

# **Tailormade Inca Trail and Amazon Rainforest**

#### Inca Trail and Amazon

Trek the iconic Inca trail and arrive at the Sungate to see Machu Picchu for the first time - a moment to treasure for a lifetime. This specially designed itinerary includes time exploring Cuzco's historic plazas and alleyways, a four-day hike along ruins and lush landscapes on the Inca trail and ends in one of Peru's Amazon jungle lodges, with a variety of nature and wildlife activities to take part in.

#### Enriching tailormade journeys - for you

This bespoke journey features some of our favourite spots in Peru. You can choose to take our destination experts' recommendations and travel just as you see the itinerary here, or contact us to add your own special touches; how about exploring the Sacred Valley further with day hikes and bike rides, or cookery lessons so you can recreate typical Peruvian cuisine when you get home. We're here to design your perfect holiday.

Call us on 01252 883 184.

# **Trip highlights**

#### ACCOMMODATION GRADE:

#### Premium

Our premium accommodation is hand-picked and chosen for its character, location or local importance. These properties have excellent facilities and a higher level of comfort and service. They provide the perfect wind down after an active day.

## TRIP PACE:

#### Moderate

Moderate pace tours are ideal if you want a holiday which combines exciting activities and experiences with plenty of time to relax and unwind. Typically you'll be active and busy for part of the day but then also have time to rest and recharge your batteries.

# Itinerary

It ineraries on some departure dates may differ, please select the itinerary that you wish to explore.

## DAY 1-Overnight connecting flight to Cusco

Fly to Cusco on an overnight flight from the UK.

**None** 

# DAY 2 - Arrive in Cusco, day at leisure

Arrive into to Cusco from your international flight. The old capital of the Inca Empire survives only in its ruins, imbued with an atmosphere of mystery and grandeur. The Spanish colonial city, with its attractive pink tiled roofs, arcaded plazas and steep winding alleyways, stands upon tremendous Inca foundation stones.

After checking in to your hotel, spend the rest of the day at leisure.

	Accommodation: Abittare Cusco (or similar)
	Premium Hotel
Wi-Ei a	available
<b>!O</b> !	Breakfast

# DAY 3 - Morning city tour of Cusco

In the morning take a walking tour of this hirtorical city to see important Inca and Colonial monuments, such as Plaza de Armas, the main square and the Koricanha, once an Incan Palace dedicated to the sun god, Inti. You then visit one of the outlying Inca sites -Cusco's temple-citadel, Saqsaywaman which broods high above the town, its huge, zigzagging stone walls broken into 66 sharply projecting angles to catch attackers in a withering crossfire. The journey continues to the archaeological sites at Qenko, Puca-Pucara and Tambomachay, and ends with a visit to an Andean art workshop.



## DAY 4 - Day at leisure in Cusco

Spend a day at leisure in Cusco preparing and aclimitasing for your Inca Trail trek. If you wish to, optional activities include a guided tour of the Sacred Valley or a cookery class.



## Accommodation: Abittare Cusco (or similar)

## Premium Hotel

Wi-Ei available

**O** Breakfast

## DAY 5 - The Inca Trail

You will be driven to 82km, the starting point for the Inca Trail. The trail was first explored by Hiram Bingham in 1911 and opened for walkers in 1970. The famous ruins of Machu Picchu are not the only historical remains within the area: many other interesting sites are hidden in places which can only be reached on foot and have scarcely been explored. Your trek starts by crossing the Urubamba river, then follow its rapids down the Sacred Valley of the Incas to Llaqtapata (2700m). You will visit the ruins here and enjoy lunch before heading up the valley, gaining altitude until you reach Huayllabamba (2954m), a quiet village of Inca origins and the last settlement on the route, where you camp for the night. (Approx 5-6 hrs walking)

Accommodation: Inca Trail Camping (or similar)



Standard Camping

Breakfast Lunch Dinner

## DAY 6 - The Inca Trail

Today you continue along the trail to Llulluchapampa (3800m) which affords stunning views of the snowy peaks around you. You'll then trek trek over the Warmiwanusca (Dead Woman) Pass (4200m), and in the afternoon decend to the valley of the Pacamayo River (3500m) with its tropical vegetation. Here you will camp for the night (Approx 6-7 hrs walk).



Accommodation: Inca Trail Camping (or similar)

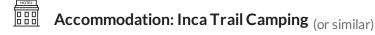
Standard Camping

Breakfast Lunch Dinner

## DAY 7 - The Inca Trail

This morning you cross the Runkuraqay Pass (3950m). Here the selva (jungle) becomes visible on the slopes of the mountains.

Sayaqmarca ruins are on a rocky promontory. They command an imposing view and have only one means of access, a narrow granite stairway. Your trail goes through cloud forest with vines, exotic flowers (among them orchids) and luxuriant trees, then on through an Inca tunnel and along a ridge above the Urubamba River to the lovely Phuyupatamarca ruins (3579m). The views of the Urubamba and the snowcapped peaks of Veronica (5750m) and Salkantay make these ruins one of the most beautiful places on the trail. Finally you descend to Winay-Wayna ruins (2591m), a small Inca city which, like Machu Picchu, was abandoned for unknown reasons, your camp for the night. (Approx 8hrs walking)



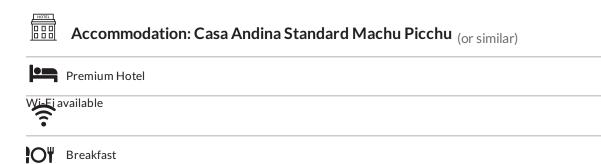


Standard Camping

Breakfast Lunch Dinner

# DAY 8 - The Inca Trail and Machu Picchu

Early this morning you trek to Inti Punku - the Gate of the Sun - where there is a sudden and fantastic view of the Lost City itself, Machu Picchu, set in a grandiose landscape that amazes all spectators. A short walk brings you into the ruins for a guided tour. The rest of your morning can be spent exploring the ruins further. In the afternoon you travel by bus to Aguas Calientes village from where you will stay the night and relax after your Inca Trail experience.



# DAY 9 - Travel back to Cusco

Catch the Expedition train back to Cusco as you admire the Andean countryside. Once you reach Cusco, transfer to your hotel and spend the rest of the day at leisure.



Accommodation: Abittare Cusco (or similar)





Breakfast

# DAY 10 - Fly to Puerto Maldonado in the Peruvian Amazon jungle

Depart Cusco on a short flight to Puerto Maldonado. On arrival you will be met by a representative of your lodge and transfered via motorized canoe to your accommodation. After lunch and being shown to your room, you will take your first walk into the local

jungle. On an easy walk through the jungle you will see a variety of tropical trees and plants and learn of their medicinal properties. There is then time to relax and acclimatise to the local humidity before returning to the boat for a twilight experience on the Madre de Dios river. On board you will learn about it's ecosystem, Amazonian creeks, nocturnal animals' behaviour and the southern constellations.



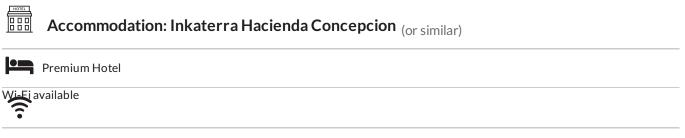
Accommodation: Inkaterra Hacienda Concepcion (or similar)



Breakfast Lunch Dinner

# DAY 11 - Jungle activities

Take part in some of the many activities offered by your lodge including jungle treks to explore the diverse flora and fauna, boat tours on the mighty river and canopy walkway experiences.



Breakfast Lunch Dinner

## DAY 12 - Jungle activities or time at leisure

Take part in some of the many activities offered by your lodge. Alternatively you can spend time at leisure relaxing.

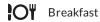


# Accommodation: Inkaterra Hacienda Concepcion (or similar)

Premium Hotel			
Wi-Ei available			
<b>O</b> Breakfast			

# DAY 13 - Depart Peru

You will be transferred to the airport and fly back to Lima to connect with your flight onto the UK.



# DAY 14 - Arrive UK

Arrive back in UK.

# **Tailormade Expert**



Meet Sarah Slocomb, Regional Specialist for Peru

Call on 01252 883 184.

# What's included?



### Included meals

Breakfast: 11 Lunch: 7 Dinner: 6



Transport

Private car Flight Train Bus



Trip staff

Local guide Driver(s) Camp crew Cook Porters



Accommodation

2 nights standard camping 1 nights standard camping 2 nights premium hotel 6 nights premium hotel

# **Trip information**

# **Country information**

## Peru

Climate

There is a rainy season from Dec - Mar however on the coast it rarely rains. Jun-Oct is damp and misty, but temperatures never drop below 10°C. At high altitudes although there are sunny days temperatures can drop dramatically, and conditions can change suddenly.

## Time difference to GMT

-5

Plugs

2 Pin Flat

Religion

Catholicism

## Language

Spanish

## **Budgeting and packing**

**Country Information** 

## Peru

## Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Breakfast price £4.00 - 7.00

**Dinner price** £6.00 - 8.00

**Beer price** £2.00 - 4.00

Water price £1

## Foreign Exchange

Local currency Nuevo Sol

## Recommended Currency For Exchange

Carry all your funds in US cash NOT Sterling or Travellers Cheques which are more difficult to exchange. We recommend to take a minimum of US\$400-\$500 of your total spending money in cash for your tour, in mixed denominations. Notes should be in good condition otherwise they might be difficult to exchange.

### Where To Exchange

Most major towns - your Tour Leader will advise you on arrival.

### **ATM Availability**

Available in Major towns. Always have some cash as back-up as they are not always reliable

### Credit Card Acceptance

In major restaurants. In some establishments Master card is not accepted.

### **Travellers Cheques**

Travellers Cheques are not always easy to exchange.

## Accommodation notes

### Booking a Single Room

All of our group tours are planned and operated on a twin-share basis, meaning that the standard cost is based either on individual travellers sharing accommodation with another group member of the same sex, or people who book together sharing accommodation. Please refer to the tour notes where the single room option availability is detailed on a night by night basis for this tour, and the price for the available nights is detailed on the dates & prices tab by departure date. For Self-Guided trips the Single Room supplement offers the option of a single room each and is charged per person. The Single Room supplement also applies to the third person in a party of three that will be accommodated in a single room.

#### Premium

On premium level tailor-made tours you will stay at comfortable mid-range hotels, chosen for their location, ambiance or local character. Your rooms will be clean and well-appointed, with en suite bathrooms and air-conditioning or heating as necessary.

#### Hotel la Hacienda

Hotel La Hacienda is conveniently located in the popular area of Miraflores, close to restaurants and shops. The main areas of the hotel have a colonial feel with wooden beams, bare walls, a stone floor and decorated with traditional art and pottery. There is a lovely large fireplace by the bar and plenty of seating where guests can relax. The spacious and comfortable rooms, by contrast are more modern in design. The hotel also has a rustic restaurant serving delicious local cuisine.

#### Abittare

The Abittare Cusco hotel is perfectly situated near to the Koricanha and just five minutes' walk from the Plaza de Armas. The hotel is a converted colonial house, with rooms located around a central courtyard. Rooms are simple yet perfectly comfortable for a few nights stay. The hotel offers a simple buffet breakfast and is within walking distance to bars and restaurants.

### Inca Trail Camping

You will stay overnight at one of the official Inca trail campsites in a 2-man tent. The trek crew will set up camp and cook meals. Campsites will often be shared with other hikers and some have fixed facilities. The specific details of each camp can be checked locally with your trek guide. Please note sleeping mats are provided but not sleeping bags, however these can be hired locally.

### Inkaterra Hacienda Concepcion

Located on the right bank of the Madre de Dios River, adjacent to the Tambopata National Reserve, Inkaterra Hacienda Concepcion is situated amongst 819 hectares of rainforest. The property offers private luxury cabinas and rooms with shared balcony within the main building. All rooms have hot water, ceiling fan and comfortable furnishings. Hacienda Concepcion has a large dining area with bar, while the upper floor has a scenic lounge.

## **Essential Information**

## **FCO Advice**

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

## **Price Guarantee**

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information. Booking Conditions

## **Booking conditions**

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

## Transfers

Find out more about Trip Transfer Terms and Conditions before you book.

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station. Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers. If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of

For more information regarding the Explore Free Transfer click here

## Insurance

booking.

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom. Read more information about what travel insurance is required.

## **Flight information**

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

## Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## Peru

## Vaccinations

Nothing compulsory, we recommend protection against typhoid, tetanus, polio and hepatitis A. Please consult your travel clinic for the latest advice on Malaria, Dengue and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. Please note many countries in Central America, South America and the Caribbean require a yellow fever vaccination certificates if travelling from infected areas. A detailed list of these countries can be found on the NaTHNaC website - http://travelhealthpro.org.uk/countries. Also on the NaTHNaC site there is a list of Countries (and specific areas within a country) which are at risk of infection and a vaccination is therefore recommended. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at **Explore Travel Health** and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.