EXPLORE!



Why book this trip?

Uncover the rich history and beautiful landscape of ancient Lycia. Canoe from the historic city of Xanthos to the beach at Patara, kayak over the sunken ruins of Kekova and explore the foothills of the Taurus Mountains, enjoying a delicious lunch with a local family. Spend our evenings exploring the cobbled streets and enjoying local Turkish cuisine in the delightful sea side town of Kas.

- Sea kayaking Over the ruins in Kekova Bay, and visit a medieval castle
- Snorkelling and swimming Opportunity to swim everyday
- Kas Stay in a family run hotel with a great pool in the center of Kas
- Lunch in a village house Walk to a village in the foothills of the Taurus Mountains for lunch











INCLUDED MEALS Breakfast: 7 Lunch: 3

TRIP STAFF Explore Tour Leader Activity Guide(s) Boat Crew Driver(s) Local Guide(s)

TRANSPORT Bus Boat

ACCOMMODATION 7 nights comfortable hotel

TRIP PACE: Relaxed



group size: 10 - 16

Itinerary

Itineraries on some departure dates may differ, please select the itinerary that you wish to explore.

DAY 1 - Join trip in Kas

Arrive in Kas, a laid back fishing town on the Turkish Lycian coast with a host of adventurous activities on offer.

For those arriving on time our Leader plans to meet you in the hotel reception at 6pm for the welcome meeting and for those that wish, there is the chance to go out for dinner. There are no other activities planned today, so you are free to arrive in Kas at any time. If you would like to receive a complimentary airport transfer today, you'll need to arrive into Dalaman International Airport (airport code DLM), which is 150km, around 3 hours from the airport. Should you miss the welcome meeting, your Leader will inform you of any essential information as soon as you catch up.

If your flight arrives earlier in the day, perhaps you might choose to take a dip in the hotel pool or head into Kas to sample the wide choice of restaurants. Be sure to sample the hearty Turkish food on offer such as slow cooked lamb, a barbecued meat selection or pide - it's similar to a pizza.



ACCOMMODATION: Club Phellos Hotel (or similar)

Grade: Comfortable Hotel



SWIMMING POOL AVAILABLE

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DAY 2 - Full day boat trip from Kas, swimming and snorkelling from the boat

Our first day here is spent on the sea, as we take a boat trip from Kas across the surrounding calm and clear waters. From the sea we can appreciate fully this dramatic and beautiful coastline. There will be ample opportunity for swimming and snorkeling from our boat, and we plan to enjoy a barbecue lunch before returning to Kas later in the afternoon. Kas is a great place to relax, with cafes and restaurants spilling out onto cobbled streets and a network of tiny backalleys to explore.

ACCOMMODATION: Club Phellos Hotel (or similar)

Grade: Comfortable Hotel



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST & LUNCH

DAY 3 - Walks in the foothills of the Taurus Mountains, stopping for a traditional Turkish lunch

Today we head for the hills to explore where we find cedar forests, streams, shady glades and tiny charming villages where the pattern of life has remained almost untouched for centuries. We plan to walk between these mountain villages and take lunch with a local family in a typical village house, before returning to Kas via the silver sand beach of Kapitas. Located just west of Kas, Kapitas is an idyllic spot for a swim at the end of our day in the mountains. Finally we make our way back to Kas.



ACCOMMODATION: Club Phellos Hotel (or similar)

Grade: Comfortable Hotel



SWIMMING POOL AVAILABLE

DAY 4 - Free day; optional boat trip to the Greek island of Kastellorizo

Today is left free for you to do some exploring of your own. For those with a hankering for culture, Kas is built around the remains of a number of ancient sites including; Kas Theatre which was built during the third century BC and is now used for theatrical performances and music concerts, the monumental Lion Tomb and a number of hillside rock tombs. Alternatively you may like to visit the isolated and ruggedly beautiful Greek island of Meis (optional), to give its Turkish name, Kastellorizo. The island is just one mile from the Turkish coast and yet more than 100km from Rhodes, its nearest Greek neighbour.

ACCOMMODATION: Club Phellos Hotel (or similar)

Grade: Comfortable Hotel



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 5 - Visit the ancient Lycian site of Xanthos; canoe trip down Xanthos River to a beach at Patara

We visit Xanthos this morning which was the capital of ancient Lycia and at one time was the largest centre of commerce and religion in the region. The town has had a turbulent past, falling to both the Persians and the Romans and on both occasions, this resulted in the mass suicides of the entire population!. During the Roman civil wars of the 1st century BC, the Lycians sided with Caesar against Pompeius but after Caesar's assassination in Rome, Brutus attacked Xanthos and demolished the acropolis. Marc Antony rebuilt their city and today it is a UNESCO World Heritage Site. We travel by canoe in the afternoon as we travel down the Xanthos River to Patara. Passing through tranquil and unspoilt rural backwaters along the way, we stop for a picnic lunch before eventually emerging at Patara Beach which is a protected nesting area for giant loggerhead turtles. We have the opportunity to swim on the return to Kas.



ACCOMMODATION: Club Phellos Hotel (or similar)

Grade: Comfortable Hotel



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST & LUNCH

DAY 6 - In Kas; optional trip to Myra, the home of Father Christmas

There is an opportunity this morning to visit the Church of St Nicholas at Demre (Myra) which is where the 4th century Bishop Nicholas is said to have anonymously given money to the poor thus spawning the legend of Father Christmas! Saint Nicholas is the patron saint of two countries; Greece and Russia, and is also the protector of children, merchants, scholars and sailors - a busy man! The origin of Saint Nicholas's gift giving is believed to have arisen from a legend in which a shopkeeper was too poor to supply his daughters with dowries. When Saint Nicholas heard of their plight, he threw three bags of coins into the shopkeeper's yard, saving the daughters from a life of hardship. The Church of Saint Nicholas was built after his death and Noel Baba's remains were placed in a rock sarcophagus. A modern statue of Saint Nicholas, complete with beard, bag of toys, and children has been placed outside the church. But Myra isn't just the home of Santa. A mile north of the church is the impressive ruins of the ancient town, where dozens of Lycian tombs are carved out of the cliff above a Roman amphitheatre. We plan to make an early start today (to beat the crowds and heat) but on returning to Kas there is a free afternoon either to relax or perhaps try snorkelling.



ACCOMMODATION: Club Phellos Hotel (or similar)

Grade: Comfortable Hotel



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 7 - Sea-kayaking over sunken ruins to Kekova Island, visit Simena Castle.

We depart in the early morning to try our hand at sea kayaking in the calm, protected waters of the bay of Kekova. We'll enjoy a packed sandwich breakfast with coffee en route and enjoy paddling in the tranquil waters before any other boats or kayakers take to the water. It's one of the most scenic areas in Lycia with

picturesque islands, bays and small ancient cities surrounding the famous sunken city of Kekova. The results of various earthquakes, there are partly submerged streets and buildings visible in the crystal clear waters and even steps leading down into the depths of the bay. Later we paddle to the picturesque whitewashed village of Simena, whose harbour is dotted with ancient sarcophagi (tombs), Roman baths, houses that cling to a hillside and a castle where we find an ancient theatre. Carved from the solid rock, it is a wonderful place to sit and soak up the beautiful surroundings. Taking to the waters again, we head back to Ucagiz from where we transfer back to Kas.



ACCOMMODATION: Club Phellos Hotel (or similar)

Grade: Comfortable Hotel



SWIMMING POOL AVAILABLE



MEALS PROVIDED: BREAKFAST

DAY 8 - Trip ends in Kas.

The trip ends after breakfast at our hotel in Kas

There are no activities planned today, so you are free to depart from Kas at any time. If your flight is departing later in the day luggage storage facilities are available at our hotel. If you would like to receive a complimentary airport transfer today, you need to depart from Dalaman International Airport (airport code DLM), which is 150km, around 3 hours from the hotel.



MEALS PROVIDED: BREAKFAST

Trip information

Country information

Turkey

Climate

Evenings and early mornings can be cool in the early and late season (before mid May and after early October). During the winter, temperatures usually hover between 0 and 10 degrees, but are usually wet, particularly around the coast. Summers are hot and dry with refreshing sea breezes and clear waters, great for boat trips. It is often cooler on higher ground and in the mountains and can be cold at night, even in the summer. The best time for walking in Turkey is Mid May, June and September, with pleasant temperatures and clear blue skies.

Time difference to GMT	Plugs	Religion	Language
+3	2 Pin Round	Islam, Christian	Turkish

Budgeting and packing

Optional activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations. Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

A selection of optional activities are listed below to help you budget for your Family adventure. Whilst the basic tour price you pay before you travel includes a great selection of highlights, we have also built in free time to allow you the flexibility to choose from a carefully selected range of additional excursions and activities or take time to relax, the choice is yours. At certain destinations along the way there may be several options to choose from and it may not be possible to fit all the activities in; your Explore Leader will be able to give advice on which are the most suitable for your family.

Kas:

Day 4 or 6: Full day boat trip to Meis island (also known as Kastellorizo Island) £24 per person Day 4 or 6: Horse riding £38 per person including return transport to the stables. Day 4 or 6: DEMRE Visit to the Church of St Nicholas and City of Myra. £16 per person Day 4 or 6: Scuba diving from £30 to £60 depending on number of dives; experienced divers should bring certification and log book; intro dives are available for those without previous experience.

Clothing

The long Turkish summer can be hot, though much of the Mediterranean coastline is freshened by sea breezes. A warmer sweater is recommended for the evenings in early or late season. On the canoeing and sea-kayaking excursions in particular there is no shelter from the sun, so a sunhat is essential. March / April and late September / October / November tend to be cooler so bring layers and some warmer clothes. A light rainjacket may also be useful.

Footwear

Trainers or walking boots for walks, plus sandals to wear in the canoes and sea kayaks which will stay on when wet.

Luggage

20kg

Luggage: On tour

One main piece of baggage and daypack. Remember you are expected to carry your own luggage so don't overload yourself.

Equipment

We recommend a water bottle, torch, insect repellent, sunglasses, daysac and plenty of high factor suncream. All equipment is provided on the sea-kayaking and canoeing trips. Keen snorkellers should take their own equipment as sizes (especially children's) are limited. Note: Qualified scuba divers wishing to dive should bring their diving certificate and log book.

Tipping

Explore leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

Local crew

In this region, tipping is a recognised part of life across the service industry. Local staff will look to members of the group for personal recognition of particular services provided.

To assist with this your Explore Leader may organise a group tips kitty for included activities and meals, they will then account for kitty use throughout the tour.

For this we suggest £10 per family member.

For all non-included services and meals on your trip please tip independently at your discretion.

Turkey

Food and drink

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Lunch price	Dinner price	Beer price	Water price
£7	£13	£2.7	£1

Foreign Exchange

Local currency Turkish Lira.

Recommended Currency For Exchange

Major foreign currencies such as US Dollars, £Sterling and Euros can easily be changed. We advise against travelling with Travellers Cheques as commission rates are high. Other currencies can be exchanged in larger cities. We advise you to change money in Turkey as rates tend to be better.

Where To Exchange

Most major towns - your Tour Leader will advise you on arrival.

ATM Availability

ATMs are widely available throughout Turkey. To avoid large queues at the airport exchanges, you may wish to xchange some lira before arriving.

Credit Card AcceptanceTravellers ChequesIn major restaurants.Not recommended.

Transport, Accommodation & Meals

Transport Information

Bus, Boat

Accommodation notes

The hotel is situated in the centre of Kas and is a short walk from the sea. The en suite rooms are tastefully decorated and include a sea or hill-side view, air-conditioning, satellite TV, minibar and hairdryer. The hotel facilities include a restaurant with a good selection of both local and western cuisine, outdoor swimming pools plus a children's pool and a 40 metre water slide. Furthermore, the hotel has three bars, basketball court, safe boxes, laundry service and fitness centre. Wi-Fi is available in the spacious lobby.

Family swimming

There is a pool at the hotel with regular opportunities to swim in the sea

Essential Information

FCO Advice

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office advice click here.

For more information from Explore about travel advice, click here

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

Price Guarantee

Once your booking has been confirmed we guarantee the price will not increase, whatever the circumstances. Before booking please ensure you have read our important tour pricing information.Booking Conditions

Visa and Passport Information

Turkey: Visas are required by UK citizens. Passengers will have to apply for an online E-VISA prior to their travel using the website www.evisa.gov.tr Payment is taken online and the VISA will be issued in within 2-3 minutes. The Visa will cost US\$20 and you will need a blank page in your passport for the stamp. Please carry a photocopy of your Visa with you as some Airlines will require this at boarding.

Other nationalities should consult their local embassy or consular office.

If you do require assistance in obtaining a visa then you may be able to apply through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

It is your responsibility to ensure that you are in possession of a full passport, with the correct validity for your chosen destination.

Booking conditions

Before booking your Explore trip, please ensure that you read both our Essential Information and Booking Conditions.

Transfers

Find out more about Trip Transfer Terms and Conditions before you book.

Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found below in the dates and prices information.

You may also be eligible for the Free Explore Transfer.

Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The complimentary transfers will be arranged from the Explore designated airport or train station to your trips joining point, and then back from the ending point to the designated airport or train station. Generally the airport or station that Explore have selected will be the one that is closest to the town or city where the trip starts, or the one nearest to the joining point. It will be either an airport or train station but not both. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Polar, Tailormade or Tours for Churches customers. If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer click here

Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. The cost of many of our Polar Voyages will exceed the capped amount covered by standard insurance premiums and you will be required to pay an additional premium to cover the full value of your trip. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

Read more information about what travel insurance is required.

Flight information

Explore offers a wide range of flexible flying options to make joining and leaving our trips easy. Read more about them here.

Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport. On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

Ability to swim

An ability to swim is essential for your safe enjoyment of the water based activities on this trip. If you wish to participate in these activities then we insist that you are able to swim.

Turkey

Vaccinations

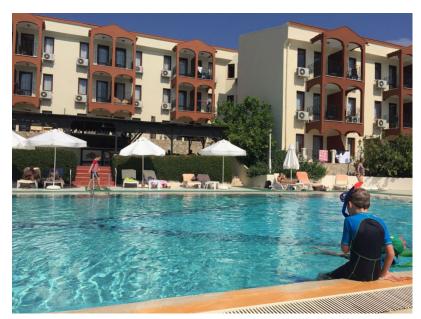
Nothing compulsory, but we recommend protection against tetanus, typhoid, infectious hepatitis and polio. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at

http://www.explore.co.uk/Travelhealth/ and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed before departure.

Family information



Sea Kayaking in Kas



Hotel pool in Kas

Active family holiday on Turkey's Mediterranean coast: Our base for the week is the picturesque seaside town of Kas. Perfectly located mid-way between Dalaman and Antalya bordering the crystal clear waters of the Mediterranean. Spend days on the water, kayaking along rivers and in the sea, and sailing on a traditional gulet, snorkelling and swimming from the boat. We also have a full day to amble along village trails in the Taurus foothills as well as free time to explore more of the region steeped in history and

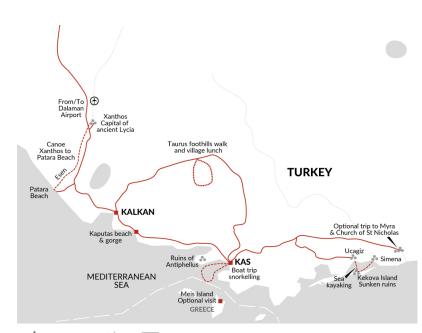
blessed with breath-taking beauty.

Our base for the week is the Club Phellos Hotel located a short walk from the harbour with great views out to the ocean. The hotel features a large outdoor pool complete with a 40 metre water slide; snack bar and extensive breakfast terrace.

It's possible to combine this trip with a week cruising on a traditional gulet. See our Legends of Lycia and Cruising the Turquoise Coast tour for details.

Triple Rooms: This trip allows the option for triple rooms to be included for the whole trip. If you would like this option, please ask our Sales team for further information.

Average Age: As a guide we have identified the actual average age of the children who have travelled on this trip over the last 5 years, to help you decide whether it's the right one for your family. The average age on this trip is 11 years old; this trip is suitable for children of all ages including younger families.



Why book this trip

This family holiday allows you the opportunity to explore the region with visits to local villages as well as enjoying a number of arranged activities including; sea kayaking over sunken ruins, canoeing along a river to a secluded beach on the coast and a boat trip on a traditional gulet, hand built in teak and pine. Turkey offers fantastic value at the moment, with a great price, you can take your family can enjoy a week of active adventure with ample time to relax by the hotel pool or local beaches.

Additional Information

Reviews

