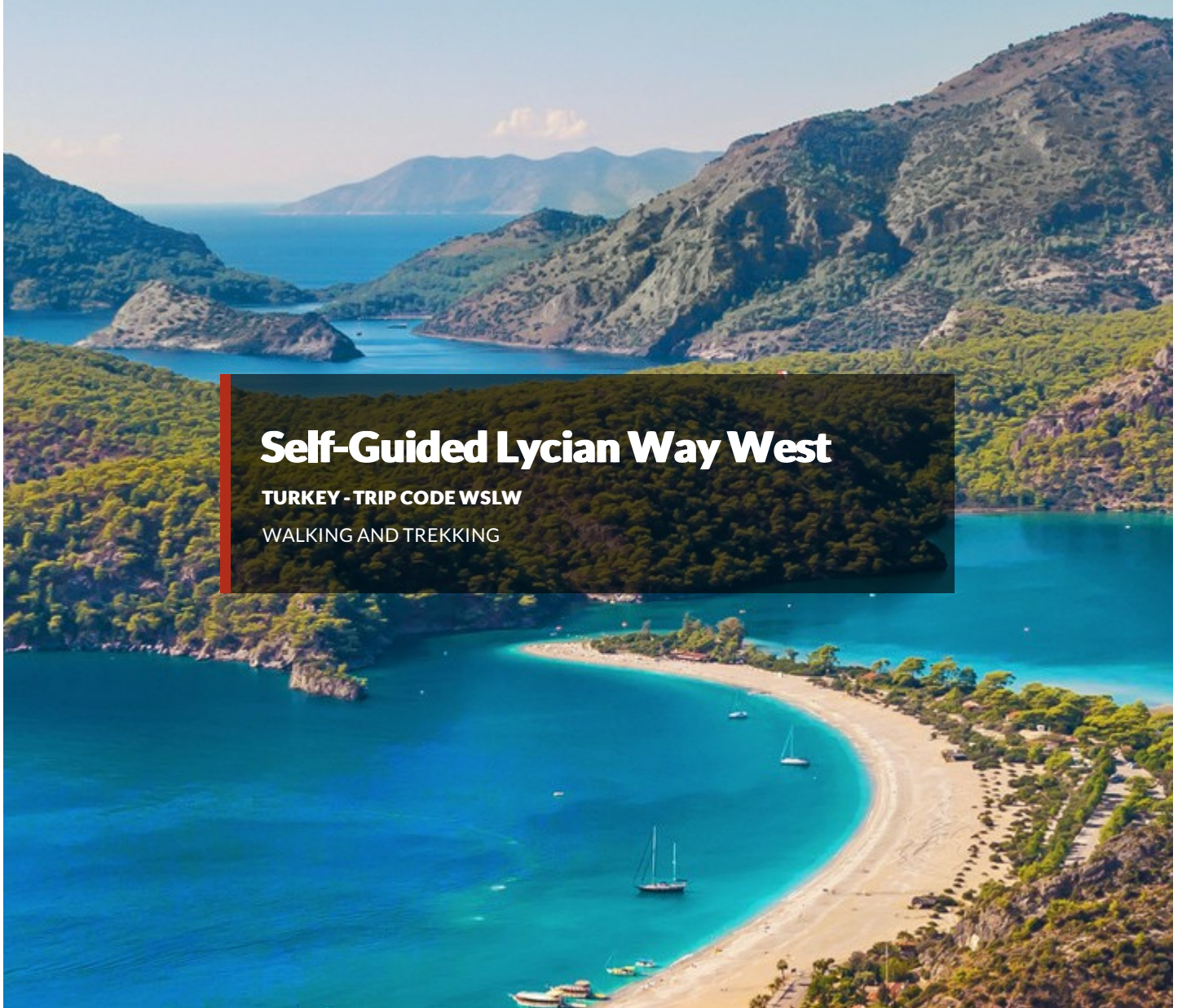


# EXPLORE!

Book with confidence



## Self-Guided Lycian Way West

TURKEY - TRIP CODE WSLW

WALKING AND TREKKING

### Why book this trip?

This trip follows Turkey's spectacular Lycian Way, walking along scenic coastal trails between little-visited ancient ruins and time-forgotten villages. Enjoy traditional hospitality and home cooked meals staying in rural village guesthouses.

- **Butterfly Valley** - Spend the night perched on the edge of this fjord-like valley
- **Patara** - Explore Roman ruins and the stunning golden sand beach
- **Turquoise Coast** - Hike scenic coastal trails between ancient ruins and villages



**INCLUDED MEALS**

Breakfast: 7  
Lunch: 3  
Dinner: 4



**TRIP STAFF**  
None



**TRANSPORT**  
On Foot



**ACCOMMODATION**  
1 nights simple guesthouse  
5 nights comfortable hotel  
1 nights simple pension



**WALKING GRADE:**  
Moderate

## Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

### DAY 1 - Holiday starts Kayakoy, site of the deserted Greek village

On arrival at Dalaman Airport (DLM) you will be met and driven to Kayakoy; a peaceful farming community close to Fethiye and around one hours' drive from Dalaman Airport. Tonight's hotel is set a quiet rural area. The deserted Greek village of Kayakoy is right by the hotel. Dominating the mountainside that overlooks the village, Kayakoy has fallen into ruin since the exodus of the Greeks in 1923, forced out by the Treaty of Lausanne. Today its ghostly buildings cast a strange profile against the sky, giving the impression of a town cursed by its turbulent past.

If your flight arrives earlier in the day, perhaps you might choose to relax beside the hotel's outdoor swimming pool, have a drink in the terrace bar or to take a stroll in the garden or through Kayakoy ruins.



**ACCOMMODATION:**  
Muzzy's Place (or similar)

**Grade: Comfortable Hotel**



**SINGLE ROOM AVAILABLE**



**SWIMMING POOL AVAILABLE**



MEALS PROVIDED: DINNER

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## DAY 2 - Taxi to Ovacik walk to Faralaya

After breakfast, a cartakes you to Ovacik village, nestling on the hillside overlooking Oludeniz. From here the walk starts and heads south up onto the outflung shoulders of Baba Dagi (1989 m). Along the way, you are rewarded with fine views back over Turkey's most photographed beach, Oludeniz. Passing through pine forests and remote villages we descend to the village of Faralya which lies on a small plateau above the fjord-like Butterfly Valley, where steep limestone cliffs drop to the sea. Butterfly Valley is a lepidopterist's delight, deriving its name from the abundance of creatures that flutter about its lush canyon walls.

Today's 15 kilometre walk is expected to take around five hours with 600 metres of ascent and descent, the morning is mostly uphill but gradient is never severe.



ACCOMMODATION:  
Onur Motel (or similar)

Grade: Simple Guesthouse



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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## DAY 3 - Walk a beautiful coastal route from Faralya to Kabak

Today's walk is a stunning route which hugs the coast, first high atop the cliffs of Butterfly Valley, then descending through dense pine forest to the sea at Aktas and Kizilcakaya, where you can stop for a swim and to cool off. The route then follows the coastline directly before climbing up to Kabak village where you spend the night.

Today's 9 kilometre walk is expected to take around three and a half hours with 500 metres of ascent and 600 metres of descent.



ACCOMMODATION:  
Shiva Camp (or similar)

## Grade: Comfortable Hotel



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 4 - Follow an ancient path from Kabak village to Gey

Skirting the higher slopes of the village follow an ancient path into a blind valley before climbing up through pine forest again to the tiny village of Alınca. Perched high over the sea you may wish to take a well-earned tea break with the villagers before continuing. In the afternoon, pass high above beautiful bays of this spectacular coastline as you continue towards the village of Gey, your destination for the night.

Today's 14 kilometre walk is expected to take around six hours with 1200 metres of ascent and 900 metres of descent.



ACCOMMODATION:  
Damanoglu Pension (or similar)



## Grade: Simple Pension



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST, LUNCH & DINNER

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### DAY 5 - Discover dramatic coastal views as hike to ancient city of Sidyma

From Gey, the Lycian Way continues through stunning coastal scenery staying high as far as Bel, and then climbs more via some large plains and pine forests, before descending steadily to Sidyma Ancient City (Dodurga Village). The site has some very well preserved and unusual tombs from the Roman and Byzantine period - the village is amongst, and indeed is part of the site. A tea stop can be made at the house opposite the mosque. From the site a car will take you to the village of Patara (approximately 40 minutes) where you spend the next two nights.

Today's 12 kilometre walk is expected to take around five hours with 260 metres of ascent and 640 metres of descent.



ACCOMMODATION:  
Patara Delfin Hotel (or similar)



**Grade: Comfortable Hotel**



SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

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### **DAY 6 - Transfer to Delikkemer walk back to Patara following the route of the aqueduct**

After breakfast, a short car ride takes you to Delikkemer. Today you will follow the route of the of aqueduct from Delikkemer to Patara. Hike across fertile rolling fields and through pine forest, enjoying beautiful coastal views before descending to the southern end of Patara Beach. Here you have an opportunity to swim and explore the extensive ruins of ancient Patara, the birthplace of Saint Nicholas. When you are ready, you can either walk take a taxi (€5) or take a bus back to the hotel.

Today's 10 kilometre walk is expected to take around four hours with 250 metres ascent and 350 meters descent.



ACCOMMODATION:  
Patara Delfin Hotel (or similar)



**Grade: Comfortable Hotel**



SINGLE ROOM AVAILABLE



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

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### DAY 7 - Taxi to Hacıoglan walk to Phellos

Again, the day starts with a 25 minute transfer , this time to Hacıoglan. This walk takes you to the hinterland of Lycia, on the shaded north side of the mountains. The vegetation is quite different here, with strawberry trees, Spiny Juniper and some Lebanese Cedars at the high points of the trek. It is a long lonely trek offering fine views to the frequently snow-capped mountains of the interior. The unexcavated site of Phellos, high on the ridge above a fertile valley, is the antithesis of grand Patara: Phellos' buildings were built in times less secure and prosperous, and are now hidden amongst the thick maquis, just waiting to be discovered. After visiting the site a transfer takes you to your hotel in Kas. Kas is one of the most beautiful ports on the Turkish Riviera, with a dramatic backdrop of limestone cliffs. Kas is a great place to relax, with cafes and restaurants spilling out onto cobbled streets and a network of tiny back-alleys to explore.

Today's 16 kilometre walk is expected to take around six hours with 900 metres ascent and 750 meters of descent.



ACCOMMODATION:  
Hideaway Hotel (or similar)

Grade: Comfortable Hotel



SINGLE ROOM AVAILABLE



MEALS PROVIDED: BREAKFAST

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### DAY 8 - Transfer to Dalaman airport where your trip ends

After breakfast there is an included transfer to Dalaman Airport (DLM) where our trip ends.



MEALS PROVIDED: BREAKFAST

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## Trip information

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## Climate and country information

### Turkey

#### Climate

Summers are hot and dry with refreshing sea breezes and clear waters, great for boat trips. It is often cooler on higher ground and in the mountains and can be cold at night, even in the summer. During the shoulder seasons (loosely speaking, before mid-May and after early October), temperatures and rainfall can be erratic, with some temperatures dropping to 8-12 degrees, and other days being bright and sunny up to 25 degrees. Mountain locations will be cooler than on the coast, of course. In the winter, temperatures usually hover between 0 and 10 degrees, but are usually wet, particularly around the coast. The best time for walking in Turkey is mid-May, June and September, with pleasant temperatures and clear blue skies.

Time difference to GMT	Plugs	Religion	Language
+3	2 Pin Round	Islam, Christian	Turkish

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## Budgeting and packing

### Clothing

Bring light and comfortable clothing that can be layered according to the temperature. It can become cool, especially at night, so bring warmer layers. Tops made from wicking materials which keep you drier, a warmer fleece is recommended as a mid layer, and walking trousers are preferable to trousers of heavier material such as jeans.

- Breathable wind and waterproof jacket
- T-shirts
- Long sleeved tops
- Sunhat
- Long trousers
- Shorts (if you prefer to walk in them)
- Swimwear and towel
- Midlayer Fleece/pullover
- Socks (liner and thicker pair)

### Footwear

We recommend you bring walking boots with ankle support- leather or fabric are both fine. Make sure that your boots are worn-in and comfortable before the start of the trip. Also trainers or sandals for relaxing and general wear.

We suggest that on international flights you either carry your walking boots in your hand luggage or wear them - should your luggage be lost or delayed, your own boots are the one thing that will be irreplaceable.

### Luggage

20kg

## Luggage: On tour

Bring one main piece of baggage as per your airline luggage allowance, maximum 20 kg per person. Remember you may need to carry your luggage at times so don't overload yourself. Luggage transfers between hotels are normally arranged by the hoteliers. Mark your bags clearly and leave them at the place and time arranged with them.

## Luggage transfer

Included between each hotel.

## Equipment

Sunglasses

Water bottle

Sun cream

Small Torch (with spare batteries and bulb)

Camera

Walking poles (if you usually use them)

Personal toiletries

Personal first aid kit - On each walk a first aid kit is carried but you should have your own blister kit, supply of plasters, aspirin and other essentials.

Insect repellent

Small waterproof dry bag (for items such as your mobile phone)

## Turkey

### Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price	Dinner price	Beer price	Water price
£7	£13	£2.7	£1

### Foreign Exchange

#### Local currency

Turkish Lira.

#### Recommended Currency For Exchange

Major foreign currencies such as US Dollars, £Sterling and Euros can easily be changed. We advise against travelling with Travellers Cheques as commission rates are high. Other currencies can be exchanged in larger cities. We advise you to change money in Turkey as rates tend to be better.

#### Where To Exchange

Most major towns - your Tour Leader will advise you on arrival.



### **ATM Availability**

ATMs are widely available throughout Turkey. To avoid large queues at the airport exchanges, you may wish to exchange some lira before arriving.

### **Credit Card Acceptance**

In major restaurants.

### **Travellers Cheques**

Not recommended.

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## **Transport, Accommodation & Meals**

### **Transport Information**

On Foot

### **Recommended airport**

Dalaman Airport (DLM)

### **Flying to your destination**

Dalaman Airport (DLM) is served by scheduled airlines (including British Airways) and charter flights (including TUI and Jet2) direct from UK airports including London and Manchester.

### **Arrival and departure information**

For this trip you can fly into and back from Dalaman Airport (DLM).

Airport taxi transfers to/from the first and last night accommodation are included in the price of this holiday.

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## **Essential Information**

### **Government Travel Safety Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign, Commonwealth & Development Office advice [click here](#).

For more information from Explore about travel advice, [click here](#)

### **Under 18 immigration guidance**

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

## Price Guarantee

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. [Booking Conditions](#)

## Visa and Passport Information

Turkey: British nationals travelling to Turkey for tourism or business purposes do not require a visa for visits of up to 90 days. Other nationalities should check with your local embassy or online at <https://www.evisa.gov.tr> for up to date information.

If you do require assistance in obtaining a visa then you may be able to apply through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

## Booking conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

## Transfers

Find out more about [Trip Transfer Terms and Conditions](#) before you book.

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both.

The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers. If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer [click here](#)

## **Insurance**

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

## **Flight information**

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them [here](#).

### **Flight Information**

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### **Booking a flight inclusive package with Explore**

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## **Turkey**

### **Vaccinations**

Nothing compulsory, but we recommend protection against tetanus, typhoid, infectious hepatitis and polio. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed before departure.

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## **Walking and Trekking information**

## DAILY DISTANCES

Day 2	15km	5hrs
Day 3	9km	3.5hrs
Day 4	14km	5hrs
Day 5	10km	4hrs
Day 6	10km	4hrs
Day 7	16km	6hrs

 Optional Walks

### Walking grade

Moderate

### Trek details

Walks on 6 days for between 3.5 to 6 hours, along marked trails, mule tracks and old Roman roads often stony underfoot. The Lycian Way is a 509km footpath around the coast of southern Turkey and one of the most beautiful long distance walks in the world.

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### Additional Information



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## Reviews



AWARD WINNING  
EXPLORE LEADERS



PRICE GUARANTEE  
PROMISE



AIRPORT  
TRANSFERS