http://www.trenitalia.com)).

## Essential Information

### FCO Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice [click here](#).

For more information from Explore about travel advice, [click here](#)

**Under 18 immigration guidance**

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### Price Guarantee

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. [Booking Conditions](#)

### Visa and Passport Information

Italy: Visas are not required by UK, Australian, US, New Zealand, US or Canadian citizens. Other nationalities should consult their local embassy or consular office.

All visa information is subject to change. You should confirm all visa related questions with the relevant Embassy prior to departure.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

## Booking conditions

Before booking your Explore trip, please ensure that you read both our [Essential Information](#) and [Booking Conditions](#).

## Transfers

[Find out more about Trip Transfer Terms and Conditions before you book.](#)

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer [click here](#)

## Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. [Read more about them here.](#)

### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## Italy

### Vaccinations

Nothing required. Tetanus recommended. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at [Explore Travel Health](#) and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

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