

# **Treasures of Turkey**

Enjoy a week exploring some of Turkey's best Greco-Roman sites, including Ephesus, Aphrodisias and the impressive Temple of Apollo at Didyma, as well as visitng the lesser known sites of Sardes and Priene. In Pamukkale, like the ancients before us, we can enjoy a dip in the hot mineral waters of the spa or visit the ruins of ancient Hierapolis. After a tranquil boat journey through the reeds to Caunos, there will be a chance to spot endangered loggerhead turtles at Iztuzu Beach. There will also be time to relax at a thermal spa hotel in Salihil and amongst the olive groves on the banks of Lake Bafa.

# **Trip highlights**

- 🖈 Ephesus One of the ancient world's most iconic and important archaeological sites
- **Pamukkale and Hierapolis** Admire the hillside of white travertines and explore historic Hierapolis
- 🔶 🛛 Aphrodisias Discover the lesser visited but amazingly well-preserved Greco-Roman stadium
- ★ 🔹 Sardes Visit to the extraordinary site rarely featured on other tours and stay in a thermal spa hotel
- ★ 🔹 Lake Bafa Stay in accommodation set amongst olive groves on the shore of the picturesque lake

#### ACCOMMODATION GRADE:

#### Standard

Our standard, mid-range accommodation offers a good level of service, often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en suite facilities.

#### TRIP PACE:

#### Moderate

Moderate pace tours are ideal if you want a holiday which combines exciting activities and experiences with plenty of time to relax and unwind. Typically you'll be active and busy for part of the day but then also have time to rest and recharge your batteries.

### GROUP SIZE:

#### 12 - 18

Maximum group size ranges from between 6 to 20 people, depending on the type of trip, the transport and accommodation used and activities included. We rarely have groups that are smaller than five or six people and the average is 12 people plus an Explore leader.

# Itinerary

It ineraries on some departure dates may differ, please select the it inerary that you wish to explore.

# **Turtles in Turkey**



Iztuzu Beach, situated near Dalyan, is a narrow strip of land which forms a natural barrier between the Mediterranean Sea and the delta of the Koycegiz River. It is one of the main breeding grounds in the Mediterranean for the loggerhead sea turtle and has been protected since 1988 by introducing a number of restrictions so that the nests and turtles are disturbed as little as possible. Some of the key restrictions are that building development at Iztuzu has been banned and an overnight curfew has been placed on the beach, as this is when the female turtles come ashore to lay their eggs.

On this trip we will have the chance to visit the Turtle Conservation Centre (DEKAMER). The conservation centre works to protect the turtle nesting areas on Iztuzu Beach, cares for and rehabilitates injured turtles and also attempts to educate the local fisherman on the importance of using propeller guards.

# Why book this trip

In just one week you'll get to discover some of Turkey's best known historical sights along with lesser visited but equally impressive ancient monuments. You'll also stay on the shores of Lake Bafa and in a thermal spa hotel and have time to relax and swim on the beautiful Turquoise Coast.

# What's included?



Included meals

Breakfast: 7 Dinner: 1





**Transport** Bus Boat

Trip staff Explore Tour Leader Driver(s)

# **Trip information**

## **Country information**

## Turkey

#### Climate

Evenings and early mornings can be cool in the early and late season (before mid May and after early October). During the winter, temperatures usually hover between 0 and 10 degrees, but are usually wet, particularly around the coast. Summers are hot and dry with refreshing sea breezes and clear waters, great for boat trips. It is often cooler on higher ground and in the mountains and can be cold at night, even in the summer. The best time for walking in Turkey is Mid May, June and September, with pleasant temperatures and clear blue skies.

### Time difference to GMT

+3

Plugs

2 Pin Round

**Religion** Islam, Christian

### Language

Turkish

# **Budgeting and packing**

# **Optional activities**

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations. Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

Pammukale - swim in sacred pool £10.00 Selcuk - Turkish Bath £8.00 Iztuzu Beach - Turtle Conservation Centre (DEKAMER) entrance £5.00

# Clothing

The long Turkish summer can be hot, though much of the Mediterranean coastline is freshened by a sea breeze. A warmer sweater or light fleece and long trousers are advisable for the evenings in early and late season.

March and April and late September to November tend to be cooler so bring layers and some warmer clothes. A light rainjacket may also be useful.

Make sure you bring your swimming costume and a towel with you.

When visiting mosques, women should cover their head, shoulders and knees, so it's handy to pack a scarf. Men should also ensure there knees are covered.

## Footwear

Trainers or comfortable walking shoes are required for exploring the ancient sites and sandals for relaxing.

## Luggage

20kg

## Luggage: On tour

One main piece of baggage and daypack. Remember you are expected to carry your own luggage so don't overload yourself.

## Equipment

We recommend you bring a water bottle, torch (for power cuts and emergencies), sun cream, sun hat, sunglasses and insect repellent. Most importantly don't forget your camera.

# Tipping

### Explore leader

At your discretion you might also consider tipping your Explore Leader in appreciation of the efficiency and service you receive.

### Local crew

Although entirely voluntary, tipping is a recognised part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. Accordingly, you should allow £15.00 for tipping.

In order to make things easier for you, the Explore Leader may organise a group's tips kitty and if this is the case, they will account for it throughout the trip.

## **Country Information**

# Turkey

## Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

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Lunch price
£7
Dinner price
£13
Beer price
£2.7
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Water price
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## **Foreign Exchange**

Local currency

#### Turkish Lira.

#### Recommended Currency For Exchange

Major foreign currencies such as US Dollars, £Sterling and Euros can easily be changed. We advise against travelling with Travellers Cheques as commission rates are high. Other currencies can be exchanged in larger cities. We advise you to change money in Turkey as rates tend to be better.

#### Where To Exchange

Most major towns - your Tour Leader will advise you on arrival.

#### **ATM Availability**

ATMs are widely available throughout Turkey. To avoid large queues at the airport exchanges, you may wish to xchange some lira before arriving.

#### Credit Card Acceptance

In major restaurants.

### **Travellers** Cheques

Not recommended.

## Transport, Accommodation & Meals

## **Transport Information**

Bus, Boat

## **Essential Information**

## **FCO Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

#### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

## **Price Guarantee**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. Booking Conditions

## Visa and Passport Information

Turkey: Visas are required by UK citizens. We recommend that you obtain your visa online, prior to arrival at https://www.evisa.gov.tr/en/This will cost US\$20.00 and you will need a blank page in your passport for the stamp. Other nationalities should consult their local embassy or consular office.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

## **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

# Transfers

Find out more about Trip Transfer Terms and Conditions before you book.

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station. Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers. If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

## Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom. Read more information about what travel insurance is required.

# **Flight information**

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

## Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## Non refundable permits

## Turkey

## Vaccinations

Nothing compulsory, but we recommend protection against tetanus, typhoid, infectious hepatitis and polio. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at http://www.explore.co.uk/Travelhealth/ and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed before departure.