

# Self-Guided Walking Elba Island

Lying around 10 kilometres off the Tuscan coast, Elba Island is a wonderful place to explore on foot. Walk through picturesque fishing villages, along rugged coastlines, mountain ridges and on dreamy, sandy beaches. Enjoy a walk along the northern flanks of Monte Capanne (1019m) for spectacular views across the rich blue Mediterranean Sea out to Corsica, mainland Italy and the Tuscan Archipelago.

# Trip highlights

- ★ Varied landscapes Lush Mediterranean to Alpine
- ★ Marina di Campo Lovely fishing village home to the largest beach on the Island
- Marciana Marina Trendy hangout with boutiques
- ★ Historical sights Churches, fortresses and villas
- ★ Mountain villages Idyllic and untouched
- ★ Pristine beaches Swim in crystal clear waters

## **ACCOMMODATION GRADE:**

#### Standard

Our standard, mid-range accommodation offers a good level of service, often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en suite facilities.

#### **WALKING GRADE:**

Suitable for most people in good health, these easy walks are predominantly on good paths, at low altitude and on undemanding terrain. Previous walking or trekking experience is not necessary.

# **Itinerary**

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

# DAY 1 - Trip starts in Marciana Marina

Your accommodation for the first two nights of your holiday is in the coastal town Marciana Marina. After checking-in, you may choose to spend some time exploring this charming town on the Mediterranean Sea. This evening, we recommend exploring the marina and old part of the town, as well as enjoying a delicious dinner in one of the many local restaurants.



Accommodation: Hotel Yacht Club (or similar)



Standard Hotel



Single room available



Meals Provided: None

## DAY 2 - Marciana circular walk

 $Today\ you\ set\ out\ on\ foot\ and\ start\ your\ exploration\ of\ the\ Island\ with\ a\ choice\ between\ two\ scenic\ walks.\ The\ first\ is\ an\ easy\ walks$ on the northern side of Monte Capanne, the highest point of the island at 1019m, from where you have expansive views of Marciana Marina and other villages. Alternatively you can climb up on the Monte Capanne ridge to the panoramic point of La Tavola (936 m), from where you have great open views of the eastern side of Elba and of the islands of Pianosa, Montecristo and Capraia. In the afternoon you can catch a local bus back to Marciana Marina.

You can expect today's 10 or 15 kilometre walk to take approximately four or five to six hours depending on which route you choose.



Accommodation: Hotel Yacht Club (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

# DAY 3 - San Piero in Campo circular walk

After breakfast you take a short drive private transfer to the village of San Piero in Campo, the starting point of a panoramic circular walk with spectacular coastal views. Walking through the Mediterranean vegetation you will encounter the 'Caprili', ancient stone huts once used by local shepherds for milking goats and making cheese. From here there is an included taxi transfer back to Marina di Campo. Spend your afternoon in the lovely fishing village of Marina di Campo with its long sandy beach lying below a beautiful pine forest.

You can expect today's 8 kilometre walk to take approximately three hours (longer walk available adding 2.5 km, roughly two



Accommodation: Hotel Barracuda (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast & Dinner

# DAY 4 - Marina di Campo circular walk via Monte Poro and Colle di Palombaia

Today's walk takes you up to Monte Poro and Colle di Palombaia along a panoramic ridge path running along the cliff edge. Most of the walk is in the shady woods and there are excellent views of Monte Capanne and Monte Calamita, Elba's highest peaks.

You can expect today's 10 kilometre walk to take approximately two hours (longer walk available adding 3.5km, roughly two hours).



Accommodation: Hotel Barracuda (or similar)



Standard Hotel



Single room available



Meals Provided: Breakfast

# DAY 5 - Marina di Campo circular walk via Monte Fonza

Today's rewarding walk climbs on the ridge of Monte Fonza from where you can admire the whole of the Gulf of Marina di Campo and, on the other side of the mountain, the bay of Lacona. After your walk you can unwind, swim and relax at the end of the bay of Marina di Campo or at the small pebbly cove.

You can expect today's 15.5 kilometre walk to take approximately four hours.



Accommodation: Hotel Barracuda (or similar)



Single room available



Meals Provided: Breakfast

# DAY 6 - Trip ends Marina di Campo

After breakfast, the organised part of your holiday comes to an end.



Meals Provided: Breakfast

# Walking and Trekking information



## Walkinggrade

Easy

#### Trek details

On this journey you walk 43.5 km over 4 days (an average of 10.8 km per day). There are longer walks available should you want. The walks mostly follow rocky coastal footpaths, sometimes through low vegetation or bushes, along mule tracks and footpaths and a few sections of secondary surfaced roads as you enter the villages and towns.

## Max walking altitude (m)

1019



# What's included?







Included meals

Breakfast: 5
Dinner: 1

Transport

Taxi

Accommodation

5 nights standard hotel

# **Trip information**

# **Country information**

# Italy

### Climate

 $April/May\ and\ October/November\ are\ pleasantly\ warm.\ June/September\ are\ the\ hottest\ months.\ Showers\ are\ common\ in\ Autumn.$ 

#### Time difference to GMT

+1

#### Plugs

2 Pin Round

## Religion

Roman Catholic

## Language

Italian

# **Budgeting and packing**

# Clothing

Take light and comfortable clothing that can be layered according to the temperature. July and August are the hottest months whilst early and late in the season go prepared with clothing to suit drops in temperature and possible showers. Light rainwear may be needed at any time of year, and a warm fleece/jacket is recommended for cooler evenings and nights.

# **Footwear**

Walking boots or shoes and comfortable trainers and/or sandals for sightseeing and relaxing.

# Luggage: On tour

You will need one main piece of baggage and a daypack sufficiently large to take everything needed for your walking day, such as your water bottle, snacks, spare clothing and camera. Your main luggage will be transferred to your next accommodation. Please clearly mark all your belongings with your name and the name of the next accommodation.

# Luggage transfer

Included between each hotel

# **Equipment**

Insect repellent, sunglasses, walking poles, sunscreen and a water bottle are all recommended.

Maps - Along with the destination manual and route notes you will be sent a set of maps that have been created specifically for this trip to help you navigate. The route is marked on each map together with a series of numbered waypoints which correspond with instructions in the route notes.

# **Tipping**

#### Local fees

Local city tax is required to be paid in cash upon check in to the accommodation. The amount varies from 1 to 3 Euros per person per night, with the higher amount relating to higher category hotels.

#### **Country Information**

# Italy

## Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

### Lunch price

£5.00 - 10.00

### Dinner price

£15.00 - 20.00

#### Beer price

£2.00 - 4.00

## Water price

£1.00 - 2.00

## Foreign Exchange

## Local currency

Euro.

### Recommended Currency For Exchange

GBP.

## Where To Exchange

We recommend that you change any currency into Euros prior to arrival. Bureau de Change are generally only found in major cities and large airports.

### **ATM Availability**

Major towns.

### **Credit Card Acceptance**

 $Larger\ hotels\ and\ restaurants.$ 

#### **Travellers Cheques**

Only in major towns. Please note, the exchange rate for cash and Travellers Cheques is poor.

# Transport, Accommodation & Meals

# **Transport Information**

Taxi

# **Essential Information**

## **FCO Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

#### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

## **Price Guarantee**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. **Booking Conditions** 

# **Visa and Passport Information**

Italy: Visas are not required by UK, Australian, US, New Zealand, US or Canadian citizens. Other nationalities should consult their local embassy or consular office.

All visa information is subject to change. You should confirm all visa related questions with the relevant Embassy prior to departure.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

# **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

## **Transfers**

Find out more about Trip Transfer Terms and Conditions before you book.

## Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

### Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

# Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

#### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

#### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates

# Maximum altitude (m)

1019

# Italy

#### Vaccinations

Nothing required. Tetanus recommended. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at Explore Travel Health and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.